September 10 2017 * 23rd Week in Ordinary Time * Vol. 17 Issue 37

The Most Reverend Jaime Soto, D.D, M.S.W, Bishop of Sacramento

The Most Reverend Myron Cotta Auxiliary Bishop of Sacramento

The Very Reverend Michael O'Reilly, Rector

Reverend Kieran M. McMahon, Priest in Residence

Reverend Nicholas Ho, Chinese Mass

Deacon John GislaDeacon Raul LeonDeacon Don DeHavenDeacon Edgar Hilbert

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SCHEDULE OF MASSES

Monday to Friday Monday to Thursday Saturday Vigil Sunday

12:10 pm 5:10 pm 5:00 pm 7:30 am 9:00 am 11:00 am 1:00 pm en Español 3:00 pm Chinese 5:00 pm 7:00 pm en Español 12:10 pm only

State Holidays

SACRAMENT OF CONFESSION

Monday to Friday Saturday Domingo - en Español 11:30 am to 12:00 pm 4:00 pm to 4:45 pm 12:30 pm a 12:45 pm 6:30 pm a 7:00 pm

EUCHARISTIC ADORATION

Wednesday 12:45 pt Thursday 12:45 pt Friday 12:45 pt

12:45 pm to 4:45 pm 12:45 pm to 4:45 pm 12:45 pm to 3:45 pm

BAPTISMS (Registration is required) English — 3rd Saturday of the month, 9:00 am Español - 4° Sábado del mes, 9:00 am

BAPTISM CLASSES English — 1st Thursday of the month, 7:00 pm Español — 2do jueves del mes, 7:00 pm

WEDDINGS — Contact 916-444-3071, Six (6)months in advance

GIFT SHOP — Sundays 9:00 am to 3:00 pm Mondays 10:30 am to 12:00 pm

Cathedral of the blessed sacrament SACRAMENTO



The Parable of Ground Zero



On the morning of Sept. 11, 2001, I was working at my desk at America magazine in midtown Manhattan. Around 9 a.m., my mother called

from Philadelphia to say that she had heard about a plane crashing into the World Trade Center. I thought it was odd that she would call; she knew that my office was uptown, not downtown. A few minutes later, I decided to turn on the television set. It was only then that I saw the unfolding tragedy.

That morning I had a doctor's appointment and so, still unsure of what exactly was happening, I walked the few blocks to his office. But as I peered down Sixth Avenue (a few feet away from our office) I was horrified to see the Twin Towers with inky black smoke pouring from their tops. Even then, panicked people were streaming uptown, desperately trying to use their cell phones (many of which had ceased to work since the cell phone towers at the World Trade Center had been rendered useless). Numbly, I made my way to my doctor's appointment.

An hour later, the scene was utterly different. Everyone's eyes faced downtown. People were weeping in the streets, scanning the skies for another plane, racing toward subway entrances and desperately hailing cabs.

When I returned to our offices, our receptionist told me that one of the buildings had collapsed. "That's ridiculous," I said, angrily. "What radio station is saying that? That's impossible." Turning on the television confirmed my worst fears.

That evening, I put my collar on and made my way to a local hospital a few blocks away, where victims were to be brought. But the police officers in the lobby suggested that I walk farther downtown. So through the empty streets, I walked to Chelsea Piers, a large sporting arena, to wait for victims who never came.

The next day I spent several hours at a family counseling center downtown, helping family members pore through hospital records of patients who had been admitted. But, in the end, there would be few survivors.

Finally, on Sept. 13, I returned to Chelsea Piers and asked a police officer if they needed any help downtown. He nodded curtly, waved for a police cruiser, and I jumped in and was taken down to "the site."

It was an absolutely appalling sight — the colossal, twisted buildings still on fire, piles of rubble covered with a heavy layer of gray ash, and hundreds of uniformed firefighters and police officers seemingly everywhere. Ten years later I can still remember the terrible acrid smell that pervaded everything. I felt like I was in hell.

