



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

July 7, 2024 | Fourteenth Sunday in Ordinary Time

MASS SCHEDULE

SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español

No Livestream in July

Monday—Friday
Lunes—Viernes
12:10 pm

ADORATION
ADORACIÓN
Wednesday & Thursday
Miércoles y Jueves
1:00 pm - 4:00 pm

RECONCILIATION
RECONCILIACIÓN
Monday—Friday
Lunes—Viernes
11:30 am—12:00 pm

Saturday | Sabado
4:00 pm—5:00 pm

CATHEDRAL HOURS
Monday—Friday
10:00 am—4:00 pm

OFFICE HOURS
Monday—Friday
9:00 am—noon & 1 pm—4 pm

Jesus said to them, "A prophet is not without honor except in his native place and among his own kin and in his own house." - Mk 6:4



Jesús les dijo: "Todos honran a un profeta, menos los de su tierra, sus parientes y los de su casa". - Mc 6, 4

1019 11th Street, Sacramento, CA 95814

916-444-3071 | Blessed@cathedralsacramento.org

www.CathedralSacramento.org

Connect with us!



Want something in the bulletin and website? Just email communication@cathedralsac.org

Events and Information



KEEP THE FLAME ALIVE

Now starting in July 3
with Father O'Reilly and
the Gospel of John.
So you still have time to sign up!
Contact Donna: flamealive22@gmail.com

MANTENGA VIVA LA LLAMA

Ahora a partir de julio con el Padre
O'Reilly y el Evangelio de Juan.
¡Así que todavía estás a tiempo de
registrarte!
Contacto con Donna:
flamealive22@gmail.com



THE HOLY ROSARY

1st and 3rd Wednesdays 6pm
St. Josephine Bakhita Room, lower level.
praytherosarywithus@yahoo.com

EL SANTO ROSARIO

1er y 3er miércoles, 6:00 pm
Aula St. Josephine Bakhita, nivel inferior.
praytherosarywithus@yahoo.com

RECONCILIATION

Monday - Friday
11:30 am to 12:00 pm
Saturday 4:00 pm to 5:00 pm

RECONCILIACIÓN

Lunes - Viernes
11:30 am to 12:00 pm
Sábado 4:00 pm to 5:00 pm



ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

ADORACIÓN

Miercoles y Jueves
1:00 pm to 4:00 pm

HOLY HOUR OF REPARATION

Friday, August 4 First Friday of each
month immediately following the 12:10
Mass in the Blessed Sacrament Chapel.

HORA SANTA DE LA REPARACIÓN

Viernes 4 de agosto Primer viernes de
cada mes inmediatamente después de
la Misa de las 12:10 en la Capilla del
Santísimo Sacramento.

SUNDAY CATHEDRAL TOURS

English at 9am and 11am & Spanish at 1pm
Docents share how the Cathedral is such
an important part of early California
history. Learn how our beautiful and
important art works have symbolism
integral to our Catholic Faith.

TOURS DE LA CATEDRAL DEL DOMINGO

**Español a las 1 pm y inglés a las 9am
y 11am**
Los docentes comparten cómo la Catedral
es una parte importante de la historia
temprana de California. Conozca cómo
nuestras hermosas e importantes obras de
arte tienen un simbolismo integral para
nuestra fe católica.

Eventos e información

FIRST SUNDAY SPECIAL COLLECTION IS TODAY

This week is the First Sunday of the month when we take up a Special Collection to fund updates and repairs to our sound system and heating/cooling systems. So far we are --% toward the goal of \$80,000. Any amount is greatly appreciated to help maintain and improve our beautiful place of worship. Would our ushers please come forward.

Be There When God Moves

July 17-21, 2024, tens of thousands of passionate Catholics will experience an outpouring of grace on a scale this generation has never seen. This historic moment is called the 10th National Eucharistic Congress. Catholics from every corner of the U.S. will be in Indianapolis for this transformative gathering, and YOU are invited to represent our parish at this pivotal moment!

