

February 9 2020 - The Fifth Sunday in Ordinary Time



Volume 20 * Issue 6

CATHEDRAL OF THE BLESSED SACRAMENT

1019 11th Street, Sacramento, CA 95814 * 916-444-3071



Pastor's Corner

"Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father." – Jesus.



I was reading a commentary recently about how God has entrusted His light to us, and we either allow the light to shine or we cover it up. The light is the same; it doesn't become dimmer or brighter, but rather always reflects the brilliance of Christ. As lights of Christ, we shine bright, but as sinners we often obscure that brightness. What does Jesus say we must do to have our light placed on a lamp stand to give light to all? We must do good deeds.

Our first reading today clearly shows what a good deed is, taking care of the needs of our brothers and sisters. We must feed the hungry, shelter the homeless, clothe the naked, visit the sick and imprisoned. We do these good deeds to let our light shine forth and therefore glorify our heavenly Father. To not do these deeds, either by ignoring our brothers and sisters, or aggressively pushing them away, hides our light and denies the glory due our heavenly Father. Jesus so cared for the needs of His brothers and sisters, all sinners and undeserving of His good deeds, that He suffered death on a cross. He reminded us to pick up our cross daily as His followers. Most likely, the heaviest crosses in our lives are those which connect us to our brothers and sisters.

Sometimes our own sins and addictions can so hinder us from doing good deeds that we aren't even aware of the needs of others. As well, some of my hungry and homeless brothers and sisters have done some very important good deeds for me in my own need. I realize this is a very obvious teaching for us followers of Jesus yet also a very challenging one. We often don't see much advantage to helping our local homeless and hungry brothers and sisters, some of whom are deeply disturbed and fearful. Some seem well beyond our help. The "good deed" however, is the effort to love, which may include trying to help, trying to touch, trying to connect, trying to soothe, and trying to heal. Our first reaction is often to try and preserve ourselves, protect ourselves and thus cover up the light of Christ. But Jesus reminds us, those who seek to preserve their lives will lose them. There is no alternative for helping the poor and hungry except perhaps to become poor and hungry. If we were all poor and hungry, just imagine all the opportunities to do good deeds so as to glorify our heavenly Father.

Fr. Michael.



EVERYDAY STEWARDSHIP

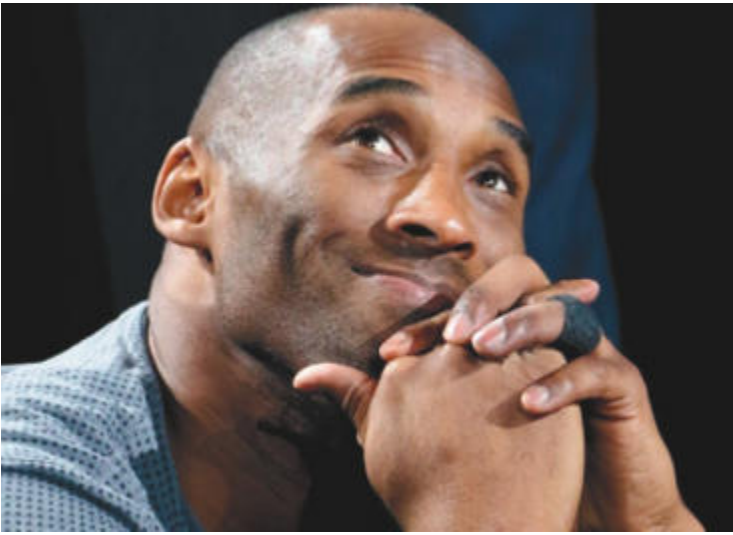
What's the Buzz?

When a new store or restaurant opens in the area, there can be quite a buzz. People want to see what the place is like. If the establishment is lucky, a positive word of mouth can spread all over the area. The challenge then becomes keeping that buzz alive. If people start to think that the new place is not as good as advertised or they had hoped, the crowds will dwindle and soon the new place will simply become an old place. Even worse, it could become a closed place.

If you were a store owner, what would you do to attract people? Would you always put your best foot forward? How hard would you work to show everybody that your place is worth repeated visits and patronage?

You may not be an entrepreneur with your own business, but you do have your parish community. This is your community and what you do and how you act in the world around you will either add to a buzz or a lack of interest. How you use the gifts you and your community have been given will do a lot to attract people and cause them to talk. You will be like a city on top of a mountain that no one can miss. Can your light shine so bright that it can be seen from miles around? You may be only one person, but you are a part of something greater than yourself. Your stewardship can easily become contagious. At a time when too many are choosing to disregard the Church, it is time to create a positive buzz.

— Tracy Earl Welliver, MTS



Ronald Cortes | Getty Images

KOBE BRYANT - HOW HIS CATHOLIC FAITH SAVED HIM

Philip Kosloski | Mar 21, 2017

Last April, Kobe Bryant, one of the greatest athletes of all time, ended his 20-year basketball career with a bang, scoring 60 points in his last game.

