

Jesus sent out His disciples to preach, and when they returned, He could see that they were exhausted and in need of a brief hiatus: "And he said unto them, 'Come ye yourselves apart into a

desert place, and rest a while', for there were many coming and going and they had no leisure so much as to eat" (Mark 6:30-31). However, the crowds followed them without bringing any food, and Jesus was obliged to feed them in the wilderness, which, of course, led to The Feeding of the Five Thousand on the shores of the Sea of Galilee. With a little cunning Jesus and His disciples then managed to give the crowds the slip and return to Capernaum where He lived at the time (Matthew 4:12-13; John 6:1-25). When the people finally caught up with Jesus in Capernaum, the ensuing discussion in the synagogue led to the clearest teaching in the Gospels on the meaning of the Eucharistic. This passage in the Gospel of John would thereafter become the hallmark of Catholic teaching on the Eucharist: "Except you eat the flesh of the Son of Man and drink his blood, you have no life in you . . . " (6:53-58). The chapter concludes with the sad development that "From that time many of his disciples went back and walked no more with him". Then Jesus turned and asked the twelve, "Will ye also go away?" (6:66-7).

From the beginning the doctrine of the Real Presence of Christ in the Eucharist was as much "a stone of and a rock of offense" for the faithful Christian as Jesus of Nazareth had been for the Jews (Matthew 21:44; 1st Peter 2:4-8). Is it any wonder then that when the Reformation severed itself from the teaching authority of the Catholic Church the first thing to go was the doctrine of the Real Presence of Christ in the Holy Eucharist? There are thousands of Protestant denominations that to this day have contentious disagreements among themselves on all manner of Christian doctrines and theologies, but they all are in remarkably harmonious agreement on one single point: they all deny the doctrine of the Real Presence of Christ in the Eucharist. This is so because the blessed Truth of the Eucharist cannot be apprehended apart from one's union to the Catholic and Orthodox Church.

Of the reality of His Real Presence soon to be reserved in the Holy Eucharist, Jesus said "in the synagogue, as he taught in Capernaum . . . It is the spirit that quickens; the flesh profits nothing: the words that I speak to you are spirit, and they are life; but there are some of you who believe not" (6:63-71). There is no intellectual argument nor reasoning that can of itself prove that the bread and wine we offer in the Mass cease to exist after they have been consecrated, and that thereafter only the Body, Blood, Soul, and Divinity of Christ subsists under the "species" of the sacred Host. It is an infused and divinely inspired faith supported by reason, the sacred tradition, and a divinely guaranteed apostolic authority that enables one in the final analysis to apprehend the truth of the Holy Eucharist.

Those who leave the Catholic Church and renounce her teaching authority — even if they retain a measure of otherwise authentic Christian faith — are necessarily and inevitably doomed to murmur against the Truth of the Eucharist like the Jews at Capernaum: "This is a hard saying; who can hear it?" The Catechism teaches that "The Eucharist and the Cross are stumbling blocks. It is the same mystery and it never ceases to be an occasion of division" (CCC 1336). Among the greater body of those "honored with the name of Christian", the faithful Catholic has but one question to answer Jesus in this matter: "Will ye also go away?"

~John-David Black~

#### **CHRISTIAN SYMBOLS**

#### Why do priests wear black?

In the early centuries of the Church, priests did not wear anything distinctive for their everyday attire. They wore the typical clothing of the period and would only look different when they put on priestly vestments for celebrating Mass.

Over time the fashion trends shifted and instead of moving along with the rest of the world, the clergy retained the former way of dressing. It was during the 12th and 13th centuries that priests adopted the Roman cassock as the piece of ordinary clothing that distinguished them from the laity. Soon after this decision the Church made further regulations that required priests to wear the distinctive garb.

At first the cassock only consisted of a robe-like garment tied at the waist with a sash and did not feature a white collar as we are familiar with today. The color of the cassock did not receive regulation until much later and likely rose from the easy availability of black dye. Historically black was the cheapest dye to use and so was fitting for the simple parish priest. Other clergy members wore different colors to distinguish their rank and around the time of Pope Pius V, the pope began to wear a white garment similar to the pope's white cassock today.