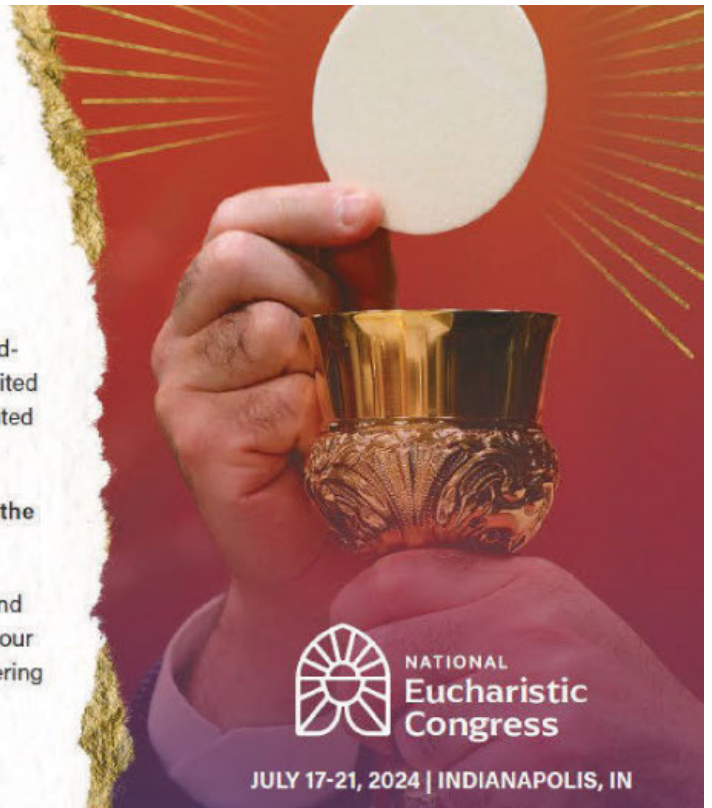
Whether you join us for the full experience or one day, you'll enjoy world-class teaching from some of the most trusted Catholic voices in the United States. Come encounter and worship Jesus in a new way, and be anointed to share those graces with our community when you return home.

More than ever, you will be proud to be Catholic and excited about the future of the Church in America.



Scan the code to learn more about the event and explore the full schedule for each day. Contact our parish office for more information about registering with your fellow parishioners.

eucharisticcongress.org



Did you know there are 77 episodes?

The Let's Talk Parish podcast features a Cathedral staff member or parishioner in a casual discussion with host Christian Jensen.

Season 4 features **Paula Truillo, Cathedral Stream Team, Sergio Castillo, Luke and Jordan Whalen, Maria Balakshin, Deacon Gary Brys, and Manolito Jaldon.** Season 3 features **Steve Rose and Karen Nikos-Rose, and Andrea Martin-Borges.**

If you would like to participate as a guest, please contact 916-545-5376.



Listen here: <https://is.gd/talkparish>



Sunday Offertory/Ofertorio dominical



Scan me to text your donation

Escanee para enviar su donación por mensaje de texto



- Use our website to make a reoccurring or one time gift at www.CathedralSacramento.org/Donate
- Utilice nuestro sitio web para hacer un regalo recurrente o único en CathedralSacramento.org/Donate

Sacramento Chinese Catholic Community

RECONCILIATION: 1st Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance.
Tel: 916-583-8306
Email: sccc.contact@gmail.com
Facebook: [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)
Instagram: <https://is.gd/SCCInstagram>
Website: www.sacchineseatholic.org/

A Glimpse of Spirituality 靈修一瞥 131 (Mark 谷 3:13-19)

Fr. Abraham Chiu 趙必成神父

從毛蟲到蝴蝶，轉化目的是成為蝴蝶，而不再是毛蟲繼續活在世上。

從門徒 (mathētas) 到宗徒 (apostolōn)，是學生到傳教士的轉化。

“宗徒”在希臘文指向被派遣出去傳播福音的人，將從耶穌學到並且體驗到的，傳給人。正如福音所描繪，十二宗徒被耶穌派遣去治療病態世界：“並為派遣他們去宣講，且具有驅魔的權柄。”