While Bryant's stats can be recited by many — five-time NBA champion, two-time Olympic champion, 18-time All-Star and the third leading scorer in NBA history — few know about the role his Catholic faith played in helping him through one of his darkest hours.

Born in Philadelphia, Kobe Bryant was raised in a Catholic household and even spent some of his youth in Italy. Drafted into the NBA at the age of 17, he eventually married Vanessa Laine at St. Edward Roman Catholic Church in Dana Point, California. Two years later they had their first child. Bryant was at the top of his game and everything seemed to be heading in the direction of his dreams.

Then he made a big mistake.

In 2003, Kobe Bryant was accused of raping a woman in his hotel room, while he was in Colorado for knee surgery. He admitted having sex with the woman but denied rape. A judge eventually dropped the charges, but the woman went on to file a civil lawsuit against Bryant that was settled out of court. In the midst of it all, he issued a public apology, stating that he was sincerely ashamed of what he had done.

The incident had major consequences as numerous sponsors abandoned him and his reputation was tarnished. In 2011, his wife filed for divorce.

Yet during one of the darkest moments of his life, Kobe Bryant turned to his Catholic faith. In an interview with GQ in 2015 he explained: "The one thing that really helped me during that process — I'm Catholic, I grew up Catholic, my kids are Catholic — was talking to a priest. It was actually kind of funny: He looks at me and says, 'Did you do it?' And I say, 'Of course not.' Then he asks, 'Do you have a good lawyer?' And I'm like, 'Uh, yeah, he's phenomenal.' So then he just said, 'Let it go. Move on. God's not going to give you anything you can't handle, and it's in his hands now. This is something you can't control. So let it go.' And that was the turning point."

After some rough years, Kobe Bryant reconciled with his wife, and they remain married to this day. Together they have founded the Kobe and Vanessa Bryant Family Foundation (KVBFF), which is dedicated to, among other things, helping young people in need, encouraging the development of physical and social skills through sports and assisting the homeless.

Asked about this commitment in 2013, Bryant's answer would likely have made Pope Francis very happy:

My career is winding down. At the end of my career, I don't want to look back and just say, "Well, I had a successful career because I won so many championships and scored so many points." There's something else that you have to do with that.

[The homelessness] issue is one that kind of gets pushed on the back burner because it's easy to point the blame at those who are homeless and say, "Well, you made that bad decision. This is where you are. It's your fault." In life, we all make mistakes and to stand back and allow someone to live that way and kind of wash your hands of it ... that's not right.

Throughout all of his trials, and perhaps even in response to them, Bryant has realized that fame and fortune are nothing compared to the importance of faith and family. When everyone else in the world abandoned him, the Catholic Church was always there.

He may be an All-Star and NBA legend, but even superstars can use the foundational support of faith formation, and a good priest to turn to.



“...Don't stand aloof, but immerse yourselves in the reality of life, as Jesus did. Above all, in one way or another, fight for the common good, serve the poor, be protagonists of the revolution of charity and service,”
=Pope Francis=

THE FIFTH WEEK OF ORDINARY TIME



Just so, your light must shine before others,
that they may see your good deeds and glorify your heavenly Father. (Mt 5:16)

ANNUAL CATHOLIC APPEAL

On the weekend of February 22, we will once again have the opportunity to walk with others as Jesus asks us to do. Together as Catholics, the Appeal is a way we can all help in a powerful way. Many of our sisters and brothers in the North State have endured catastrophic natural disasters. Others still struggle on the margins of communities. Let us remember them and that each of our gifts, no matter the amount, really do make a difference in someone's life. Please prayerfully consider what you can give this year.



WORLD MARRIAGE DAY MASS 2020 SATURDAY, FEBRUARY 15

Join us as we honor marriage and salute the beauty of faithfulness, sacrifice and joy in married life. During this Mass, there will be a special blessing for sacramentally married couples and an opportunity for them to renew their marital commitment. An informal reception will follow for couples and their families. Special certificates will be distributed at the reception honoring couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you have questions, call the Office of Family and Faith Formation at (916) 733-0133. If you plan to attend, please register at: / <https://catholic.formstack.com/forms/wmd>



CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE, hosted by Fr. Michael Kiernan. This week's guest is Fr. Raj Derivera - sharing his *Call to a Vocation* with us. View on Comcast 20, Consolidated 19 and AT&T 14, Times: Sun. 7:00 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM. All shows are also on **YouTube** and website **CatholicviewpointFHL.com!**



NOT SURE YOU'RE FOLLOWING GOD'S WILL? HERE'S A SUREFIRE TEST

Theresa Civantos Barber

Servant of God Fr. Walter Ciszek, S.J., is a hero by anyone's measure. The Polish-American Jesuit priest conducted clandestine missionary work in the Soviet Union between 1939 and 1963, including 15 years in confinement and hard labor in the Gulag, plus five years in Moscow's infamous Lubyanka prison. He remained faithful to God throughout his many years of suffering and imprisonment, and continued to pray and offer the sacraments to as many people as he could.