After emerging from the police car, stunned, I wondered what to do. I thought: I cannot bear to look at bodies, I cannot bear to be in the morgue, but I can help the rescue workers. So I spent the next few days and weeks, in between my work at the magazine, ministering to the rescue workers — firefighters, police officers, EMTs, nurses, construction workers, military personnel and government workers from every conceivable office. In time I was joined by my Jesuit brothers, many of them still in training.

In this hell I found grace. Working at the World Trade Center was one of the most profound experiences of the Holy Spirit I've ever had, for there I encountered an overwhelming sense of charity, unity and concord. Every person working at Ground Zero was "other-directed." Every person was selfless, utterly unconcerned for himself or herself. Every person seemed kind, considerate, loving.

All of their work, of course, was deeply informed by the sacrifices that had already been made by the firefighters and rescue workers who gave their lives as they raced into the burning buildings on September 11. For me, it was as if God was offering us a parable. In the Gospels, when people asked what God or the Kingdom of God is like, Jesus offered them a parable, a story drawn from nature or everyday life to help them understand things more deeply. Jesus would say: God is like the father welcoming back his son. Or: God is like a woman sweeping her house.

And here was God offering us a parable today. As I looked around at the rescue workers, I thought, what is God like? God is like the firefighter who rushes into a burning building to save someone. That's how much God loves us. And I saw this love expressed in the great charity of all the rescue workers who gathered at the American Golgotha.

So for me, the experience of September 11, 2001, was not simply one of tragedy but also of resurrection. For me it embodied the Christian mystery of the cross: the place of unimaginable tragedy can also be the place of new life that comes in unexpected ways.

~Father James Martin, SJ, is a Jesuit priest, culture editor of America magazine, and the author of Searching for God at Ground Zero~

From the desk of

Bishop Myron J. Cotta Auxiliary Bishop of Sacramento

"The harvest of justice is sown in peace for those who cultivate peace." ~James 3:18~

As we, and the world, observe the threatening actions of North Korea and continue to see its persistent desire to build up its missile and nuclear capability, it might be good, in the midst of it all, to review the Church's teaching in regard to the "just war theory," especially in regard to weapons of mass destruction.

The following link is to an article from Legatus Magazine, written by Gerald Korson entitled: "Is There Such a Thing as a 'Just War' Anymore?" This article is especially enlightening in relation to our present age of uncertainty in which we find ourselves: http:// legatus.org/when-breaking-evil-warrants-war/.

Let us continue, during this Centenary of Fatima, to pray for God's mercy and to heed Our Lady's request to offer our daily Rosary for peace in the world.



Pastor's Corner

I sometimes think about all those kids starting off on the new school year. They seem to have so much more to do at school than when I was a kid. I had no trouble carrying all my books in one hand and didn't need a back-pack with wheels on it. Still, my high school years were often spent wishing I could just be home spending time with my siblings. I remember one

morning my father making French toast and asking my sister if she had gotten a plate. She got upset and told him "no," that she hadn't gotten up late, which seems funny now but nothing seemed funny on an early morning preparing to go off for school.

Questions in general seem to be a typical source of frustration for parents and their children. It seems like no matter what the question is, it creates a negative response from the youth. I can remember when every question my parents asked seemed irrelevant and the answer so obvious that it wasn't worth my responding. There are times today when I still don't feel like being asked any questions. Sometimes, all I want is to be left alone and when I'm ready to speak, I will.

However, not liking to answer questions is often a sign we are irritated or frustrated with something in our life. Even the most basic question like "how are you today?" can be annoying if we don't really want to be thinking about how miserable we feel right now. Of course, the very question should lead us to make appropriate changes in our life so that we can happily answer with a sincere and positive response, or at least one in which we're willing to face our difficulties with maturity. This is something all teen-agers should be learning as part of growing up.

