

# CATHEDRAL OF THE BLESSED SACRAMENT

## *Stewards of God's Gifts*

# May 12, 2024 | Ascension of the Lord

## MASS SCHEDULE

### SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español

\*Livestream available.

### Monday—Friday

*Lunes—Viernes*

12:10 pm

## ADORATION

### ADORACIÓN

Wednesday & Thursday

*Miercoles y Jueves*

1:00 pm - 4:00 pm

## RECONCILIATION

### RECONCILIACIÓN

#### Monday—Friday

*Lunes—Viernes*

11:30 am—12:00 pm

### Saturday | *Sabado*

4:00 pm—5:00 pm

## CATHEDRAL HOURS

### Monday—Friday

10:00 am—4:00 pm

## OFFICE HOURS

### Monday—Friday

9:00 am—noon & 1 pm—4 pm



## THE ASCENSION OF THE LORD



So then the Lord Jesus, after he spoke to them, was taken up into heaven and took his seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs. - Mk 16:19-20

El Señor Jesús, después de hablarles, subió al cielo y está sentado a la derecha de Dios. Ellos fueron y proclamaron el Evangelio por todas partes, y el Señor actuaba con ellos y confirmaba su predicación con los milagros que hacían. - Mc 16, 19-20

1019 11th Street, Sacramento, CA 95814

916-444-3071 | [Blessed@cathedralsacramento.org](mailto:Blessed@cathedralsacramento.org)

Connect with us!



[www.CathedralSacramento.org](http://www.CathedralSacramento.org)

# Events and Information

"The Cathedral of the Blessed Sacrament Presents"

## A Eucharistic Revival Concert Dave Brubeck's **PANGE LINGUA VARIATIONS**

An Ode to Sacramento

Saturday, July 6 at 8:00 pm

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814

Cathedral Choir and Orchestra, Neal Gittleman, Conductor

Special Guest Performances By:

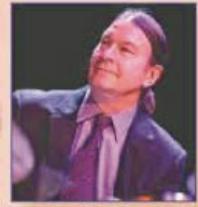
Chris Brubeck

Dan Brubeck

Joe Gilman



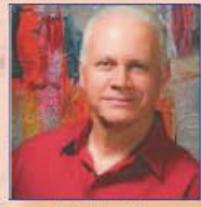
Chris Brubeck



Dan Brubeck



Neal Gittleman



Joe Gilman

**WINE & CHEESE RECEPTION AND TOURS OF THE CATHEDRAL: 6 pm with the Concert at 8 pm**

To purchase tickets use QR code or: [cbssac.ticketspice.com/brubeck](https://cbssac.ticketspice.com/brubeck)

For publicity & outreach contact: [concerts@cathedralsacramento.org](mailto:concerts@cathedralsacramento.org)

"All proceeds will be used to fund the Cathedral's Social Service Ministries"



### KEEP THE FLAME ALIVE

*like the new light of the Easter Candle*

Wednesdays, 7:00 pm via Zoom

Join us! Father O'Reilly leads a study on the Gospel of John and we continue learning about the Liturgy of the Eucharist.

Contact Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)

### SUNDAY CATHEDRAL TOURS

English at 9am and 11am & Spanish at 1pm

Docents share how the Cathedral is such an important part of early California history. Learn how our beautiful and important art works have symbolism integral to our Catholic Faith.

### TODAY'S SECOND COLLECTION Catholic Communication

**Campaign (CCC).** Your support helps the CCC connect Catholics with Christ in the United States and around the world using the internet, television, radio, and print media. Half the funds we collect remain here in the Diocese of Sacramento to support local efforts. Be a part of this campaign to spread the gospel message. Support the collection today! Learn more at [www.usccb.org/ccc](http://www.usccb.org/ccc).

### MANTENGA VIVA LA LLAMA

*como la nueva luz del Cirio Pascual*

Miércoles, 7:00 pm vía Zoom

iÚnete a nosotros! Padre O'Reilly dirige un estudio sobre el Evangelio de Juan y seguimos aprendiendo sobre la Liturgia de la Eucaristía.

Contacto con Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)

### TOURS DE LA CATEDRAL DEL DOMINGO

Español a las 1 pm y inglés a las 9am y 11am

Los docentes comparten cómo la Catedral es una parte importante de la historia temprana de California. Conozca cómo nuestras hermosas e importantes obras de arte tienen un simbolismo integral para nuestra fe católica.