After his release and return to the United States in 1963, he wrote two books about his years in Russia: *With God in Russia* and *He Leadeth Me*. In the second chapter of the latter, he describes his difficult process of discernment in deciding whether or not to undertake the dangerous mission of entering Russia and ministering in secret to Christians there.

What Fr. Ciszek has to say about discerning God's will bears remarkable relevance for anyone trying to make a hard decision, or seeking confirmation that their lives align with God's desires. At first, the difficulty of the decision surprised him: "I had never before doubted that it was God's will for me to go to Russia. From the day I first heard the call, that conviction had formed the core of my life."

But faced with the choice becoming imminent, Fr. Ciszek hesitated. He thought that his first duty was to remain with his assigned parish in Poland, and worried that it would be wrong to leave them.

Agonizing over the decision ate him up inside: "I was tortured by these questions and these arguments," he writes. Even prayer, which had reliably revealed to him God's voice in the past, gave him no relief from his inner turmoil.

He questioned the authenticity of his call: "Wasn't I merely following my own desires and simply calling them God's will for me? ... **Was I really so certain of God's will?**"

At last, he decided to remain in Poland. He reasoned that staying where he was, in a parish where he was sorely needed, would be the best way to carry out his ministry.

Yet no sooner had he reached a decision than he felt "distraught." "I felt no peace, no joy, no ease of heart at having finally resolved my problem," he writes. He felt that he had placed higher importance on the voice of reason than the voice of God.

Importantly, he described how he felt as a "loss of that deep interior sense of peace, that sense of joy and enthusiasm, that strong spirit of faith in God's involvement in my life." **This loss of peace is a clear way to know that something is not God's will.**

As Fr. Ciszek goes on to explain, "I experienced then what I had heard before from spiritual directors or read in spiritual books but never fully understood: that God's will can be discerned by the fruits of the spirit it brings, that peace of soul and joy of heart are two such signs, provided they follow upon total commitment and openness to God alone and are not founded on the self's desires. That the validity of a call can be tested—whether it be the call of a vocation or of some new departure within that vocation—by the movements of soul that accompany it."

Of course, he went on to change his decision, and went to Russia after all. Although entering Russia was an unknown and dangerous path, he felt deep peace that gave him confidence in this choice.

Fr. Ciszek's realization that a sense of peace could point him toward God's will is applicable to so many areas of life. **If you are struggling to make a decision, or discern God's will for you, apply this test: Which decision brings you deep interior peace and joy?**

It's a simple truth, but one that's easy to forget: Peace comes from God, while unrest and turmoil come from the Devil. Follow what brings you real and lasting peace, and you can be confident that you are faithfully living out God's will for you.

THIS WEEK AT OUR PARISH

Date	Mass / Intentions / Readings	Observances & Cathedral Events
Saturday February 8	5:00 pm / World Day of the Sick Mass Mary Goranov S.I. 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14 [12b]/Mk 6:30-34	
Sunday February 9	7:30 am / Cuevas Hernandez & Garces Lee S.I. 9:00 am / Marina Q Santos + 11:00 am / Martin Daniel Gonzales + James Anthony Wymer + 1:00 pm (Spanish)/Estela +, Maria de Jesus + Jesus Becerra + 3:00 pm (Chinese) 5:00 pm / People of the Parish 7:00 pm / Raymunda Ramirez S.I. Is 58:7-10/Ps 112:4-5, 6-7, 8-9 [4a]/1 Cor 2:1-5/Mt 5:13-16	5 th Sunday in Ordinary Time; World Marriage Day
Monday February 10	12:10 pm / Rebecca Kane + 5:10 pm / Miss Hernandez S.I. 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10 [8a]/Mk 6:53-56	St. Scholastica, Virgin
Tuesday February 11	12:10 pm / Rebecca Kane + 5:10 pm / Cuevas Hernandez, Garces Lee S.I. 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11 [2]/Mk 7:1-13	World Day of the Sick Our Lady of Lourdes
Wednesday February 12	12:10 pm / Rebecca Kane + 5:10 pm / Graces Lee S.I. 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40 [30a]/Mk 7:14-23	
Thursday February 13	12:10 pm / Rebecca Kane + 5:10 pm / Cuevas Hernandez S.I. 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40 [4a]/Mk 7:24-30	
Friday February 14	12:10 pm / Rebecca Kane + 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15 [11a and 9a]/Mk 7:31-37	Sts. Cyril, Monk, and Methodius, Bishop; Valentine's Day
Saturday February 15	11:00 am / World Marriage Day Mass 5:00 pm / Fr. Anthony Maio + 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22 [4a]/Mk 8:1-10	

 Read the Gospel and Color



Sharing the Gospel - When you love God, and you follow his example, it will show. You will be loving, patient, and kind. You will be honest and always do your best. You will work hard and share what you have. When you live for God, you make the world a better place.