I find, as well, that those periods in my life when I don't like answering questions are also times in my life when I don't feel like asking any questions. The desire to move beyond certain darker periods in life can often be thwarted by feelings of hopelessness and depression. Curiosity and an interest in learning often reveal a healthy attitude in which we are eager to grow and move beyond the frustrations that surround us.

One of the greatest hindrances for the disciples in knowing Jesus was the fear they had in asking him questions. This lack of questioning revealed their immaturity and lack of being ready to follow the life for which he was trying to prepare them. His generous and kind response would encourage them to not let their hearts be troubled. They believed in God and were greatly loved by the Him. I would guess that this simple message would benefit greatly the conversations (or lack thereof) taking place in many of our homes as our children prepare to head off for school.

Have a blessed new academic year.

~Father Michael~



Triquetra

(*Try ket ra* - Latin for three cornered) You will find this symbol used on the spines of the NKJV version of the bible. The triquetra uses shapes like one of the oldest Christ symbols, the shape of the fish. It was found in Pompeii which destroyed in AD 79! The shape In the triquetra, the three equal arches of the circle expressed the

equality of the Father, Son, and Holy Spirit. Second, the union of the arches represented the unity of the Godhead. Third, their continuous form symbolized eternity. And last, the fact that they were interwoven denoted the indivisibility of the Trinity. In the center of the triquetra was an equilateral triangle, the most ancient of the Trinity symbols, and each pair of arches formed an ellipse, the symbol of God's glory.



23RD SUNDAY IN ORDINARY TIME

May our hearts not be hardened, but may we turn from our sin. In our love for one another, we may be called to confront our sister and brother for the wrong they may be doing.

> Ez 33:7-9 Ps 95:1-2, 6-9 Rom 13:8-10 Mt 18:15-20

MONDAY 11TH

Christ is our wisdom, our hope of glory. True Sabbath observance entails concern for the lowly and the poor.

Col 1:24-2:3 Ps 62:6-7, 9 Lk 6:6-11

TUESDAY 12TH

~The Most Holy Name of Mary~

In his compassion, the Lord has given us new life in Christ. He calls the Twelve to be his apostles.

Col 2:6-15 Ps 145:1-2, 8-11 Lk 6:12-19

WEDNESDAY 13TH

~Saint John Chrysostom, Bishop, Doctor~

Set your heart on Christ and his kingdom. Thus will your reward be great.

Col 3:1-11 Ps 145:2-3, 10-13 Lk 6:20-26

THURSDAY 14TH

~The Exaltation of the Holy Cross~

"Just as Moses lifted up the serpent, so must the Son of Man be lifted up." "God highly exalted him" and made him Lord! How unforgettable are his deeds!

Nm 21:4b-9 Ps 78:1b-2, 34-38 Phil 2:6-11 Jn 3:13-17

FRIDAY

~Our Lady of Sorrows~

15TH

16TH

Paul speaks of the vocation he received by God's grace, a path to eternal life. Pierced with a sword of sorrow, Mary stood by the cross of her Son who "learned obedience for what he suffered." 1 Tm 1:1-2, 12-14 Ps 16:1-2, 5, 7-8, 11 Lk 2:33-35

SATURDAY

~Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs~

Blessed be God who sent his Son to save sinners. May we always hear his word and live it in faith. 1 Tm 1:15-17 Ps 113:1-7 Lk 6:43-49

Parish News

Engaged and Married Couples: Natural Family Planning is a September 10, 2017 – Prayer invites His Presence tool which facilitates responsible parenting. Join us for a 3-part class, September 16, October 21, November 18, from 4pm-6pm at the Sacramento Life Center. The cost is \$135.00. For more information or to sign those around us. When we observe others who have gotten up, check online at ccli.org, or contact Meghan Bardin at megbardin@gmail.com

The Dioceses of Northern California have announced the schedule for ON FIRE NorCal Jam 2017, to be held on Saturday, Sept. 16 from 9 a.m. to 9 p.m. at Six Flags Discovery Kingdom in Vallejo. Participants will be given early entrance to the park for a morning program from 9 a.m. to 11 a.m., featuring praise and worship with Father Espaillat, Manibusan, Angrisano, Hart, Melendrez and the Holy Fire Choir and Mass with the bishops of the dioceses, including Bishop Jaime Soto. For more information and to purchase tickets, visit http:// www.onfirenorcal.com

