



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

June 23, 2024 | Twelfth Week in Ordinary Time

MASS SCHEDULE

SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español

*Livestream available.

Monday—Friday
Lunes—Viernes
12:10 pm

ADORATION ADORACIÓN

Wednesday & Thursday
Miércoles y Jueves
1:00 pm - 4:00 pm

RECONCILIATION RECONCILIACIÓN

Monday—Friday
Lunes—Viernes
11:30 am—12:00 pm

Saturday | *Sábado*
4:00 pm—5:00 pm

CATHEDRAL HOURS

Monday—Friday
10:00 am—4:00 pm

OFFICE HOURS

Monday—Friday
9:00 am—noon & 1 pm—4 pm



12TH SUNDAY IN ORDINARY TIME

He woke up, rebuked the wind, and said to the sea, "Quiet! Be still!"
The wind ceased and there was great calm. Then he asked them,
"Why are you terrified? Do you not yet have faith?" - Mk 4:39-40

El se despertó, reprendió al viento y dijo al mar: "¡Cállate, enmudece!"
Entonces el viento cesó y sobrevino una gran calma. Jesús les dijo:
"¿Por qué tenían tanto miedo? ¿Aún no tienen fe?" - Mc 4, 39-40

1019 11th Street, Sacramento, CA 95814

916-444-3071 | Blessed@cathedralsacramento.org

www.CathedralSacramento.org

Connect with us!



Want something in the bulletin and website? Just email communication@cathedralsac.org

Events and Information



KEEP THE FLAME ALIVE **We'll take a break in June.**

Now starting in July
with Father O'Reilly and
the Gospel of John.
So you still have time to sign up!
Contact Donna: flamealive22@gmail.com

MANTENGA VIVA LA LLAMA

Nos tomaremos un descanso en junio.

Ahora a partir de julio con el Padre O'Reilly y el Evangelio de Juan.
¡Así que todavía estás a tiempo de registrarte!
Contacto con Donna:
flamealive22@gmail.com



THE HOLY ROSARY

1st and 3rd Wednesdays 6pm
St. Josephine Bakhita Room, lower level.
praytherosarywithus@yahoo.com

EL SANTO ROSARIO

1er y 3er miércoles, 6:00 pm
Aula St. Josephine Bakhita, nivel inferior.
praytherosarywithus@yahoo.com

RECONCILIATION

Monday - Friday
11:30 am to 12:00 pm
Saturday 4:00 pm to 5:00 pm

RECONCILIACIÓN

Lunes - Viernes
11:30 am to 12:00 pm
Sábado 4:00 pm to 5:00 pm



ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

ADORACIÓN

Miércoles y Jueves
1:00 pm to 4:00 pm

HOLY HOUR OF REPARATION

Friday, July 5 First Friday of each
month immediately following the 12:10
Mass in the Blessed Sacrament Chapel.

HORA SANTA DE LA REPARACIÓN

Viernes 5 de julio Primer viernes de
cada mes inmediatamente después de
la Misa de las 12:10 en la Capilla del
Santísimo Sacramento.

SUNDAY CATHEDRAL TOURS

English at 9am and 11am & Spanish at 1pm
Docents share how the Cathedral is such
an important part of early California
history. Learn how our beautiful and
important art works have symbolism
integral to our Catholic Faith.

TOURS DE LA CATEDRAL DEL DOMINGO

**Español a las 1 pm y inglés a las 9am
y 11am**
Los docentes comparten cómo la Catedral
es una parte importante de la historia
temprana de California. Conozca cómo
nuestras hermosas e importantes obras de
arte tienen un simbolismo integral para
nuestra fe católica.

Eventos e información



Our Front Door Ministry helps people in need. Next Sunday you can help those who have less by donating toilet paper. For details contact Deacon Hilbert—
hilbertdoheva@aol.com

Colecta de papel higiénico

Nuestro Ministerio Front Door ayuda a las personas necesitadas. El próximo domingo podrás ayudar a los que menos tienen donando papel higiénico. Para más detalles comuníquese con el
Díacono Hilbert—
hilbertdoheva@aol.com

Thank You from Brown Bag Lunch (BBL)

Many thanks and blessings to the Divine Mercy Lenten Angels who, for the third year in a row, generously collected and donated water for our downtown Sacramento homeless family members. The total amount of bottled water received from the Divine Mercy Angels during Lent 2024 was 1,484!!

BBL volunteers are grateful for the donations of water, mini-Manticadas, sweet treats, tuna kits, food from caterers, other Cathedral ministries and individuals that have been received since the Lenten Season. We are also thankful for the beautifully packaged and donated lunches received from our BBL families who donate on a regular basis and our partner churches, Holy Spirit and St. Stephen Parishes. And we cannot forget the generous monetary donations that are made on a regular basis by those who have much love for our sisters and brothers in need. Thank you. May God continue to frequently bless all of you for your kind acts of charity.