宗徒們要走出去，將天國帶給世界，而非把人從世界抓到教會裡面。

驅魔是將人從魔鬼奴役中解救出來。動詞“驅” (ekballein) 指的是從被附魔的人身上驅逐魔鬼。事實上，使徒必須依靠天主權柄，因為魔鬼力量遠比人強大。這就是為什麼耶穌強調“權柄” (exousian)，即人被天主賦予能力或力量，這都是從天主獲得之後並實行出來。在驅魔過程中，人們可以看到天主臨在世界。換言之，宗徒對世人所說所做的一切，都是為了讓世界認識天主是誰。

教會目的是為轉化，非成長，因為成長伴隨轉化而來。因此，教會牧靈工作被定義為“轉化生命”，就像鹽之於食物、光之於世界；教會不是局限在禮儀品質和精美教堂；沒有神修本質轉化，人的生命就無法更新。如果教會在地球上展現天國如同在天，那麼教會的建立就可以彰顯天主光榮。



Chinese Portal:
Announcements/
Sunday Readings

Our readings today remind us that, even in our weakest and toughest moments, God has a plan.

In our Second Reading, St. Paul describes a "thorn" that had been given to him. He believed this thorn to be the thing that kept him grounded as he said, "to beat me, to keep me from being too elated."

At first, he asked the Lord to remove this cross, but the Lord replied, "My grace is sufficient for you, for power is made perfect in weakness." Through this explanation, St. Paul resolved to believe, "I am content with weaknesses, insults, hardships, persecutions and constraints, for the sake of Christ; for when I am weak, then I am strong."

We all bear crosses in this life, whether they seem to be little thorns or sharp daggers. The easiest thing to do, as St. Paul did, is to pray for the cross to be taken. It would be great if all of our struggles just magically faded away! But listen to the Lord's words, "My grace is sufficient for you, for power is made perfect in weakness."

Stop and reflect on your cross. Instead of wishing it to go away, look at it as an opportunity to grow and to allow God to work in your life. God permitted this cross in your life for a reason. Do not let the opportunity for Christ to work on your heart pass you by.

Today, recall that God loves us more than we could ever imagine. There is not a moment that goes by that He does not have us in mind. He has a specific plan for our lives. Therefore, may we encounter life's challenges with confidence in Christ.

Nuestras lecturas de hoy nos recuerdan que, incluso en nuestros momentos más débiles y difíciles, Dios tiene un plan.

En nuestra segunda lectura, San Pablo describe una "espinas" que le había sido dada. Creía que esta espinas era lo que lo mantenía con los pies en la tierra, como él decía, "para golpearme, para evitar que estuviera demasiado eufórico".

Al principio, le pidió al Señor que quitara esta cruz, pero el Señor respondió: "Te basta mi gracia, porque el poder se perfecciona en la debilidad". A través de esta explicación, San Pablo resolvió creer, "Me contento con las debilidades, los insultos, las dificultades, las persecuciones y las limitaciones, por amor a Cristo; porque cuando soy débil, entonces soy fuerte".

Todos llevamos cruces en esta vida, ya sean pequeñas espinas o dagas afiladas. Lo más fácil de hacer, como lo hizo San Pablo, es rezar para que se tome la cruz. ¡Sería genial si todas nuestras luchas se desvanecieran mágicamente! Pero escuchen las palabras del Señor: "Bástate mi gracia, porque el poder se perfecciona en la debilidad".

Detente y reflexiona sobre tu cruz. En lugar de desear que desaparezca, míralo como una oportunidad para crecer y permitir que Dios obre en tu vida. Dios permitió esta cruz en tu vida por una razón. No dejes pasar la oportunidad de que Cristo obre en tu corazón.

Hoy, recordemos que Dios nos ama más de lo que podríamos imaginar. No hay un momento que pase sin que Él nos tenga en mente. Él tiene un plan específico para nuestras vidas. Por lo tanto, que podamos enfrentar los desafíos de la vida con confianza en Cristo.



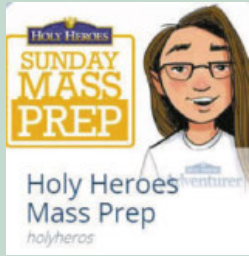
Faith Formation & Education

Keep growing in your faith as you take time away from school and work and focus on being together as a family. Here are some ways to stay connected with your faith while enjoying your Summer!