**SEGUNDA COLECTA DE HOY Campaña Católica de Comunicación (CCC)** Su apoyo ayuda a la CCC a conectar a los católicos con Cristo en los Estados Unidos y alrededor del mundo utilizando la Internet, la televisión, la radio y los medios impresos. La mitad de los fondos recaudados permanece aquí en la Diócesis de Sacramento para financiar los esfuerzos locales. Sean parte de esta campaña para difundir el mensaje del evangelio. ¡Apoyen a la colecta hoy! Para informarse más, visiten [www.usccb.org/ccc](http://www.usccb.org/ccc).

# Eventos e información

## UNIFORM FUNDRAISER FOR CATHEDRAL'S YOUTH CHOIR

The Saint Toribio Youth Choir is raising money this summer to purchase uniforms. On **Sunday, June 2** bring in old vinyl records to the vestibule before mass. Leave your donation with Dan, the record man. He is buying the used records and all proceeds go towards youth choir uniforms. If you have a large number of records to donate, contact Dan (916-717-0803) to make arrangements.  
*Thank you for supporting Saint Toribio Choir!*  
*Gayle Winney, Director*



### RECAUDACIÓN DE FONDOS DE UNIFORMES

#### PARA EL CORO JUVENIL DE LA CATEDRAL

El Coro Juvenil de San Toribio está recaudando dinero este verano para comprar uniformes. El **domingo 2 de junio**, traiga discos de vinilo viejos al vestíbulo antes de la misa. Deja tu donación con Dan, el hombre récord. Él está comprando los discos usados y todas las ganancias se destinan a uniformes del coro juvenil. Si tiene una gran cantidad de registros para donar, comuníquese directamente con Dan (916-717-0803) para hacer los arreglos necesarios.  
*¡Gracias por apoyar al Coro de Santo Toribio!*  
*Gayle Winney, Maestra de Música*

No vinyl records to donate? Just scan the QR code to donate through our GoFundMe.

¿No hay discos para donar?  
Escanee el código QR para donar a través de GoFundMe.



## MEXICAN DINNER!

Honoring our Knights of Columbus Saints and Martyrs of La Cristiada!

FUN \* FELLOWSHIP \* FOOD \* RAFFLE \* LIVE MUSIC!

KEYNOTE SPEAKER MSGR. JAMES MURPHY

**Saturday, May 18, 5 pm to 10 pm**

Knights of Columbus Hall  
5961 Newman Court, Sacramento, 95819

**\$30 for adults, \$10 for 12 & under.**

We will celebrate with a traditional Birria de Res dinner or vegetarian option (please specify at time of reservation), tribute by Msgr. James T. Murphy, live music by Rondalla Voces Románticas de Sacramento, and raffle prizes.



Contact SK Mike Smiley  
530-318-9862  
[msmiley71@yahoo.com](mailto:msmiley71@yahoo.com)

Sponsored by Bishop Manogue Assembly #50 and Council #953.



Cathedral of the Blessed Sacrament



### Women's Retreat June 13-16

Deepen your relationship with Jesus Christ, renew yourself spiritually, give new meaning to prayer life and Sunday liturgy, and build lasting friendships with members of your community by going on an ACTS weekend retreat.

To learn more, contact  
Lucila Martinez, Retreat Director  
916-947-6985 [hope4evr58@yahoo.com](mailto:hope4evr58@yahoo.com)



Brochure



Register

# Sacramento Chinese Catholic Community

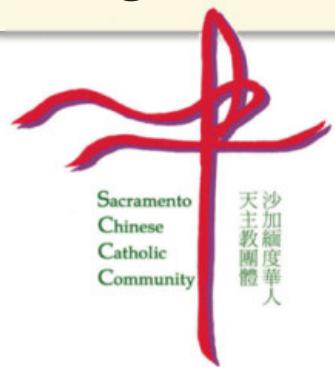
**RECONCILIATION:** 1<sup>st</sup> Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance.  
**Tel:** 916-583-8306  
**Email:** [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)  
**Facebook:** [@sacchinesecatholic](https://www.facebook.com/sacchinesecatholic)  
**Instagram:** [https://is.gd/SCCCinstagram](https://www.instagram.com/scccininstagram/)  
**Website:** [www.sacchinesecatholic.org/](http://www.sacchinesecatholic.org/)



Chinese Portal:  
Announcements/  
Sunday Readings



Fr. Abraham Chiu  
趙必成神父



A Glimpse of Spirituality 灵修一瞥124 (Mark 1:40-45) Fr. Abraham Chiu 趙必成神父

Why did Jesus issue a “stern warning?”

The participle “having sternly warned” (*embrimēsamenos*) in Greek is meant as “expressing indignation” or “being agitated.” Jesus was not angered by the leper but by the social and religious conditions of the day. Jesus was “moved with compassion” when he saw the leper who approached him. After healing him Jesus spoke sternly to him about showing himself to a priest.