Diocese Second Collection -Next Sunday is the Peter's Pence Collection, a worldwide collection that supports the activities of the Holy See through which Pope Francis governs the Church and exercises his charitable works. When used for charitable outreach, funds from this collection help those most in need. Take this opportunity to join with Pope Francis and be a sign of mercy. Please be generous today. For more information, visit <http://www.peterspence.va/en.html>. To donate online, visit www.scd.org/peterspence.

Segunda Colecta de la Diócesis - El próximo domingo es la Colecta Peter's Pence, una colecta a nivel mundial que apoya las actividades de la Santa Sede mediante la cual el papa Francisco gobierna la Iglesia y lleva a cabo sus obras de caridad. Cuando los fondos de esta Colecta se destinan a acciones caritativas, se beneficia a los más necesitados. Tomen esta ocasión para unirse al papa Francisco y ser una señal de misericordia. Por favor, sean generosos hoy. Para más información, visiten <https://www.obolodisanpietro.va/es.html>. Para donar en línea, visite www.scd.org/peterspence.



Did you know there are 77 episodes?

The Let's Talk Parish podcast features a Cathedral staff member or parishioner in a casual discussion with host Christian Jensen.

Season 4 features **Paula Truillo, Cathedral Stream Team, Sergio Castillo, Luke and Jordan Whalen, Maria Balakshin, Deacon Gary Brys, and Manolito Jaldon.** Season 3 features **Steve Rose and Karen Nikos-Rose, and Andrea Martin-Borges.**

If you would like to participate as a guest, please contact 916-545-5376.



Listen here: <https://is.gd/talkparish>

Our Place of Worship/Nuestro lugar de culto



Thank You!

Our Special Collection on June 2 was very successful! You all donated another \$5,455 toward repairs to our heating/cooling and sound system! After just two Special Collections, your generosity brings us 14% toward the \$80,000 funding goal. Thank you for treasuring our beautiful place of worship and we pray for continued funding support on the first Sunday of each month.

¡Nuestra Colección Especial del 2 de junio fue todo un éxito! ¡Todos ustedes donaron \$5,455 para reparaciones de nuestro sistema de calefacción/refrigeración y sonido! ¡Todos ustedes donaron otros \$5,455 para reparaciones de nuestro sistema de calefacción/refrigeración y sonido! Después de sólo dos Colecciones Especiales, su generosidad nos aporta un 14% hacia la meta de financiación de \$80,000. Gracias por atesorar nuestro hermoso lugar de adoración y oramos por un apoyo financiero continuo el primer domingo de cada mes.

Sacramento Chinese Catholic Community

RECONCILIATION: 1st Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance.
Tel: 916-583-8306
Email: sccc.contact@gmail.com
Facebook: [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)
Instagram: [https://is.gd/scccinstagram](https://www.instagram.com/scccinstagram)
Website: www.sacchineseatholic.org/

A Glimpse of Spirituality 靈修一瞥129 (Mark谷 3:7-12)

Fr. Abraham Chiu 趙必成神父

福傳必須行動見證

天主的福音如果沒有行動，就只剩下口號一個。人可能會瞬間被某些傳教士煽情道理感動落淚，但最終可能只是情緒衝動或一時感觸。耶穌不僅傳播福音，而且還實踐仁愛；他言行一致，就是要讓人真正體驗在他身上找到天堂。

治療是耶穌主要牧職之一；揭示耶穌如何讓病人擺脫身心靈的痛苦和困擾。患者除了肉體痛苦外，還有被別人遺棄的孤獨感，有時甚至憂鬱到以為天主已經離開他們。

耶穌來了

他來，是為傳揚天國福音，釋放罪人。具體舉動之一，正是治病救人。如福音描述：“因為他治好了許多人，所以，凡有病災的人都向他湧來，要觸摸他。”耶穌，一位無形無像的主，降生成人後，變得可以被不可接觸的人所接觸。動詞“接觸”（hapsōntai）意即透過親自觸摸來認識耶穌，這行為表達他們內心對耶穌的渴望。為了接觸耶穌身體，病人向耶穌“湧來”（epipiptein）；也就是說，那些病人非常渴望從耶穌基督這位可觸摸的主那裡得到治癒。

生活中存在各種各樣困難，干擾人們去愛主愛人。為了不讓魔鬼嘲笑我們，在苦難中堅持信仰，才是見證耶穌福音，同時，也更接近耶穌。



Chinese Portal:
Announcements/
Sunday Readings

Pange Lingua Variations Concert

TICKETS ON SALE AFTER MASS

“The Cathedral of the Blessed Sacrament Presents”