Backyard Vacation Bible School (VBS)

Sign up at Holy Heroes for a 5-day plan you can do at home with your kids. The Instructions are easy enough for older kids to help the little ones for a little while each day. It looks like a lot of fun!
<https://summerfaithadventure.com/>

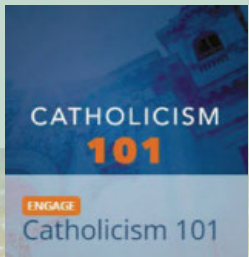


Mass preparation for families

Every Wednesday receive a Mass preparation guide for your family with downloadable coloring pages and worksheets for young saints (pre-K to 3rd grade) and older saints (4th - 6th grade). Readings for Sunday Mass with brief explanation!
<https://is.gd/massprep2024>

Registered for Family Formation? *

If you were with us this past year, you have received by now a link to register your family for your continued formation in faith. If you were with us this past year but need the link sent again, contact the faith formation office at religioused@cbssac.org.



Review the Catechism

Once a week your family can enjoy a 7 to 9 minute video that reviews one of the tenets of our rich Catholic Faith in simple language appropriate for the whole family. They include a second video for little ones to enjoy along with an activity page to color.
<https://is.gd/cc101>

If you are a new family or a family returning after a break from formation, registration will take place at the following times:
Sundays, July 7th and July 14th from 10AM—12 noon.

Classes begin with Orientation in September. Full calendar will be available then.

SUMMER FAITH WEEKLY CHALLENGE!

Choose one day during the week to go to Mass in addition to Sunday.

* Currently Enrolled:

Please check your email for registration instructions.
Enrollment closes in July
\$100/family and \$15/child

* New Families and Transferring Families:

Sunday, July 7 and 14
10am—noon
\$120/family and \$15/child



in the Summer

Family Faith Formation and OCIA—Formation of Faith and of Sacraments for Children and Adults

Formación y Educación en la Fe

Preparation for Sunday Mass
Sunday, 14 JULY 2024

Prepare:
15th Sunday of Ordinary Time

Amos 7:12-15

Psalm 85:9-10, 11-12, 13-14

Ephesians 1:3-14 or 1:3-10

Mark 6:7-13

Focus of the Gospel:

By his example, Jesus has shown us how to preach prophetic words and offer life to others. In the Gospel next Sunday, Jesus gives his authority to preach repentance, exorcise demons, and heal the sick to the Twelve. Like Jesus, they will experience both acceptance and rejection. In Jesus, they will have everything they need in their mission to proclaim the Gospel. Through our own Baptism, we are made priest, prophet and king, and must be like the first disciples—the first students—of Jesus. To watch him (through reading and study of the Gospel), we learn to be like him.

With Your Family

- ◆ *Imagine that you are a disciple of Jesus.*
- ◆ *Read Mark 6:7-13 and imagine he is giving you instructions. What does he say to you?*
- ◆ *You commit to proclaim the good news of Jesus with your life. What is it like to feel rejected when you live for Jesus and the love of God the Father? Is it worth it?*
- ◆ *Pray Psalm 85:9-14 together*

Preparación para la Misa
Domingo, 14 JULIO 2024

Preparar:
XV Domingo del Tiempo Ordinario

Amós 7:12-15

Salmo 85:9-10, 11-12, 13-14

Efesios 1:3-14 o 1:3-10

Marcos 6:7-13

Enfoque del evangelio:

Con su ejemplo, Jesús nos ha mostrado cómo predicar palabras proféticas y ofrecer vida a los demás. En el Evangelio del próximo domingo, Jesús da a los Doce su autoridad para predicar el arrepentimiento, exorcizar demonios y curar a los enfermos. Como Jesús, experimentarán tanto la aceptación como el rechazo. En Jesús, tendrán todo lo que necesitan en su misión de anunciar el Evangelio. Por nuestro propio Bautismo, somos hechos sacerdote, profeta y rey, y debemos ser como los primeros discípulos -los primeros alumnos- de Jesús. Observándole (mediante la lectura y el estudio del Evangelio), aprendemos a ser como Él.