Jesus stretched his hand and touched him. This gesture of touching responds to the faith of the leper and overcoming the evil power of leprosy. In Jesus’ time, this sickness not only afflicted the body; it also thwarted the deepest longings for love of lepers who were expelled from families and friends (see Lev 13-14). Jesus’ touch granted the man reentry into Israel and cut through taboos arising from criteria “outside” the person.

At first glance, Jesus restored the leper to health and also to his place among God’s people by means of word and touch. Why did Jesus, however, command the leper to keep silence? It is because a public image as a miracle worker might have led to a false understanding of who he was. The miracles are meant to show that the presence of God’s kingdom is found in Jesus as he sweeps away the evils of sickness, demon possession, and taboo. The miracles are a means to an end, not an end in them. In other words, understanding Jesus only as a miracle worker is to misunderstand and insult him.

Miracle workers are not the Son of God. What identifies Jesus as the Son of God is his merciful love in particular his paschal mystery, i.e. death and resurrection.

耶穌為何發出“嚴厲警告”？

希臘分詞“嚴厲警告”（*embrimēsamenos*）意即“表達憤慨”或“激動”。耶穌不是因癩瘋病人而激動，而是因當時社會和宗教狀況而憤怒。當耶穌看到癩瘋病人走近他時，他“動了憐憫的心”；耶穌治療他之後，嚴厲警告他要給司祭檢驗。

耶穌伸手觸摸了他，身體接觸的舉動，回應了癩瘋病人的信德，並且驅走癩瘋病的邪惡力量。耶穌時代，癩瘋病不僅折磨身體，而且折磨人心，它挫敗了人心最深渴望，就是被家人和朋友接納與關愛（參肋13-14）。耶穌的觸摸使該病人得以重新投入社會與家庭，並打破了因無聊規矩而產生的禁忌。

耶穌透過言語和觸摸使癩瘋病人恢復健康，並恢復了他在天主子民中的地位。然而，為什麼耶穌命令癩瘋病人保持沉默呢？因為耶穌是天主子，不是魔術師，他不要眾人因他所行奇蹟而誤會他只是一屆魔術師，這是對他極其錯誤的理解。耶穌所行奇蹟旨在表明，當耶穌驅走疾病、魔鬼和禁忌等邪惡時，天國就在耶穌身上臨現。奇蹟是達到目的手法，而不是目的本身。換言之，僅將耶穌理解為魔術師是對他的誤解與羞辱。

變魔術的人不是天主子，耶穌作為天主子的標記是他的慈悲大愛，特別是他的逾越奧跡，即死亡和復活。

# Peregrinación Eucarística/Eucharistic Pilgrimage



NATIONAL

## Eucharistic Pilgrimage

IN THE DIOCESE OF SACRAMENTO

TUESDAY - FRIDAY | MAY 21 - 24, 2024

### May 21

Remembering & Praying for the Migrants & Farm Workers

8:00AM | Mass at St. Vincent, Vallejo

9:00AM | Eucharistic Procession from St. Vincent, Vallejo to the Vallejo Municipal Marina on the Napa River

9:30AM | Eucharistic Procession by boat from Vallejo Municipal Marina to Benicia Marina

10:30AM | Eucharistic Procession from Benicia Marina to St. Dominic, Benicia

11:00AM | Eucharistic Adoration at St. Dominic, Benicia

11:30AM | Eucharistic Procession from St. Dominic to Benicia Marina on the Carquinez Strait

12:00PM | Eucharistic Procession by boat from Benicia Marina to Rio Vista Public Boat Launch

3:00PM | Eucharistic Procession from the Public Boat Launch to St. Joseph, Rio Vista

3:30PM | Eucharistic Adoration at St. Joseph, Rio Vista

4:00PM | Eucharistic Procession from St. Joseph, Rio Vista to the Sacramento River

4:30PM | Eucharistic Procession by boat from Rio Vista Public Boat Launch to Freeport Marina, Clarksburg

5:15PM | Eucharistic Procession & Adoration at St. Joseph, Clarksburg



### May 22

Remembering & Praying for the Homeless

8:00AM | Eucharistic Procession by boat from Clarksburg to West Sacramento

(private event) Eucharistic Adoration at Loaves & Fishes, Sacramento

11:00AM | Eucharistic Procession from River Walk Park, West Sacramento across the Tower Bridge

12:15PM | Mass followed by Eucharistic Adoration at the Cathedral of the Blessed Sacrament



### May 23

Remembering & Praying for the Prisoners & Youth

(private event) Mass at Folsom Prison, Folsom

10:30AM | Eucharistic Procession from Folsom Prison Parking Lot to St. John the Baptist, Folsom

11:00AM | Eucharistic Adoration at St. John the Baptist, Folsom

7:00PM | Eucharistic Adoration for Youth at Holy Trinity, El Dorado Hills



NATIONAL  
Eucharistic  
Pilgrimage

Come walk on  
Wednesday,  
May 22

11am River Walk  
Park, West

Sacramento Walk with Bishop Soto, the people of our Diocese and the National Perpetual Pilgrims across Tower Bridge arriving at the Cathedral at noon.