A Eucharistic Revival Concert

Dave Brubeck's

PANGE LINGUA VARIATIONS

A Celebration for Sacramento

Saturday, July 6 at 8:00 pm

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814

Cathedral Choir and Orchestra, Neal Gittleman, Conductor

Special Guest Performances By:

Chris Brubeck Dan Brubeck Joe Gilman



Chris Brubeck



Dan Brubeck



Neal Gittleman



Joe Gilman

WINE & CHEESE RECEPTION AND TOURS OF THE CATHEDRAL at 6 pm; Concert at 8 pm

To purchase tickets use QR code or: cbssac.ticketspice.com/brubeck

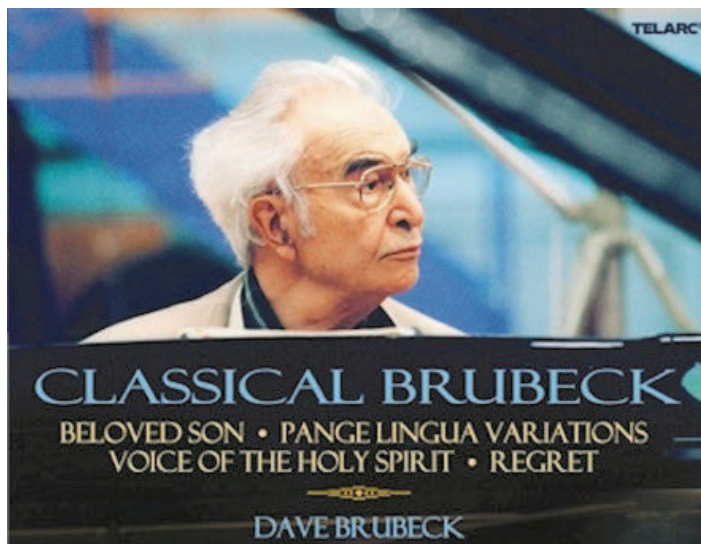
Donations to the event may be made at: <https://www.cathedralsacramento.org/donate>

For publicity & outreach contact: concerts@cathedralsacramento.org

All proceeds will be used to fund the Cathedral's Social Service Ministries



In 1983 the Cathedral of the Blessed Sacrament commissioned legendary musician Dave Brubeck to compose a variation of the Thomas Aquinas hymn “Pange Lingua, Gloriosi” (“Sing, My Tongue, the Savior’s Glory”). The work beautifully captures the poetic spirit of the original Gregorian chant combined with jazz interludes. It was Brubeck’s first sacred composition since he had converted to Catholicism. The Dave Brubeck Quartet first performed the work in the Cathedral with orchestra and chorus over two nights in May 1983 to sell-out audiences. On July 6 the Emmy-nominated Chris Brubeck Trio (Dave’s sons) will join the Cathedral Choir and Orchestra to recreate this beautiful work in a Eucharistic Revival Concert. Tickets are now on sale at <https://cbssac.ticketspice.com/brubeck>. Ticket prices range from \$25 to \$75. A wine-and-cheese reception will precede the concert at a cost of \$50.





Education in Faith

Registration for 2024-2025 is underway

The Cathedral of the Blessed Sacrament is forming whole families in the faith in its "Family Formation" series. This program of formation involves the whole family in weekly lessons following the liturgical cycle. This year's monthly themes we will focus on:

- Bible: God's Love Letter
- The Final Coming of Jesus
- God Keeps His Promises
- Covenant Relationship
- God Builds His Church on Rock
- A People of Mercy/ Reconciliation
- Jesus Walk in Holiest of Weeks
- Mystery of the Holy Trinity.

We invite your family of faith to be a part of this growing community of believers. Scan the QR code to complete an inquiry form and we will help you to enroll as either returning or new families. Sacramental preparation is integrated into our plan of family formation, so come start today!

Note: Those teens and parents needing Sacraments can participate in our Family OCIA formation.

*Scholarships available based on need.



La inscripcion para 2024-2025 esta en curso

La Catedral del Santísimo Sacramento está formando a familias enteras en la fe en su serie "Formación Familiar". Este programa de formacion involucra a toda la familia en lecciones semanales siguiendo el ciclo liturgico. Los temas mensuales de este año en los que nos enfocaremos:

- Biblia: Carta de amor de Dios
- La venida final de Jesús
- Dios cumple sus promesas
- Relación de Alianza
- Dios construye su Iglesia en la roca
- Pueblo de Misericordia/ Perdon
- Jesús camina en la Semana Santa
- Misterio de la Santísima Trinidad.