Con tu familia

- ◆ *Imagina que eres un discípulo de Jesús.*
- ◆ *Lee Marcos 6:7-13 e imagina que te está dando instrucciones. ¿Qué te dice?*
- ◆ *Te comprometes a proclamar la buena nueva de Jesús con tu vida. ¿Cómo es sentirse rechazado cuando vives para Jesús y el amor de Dios Padre? ¿Merece la pena?*
- ◆ *Rezad juntos el Salmo 85,9-14*



more
Seeking Faith?

The "Order of Christian Initiation for Adults" provides a place for seekers to explore what the Catholic Church believes and teaches as part of their journey towards embracing Christ and His Church in the reception of sacraments. Catholics who have not received Sacraments of Confirmation and of the Holy Eucharist are also welcome. To know more, go to website:

cathedralsacramento.org/ocia

The Faith Formation and OCIA offices will be closed in July. Please contact them via email and they will respond to you when they can: religioused@cbssac.org.

Forum Feedback #3: CATECHESIS

Open Forum

At the Open Forum on Youth held June 11th, the group looked at eight areas outlined by the USCCB on Youth Ministry. The second component of comprehensive ministry, and our focus this week is: CATECHESIS.



The ministry of catechesis

helps adolescents *develop* a deeper relationship with Jesus Christ and the Christian community, and *increase* their knowledge of the core content of the Catholic faith. The ministry of Catechesis also helps young people *enrich* and *expand* their understanding of the Scriptures and the sacred tradition and their application to life today, and *live* more faithfully as disciples of Jesus Christ in their daily lives, especially through a life of prayer, justice, and loving ser-

- Model Reverence, Prayer, Sacred Respect
- Prepare thru personal formation and Study
- Teach to live what we learn (application)
- Set example Make subject relevant
- Openness / Welcoming
- Listen to what they are not saying
- Catechists to engage youth in conversation on personal level
- Give Q&A sessions
- Understand Faith Development of youth
- Teach core content of Catholic Faith (pillars of Catechism)
- Caring environment for groups of youth
- Involve families
- Incorporate Service
- Read new USCCB document: [Listen, Teach, Send, A Framework for Ministries with Youth](#)

Sister Lisa Marie Doty, FDCC, Director of Faith Formation & OCIA | slmdoty@cbssac.org | 916-444-5364

Liturgy of the Word

FOURTEEN SUNDAY IN ORDINARY TIME

JULY 7, 2024

Mass Intentions & Observances

SUN 7/7

12TH SUNDAY IN ORDINARY TIME

8:00 AM:

10:00 AM:

12:00 PM: .

4:00 PM:

6:00 PM:

MON 7/8

14TH WEEK IN ORDINARY TIME

12:10 PM:

TUE 7/9

14TH WEEK IN ORDINARY TIME

12:10 PM:

WED 7/10

14TH WEEK IN ORDINARY TIME

12:10 PM:

THU 7/11

SAINT BENEDICT, ABBOT

12:10 PM:

FRI 7/12

14TH WEEK IN ORDINARY TIME

12:10 PM:

*S.I. = for special intention
+ = for repose of the soul*

Mass Intentions

Please email:

vramos@cathedralsacramento.org

or call 916-444-3071, ext. 10

Reading 1 Ez 2:2-5

As the LORD spoke to me, the spirit entered into me and set me on my feet, and I heard the one who was speaking say to me: Son of man, I am sending you to the Israelites, rebels who have rebelled against me; they and their ancestors have revolted against me to this very day. Hard of face and obstinate of heart are they to whom I am sending you. But you shall say to them: Thus says the LORD GOD! And whether they heed or resist—for they are a rebellious house—they shall know that a prophet has been among them.

Responsorial Psalm

Ps 123:1-2, 2, 3-4

R. (2cd) **Our eyes are fixed on the Lord, pleading for his mercy.**

To you I lift up my eyes who are enthroned in heaven — As the eyes of servants are on the hands of their masters.

R. **Our eyes are fixed on the Lord, pleading for his mercy.**

As the eyes of a maid are on the hands of her mistress, So are our eyes on the LORD, our God, till he have pity on us.

R. **Our eyes are fixed on the Lord, pleading for his mercy.**

Have pity on us, O LORD, have pity on us,

for we are more than sated with contempt;

our souls are more than sated with the mockery of the arrogant, with the contempt of the proud.