12:10 pm Mass with Bishop Soto presiding.

Adoration from  
1pm to 4pm.

### May 24

Remembering & Praying for Mothers in Need & the Environment

8:30AM | Mass at Mass at St. Patrick, Placerville

9:30AM | Eucharistic Procession from St. Patrick, Placerville to Mother Theresa Maternity Home, Placerville

(private event) Eucharistic Adoration at Mother Theresa Maternity Home, Placerville

10:45AM | Eucharistic Procession from Mother Theresa Maternity Home to St. Patrick, Placerville

11:15AM | Eucharistic Adoration at St. Patrick, Placerville

3:30PM | Eucharistic Adoration at St. Theresa, South Lake Tahoe

5:00PM | Travel across Lake Tahoe to Incline, NV

7:45PM | Eucharistic Procession and Eucharistic Adoration at St. Francis, Incline, NV



For more information on diocesan and national Eucharistic Revival,  
visit us at [www.scd.org/celebrate](http://www.scd.org/celebrate)

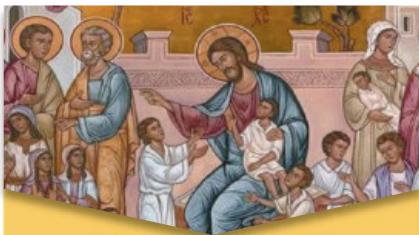




# Family Faith Formation and OCIA

**Invitation to journey  
with us in 2024–2025  
Family Faith  
Formation.**

*Invitación a caminar  
con nosotros en 2024  
–2025 Formación  
Familiar en la Fe.*



## REGISTRATION DATES

Family Faith Formation  
for 2024–2025

Currently Enrolled:  
**April 28–May 30**

New Families and  
Transferring Families:  
**June 4–18**

Late Enrollment:  
**July 1–24**  
(fee increase)

Request Information  
about Curriculum, fees  
and participation:

[www.is.gd/inquiry2024](http://www.is.gd/inquiry2024)

## Family Faith Formation: Jesus in our homes and hearts

The 2023–2024 year of faith formation at the Cathedral was full of blessings. As we studied the fourth pilar of the Catechism (on prayer), we found joy in watching our families growing in their personal relationship with God through this important part of our Christian life: Prayer. As we close out our year of formation, we are getting ready for the coming year and want to welcome your family to walk with us. Here are our monthly themes for the 2024–2025 year.

- The Bible: God's Love Letter
- The Final Coming of Jesus
- God Keeps His Promises
- Covenant Relationship
- God Builds His Church on Rock
- A People of Mercy/Reconciliation
- Jesus Walk in Holiest of Weeks
- Mystery of the Holy Trinity.

## Registration Open for Returning Families. Details on Website.

September—Orientation and  
First Sessions begin

Sacramental Preparation Integrated  
into classroom / home learning

## FAITH FORMATION SCHEDULE FOR ADULTS AND CHILDREN

<b>SUN 12 MAY</b>	<b>OCIA Catechumen—BOW 8am</b> Family Faith Formation (Espanol) 10:00 AM, Mercy Hall <b>First Holy Communion</b> 10am - Group #1 English 12noon - Grupo #1 Espanol <b>OCIA for Families—Year 1</b> 11:45 AM Manogue
<b>MON 13 MAY</b>	<b>Evening Prayer (All Welcome)</b> 6:30 PM, Mercy Hall <b>OCIA for Adults   Enrichment</b> 7:00 PM, Mercy Hall/Classes
<b>TUE 14 MAY</b>	<b>No Family Faith Formation</b> <b>Youth Confirmation Rehearsal</b> 5:00 PM, Mercy Hall Reconciliation Service Follows
<b>THU 16 MAY</b>	<b>Adult Confirmation Retreat</b> 7:00 PM, St Toribio <b>Adult Formation / Bible</b> 7:00 PM, St Pius X
<b>SAT 18 MAY</b>	<b>Family Faith Formation</b> 10:00 AM—Mercy Hall <b>Adult Confirmation Mass</b> 5:00 PM, in Church
<b>SUN 19 MAY</b>	<b>OCIA Catechumen—BOW 8am</b> <b>Youth Confirmation Mass</b> 10:00 AM—in Church