Invitamos a su familia de fe a ser parte de esta creciente comunidad de creyentes. Escanee el código QR para completar un formulario de consulta y lo ayudaremos a inscribirse como familia nueva o que regresa. La preparación sacramental está integrada en nuestro plan de formación familiar, ¡así que empiece hoy mismo!

Nota: Aquellos adolescentes y padres que necesiten sacramentos pueden participar en nuestra formación familiar de OCIA.

REGISTER

Currently Enrolled:
\$100/family and \$15/child

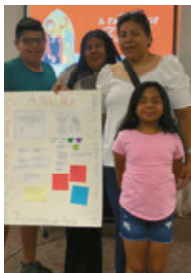
New Families and Transferring Families:
\$120/family and \$15/child

Late Enrollment:
\$130/family and \$20/child

Registration in the Office:

Sunday, June 23: 10am-12 noon (Currently enrolled families)

Sunday, June 30, July 7, July 14: 10am-12 noon (New and Transferring Families)



Family Faith Formation and OCIA—Formation of Faith and of Sacraments for Children and Adults

Educación en la Fe

Preparation for Sunday Mass Sunday, 30 JUNE 24

Prepare:

13th Sunday of Ordinary Time

Wisdom 1:13-15; 2:23-24

Psalm 30:2, 4, 5-6, 11, 12, 13

2 Corinthians 8:7, 9, 13-15

Mark 5:21-43

Focus of the Gospel:

The readings next Sunday challenge us to consider the gift of FAITH over FEAR. A good friend once told me an acronym that expresses what happens when we are afraid: **False Evidence Appearing Real**. Think about it; when we are afraid, we often are paralyzed from doing what we know we should as we imagine a bad outcome to something that has not yet taken place. It hasn't happened—it is a false reality—yet it seems so very possible that we can stop trusting. Jairus is asked to go beyond trust when he hears the death of his daughter; Jesus tells him, "Do not be afraid; just have faith." Jairus was called to a level of believing that goes beyond the possible, trusting that Jesus could still heal his daughter even though she was dead. When we are confronted with evil—sickness, violence, cruelty, poverty—can we hear God speaking the same words to us? "Do not be afraid; just have faith." And act in faith in our belief.

With Your Family

- ◆ Read Mark 5:21-43 or, watch this scene from the Chosen, Season 3, Episode 5 (thechosen.tv)
- ◆ What did Jairus and the hemorrhaging woman have in common?
- ◆ When have you desired a healing and find yourself unable to believe?
- ◆ Pray: "Jesus, I believe, help my unbelief."
- ◆ Pray Psalm 30:1-13 together

Preparación para la Misa Domingo, 30 JUNIO 24

Preparar:

XIII Domingo del Tiempo Ordinario

Sabiduría 1:13-15; 2:23-24

Salmo 30:2, 4, 5-6, 11, 12, 13

2 Corintios 8:7, 9, 13-15

Marcos 5:21-43

Enfoque del evangelio:

Las lecturas del próximo domingo nos desafían a considerar el don de la FE sobre el MIEDO. Un buen amigo me dijo una vez un acrónimo que expresa lo que ocurre cuando tenemos miedo utilizando la palabra inglesa "FEAR": Falsa Evidencia que Aparece Real. Piénsalo: cuando tenemos miedo, a menudo nos paralizamos para hacer lo que sabemos que debemos hacer, porque imaginamos un mal resultado de algo que todavía no ha sucedido. No ha sucedido—es una falsa realidad—pero parece tan posible que podemos dejar de confiar. A Jairo se le pide que vaya más allá de la confianza cuando se entera de la muerte de su hija; Jesús le dice: "No tengas miedo; sólo ten fe". Jairo fue llamado a un nivel de fe que va más allá de lo posible, confiando en que Jesús podía curar a su hija aunque estuviera muerta. Cuando nos enfrentamos al mal—enfermedad, violencia, crueldad, pobreza—¿podemos oír a Dios dirigiéndonos las mismas palabras? "No tengas miedo; sólo ten fe". Y actuar con fe en nuestra fe.

Con tu familia

- ◆ Lee Marcos 5:21-43 o, mira esta escena de los Elegidos, Temporada 3, Episodio 5 (thechosen.tv)
- ◆ ¿Qué tenían en común Jairo y la mujer con hemorragia?
- ◆ ¿Cuándo has deseado una curación y te has visto incapaz de creer?
- ◆ Reza: "Jesús, yo creo, ayuda mi incredulidad".
- ◆ Oren juntos el Salmo 30:1-13



What is OCIA?