R. **Our eyes are fixed on the Lord, pleading for his mercy.**

Reading 2 2 Cor 12:7-10

Brothers and sisters:

That I, Paul, might not become too elated, because of the abundance of the revelations, a thorn in the flesh was given to me, an angel of Satan,

to beat me, to keep me from being too elated. Three times I begged the Lord about this, that it might leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” I will rather boast most gladly of my weaknesses, in order that the power of Christ may dwell with me. Therefore, I am content with weaknesses, insults, hardships, persecutions, and constraints, for the sake of Christ; for when I am weak, then I am strong.

Alleluia Cf. Lk 4:18

R. **Alleluia, alleluia.**

The Spirit of the Lord is upon me, for he sent me to bring glad tidings to the poor.

R. **Alleluia, alleluia.**

Gospel Mk 6:1-6

Jesus departed from there and came to his native place, accompanied by his disciples.

When the sabbath came he began to teach in the synagogue, and many who heard him were astonished.

They said, “Where did this man get all this? What kind of wisdom has been given him? What mighty deeds are wrought by his hands! Is he not the carpenter, the son of Mary, and the brother of James and Joses and Judas and Simon? And are not his sisters here with us?”

And they took offense at him. Jesus said to them, “A prophet is not without honor except in his native place and among his own kin and in his own house.” So he was not able to perform any mighty deed there, apart from curing a few sick people by laying his hands on them. He was amazed at their lack of faith.

Liturgia de la Palabra

XIV DOMINGO ORDINARIO

7 DE JULIO DE 2024

Primera lectura **Ez 2, 2-5**

En aquellos días, el espíritu entró en mí, hizo que me pusiera en pie y oí una voz que me decía: "Hijo de hombre, yo te envío a los israelitas, a un pueblo rebelde, que se ha sublevado contra mí. Ellos y sus padres me han traicionado hasta el día de hoy. También sus hijos son testarudos y obstinados. A ellos te envío para que les comuniqués mis palabras. Y ellos, te escuchen o no, porque son una raza rebelde, sabrán que hay un profeta en medio de ellos".

Salmo Responsorial

Salmo 122, 1-2a. 2bcd. 3-4

R. (2cd) **Ten piedad de nosotros, ten piedad.**

En ti, Señor, que habitas en lo alto, fijos los ojos tengo, como fijan sus ojos en la manos de su señor, los siervos.

R. **Ten piedad de nosotros, ten piedad.**

Así como la esclava en su señora tiene fijos los ojos, fijos en el Señor están los nuestros, hasta que Dios se apiade de nosotros.

R. **Ten piedad de nosotros, ten piedad.**

Ten piedad de nosotros, ten piedad, porque estamos, Señor, hartos de injurias; saturados estamos de desprecios, de insolencias y burlas.

R. **Ten piedad de nosotros, ten piedad.**

Segunda lectura 2 **Cor 12, 7b-10**

Hermanos: Para que yo no me llene de soberbia por la sublimidad de las revelaciones que he tenido, llevo una espina clavada en mi carne, un enviado de Satanás, que me abofetea para humillarme. Tres veces le he pedido al Señor que me libre de esto, pero él me ha respondido: "Te basta mi gracia, porque mi poder se manifiesta en la debilidad".

Así pues, de buena gana prefiero gloriarme de mis debilidades, para que se manifieste en mí el poder de Cristo. Por eso me alegro de las debilidades, los insultos, las necesidades, las persecuciones y las dificultades que sufro por Cristo, porque cuando soy más débil, soy más

fuerte.

Aclamación antes del Evangelio

Cfr Lc 4, 18

R. **Aleluya, aleluya.**

El Espíritu del Señor está sobre mí; él me ha enviado para anunciar a los pobres la buena nueva.

R. **Aleluya.**

Evangelio **Mc 6, 1-6**

En aquel tiempo, Jesús fue a su tierra en compañía de sus discípulos. Cuando llegó el sábado, se puso a enseñar en la sinagoga, y la multitud que lo escuchaba se preguntaba con asombro: "¿Dónde aprendió este hombre tantas cosas? ¿De dónde le viene esa sabiduría y ese poder para hacer milagros? ¿Qué no es éste el carpintero, el hijo de María, el hermano de Santiago, José, Judas y Simón? ¿No viven aquí, entre nosotros, sus hermanas?" Y estaban desconcertados.