## Preparation for Sunday Mass Sunday, 19 MAY 24

### Prepare: Pentecost Sunday

Acts 2:1-11  
10:41, 24, 29-30, 31, 34  
1 Cor 12:3b-7, 12-13  
Jn 20:19-23

### Focus of the Gospel:

Since Easter, we have been listening to the Gospel accounts of the Resurrection of Jesus and his appearances to the disciples. In the Book of Acts, we are following the disciples in their adventures following the Ascension of Jesus. Next Sunday's Gospel, we hear how the disciples were hiding behind locked doors "...for fear of the Jews...". And while cowering in fear, they receive a new teaching: Jesus appears to them and says, "Peace be with you!" This is what Jesus offers us when we are afraid because of our faith: PEACE. Jesus breathes on the disciples with the breath of the Holy Spirit to strengthen them, just like our Bishop did, breathing on the Sacred Chrism oil used in the Sacrament of Confirmation. Let us ask for the peace Jesus promises, as He prepares our hearts to be sent to help others know and love Him, Father, Son and Holy Spirit. When we do our best to walk with God, our lives will manifest the fruit of the Spirit.

### With Your Family

- ◆ *Read John 20:19-23*
- ◆ *Think about times in your life you felt afraid and prayed for help? What happened? Did prayer bring you peace?*
- ◆ *Read of the Fruits of the Spirit in Galatians 5:22-23. How do you see them in your life? Ask God to show you the fruit of your discipleship.*
- ◆ *Pray Psalm 47:2-9*

Family Faith Formation and OCIA—Formation of Faith and of Sacraments for Children and Adults

# Formación de fe Familiar y OICA

## Formación en la fe familiar: Jesús en nuestros hogares y corazones

El año 2023-2024 de formación en la fe en la Catedral estuvo lleno de bendiciones. Mientras estudiábamos el cuarto pilar del Catecismo (sobre la oración), encontramos alegría al ver a nuestras familias crecer en su relación personal con Dios a través de esta importante parte de nuestra vida cristiana: La oración. Al terminar nuestro año de formación, nos estamos preparando para el próximo año y queremos dar la bienvenida a su familia a caminar con nosotros. Aquí están nuestros temas mensuales para el año 2024-2025.

- La Biblia: Carta de amor de Dios
- La venida final de Jesús
- Dios cumple sus promesas
- Relación de Alianza
- Dios construye su Iglesia en la roca
- Pueblo de Misericordia/Perdon
- Jesús camina en la Semana Santa
- Misterio de la Santísima Trinidad.

### Inscripción abierta para las familias que regresan.

Septiembre-Orientación y  
Comienzan las primeras sesiones

Preparación Sacramental Integrada  
en el aula / aprendizaje en casa

### Preparación para la Misa Domingo, 19 MAYO 24

#### Preparar: Domingo de Pentecostés

Hechos 2:1-11  
Salmo 104:1, 24, 29-30, 31, 34  
1 Corintios 12:3b-7, 12-13  
Juan 20:19-23

#### Enfoque del evangelio:

Desde Pascua, hemos estado escuchando los relatos evangélicos de la Resurrección de Jesús y sus apariciones a los discípulos. En el libro de los Hechos, seguimos a los discípulos en sus aventuras tras la Ascensión de Jesús. En el Evangelio del próximo domingo, oímos cómo los discípulos se escondían tras puertas cerradas "...por miedo a los judíos...". Y mientras se encogían de miedo, reciben una nueva enseñanza: Jesús se les aparece y les dice: "¡La paz esté con vosotros!". Esto es lo que Jesús nos ofrece cuando tenemos miedo a causa de nuestra fe: PAZ. Jesús sopla sobre los discípulos con el aliento del Espíritu Santo para fortalecerlos, igual que hizo nuestro Obispo, soplando sobre el aceite del Santo Crisma que se usa en el Sacramento de la Confirmación.Pidamos la paz que Jesús promete, mientras preparamos nuestros corazones para ser enviados a ayudar a otros a conocerlo y amarlo, Padre, Hijo y Espíritu Santo. Cuando hagamos todo lo posible por caminar con Dios, nuestras vidas manifestarán el fruto del Espíritu.

#### Con tu familia

- ♦ Lee Juan 20:19-23
- ♦ Piensa en momentos de tu vida en los que has sentido miedo y has pedido ayuda.  
¿Qué sucedió? ¿Tuviste paz en la oración?
- ♦ Lee sobre los Frutos del Espíritu en Gálatas 5:22-23. ¿Cómo los ves en tu vida? Pide a Dios que te muestre los frutos de tu discipulado. Ora Salmo 47:2-9

### SUNDAY MASS PREP for the FAMILY

Sign up for Mass preparation with engaging videos and activity sheets for children of all ages.