The "Order of Christian Initiation for Adults" provides a place for seekers to explore what the Catholic Church believes and teaches as part of their journey towards embracing Christ and His Church in the reception of sacraments. Catholics who have not received Sacraments of Confirmation and of the Holy Eucharist are also welcome. To know more, go to our website: cathedralsacramento.org/ocia

SUN 23 JUN
OCIA Catechumen
30 JUN BOW 8am

MON 6:30 PM—Vespers
24 JUN 7:00 PM—OCIA

Forum Feedback #1

Below is a summary of concerns/needs we received at the open forum held on June 11, focusing on the needs of youth today. This list is not exhaustive, but a starting point in the conversation.

Concerns:

- the world influences contrary to Catholic faith
- Lack of Faith
- Youth living worldly life
- Distancing between youth/parents
- Lack of communication / unity in families
- Truth difficult to find/see
- Youth not familiar with Bible / Stories

- Youth don't receive instruction between Sacraments
- Poorly formed conscience to do the right thing
- Don't see youth / families in Church on Sundays
- Youth / Parents see Sacraments as an "end" rather than stepping stone to faith.
- Little faith in Real Presence of Jesus in Sacraments
- Losing faith at younger ages

Youth Needs:

- Belonging
- Experiences in prayer
- Experiences in Community
- Encouragement
- Leadership Opportunities
- Engage in Faith
- Healthy Relationships
- People to Listen/Guide
- Kerygma—Evangelization
- Model Positive Catholic Life



Sister Lisa Marie Doty, FDCC, Director of Faith Formation & OCIA | slmdoty@cbssac.org | 916-444-5364

Liturgy of the Word

TWELFTH SUNDAY IN ORDINARY TIME

JUNE 23, 2024

Mass Intentions & Observances

SUN 6/23

12TH SUNDAY IN ORDINARY TIME

8:00 AM: CATHERINE CHANG +

10:00 AM: JESSIE LUNA +

12:00 PM: PEOPLE OF THE PARISH S.I.

4:00 PM: CONSORCIA SORCY

CONCEPCION APOSTOL +

6:00 PM: FR. GUILLERMO HERNANDEZ S.I.

MON 6/24

THE NATIVITY OF ST. JOHN
THE BAPTIST

12:10 PM: ADOLPH BACA +

TUE 6/25

12TH WEEK IN ORDINARY TIME

12:10 PM: THE SALMONTE FAMILY S.I.

WED 6/26

12TH WEEK IN ORDINARY TIME

12:10 PM: BLANCA PENNER S.I.

THU 6/27

12TH WEEK IN ORDINARY TIME

12:10 PM: HINYA SIBUCAO +; MAXIMA
DEPOSA +

FRI 6/28

12TH WEEK IN ORDINARY TIME

12:10 PM: NOREEN MADDEN MCINNES S.I.

*S.I. = for special intention
+ = for repose of the soul*

Mass Intentions

Please email:

vramos@cathedralsacramento.org
or call 916-444-3071, ext. 10

READING I JB 38:1, 8-11

The Lord addressed Job out of the storm and said:

“Who shut within doors the sea, when it burst forth from the womb; when I made the clouds its garment and thick darkness its swaddling bands? When I set limits for it and fastened the bar of its door, and said: Thus far shall you come but no farther, and here shall your proud waves be stilled!”

RESPONSORIAL PSALM 107:23-24, 25-26, 28-29, 30-31

R. Give thanks to the Lord, his love is everlasting.

They who sailed the sea in ships, trading on the deep waters, These saw the works of the LORD and his wonders in the abyss.

R. Give thanks to the Lord, his love is everlasting.

His command raised up a storm wind which tossed its waves on high. They mounted up to heaven; they sank to the depths; their hearts melted away in their plight.

R. Give thanks to the Lord, his love is everlasting.

They cried to the LORD in their distress; from their straits he rescued them, He hushed the storm to a gentle breeze, and the billows of the sea were stilled.

R. Give thanks to the Lord, his love is everlasting.

They rejoiced that they were calmed, and he brought them to their desired haven. Let them give thanks to the LORD for his kindness and his wondrous deeds to the children of men.

R. Give thanks to the Lord, his love is everlasting.

READING II 2 COR 5:14-17

Brothers and sisters:

The love of Christ impels us, once we have come to the conviction that one died for all; therefore, all have died. He indeed died for all, so that those who live might no longer live for themselves but for him who for their sake died and was raised.

Consequently, from now on we regard no one according to the flesh; even if we once knew Christ according to the flesh, yet now we know him so no longer. So whoever is in Christ is a new creation: the old things have passed away; behold, new things have come.

ALLELUIA LK 7:16

R. Alleluia, alleluia.

A great prophet has risen in our midst

God has visited his people.