The black cassock is still a garment worn by many priests, though most bishops' conferences around the world have permitted the use of a black shirt instead.

Symbolically black is associated with simplicity and humility and reminds priests of their need to imitate those virtues. Black is also a color that represents death and mourning and symbolizes how a priest is to die to oneself and decrease so that God may increase in his life. He is called to take up the cross of Our Lord daily, dying to sin so that he may rise in the life of grace.

While it is true that parish priests are required to wear the color black, in hotter locations, dispensations allow priests to wear a more tolerable white.

Nevertheless, the distinctive color of the priest's clothing sets him apart from the rest of society. It reminds us of his mission to serve and signals him out in a crowd of people. The presence of a priest is supposed to point our hearts to heavenly things and brings the person of Christ to each one of us. The color simply highlights this reality and should provide a kind of "mini-homily" every time we see a priest.

~Philip Kosloski ~

"Sing to the Rord a new song, for he has done marvelous things; his right hand and his holy arm have worked salvation for him."

~Psalm 98:2~

## ~ Sixth Sunday of Easter~

"If it be God's will that you suffer, it is better that you suffer for good deeds rather than for evil ones" 1 Peter 3:16

A young girl comes to a pregnancy center, much like ours. Perhaps it was ours. Perhaps not. She has a difficult decision to make. She is pregnant and wants to know more about the baby. If she chooses to bring the baby to term, than she'll miss her prom, and people will talk about her. If she chooses to eliminate the baby's life now, people will forget about her condition and her life will appear to go on normal, but she knows that she will always remember the baby she had killed. She chooses to do what is right. That choice means immediate suffering, but knowing forever that she the world is richer for a new life that for whom she is giving birth.

Their son asks for a graduation party with all the fixings. That means he wants one with a keg and drinks. He says, "The kids are going to drink anyway, at least they will be supervised here." They know he is right. They also know that if they don't give in, he'll make life difficult for them. However, they know that they can't be responsible for what the other kids do outside their home, but they are responsible for what happens inside their house. Maybe even if they are alcohol free, the kids will drink after the party, maybe they won't. They know they can't win, but they also know that if they stand up to what they know is right, they can't lose.

She really needs a better job. She knows that a few words from her in the right place would jeopardize her boss's position. If he were gone, someone else would be moved up. Then she could see a promotion in her future. All she would have to do is say that he has harassed her. Besides, about a year and a half ago he asked her if she'd care to have a drink with him. He's married and has kids. She said she didn't like to mix work with her personal life, and he never brought it up again. He has always been professional with her and a gentleman. Still, he has a bad reputation. Some say he's a low-life, always dating other girls. Now the company is investigating him and calling her in. She needs a promotion. But she also knows it would be a lie to claim harassment. True, her chances of a promotion are limited if he keeps his position, but she decides to tell the truth.

The retired couple want to get married. When their first spouses died years ago, neither thought they would ever marry again, but they met each, grew comfortable in their relationship and decided that they would like to marry. If they do marry, they will lose some of their retirement benefits. If they just move in together, they would keep these benefits. The only thing is that they know that this is wrong. What would they tell their children and grand-children and even great grandchildren? How do they justify living as husband and wife and not being married after they have been the ones adamant that the faith be passed on to the children, grandchildren and great grandchildren? It looks like they can't win. "But," they reason, "with the Lord we really can't lose."

We have to make continual choices in our lives. Many times these choices seem to be a choice of which suffering we are going to accept. We may suffer if we choose what we know is the right thing to do. We may suffer if we choose that which we know is not right. We are fooling ourselves if we think that we will not have to answer in this life and the next for choices we know are not the best. We are forgetting what Christianity is. If we want to enjoy the joy of the Jesus' resurrection, if we want the eternal life of Easter, then we first must join Him in accepting suffering for good on the cross.

If it be God's will that <u>we</u> suffer, it is better that we suffer for good deeds rather than for evil ones.

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~SIXTH SUNDAY OF EASTER~

The people of Samaria come to worship the Lord and receive the gift of the Holy Spirit. It is this same Spirit who leads us into the truth. In the body, Jesus was put to death; in the Spirit, he was raised to life. We are called to this same glory.