Fr. Paul Zirimenya, our Deaf Ministry Chaplain, will concelebrate the Vigil Mass at the Cathedral at 5:00 pm on Saturday, September 23, 2017. ASL Confession will be available at 4:00 pm. Deaf Community Food and Fellowship after Mass (location TBA). For more information, contact Jo Kristine Clark at jclark@scd.org.

Ministry Days 2017 — Join us on September 29 and 30 at St. Francis High School in Sacramento from 8am-4pm for the largest gathering of ministers, catechists and Catholic school teachers in the Diocese of Sacramento! Whether you are looking for new ways to strengthen your skills or looking for some inspiration for your ministry, our workshops cover a wide variety of topics, including Liturgy, Sacrament Preparation, Catechesis, Vocations and Social Justice. To browse through our workshops and register for the conference, please visit http://www.ministrydays.com.

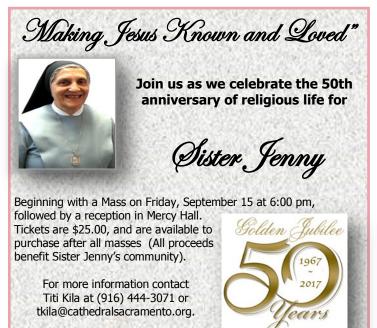
Retrouvaille – Marriage Recovery

Is your marriage in trouble -miserable -dead? Would you like it to come alive? Retrouvaille can give you the communication skills you need to relate to one other in a more respectful and emotionally mature way. The next weekend is in Sacramento, October 13 -15. For more information call (800) 470-2230 or visit http:// www.helpourmarriage.com.

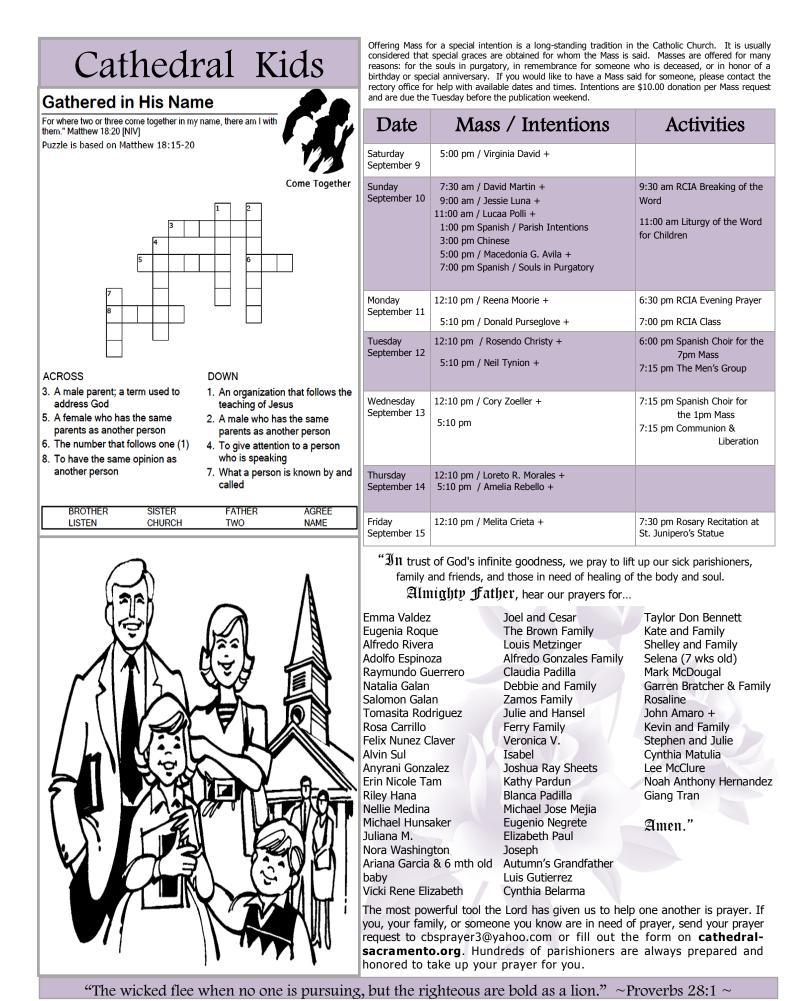
The Sacramento Life Center cordially invites you to join us for our Annual Gala at The Hyatt Regency, in Downtown Sacramento on November 4, 2017. Please join us for a no-host reception with our guest speaker, author and Abortion Survivor, Melissa Ohden. Dinner will be served at 6:30 Pm followed by a live auction and raffle.