Prayer - God, help me to make a difference in the world because I love you.

Mission for the Week - Do a taste-test with boiled eggs. Eat one bit plain. Eat the rest seasoned with salt. The salt makes a big difference. Your love for God should make a big difference in the world, too.

Puzzle

Unscramble words from today's Gospel:

salt	city	shine
earth	hill	good
light	lamp	praise

satl s a l t
 lpam _____
 hill _____
 lithg _____
 godo _____
 erhat _____
 perasi _____
 cyti _____
 sihen _____

CATHEDRAL PARISH STEWARDSHIP

The Cathedral and its Parish is solely supported by weekly offertories and individual donations. It does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes. Your support is greatly appreciated and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. The Cathedral's weekly expenses exceed **\$20,000**. The Finance Council has set a weekly offertory goal of **\$11,500** to maintain fiscal integrity.

January 11/12	\$9,070	-\$2,430	78%
January 18/19	\$9,634	-\$1,866	83%
January 25/26	\$8,566	-\$2,934	74%
February 01/02	\$7,876	-\$3,624	68%

Thank you for your generosity and continued support of the Cathedral!

Esquina del Pastor

"Solo así, tu luz debe brillar ante los demás, para que puedan ver tus buenas obras y glorifica a tu Padre celestial." - Jesús.

Estaba leyendo un comentario recientemente acerca de cómo Dios nos ha confiado Su luz, y si permitimos que la luz brille o la cubrimos. La luz es igual; no se vuelve más tenue o brillante, sino que siempre refleja el brillo de Cristo. Como luces de Cristo, brillamos, pero como pecadores a menudo oscurecemos ese brillo. ¿Qué dice Jesús que debemos hacer para que nuestra luz se coloque en un soporte de la lámpara para dar luz a todos? Debemos hacer buenas obras.

Nuestra primera lectura de hoy muestra claramente lo que es una buena acción, cuidando las necesidades de nuestros hermanos y hermanas. Debemos alimentar a los hambrientos, proteger a las personas sin hogar, vestir a los desnudos, visitar a los enfermos y encarcelados. Hacemos estas buenas obras para que brille nuestra luz y, por lo tanto, glorifiquemos a nuestro Padre celestial. No hacer estos actos, ya sea ignorando a nuestros hermanos y hermanas, o alejándolos agresivamente, oculta nuestra luz y niega la gloria que le debemos a nuestro Padre celestial. Jesús se preocupó tanto por las necesidades de sus hermanos y hermanas, todos pecadores e indignos de sus buenas obras, que sufrió la muerte en una cruz. Nos recordó que recogiéramos nuestra cruz diariamente como sus seguidores. Lo más probable es que las cruces más pesadas en nuestras vidas sean aquellas que nos conectan con nuestros hermanos y hermanas.

A veces, nuestros propios pecados y adicciones pueden impedirnos hacer buenas acciones que ni siquiera somos conscientes de las necesidades de los demás. Además, algunos de mis hermanos y hermanas hambrientos y sin hogar han hecho algunas buenas obras muy importantes para mí en mi propia necesidad. Me doy cuenta de que esta es una enseñanza muy obvia para nosotros seguidores de Jesús, pero también muy desafiante. A menudo no vemos mucha ventaja en ayudar a nuestros hermanos y hermanas locales sin hogar y hambrientos, algunos de los cuales están profundamente perturbados y temerosos. Algunos parecen estar más allá de nuestra ayuda. Sin embargo, la "buena acción" es el esfuerzo de amar, que puede incluir tratar de ayudar, tratar de tocar, conectar, tratar de calmar y curar. Nuestra primera reacción es a menudo tratar de preservarnos, protegernos y así cubrir la luz de Cristo. Pero Jesús nos recuerda que aquellos que buscan preservar sus vidas los perderán. No hay alternativa para ayudar a los pobres y hambrientos, excepto quizás para volverse pobres y hambrientos. Si todos fuéramos pobres y hambrientos, imagínense todas las oportunidades para hacer buenas obras para glorificar a nuestro Padre celestial.

Pr. Michael



LA CORRESPONSABILIDAD

¿Por qué tanto alboroto?

Cuando se abre una nueva tienda o restaurante en el área, puede haber un gran alboroto. La gente quiere ver cómo es el lugar. Si el establecimiento tiene suerte, una recomendación positiva puede pasar de boca en boca y extenderse por toda el área. El desafío se convierte en mantener vivo ese alboroto. Si la gente comienza a pensar que el nuevo lugar no es tan bueno como lo anunciaron o no es lo que esperaban, la multitud disminuirá y pronto el nuevo lugar simplemente se convertirá en un lugar antiguo. Peor aún, podría convertirse en un lugar cerrado.