R. Alleluia, alleluia.

GOSPEL MK 4:35-41

On that day, as evening drew on, Jesus said to his disciples:

“Let us cross to the other side.” Leaving the crowd, they took Jesus with them in the boat just as he was. And other boats were with him. A violent squall came up and waves were breaking over the boat, so that it was already filling up. Jesus was in the stern, asleep on a cushion. They woke him and said to him, “Teacher, do you not care that we are perishing?” He woke up, rebuked the wind, and said to the sea, “Quiet! Be still!” The wind ceased and there was great calm. Then he asked them, “Why are you terrified? Do you not yet have faith?” They were filled with great awe and said to one another, “Who then is this whom even wind and sea obey?”

Liturgia de la Palabra

XII DOMINGO ORDINARIO

23 DE JUNIO DE 2024

PRIMERA LECTURA JB 38, 1. 8-11

El Señor habló a Job desde la tormenta y le dijo: “Yo le puse límites al mar, cuando salía impetuoso del seno materno; yo hice de la niebla sus mantillas y de las nubes sus pañales; yo le impuse límites con puertas y cerrojos y le dije: ‘Hasta aquí llegarás, no más allá. Aquí se romperá la arrogancia de tus olas’”.

SALMO RESPONSORIAL

SALMO 106, 23-24. 25-26. 28-29. 30-31

R. Demos gracias al Señor por su bondades.

Los que la mar surcaban con sus naves, por las aguas inmensas negociando, el poder del Señor y sus prodigios en media del abismo contemplaron.

R. Demos gracias al Señor por su bondades.

Habló el Señor y un viento huracanado las olas encrespó; al cielo y al abismo eran lanzados, sobrecogidos de terror.

R. Demos gracias al Señor por su bondades.

Clamaron al Señor en tal apuro y él los libró de sus congostas

Cambio la tempestad en suave brisa, y apaciguó las olas.

R. Demos gracias al Señor por su bondades.

Se alegraron al ver la mar tranquila y el Señor los llevó al puerto anhelado.

Den gracias al Señor por los prodigios que su amor por el hombre ha realizado.

R. Demos gracias al Señor por su bondades.

SEGUNDA LECTURA 2 COR 5, 14-17

Hermanos: El amor de Cristo nos apremia, al pensar que si uno murió por todos, todos murieron. Cristo murió por todos para que los que viven ya no vivan para sí mismos, sino para aquel que murió y resucitó por ellos.

Por eso nosotros ya no juzgamos a nadie con criterios humanos. Si alguna vez hemos juzgado a Cristo con tales criterios, ahora ya no lo hacemos. El que vive según Cristo es una criatura nueva; para él todo lo viejo ha pasado. Ya todo es nuevo.

ACLAMACIÓN ANTES DEL EVANGELIO

LC 7, 16

R. Aleluya, aleluya.

Un gran profeta ha surgido entre nosotros.

Dios ha visitado a su pueblo.

R. Aleluya.

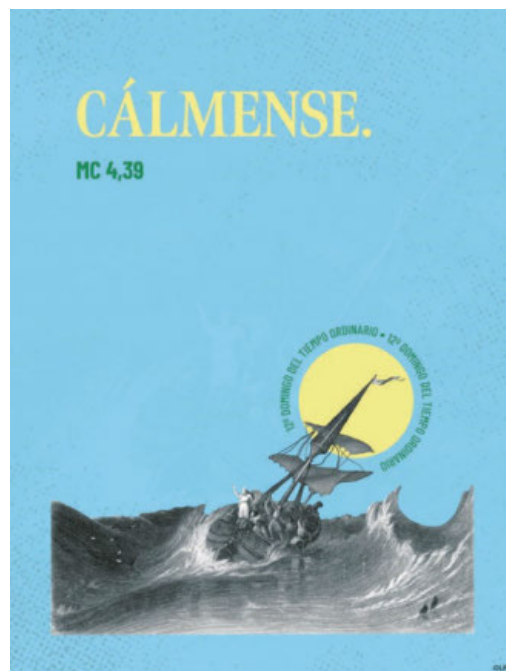
EVANGELIO

MC 4, 35-41

Un día, al atardecer, Jesús dijo a sus discípulos: “Vamos a la otra orilla del lago”. Entonces los discípulos despidieron a la gente y condujeron a Jesús en la misma barca en que estaba. Iban además otras barcas.

De pronto se desató un fuerte viento y las olas se estrellaban contra la barca y la iban llenando de agua. Jesús dormía en la popa, reclinado sobre un cojín. Lo despertaron y le dijeron: “Maestro, ¿no te importa que nos hundamos?” Él se despertó, reprendió al viento y dijo al mar: “¡Cállate, enmudece!” Entonces el viento cesó y sobrevino

una gran calma. Jesús les dijo: “¿Por qué tenían tanto miedo? ¿Aún no tienen fe?” Todos se quedaron espantados y se decían unos a otros: “¿Quién es éste, a quien hasta el viento y el mar obedecen?”