PARKING — Cathedral parishioners are no longer able to park for free in the private parking structure next to the Cathedral Office. The Cathedral is therefore purchasing from the City of Sacramento, coupons to pay for the \$5 weekend parking charge in the City parking lots located on 11th St. between I Street and J Street; and on 10th St. between K St. and L St. After each weekend Mass, if you parked in a City parking lot, you may pick up a coupon as you leave the Cathedral. To offset the cost of the coupons, please consider increasing your weekly donation to the Cathedral. (27/41)

The First Reading from Ezekiel speaks of the obligation to witness to the truth, especially when it involves the conduct of into trouble by sinning against God's law, we are obliged, it is our responsibility, to honestly, humbly share the truth with them. When we do so, we must be careful to be kind, not selfrighteous; for it is a grace, a gift from God, to see the truth and witness to it; not something we earned. If they refuse to change their ways, then the responsibility is theirs. • Today's Responsorial is two-dimensional. On the one hand, it's a song of praise to God, our rock, our Shepherd, our guide. On the other, it's a call to conversion, reminding us to be obedient to God, our Savior and Shepherd. It reminds us not to rebel or doubt as the Jews did in Massah and Meribah. By sin we reject God's guidance. He does not stop loving us, rather we have turned our backs on His love. Sin hardens the heart and brings death. • In the Second Reading, St Paul speaks about love as the greatest commandment, the fulfillment of all the precepts of the law. When we love our neighbor as we we'd like to be loved ourselves, then we fulfill the law. This means not only not doing evil to others, but also going beyond that, seeking the good for the other. We are called to avoid the sins of omission and commission. • In today's Gospel, Jesus is instructing us on how to deal with someone who has sinned against us. We are to go to them directly, to try to solve the problem. If that fails, then take a few witnesses the next time. It's important to remember that we confront them for their own good, not for revenge or to control them. Jesus also speaks of the authority given to His disciples to bind and loose, as well as the power of prayer. This power is not to be underestimated. When two or more gather in His name, to pray to Him, He will be present to them to guide them.



Be brave enough to start a conversation that matters.



~ 5 ~

Noticias de la parroquia



Esquina del Pastor

A veces pienso en todos esos niños que comienzan el nuevo año escolar. Ellos parecen tener mucho más que hacer en la escuela que cuando yo era un niño. No tuve problemas para llevar todos mis libros en una mano y no necesitaba una mochila

con llantitas. Aún así, pase mis años de preparatoria deseando poder estar en casa pasando tiempo con mis hermanos. Recuerdo una mañana mi padre haciendo desayuno y preguntando a mi hermana si había conseguido un plato (a plate). Ella se disgustó y le dijo "no", que ella no se había levantado tarde (up late), lo que parece gracioso ahora, pero nada parecía divertido temprano en la mañana preparando para ir al escuela.