Si fueras dueño de una tienda, ¿qué harías para atraer a la gente? ¿Siempre pondrías tu mejor esfuerzo? ¿Qué tan duro trabajarías para mostrarles a todos que vale la pena repetir visitas y patrocinios a tu lugar?

Puede que no seas un emprendedor con tu propio negocio, pero sí tienes tu comunidad parroquial. Esta es tu comunidad y lo que haces y cómo actúas en el mundo que te rodea aumentará la expectativa o la falta de interés en ella. La forma en que usas los dones que tu y tu comunidad han recibido hará mucho para atraer a la gente y hacer que hablen. Serás como una ciudad en la cima de una montaña que nadie puede perderse. ¿Puede tu luz brillar tanto que se pueda ver desde kilómetros a la redonda? Puedes ser solo una persona, pero eres parte de algo más grande que tú. Tu corresponsabilidad puede volverse contagiosa fácilmente. En una época en que muchos eligen ignorar a la Iglesia, es hora de crear un alboroto positivo.

— Tracy Earl Welliver, MTS

LAS LECTURAS DE LA SEMANA

Domingo: 5º Domingo del Tiempo Ordinario;

Día Mundial del Matrimonio

Is 58, 7-10/Sal 112, 4-5. 6-7. 8-9 [4]/1 Cor 2, 1-5/Mt 5, 13-16

Lunes: Santa Escolástica, virgen

1 Re 8, 1-7. 9-13/Sal 132, 6-7. 8-10 [8]/Mc 6, 53-56

Martes: Nuestra Señora de Lourdes

1 Re 8, 22-23. 27-30/Sal 84, 3. 4. 5 y 10. 11 [2]/Mc 7, 1-13

Miércoles: 1 Re 10, 1-10/Sal 37, 5-6. 30-31. 39-40 [30]/Mc 7, 14-23

Jueves: 1 Re 11, 4-13/Sal 106, 3-4. 35-36. 37 y 40 [4]/Mc 7, 24-30

Viernes: San Cirilo, monje, y San Metodio, obispo;

Día de San Valentín

1 Re 11, 29-32; 12, 19/Sal 81, 10-11. 12-13. 14-15 [11 y 9]/Mc 7, 31-37

Sábado: 1 Re 12, 26-32; 13, 33-34/Sal 106, 6-7. 19-20. 21-22 [4]/Mc 8, 1-10



MEDITACIÓN EVANGÉLICO

Ni siquiera nos podemos imaginar el mundo sin sal y sin luz; ambos son importantes para la vida humana. La sal da sabor a la comida y la luz incrementa la visibilidad. Por esta razón, nuestro compromiso al discipulado cristiano por medio del bautismo debe de dar sabor y luz al estilo de Cristo. El discipulado siempre debe de llevar al discernimiento del cómo se relaciona la persona con Dios y con los demás. En las lecturas, especialmente el Evangelio, Jesús dice claramente que si la sal pierde su sabor no sirve para nada. Advierte claramente a sus discípulos con la siguiente catequesis: *"Ustedes son la sal de la tierra. Si la sal se vuelve insípida, ¿cómo se le devolverá el sabor? Ya no sirve para nada y se tira a la calle para que la pise la gente."* (Mateo 5:13). Enseguida, también dice: *"Ustedes son la luz del mundo."* (Mateo 13:14). ¡Vaya compromiso el que se tiene al ser discípulo de Jesús!

Ahora, la pregunta es: ¿Qué clase de sabor doy? Soy persona amargada, egoísta que donde me presento cambia el ambiente y la conversación por la negatividad que perciben los demás en mí o por el contrario, soy sal y luz en la familia, trabajo y comunidad. No se debe de olvidar que Cristo es la sal y la luz para todos. *"Parece poca cosa' pero el Señor 'con pocas cosas nuestras hace milagros, hace maravillas' por lo tanto, es necesario tener esta actitud de 'humildad' que consiste en buscar solamente ser sal y luz."* (Papa Francisco). Pero, ojo, no se puede ser sal y luz sin relación personal con Cristo que es sal y luz en mí.

DÍA MUNDIAL DEL MATRIMONIO

15 de febrero de 2020, 11:00 am - 1:00 pm

Únase a nosotros para honrar el matrimonio, la belleza de la fidelidad, sacrificio y la alegría en la vida matrimonial. Durante la misa, habrá una bendición especial para las parejas casadas sacramentalmente y la oportunidad de renovar su compromiso matrimonial. Después de misa habrá una recepción informal para las parejas y familiares.

En la recepción, se entregará un certificado especial a las parejas que celebran un aniversario significativo (10, 25, 30, 35, 40, 45, 50, 50+). Si tiene alguna pregunta favor de llamar al Oficina de Familia y Formación en la Fe al (916) 733-0133. Si está planeando asistir favor de inscribirse en: <https://catholic.formstack.com/forms/wmd>.