<https://is.gd/massprep2024>

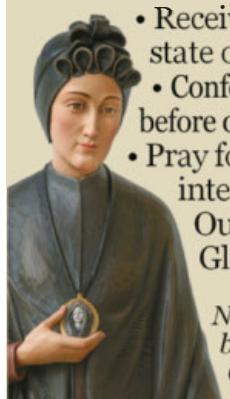


### Plenary Indulgence Granted

Receive a Plenary Indulgence by visiting the Cathedral.

#### To obtain the Indulgence:

- Receive Communion in state of grace.
- Confession within 20 days before or after your visit.
- Pray for the Holy Father's intentions (For example: Our Father, Hail Mary, Glory Be).



Not part of requirements but please pray for our Canossian Sisters.



**Adult Faith Enrichment**  
**Want to deepen your Catholic Faith?**

View the below topics and join the discussion as our Guest.

OCIA Catholic Formation  
Mondays, 7:00 pm  
Mercy Hall (lower level)

### MAY TOPICS - 7 PM

- |                  |                          |
|------------------|--------------------------|
| 6 <sup>th</sup>  | Creation                 |
|                  | Four Marks of the Church |
| 13 <sup>th</sup> | Providence               |
|                  | Communion of Saints      |
| 20 <sup>th</sup> | Salvation & Redemption   |
|                  | The Mass                 |
| 27 <sup>th</sup> | No Sessions              |
|                  | Memorial Day             |

#### Start now:

<https://is.gd/ociaguest>

Sign up to receive notifications of upcoming topics



Our Faith Formation Family wishes to thank Chloe for baking her State Fair-winning bread and having the proceeds go to help provide scholarships to cover registration fees for families in need.

Thank you, Russ and Chloe  
for using your gifts  
to support Faith Formation families!

Sister Lisa Marie Doty, FDCC, Director of Faith Formation & OCIA | slmdoty@cbssac.org | 916-444-5364

# Liturgy of the Word

## ASCENSION OF THE LORD

MAY 12, 2024

### Mass Intentions & Observances

SUN 5/12

THE ASCENSION OF THE LORD

8:00 AM: ADOLPH BACA +; LUCY ALTO +;  
JAMES CONLEY +  
10:00 AM: MILAGROS AQUINO S.I.  
12:00 PM: PEOPLE OF THE PARISH S.I.  
4:00 PM: NICK AND SARAH LEUSCHEN S.I.  
6:00 PM: LINDA DIAZ S.I.

MON 5/13

SEVENTH MONDAY OF EASTER  
OUR LADY OF FATIMA

12:10 PM: SHANNON VAN DEPOSA +;  
RITO DUGADUGA +

TUE 5/14

ST. MATTHIAS, APOSTLE

12:10 PM: LISA FREIDENFELT S.I.

WED 5/15

SEVENTH WEDNESDAY OF EASTER

12:10 PM: DAVID AND SYLVIA WALKER S.I.

THU 5/16

SEVENTH THURSDAY OF EASTER

12:10 PM: MARIANO AND DIODATA  
DACOSTA +

FRI 5/17

SEVENTH FRIDAY OF EASTER

12:10 PM BENJAMIN JOSEPH +;  
DANIEL JOSEPH +

*S.I. = for special intention  
+ = for repose of the soul*

### Mass Intentions

Please email:

[vramos@cathedralssacramento.org](mailto:vramos@cathedralssacramento.org)  
or call 916-444-3071, ext. 10

### READING 1

In the first book, Theophilus, I dealt with all that Jesus did and taught until the day he was taken up, after giving instructions through the Holy Spirit to the apostles whom he had chosen. He presented himself alive to them by many proofs after he had suffered, appearing to them during forty days and speaking about the kingdom of God. While meeting with them, he enjoined them not to depart from Jerusalem, but to wait for "the promise of the Father about which you have heard me speak; for John baptized with water, but in a few days you will be baptized with the Holy Spirit."

When they had gathered together they asked him, "Lord, are you at this time going to restore the kingdom to Israel?" He answered them, "It is not for you to know the times or seasons that the Father has established by his own authority. But you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth." When he had said this, as they were looking on, he was lifted up, and a cloud took him from their sight. While they were looking intently at the sky as he was going, suddenly two men dressed in white garments stood beside them. They said, "Men of Galilee, why are you standing there looking at the sky? This Jesus who has been taken up from you into heaven will return in the same way as you have seen him going into heaven."

### RESPONSORIAL PSALM

PS 47:2-3, 6-7, 8-9

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord.

All you peoples, clap your hands, shout to God with cries of gladness, for the LORD, the Most High, the awesome, is the great king over all the earth.