Preguntas en general parecen ser una fuente típica de frustración para los padres y sus hijos. Parece que no importa cuál sea la pregunta, crea una respuesta negativa de la juventud. Puedo recordar cuando cada pregunta de mis padres me pareció irrelevante y la respuesta tan evidente que no valía la pena responder. Hoy en día hay veces cuando todavía no quiero que me hicieran preguntas. A veces, todo lo que quiero es quedarme solo y cuando esté listo para hablar, lo haré.

Sin embargo, que no nos guste responder preguntas puede ser señal de que estamos irritados o frustrados con algo en nuestras vidas. Incluso la pregunta más básica como "¿cómo estás hoy?" puede ser molesto si realmente no queremos estar pensando en lo miserable que sentimos en ese momento. Por supuesto, la misma pregunta debe llevarnos a hacer cambios apropiados en nuestra vida para que podamos responder felizmente con una respuesta sincera y positiva, o por lo menos uno en el que estamos dispuestos a afrontar nuestras dificultades con la madurez. Esto es algo que todos los adolescentes deben aprender como parte del crecimiento.

También creo que esos períodos en mi vida en que no me gusta contestar a preguntas son también épocas en mi vida en que no tengo ganas de hacer cualquier pregunta. El deseo de ir más allá de ciertos períodos más oscuros en la vida a menudo puede ser frustrante por los sentimientos de desesperanza y depresión. La curiosidad y el interés en el aprendizaje a menudo revelan una actitud sana en la que estamos ansiosos por crecer y superar las frustraciones que nos rodean.

Uno de los mayores obstáculos para los discípulos al conocer a Jesús fue el miedo que tenían al hacerle preguntas. Esta falta de cuestionamiento reveló su inmadurez y su falta de preparación para seguir la vida por la que estaba tratando de prepararlos. Su generosa y amable respuesta les animaría a no dejar que sus corazones se molestaran. Ellos creían en Dios y eran inmensamente amados por El. Supongo que este simple mensaje beneficiaría mucho las conversaciones (o falta de ellas) que tienen lugar en muchas de nuestras casas a medida que nuestros hijos se preparan para ir a la escuela.

Tengan un nuevo año académico lleno de bendiciones.



~Padre Michael~

10 septiembre, 2017 – La oración invita a Su presencia

La Primera Lectura de Ezequiel habla de la obligación de ser testigos a la verdad, especialmente cuando involucra la conducta de los que nos rodean. Cuando observamos a otros que se han metido en problemas al pecar en contra de la ley de Dios, estamos obligados, es nuestra responsabilidad, de honesta y humildemente compartir la verdad con ellos. Cuando lo hacemos, debemos de ser cuidadosos de ser amables y no creernos moralmente superiores; porque es una gracia, un regalo de Dios, ver la verdad y ser testigos a ella; no algo que hayamos ganado. Si se rehusan a cambiar sus caminos, entonces la responsabilidad es suya. • El Responsorial de hoy tiene dos dimensiones. De un lado, es un canto de alabanza a Dios, nuestra piedra, nuestro Pastor, nuestra guía. Por el otro, es una llamada a conversión, recordándonos de ser obedientes a Dios, nuestro Salvador y Pastor. Nos recuerda de no rebelarnos o dudar como lo hicieron los Judíos en Masa y Meriba. Por el pecado rechazamos la guía de Dios. No nos deja de amar, sino que le hemos dado la espalda a Su amor. El pecado endurece el corazón y trae muerte. • En la Segunda Lectura, San Pablo habla del amor como el mandamiento más grande, el cumplimiento de todos las reglas de la ley. Cuando amamos a nuestro prójimo como nos gustaría ser amados nosostros mismos, entonces cumplimos la ley. Esto quiere decir no sólo el no hacerle daño a otros, pero también el ir más allá, buscando el bien para el otro. Se nos llama a evitar la omisión y comisión de los pecados. • En el Evangelio de hoy, Jesús nos instruye en como tratar a alguien que ha pecado en nuestra contra. Debemos ir a ellos directamente, a intentar resolver el problema. Si eso falla, entonces se debe llevar testigos la siguiente vez. Es importante recordar que los enfrentamos por su propio bien, no por la venganza o por controlarles. Jesús también habla de la autoridad dada a Sus discípulos de atar y aflojar, al igual que el *poder de la oración*. Ese poder no debe ser subestimado. Cuando dos o más se reunen en Su nombre, para orarle, Él estará presente para guiarles.