ESTÉ ALLÍ PARA OTROS A TRAVÉS DEL LLAMADO

CATÓLICO ANUAL

El fin de semana del 22 de febrero, una vez más tendremos la oportunidad de caminar con otros como Jesús nos pide que hagamos. Unidos como católicos, el Llamado Católico Anual es una forma en que todos podemos ayudar de una manera poderosa. Muchos de nuestros hermanos y hermanas en el norte del estado han sufrido desastres naturales catastróficos. Otros todavía luchan al margen de las comunidades. Recordemos que cada uno de nuestros regalos, sin importar la cantidad, realmente hacen una gran diferencia en la vida de alguien. Por favor, considere en oración lo que pueda donar este año.



VIVIR LA LITURGIA

Antes de la llegada del GPS y otros avances tecnológicos, la gente confiaba en un compás para ayudarlos con las direcciones. Si se configuraba y usaba correctamente, las personas que de otra manera se perderían podían encontrar su camino. ¿Qué establece correctamente nuestro compás de Dios? Sabemos que requerimos a Dios para encontrar nuestro camino en la vida, pero necesitamos estar en una relación adecuada con Dios antes de que esto pueda suceder efectivamente. Dios ciertamente no necesita ser aplacado, pero algunas cosas lo abren a nosotros más que otras. Isaías nos da una pista el día de hoy. Comparte tu pan con los hambrientos...viste a los desnudos...elimina la opresión, las falsas acusaciones y los discursos maliciosos...satisface a los afligidos. Cuando hagamos esto, no solo estaremos en el rumbo apropiado y en una relación correcta con Dios, sino que seremos la sal y la luz que Jesús nos pide que seamos.





CATHEDRAL OF THE BLESSED SACRAMENT

1017 11th Street, Sacramento, CA 95814 ~ 916-444-3071, Fax 916-443-2749

February 9, 2020 ~ Ordinary Time, Year A, Cycle II, Liturgical Color: Green

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

DEVOTIONS: Divine Mercy Chaplet & Rosary
Wednesday, Thursday, Friday 12:45 pm

EUCCHARISTIC ADORATION

Wednesday	12:45 pm to 5:00 pm
Thursday	12:45 pm to 5:00 pm
Friday	12:45 pm to 1:30 pm

BENEDICTION

Wednesday	5:00 pm
Thursday	5:00 pm
Friday	1:30 pm

(No Devotions, Adoration, or Benediction on feast days and holy days)

ANOINTING OF THE SICK - By appointment only. Call the rectory at 916-444-3071

BAPTISMS - Registration is required. Call Deacon John at the rectory at 916-444-3071
English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

RECTORY OFFICE HOURS: Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

VISIT OUR GIFT SHOP DOWNSTAIRS
Sundays 9:00 am to 3:00 pm,
Tuesdays 10:30 am to 12:00 pm

cathedralsacramento.org

 Text "app" to 88202

TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.



Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

RELIGIOUS EDUCATION PROGRAMS - The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.



If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you

to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Lisa Marie Doty, Director of Religious Education, lmdoty@cathedralsacramento.org.

QUINCEAÑERA - This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Deacon Omar & Janet Bardales at matrimonyprep@att.net, or 916-427-9160. *You do not have to have your wedding at the Cathedral to take this class.*

CONVALIDATION - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John at 444-3071 Ext. 11 or jgisla@cathedralsacramento.org.

WEDDINGS - If you would like to celebrate the Sacrament of Matrimony at the Cathedral, contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org at least *six months* before your desired wedding date to arrange a meeting.



SERVING THE SACRAMENTO DIOCESE SINCE 1889

PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Pastor / Rector
Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Edgar Hilbert
Deacon Omar Bardales
Sister Lisa Marie Doty, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Victoria Ramos, Secretary
Katie McAllister, Bookkeeper
Titi Kila, Wedding Coordinator
Lyssa Black, Webmaster / Bulletin Editor

PARISH PASTORAL COUNCIL

Peggy Oakden, Chairperson
Eileen Dunn Russell Almaraz
Jose Solis Paty Davila
Jeff Weiss Ellis Chan
Esteban Arellano Joey Martinez
Aileen Rasmussen Roland Bordon
Richard Zacaroli Andrea Martin-Borges

FINANCE COUNCIL

Robert Ingenito, Chairperson
Michael Pease Janet Bardales
Steve Harrold Lyssa Black

CATHEDRAL PARISH REGISTRATION & UPDATE
Actualización y registro de la parroquia de la Catedral

Become a member of the Cathedral family. Register online at cathedralsacramento.org / **Parishioner Registration**, or fill out the form below and put in the offertory basket or mail to the rectory office at 1017 11th Street, Sacramento, CA 95814

Name (*Nombre*): _____
Cell Phone: (*Celular*): (_____) _____
Street Address (*Domicilio*): _____
City (*Ciudad*): _____
State (*Estado*): _____ Zip (*Código postal*): _____
Email: _____

For additional family members, please attach a separate sheet.