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord.

God mounts his throne amid shouts of joy; the LORD, amid trumpet blasts. Sing praise to God, sing praise; sing praise to our king, sing praise.

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord.

For king of all the earth is God; sing hymns of praise.

God reigns over the nations, God sits upon his holy throne.

R. God mounts his throne to shouts of joy: a blare of trumpets for the Lord.

### READING 2

EPH 1:17-23

Brothers and sisters:

May the God of our Lord Jesus Christ, the Father of glory, give you a Spirit of wisdom and revelation resulting in knowledge of him. May the eyes of your hearts be enlightened, that you may know what is the hope that belongs to his call, what are the riches of glory in his inheritance among the holy ones, and what is the surpassing greatness of his power for us who believe, in accord with the exercise of his great might, which he worked in Christ, raising him from the dead and seating him at his right hand in the heavens, far above every principality, authority, power, and dominion, and every name that is named not only in this age but also in the one to come. And he put all things beneath his feet and gave him as head over all things to the church, which is his body, the fullness of the one who fills all things in every way.

### ALLELUIA MT 28:29A, 20B

R. Alleluia, alleluia.

Go and teach all nations, says the Lord;  
I am with you always, until the end of the world.

R. Alleluia, alleluia.

### GOSPEL

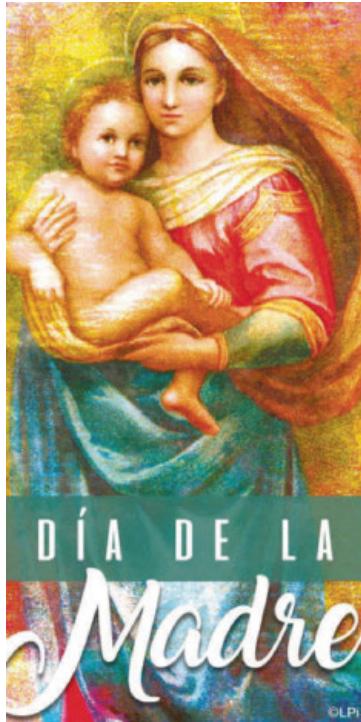
MK 16:15-20

Jesus said to his disciples: "Go into the whole world and proclaim the gospel to every creature. Whoever believes and is baptized will be saved; whoever does not believe will be condemned. These signs will accompany those who believe: in my name they will drive out demons, they will speak new languages. They will pick up serpents with their hands, and if they drink any deadly thing, it will not harm them. They will lay hands on the sick, and they will recover."

So then the Lord Jesus, after he spoke to them, was taken up into heaven and took his seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs.

# Liturgia de la Palabra

## SOLEMNIDAD DE LA ASCENSIÓN DEL SEÑOR 12 DE MAYO DE 2024



### PRIMERA LECTURA HCH 1, 1-11

En mi primer libro, querido Teófilo, escribí acerca de todo lo que Jesús hizo y enseñó, hasta el día en que ascendió al cielo, después de dar sus instrucciones, por medio del Espíritu Santo, a los apóstoles que había elegido. A ellos se les apareció después de la pasión, les dio numerosas pruebas de que estaba vivo y durante cuarenta días se dejó ver por ellos y les habló del Reino de Dios.

Un día, estando con ellos a la mesa, les mandó: "No se alejen de Jerusalén. Aguarden aquí a que se cumpla la promesa de mi Padre, de la que ya les he hablado: Juan bautizó con agua; dentro de pocos días ustedes serán bautizados con el Espíritu Santo".

Los ahí reunidos le preguntaban: "Señor, ¿ahora sí vas a restablecer la soberanía de Israel?" Jesús les contestó: "A ustedes no les toca conocer el tiempo y la hora que el Padre ha determinado con su autoridad; pero cuando el Espíritu Santo descienda sobre ustedes, los llenará de fortaleza y serán mis testigos en Jerusalén, en toda Judea, en Samaria y hasta los últimos rincones de la tierra".

Dicho esto, se fue elevando a la vista de ellos, hasta que una nube lo ocultó a sus ojos. Mientras miraban fijamente al cielo, viéndolo alejarse, se les presentaron dos hombres vestidos de blanco, que les dijeron: "Galileos, ¿qué hacen allí parados, mirando al cielo? Ese mismo Jesús que los ha dejado para subir al cielo, volverá como lo han visto alejarse".

### SALMO RESPONSORIAL SALMO 46, 2-3. 6-7. 8-9

R. Entre voces de júbilo, Dios asciende a su trono.  
Aleluya.

Aplaudan, pueblos todos,  
aclamen al Señor, de gozos llenos;  
que el Señor, el Altísimo, es terrible  
y de toda la tierra, rey supremo.