Parish Information/Información Parroquial



CATHEDRAL PARISH REGISTRATION & UPDATE
Become a member of our dynamic Cathedral family!

REGISTRO Y ACTUALIZACIÓN DE LA PARROQUIA CATEDRAL
¡Conviértete en miembro de nuestra dinámica familia de la Catedral!

Restroom Keypads: Please ask any usher for the weekly access code. Adults must accompany children. **Teclados de baños:** solicite a cualquier ujier el código de acceso semanal. Los adultos deben acompañar a los niños.

SACRAMENTOS

para información en español ir a www.CathedralSacramento.org

SACRAMENTS

for additional information go to www.CathedralSacramento.org

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM

Contact Deacon Omar Bardales:
baptism@cbssac.org or 916-444-3071 Ext. 28

CONFESSION/RECONCILIATION

See cover page.

CONFIRMATION

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Contact Sister Lisa Marie at slmdoty@cbssac.org.

HOLY ORDERS

To learn about the priesthood and/or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila tkila@cathedralsacramento.org

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*
Fr. Abraham Chiu, *Chinese Mass*
Fr. Mémo Hernandez
Fr. Michael Kiernan
Deacon Omar Bardales
Deacon Gary Brys, *Business Manager*
Deacon Edgar Hilbert
Sr. Lisa Marie Doty, FDCC,
Director of Faith Formation & OCIA
Rex Rallanka,
Director of Liturgy & Music
Michael Ognisty, *Sacristan*
Tom Waddock, *Plant Manager*
Victoria Ramos, *Secretary*
Katie McAllister, *Bookkeeper*
Titi Kila, *Wedding Coordinator*

Bulletin & Website:
Communication@cathedralsac.org



CATHEDRAL OF THE BLESSED SACRAMENT

1019 11th Street
Sacramento, CA
95814

916-444-3071

Blessed@
cathedralsacramento.org

CathedralSacramento.org



Photography Policy:

It is **NOT** permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and Professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.

PARISH PASTORAL COUNCIL

Fr. Michael O'Reilly
Richard Zacaroli, Chair
Russel Almaraz
Esteban Arellano
Maria Balakshin
Andrea Martin-Borges
Joey Martinez
Maria Rosario
Aileen Rasmussen
Michele Stiger

FINANCE COUNCIL

Robert Ingenito, Chair
Nancy Fairbanks
Michael Pease
Bryson Reynoso
Beth Schatz

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Liturgy & Music,
rrallanka@cathedralsacramento.org
Saint Toribio Choir - Youth Choir of the Cathedral
Rex Rallanka at rrallanka@cathedralsacramento.org or
Gayle Winney, gwinney@cbssac.org

Extraordinary Ministers of Holy Communion

Sergio Castillo, serg.damian@gmail.com

Lectors

Maggie Jones, lector@cathedralsac.org

Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

Ushers

Tom Waddock, tomwaddock@yahoo.com 916-444-3071

Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

PRAYER

Adoration

Titi Kila, cbssadoration@gmail.com

Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly,
praytherosarywithus@yahoo.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS

Faith Formation and Christian Initiation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Formacion en la Fe Familiar (FFF) en Espanol

Deyanira Galvez, Galvez.dgv@gmail.com

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org;
www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilynn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Susan Moeller, susandurand@ymail.com

Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@ymail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

Outreach to the Homebound

Deacon Omar Bardales, omarepa@att.net

Media and Communications Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, 916-444-3071

COMMUNITY GROUPS

Cathedral ACTS

Diane Gonzales-Salais, dmgslais@yahoo.com

Cathedral Filipino-American Group of Sacramento

John Ponce, johne.poww@gmail.com

Cathedral Young Adults

Victoria Ramos, cathedrallya@gmail.com

Chinese Community

Kenneth Ng, sccc.contact@gmail.com

Knights of Columbus

Gabriel Gutierrez, gutierrez.gabriel@yahoo.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com



STEVE ROSE PAINTING CO.

Residential Specialists

License #804522



MEMBER N.E. CALIF.

- A Good Paint Job At A Fair Price -

(916) 421-2281

Free Estimates
Bonded & Insured

585 - 4th Avenue
Sacramento, CA

steverose@steverosepainting.com

THE
CITIZEN
HOTEL

AUTOGRAPH COLLECTION
HOTELS

the citizen hotel.com 926 J STREET SACRAMENTO, CA 95814 916-447-2700 MARRIOTT BONVOY



(831) 840-2343

Sacramento, CA



PHONE ORDERS
WELCOME
DRIVE-THRU
OPEN LATE



916-900-8014 • 1601 Del Paso Blvd • www.elburritotaq.com

20% OFF
Any Purchase of \$20 or more

With this coupon only. Offers may not be combined or used with any other discount or coupon.