Estacionamiento para el catecismo — Las clases del catecismo para niños y sus papás empezaron hoy 10 de septiembre. El mejor lugar para estacionarse es el City Hall Garage en la calle 11 casi esquina con la calle J. (Donde está la gran **P**). El costo del estacionamiento es de \$5.00 dólares pero a usted no le cuesta porque la Catedral lo paga por usted.Por favor recoja su cupón al final de la Misa de 1pm.

RAZONES PARA APRENDER MAS SOBRE TU FE

Jesús nos pide: "vayan y hagan discípulos de todas las naciones, bautizándolos en el nombre del Padre y del Hijo y del Espíritu Santo, enseñándoles a obedecer todo lo que les he mandado a ustedes". (Mateo 28, 19-20)

Si somos seguidores de Jesús, o sea cristianos, es nuestro deseo hacer lo que El nos pide.

Los invitamos a venir todos los lunes de 7pm a 8:45pm a aprender mas de tu fe. No hay costo alguno. Sólo se requiere traer biblia, cuaderno y pluma. Preguntas: 916-444-3071 ext 15 Diacono Edgar. iTe esperamos!

iVenga a prepararse para recibir sus Sacramentos!

Clases para Bautizo, Primera Comunión y Confirmación para adultos todos los lunes de 7pm a 8:45pm. Para mas información hable al 916 444 3071 x 15 con el Diacono Edgar o al 916 444 5364 con Sister Jenny.

Chinese Community News



華人團體消息

本月研經班將在16日(星期六)上午十時至十二時在Martin Luther King 圖書館進行,請大家踴躍參加。

Bible study this month will be held at Martin Luther King Library from 10:00 to 12:00 on September 16 (Saturday).

為慶祝珍妮修女渡過50週年的獻身生活,歡迎大家一同參與大堂在 9月15日(星期五)晚上六時舉行的彌撒。若參加隨後在Mercy Hall 的晚會,門卷為每位\$25。

Please join the Cathedral to celebrate the 50th Anniversary of religious life for Sister Jenny in a Mass on September 15 (Friday) at 6 pm. Reception will be held at Mercy Hall thereafter with ticket at \$25 each.

CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral You can also register online at cathedralsacramento.org/Visit Us/Register as a Parishioner Name (Nombre): Street Address (Domicilio):	~Save the Date~
City <i>(Ciudad):</i> Zip Code <i>(Código postal):</i> State <i>(Estado)</i> : Zip Code <i>(Código postal):</i> Home Phone <i>(teléfono de casa)</i> : () Cell Phone: <i>(Celular):</i> () Email:	The Annual Cathedral Ministry Fair September 23rd and 24th
Please indicate:Por favor indique:New Parishioner/IndividualNuevo Parroquiano / IndividuoNew Parishioners/FamilyNuevo Parroco / FamiliaChange of AddressCambio de DirecciónPlease send Offertory EnvelopesPor favor envíe Sobres de OfertorioPlease return by (Regrese por favor):1) Put into collection basket at mass (deposite en la canasta de la colecta en misa2) Scan to pdf file and email to: blessed@cathedralsacramento.org (escanear a pdf file y envía por correo electrónico)3) Fax to: 916-443-27494) Mail to (correo): 1017 11th Street, Sacramento, CA 95814	A terrific opportunity for parishioners and visitors to become acquainted with the various ministries operating at the cathedral, and the many volunteers who are a vital part of their success. Find a ministry that speaks to your heart and learn how you can follow your calling. Ministry Leaders— This is your best opportunity to connect with our parishioners and help them to understand and support the vital work that your ministry is doing. Contact the rectory office for more infor- mation.