R. Entre voces de júbilo, Dios asciende a su trono.  
Aleluya.

Entre voces de júbilo y trompetas,  
Dios, el Señor, asciende hasta su trono.  
Cantemos en honor de nuestro Dios,  
al rey honremos y cantemos todos.

R. Entre voces de júbilo, Dios asciende a su trono.  
Aleluya.

Porque Dios es el rey del universo,  
cantemos el mejor de nuestros cantos.  
Reina Dios sobre todas las naciones  
desde su trono santo.

R. Entre voces de júbilo, Dios asciende a su trono.  
Aleluya.

### SEGUNDA LECTURA

### EF 1, 17-23

Hermanos: Pido al Dios de nuestro Señor Jesucristo, el Padre de la gloria, que les conceda espíritu de sabiduría y de revelación para conocerlo.

Le pido que les ilumine la mente para que comprendan cuál es la esperanza que les da su llamamiento, cuán gloriosa y rica es la herencia que Dios da a los que son suyos y cuál la extraordinaria grandeza de su poder para con nosotros, los que confiamos en él, por la eficacia de su fuerza poderosa.

Con esta fuerza resucitó a Cristo de entre los muertos y lo hizo sentar a su derecha en el cielo, por encima de todos los ángeles, principados, potestades, virtudes y dominaciones, y por encima de cualquier persona, no sólo del mundo actual sino también del futuro.

Todo lo puso bajo sus pies y a él mismo lo constituyó cabeza suprema de la Iglesia, que es su cuerpo, y la plenitud del que lo consuma todo en todo.

### EVANGELIO

### MC 16, 15-20

En aquel tiempo, se apareció Jesús a los Once y les dijo: "Vayan por todo el mundo y prediquen el Evangelio a toda creatura. El que crea y se bautice, se salvará; el que se resista a creer, será condenado. Éstos son los milagros que acompañarán a los que hayan creído: arrojarán demonios en mi nombre,

hablarán lenguas nuevas, cogerán serpientes en sus manos, y si beben un veneno mortal, no les hará daño; impondrán las manos a los enfermos y éstos quedarán sanos".

El Señor Jesús, después de hablarles, subió al cielo y está sentado a la derecha de Dios. Ellos fueron y proclamaron el Evangelio por todas partes, y el Señor actuaba con ellos y confirmaba su predicación con los milagros que hacían.



**EL PRÓXIMO DOMINGO 19  
DE MAYO**

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### ANOINTING OF THE SICK

Make an appointment by calling the parish office.

### BAPTISM

Contact Deacon Omar Bardales:  
[baptism@cbssac.org](mailto:baptism@cbssac.org) or 916-444-3071 Ext. 28

### CONFESION/RECONCILIATION

See cover page.

### CONFIRMATION

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

### HOLY EUCHARIST

Contact Sister Lisa Marie at [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org).

### HOLY ORDERS

To learn about the priesthood and/or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

### MARRIAGE PREPARATION

Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

### MATRIMONY

Contact Titi Kila [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org)

### PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*  
Fr. Abraham Chiu, *Chinese Mass*  
Fr. Mémo Hernandez  
Fr. Michael Kiernan  
Deacon Omar Bardales  
Deacon Gary Brys, *Business Manager*  
Deacon Edgar Hilbert  
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*Director of Faith Formation & OCIA*  
Rex Rallanka,  
*Director of Liturgy & Music*  
Michael Ognisty, *Sacristan*  
Tom Waddock, *Plant Manager*  
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#### Cathedral Choir

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#### Saint Toribio Choir - The Youth Choir of The Cathedral

Rex Rallanka at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org) or  
Gayle Winney, [gwinney@cbssac.org](mailto:gwinney@cbssac.org)

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### PRAYER

#### Adoration

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#### Evening Rosary Group

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[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

#### Prayer Chain

Regina Fagan, [prayer.chain.sacramento@gmail.com](mailto:prayer.chain.sacramento@gmail.com)

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#### Faith Formation and Christian Initiation

Sr. Lisa Marie Doty, FDCC, [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org)

#### Formacion en la Fe Familiar (FFF) en Espanol

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#### Catechesis of the Good Shepherd

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[www.youngsheep.org](http://www.youngsheep.org)

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#### Cathedral Docents Tour Ministry

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#### Festival of Trees

Susan Moeller, [susandurand@ymail.com](mailto:susandurand@ymail.com)

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#### Gift Shop Volunteers

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#### Respect Life Ministry

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#### Volunteer Corps

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### COMMUNITY GROUPS

#### Cathedral A.C.T.S.

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#### Cathedral Young Adults

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#### Chinese Community

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#### Knights of Columbus

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