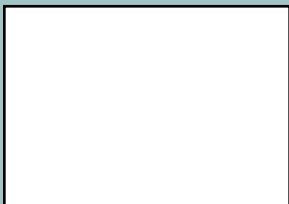
Buy Any Combo, Get a
FREE TACO
(Beef or Chicken)

With this coupon only. Offers may not be combined or used with any other discount or coupon.

**SUPPORT
OUR PARISH**

Local business ads
sponsor the printing of
our bulletin.
4lpi.com/adcreator

**SUPPORT OUR
ADVERTISERS!**



SUPPORT OUR ADVERTISERS!

La Esperanza

(916) 455-0215 • Mexican Food
5028-5044 Franklin Blvd., Sacramento

**FREE
AD DESIGN**

with purchase
of this space

CALL
800-950-9952

**DOES YOUR NONPROFIT
ORGANIZATION NEED
A NEWSLETTER?**

Engaging, ad-supported
print and digital newsletters
to reach your community.

Visit lpicommunities.com

OUR COMMUNITY
NEWSLETTER
OCTOBER EDITION

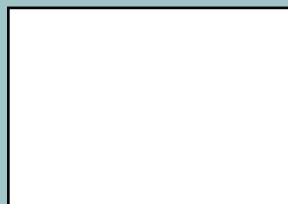
Scan to
contact us!

**NEVER MISS
OUR BULLETIN!**

SUBSCRIBE

Have our bulletin emailed
to you every week.

Visit www.parishesonline.com



ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

Authorized Provider | SafeStreets

833-287-3502

**Be a Hero
for the
Homeless**

joshua's house
VOLUNTEER HOSPICE

Joshuashousehospice.org

Hospice care for the terminally ill homeless.
No one should die alone on the street.
Please donate today at GIVEJH.COM
Opening in Summer 2024

SUNDAY BRUNCH 11 AM - 3 PM

EXPERIENCE MEXICAN CUISINE AT IT'S BEST...



ONE BLOCK FROM THE CATHEDRAL SACRAMENTO CORNER OF 12 & K STREET

MAYAHUEL

12TH & K STREET

DOWNTOWN | 1200 K STREET | EXPERIENCEMAYAHUEL.COM



MERCY McMAHON TERRACE

June's Place

Mercy McMahon Terrace

Independent, Assisted Living & Memory Care

A Truly One of a Kind Community
Founded by the Sisters of Mercy
24 Hour Nursing
Mass offered weekly in our Chapel

(916) 733-6510

Call for a Tour Today!

3865 J St., Sacramento, CA 95816

www.mercymcmahonterrace.org

RCFE 340312763

LET'S GROW YOUR BUSINESS

Place Your Ad Here
and Support Our Parish!

CONTACT ME
Donna Touros

dtouros@4LPi.com
(800) 950-9952 x2610

Northgate SMOG

2830 Northgate Blvd. #4
916-922-6018 northgatesmog.com

Rachel Songer



REALTOR® Lic #02116619
Cantor/Docent

(916) 284-3336

isellsacramento.realestate

LYON
REAL ESTATE

YOUR CATHOLIC RESOURCE FOR END-OF-LIFE CARE

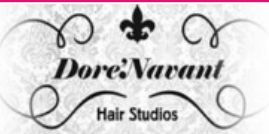


ST. MARY CEMETERY & FUNERAL CENTER

FR2263

916.452.4831 • CFCSACRAMENTO.ORG

FUNERAL • MORTUARY • CREMATION • BURIAL



Hair Salon

(916) 719-8572

dorenavanthairstudios.com

3029 El Camino Ave
Sacramento 95821

Ask for Bertha and mention Cathedral ad
for special treatment



Mon-Fri 11:00AM -2:00PM and 4:00PM - 7:30PM

Sat Noon - 7:30PM / Sun Noon - 5:30PM

1021 K Street • Sacramento CA 95814

(916) 431-7746 | Dine-In • Takeout • Delivery

Come Visit Us Today • Guaranteed to Satisfy Your Dimpling Cravings!

IF YOU LIVE ALONE

MDMedAlert!™ As Low As **\$19⁹⁵** /mo.

- ✓ Ambulance ✓ Police/Fire
- ✓ Family/Friends ✓ GPS & Fall Alert

CALL NOW! 800.808.9294 md-medalert.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary • Flood Detection
- Fire Safety • Carbon Monoxide



SafeStreets

833-287-3502

SUPPORT OUR ADVERTISERS!

WE APPRECIATE OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • www.4lpi.com

Cathedral of Blessed Sacrament, Sacramento, CA

A 4C 05-1145