Pero Jesús les dijo: "Todos honran a un profeta, menos los de su tierra, sus parientes y los de su casa". Y no pudo hacer allí ningún milagro, sólo curó a algunos enfermos imponiéndoles las manos. Y estaba extrañado de la incredulidad de aquella gente. Luego se fue a enseñar en los pueblos vecinos.

Estar ahí cuando Dios se mueve

Del 17 al 21 de julio de 2024, decenas de miles de católicos apasionados experimentarán una efusión de gracia a una escala que esta generación nunca ha visto. Este momento histórico se denomina X Congreso Eucarístico Nacional. Católicos de todos los rincones de EE. UU. acudirán a Indianapolis para este encuentro transformador, y TÚ estás invitado a representar a nuestra parroquia en este momento crucial.

Tanto si te unes a nosotros para la experiencia completa como si lo haces por un día, disfrutarás de una enseñanza de primera clase impartida por algunas de las voces católicas más reconocidas de los Estados Unidos. Ven a encontrar y adorar a Jesús de una manera nueva, y sé ungido para compartir esas gracias con nuestra comunidad cuando regreses a casa.

Más que nunca, estarás orgulloso de ser católico y entusiasmado por el futuro de la Iglesia en América.



Escanea el código para obtener más información sobre el evento y consultar el programa completo de cada día. Ponte en contacto con nuestra oficina parroquial para obtener más información sobre cómo inscribirte con tus co-feligreses.

es.eucharisticcongress.org

Parish Information/Información Parroquial



CATHEDRAL PARISH REGISTRATION & UPDATE

Become a member of our dynamic Cathedral family!

REGISTRO Y ACTUALIZACIÓN DE LA PARROQUIA CATEDRAL

¡Conviértete en miembro de nuestra dinámica familia de la Catedral!

Restroom Keypads: Please ask any usher for the weekly access code. Adults must accompany children. **Teclados de baños:** solicite a cualquier ujier el código de acceso semanal. Los adultos deben acompañar a los niños.

SACRAMENTOS

para información en español ir a www.CathedralSacramento.org

SACRAMENTS

for additional information go to www.CathedralSacramento.org

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM

Contact Deacon Omar Bardales: baptism@cbssac.org or 916-444-3071 Ext. 28

CONFESSION/RECONCILIATION

See cover page.

CONFIRMATION

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Contact Sister Lisa Marie at slmdoty@cbssac.org.

HOLY ORDERS

To learn about the priesthood and/or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila tkila@cathedralsacramento.org



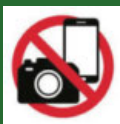
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Fr. Mémo Hernandez
Fr. Michael Kiernan
Deacon Omar Bardales
Deacon Gary Brys, *Business Manager*
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rrallanka@cathedralsacramento.org

Saint Toribio Choir - The Youth Choir of The Cathedral

Rex Rallanka at rrallanka@cathedralsacramento.org or
Gayle Winney, gwinney@cbssac.org

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

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Ushers

Tom Waddock, tomwaddock@yahoo.com 916-444-3071

Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly,

praytherosarywithus@yahoo.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS

Faith Formation and Christian Initiation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Formacion en la Fe Familiar (FFF) en Espanol

Deyanira Galvez, Galvez.dgv@gmail.com

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org;
www.youngsheep.org

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Marilynn Fairgood, Marilynn_Fairgood@att.net

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Jill Pease, peasejill@gmail.com

Festival of Trees

Susan Moeller, susandurand@gmail.com

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Deacon Edgar Hilbert, hilbertdoheva@aol.com

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Deacon Omar Bardales, omarcpa@att.net

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Titi Kila, communication@cathedralsac.org

Respect Life Ministry

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Volunteer Corps

Tom Waddock, 916-444-3071,

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Cathedral Filipino-American Group of Sacramento

John Ponce, johne.poww@gmail.com

Cathedral Young Adults

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