Please indicate:

New Parishioner/Individual
New Parishioners/Family
Change of Address
Please send Offertory Envelopes

Por favor indique:

Nuevo Parroquiano / Individuo
Nuevo Parroco / Familia
Cambio de Dirección
Por favor envíe Sobres de Ofertorio

Altarservers

Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group

Victoria Ramos, benedictusy@gmail.com

Brown Bag Lunch Ministry

Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd for ages 3+,

visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S.

ActsCathedralSacto@gmail.com, saccathedralacts.org

Saint Vincent de Paul contact the rectory office

Cathedral Young Adults

Titi Kila, cathedralya@gmail.com

Chinese Community

Oliver Wan sccc.contact@gmail.com

Choir (English)

Rex Rallanka, Music Director,
rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass,
or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies

Reggie King, thecatholicstore@gmail.com

Communion & Liberation

catechesis meets every Wednesday at 7:15pm

Docents

Jill Pease, peasejill@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Hospitality

Celeste Gisla, jfgisla@surewest.net

Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Lectors

Fred Heacock, fheacock72@hotmail.com

RCIA Catechists

Sr Lisa Marie Doty, RCIA@cathedralsacramento.org

Religious Education Catechists

Sr Lisa Marie Doty, lmdoty@cathedralsacramento.org

Religious Education Catechists/Spanish

Deyanira Galvez at cathedralfaithformationsac@gmail.com

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

The Most Reverend **Jaime Soto**, D.D, M.S.W.

Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818,

Phone 916-733-0100

~ scd.org





每日當責 - 在日常生活中體會天主



甚麼是嗡嗡聲?



當一個地區有新店家或新餐廳開業時，一定會有相當熱鬧的嗡嗡聲。人們想看這家店會是甚麼樣子，如果它夠幸運的打造起來，一個正面的口碑會傳播整個地區，然後，接踵而來的挑戰會使嗡嗡聲持續不斷。如果新的店家不如廣告或人們所預期的好，人群將會減少，這店很容易地就從新店變成舊店，更糟糕的是，它可能就會關門大吉了。

如果你是店主人，你會如何做來吸引眾人？你會一直努力向前嗎？你會如何努力向人們展示，你的地方是值得一再光臨惠顧的呢？

你可能不是一位自己創業的企業家，但你確實有你自己的教區團體。你在你團體裡的作為和你自己在你周遭環境中的表現，會增加嗡嗡聲，也可能使人興致索然。你如何使用你和你的團體所得到的禮物，將在吸引人們、促使人們交流談話上，造成很大的影響。你將如同山頂上的城市一般，沒有人會錯過。你的光可以明亮到讓人從幾英里之外都看得見嗎？你可能只是一個人，但你卻是比你更偉大的事務的一部分，你的忠誠會很容易擴散。在太多人選擇無視教會的時候，也正是該創造一個正面嗡嗡聲的時刻了。



-Tracy Earl Welliver MTS

我們是友誼午餐的志工們，當天服務了約350多人次的午餐。

We are Friendship Luncheon volunteers and we served more than 350 people.



如果你無法餵飽一百人，那就先餵飽一個人吧。-德蕾莎修女

"If you can't feed a hundred people, then feed just one."

~Mother Teresa~

Los Jarritos

455-7911 • Mexican Food

Daily 8am - 9pm • Fri & Sat till 9:30pm

2509 Broadway

LosJarritosSacramento.com



catholicmatch[®]
California



CatholicMatch.com/CA

**DISPONIBLE
POR TIEMPO LIMITADO**

**ANUNCIE SU
NEGOCIO AQUÍ**

Llame a **James Bradley** hoy para su anuncio!
jbradley@4LPi.com or (800) 950-9952 x2655

**FREE
AD DESIGN
WITH PURCHASE
OF THIS SPACE.**
- 800-950-9952 -

**Sac Valley
ELECTRIC Inc.**

Commercial & Industrial Electrical Contractors

Office: (916) 922-1139

Fax: (916) 922-1312

24 Blue Sky Court, Suite A

Sacramento, CA 95828

www.sacvalleyelectric.com

SPREAD THE WORD

A Thriving, Vibrant Community Matters



SUPPORT OUR ADVERTISERS



24 HOUR DISPATCHED

Lic. #828505

Office: (916) 353-0203

Office: (530) 677-8832

PO Box 1398, Folsom, CA 95763

Complete Plumbing Service

Water Heater Specialists

Trenchless Pipe Replacement

**AVAILABLE
FOR A LIMITED TIME**

**ADVERTISE YOUR
BUSINESS HERE**

Contact **James Bradley** to place an ad today!
jbradley@4LPi.com or (800) 950-9952 x2655

Family Dentistry



Jasmine L. Dermawan, DMD

2335 American River Dr.

Ste. 307, Sacramento, CA 95825

916-929-0331

www.drjasminedmd.com

*English • Indonesian

**PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM**

\$29.95/MO

BILLED QUARTERLY

CALL NOW! 1.877.801.7772

WWW.24-7MEDALARM.COM

**PLUS
SPECIAL
OFFER**

HELP PROTECT YOUR FAMILY

CALL NOW! 1-888-891-6806



HOME SECURITY TEAM

St. Mary Cemetery & Funeral Center FD2263

Calvary Cemetery & Funeral Center FD2262

se habla
español

**For immediate assistance
anytime day or night please call**

916-452-4831



**CATHOLIC FUNERAL
& CEMETERY SERVICES**
OF THE DIOCESE OF SACRAMENTO

JESUIT
HIGH SCHOOL



FORMING FUTURE LEADERS IN THE SACRAMENTO AREA SINCE 1963

EXPLOREJESUIT.COM

Celebrating
Life & Family



Formerly named
Cynthia S. Meyers, CFP[®]

Cynthia S. Meyers is a Registered Representative and Investment Advisor. Representative with, and offer securities and advisory services through, Commonwealth Financial Network®, member FINRA/SIPC, a Registered Investment Advisor

916-927-6487

CONFLUENCE-FP.COM

**ADVERTISE
YOUR BUSINESS
HERE**

*Your Community
is Looking!*

Call LPi today for
advertising info
(800) 950-9952



**WE'RE HIRING
AD SALES EXECUTIVES**



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT

careers@4LPi.com • www.4LPi.com/careers

**Pucci's
PHARMACY**

• SACRAMENTO'S MIDTOWN PRESCRIPTION CENTER •
2821 J STREET
SACRAMENTO, CA 95816
www.puccis.com
LEADER?
(916) 442-5891 FAX (916) 442-1432



For ad info. call 1-800-950-9952 • www.4LPi.com

Cathedral of Blessed Sacrament, Sacramento, CA

B 4C 05-1145

SUNDAY BRUNCH 11 AM - 3 PM

EXPERIENCE MEXICAN CUISINE AT IT'S BEST...



ONE BLOCK FROM THE CATHEDRAL SACRAMENTO CORNER OF 12 & K STREET

MAYAHUEL

12TH & K STREET

DOWNTOWN | 1200 K STREET | EXPERIENCEMAYAHUEL.COM



MERCY McMAHON TERRACE

June's Place

Mercy McMahon Terrace

Independent, Assisted Living & Memory Care

A Truly One of a Kind Community
Founded by the Sisters of Mercy
24 Hour Nursing
Mass offered weekly in our Chapel

(916) 733-6510

Call for a Tour Today!

3865 J St., Sacramento, CA 95816

www.mercymcmahonterrace.org

RCFE 340312763

Your Local Experts in All Your Real Estate Needs.

Ofreciendo nuestros servicios a ustedes, igualmente ofreciendo nuestra ofrenda a la iglesia De Dios.



John Lanting **Tomas Garcia**
(916) 798-3225 916-712-6391



www.JohnLantingHomes.com
DRE#01410391

JVM LANDSCAPE CONSTRUCTION, INC.

"DELIVERING THE ULTIMATE OUTDOOR EXPERIENCE"

- RESIDENTIAL AND COMMERCIAL LANDSCAPE LIGHTING
- ARCHITECTURAL LIGHTING
- WATER FEATURE LIGHTING
- BISTRO LIGHTS
- PUTTING GREEN INSTALLATIONS W/LIGHTING



CONTACT US FOR A FREE LIGHTING CONSULTATION AND DEMO!

916-803-2002
WWW.JVMLANDSCAPES.COM



CSLB# 984835

PRAY FOR OUR BISHOP & EAT ICE CREAM!

Leatherby's

Family Creamery



15% OFF

Not valid with any other promotions

**SACRAMENTO • ELK GROVE
CITRUS HEIGHTS**

SPREAD THE WORD

A Thriving, Vibrant Community Matters



SUPPORT OUR ADVERTISERS



We Deliver to Downtown & Midtown
1900 S Street • 916-399-4580

Northgate SMOG

2830 Northgate Blvd. #4
916-922-6018 northgatesmog.com

AVAILABLE FOR A LIMITED TIME **ADVERTISE YOUR BUSINESS HERE**

Contact **James Bradley** to place an ad today!
jbradley@4LPi.com or (800) 950-9952 x2655



TIRED OF PAYING RENT?

We Can Help You Sell or Buy Your New Home.

LO ASESORAMOS EN ESPAÑOL

Call Me or Text Me 510-385-8094

Javier@JLamerican.com

DRE # 01894284



For ad info. call 1-800-950-9952 • www.4lpi.com

Cathedral of Blessed Sacrament, Sacramento, CA

A 4C 05-1145