Acts 8:5-8, 14-17 Ps 66:1-7, 16, 20 1Pt 3:15-18 Jn 14:15-21

#### 22 Monday

~Saint Rita of Cascia, Religious~

Gifted with the Spirit of truth, Paul lease the household of Lydia to sing the praises of the Lord. Acts 16:11-15 Ps 149:1-6a, 9b Jn 15:26—16:4a

#### 23 Tuesday

~Easter Weekday~

Paul and Silas are saved by the Lord, and strengthened by the Paraclete who is the witness of Jesus' presence.

Acts 16:22-34 Ps 138:1-3, 7c-8 Jn 16:5-11

#### 24 Wednesday

~Easter Weekday~

Guided by the Spirit of truth, Paul preached to the Athenians of the God who made the world, and of the resurrection of Jesus from the dead.

Acts 17:15, 22—18:1 Ps 148:1-2, 11-14

Acts 17:15, 22—18:1 PS 148:1-2, 11-14
Jn 16:12-15

#### 25 Thursday

#### 26 Friday

Saturday

~Saint Philip Neri, Priest~

The sufferings which the Church endures will be transformed into new life and gladness for those who accept the gospel.

Acts 18:9-18 Ps 47:2-7 Jn 16:20-23

#### AVSUR-2015 AND DESCRIPTION

~Saint Augustine of Canterbury, Bishop~ Apollos preaches that Jesus is the Messiah, he who came from the Father, the great King over all the earth.

Acts 18:23-28 Ps 47:2-3, 8-10 Jn 16:23b-28



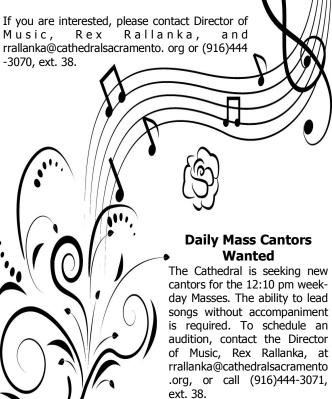
#### **Faith Formation Easter Raffle 2017**

Sister Jenny and the catechists wish to thank the parishioners and children attending the English and Spanish CCD classes and their families for their great support in the successful outcome of the Easter fundraiser.

**Next week**, our second collection is for the Catholic Communication Campaign. This campaign connects people with Christ, here and around the world in developing countries, through the internet, television, radio, and print media. Fifty percent of funds collected remains in our diocese to fund local communications efforts. Your support helps spread the gospel message! To learn more, visit www.usccb.org/ccc.

#### **Summer Choir Opportunity**

Everyone is invited to sing with the Cathedral Choir over the summer! This is a great opportunity for individuals who are thinking about joining the choir during the regular season. No audition is required, but the ability to read music is preferable. The summer choir will sing on Sundays from July 9 through September 3. Warm up starts at 10 am for the 11 am Mass.



Calling all speakers: Are you interested in presenting a workshop at Ministry Days 2017? We are now accepting workshop proposals for Ministry Days, which will be held at St. Francis High School in Sacramento, CA on Friday and Saturday, September 29-30, 2017. The theme for this year's conference is "How Do You Know Me? ¿De Dónde Me Conoces?" Proposals are due by June 1, 2017 and you will be notified if your workshop has been accepted by June 9. If you have any questions, please contact Christine Vincent at 916-733-0153 or cvincent@scd.org. Proposals may be submitted here: https://catholic.formstack.com/forms/md\_workshops

#### **Retrouvaille – Marriage Recovery**

Is your marriage in trouble – miserable – dead? Would you like it to come alive? Retrouvaille can give you the communication skills you need to relate to one other in a better, more respectful and emotionally mature way. The next weekend is in Sacramento, July 7-9. For more information call (800) 470-2230 or visit http://www.helpourmarriage.com

#### 'Called and Gifted' workshop offered Saturday, May 27

The diocese's Office of North State Catholic Revival, in collaboration with St. Isidore Parish in Yuba City, will present the "Called and Gifted" workshop from the Catherine of Siena Institute on Saturday, May 27, from 9 a.m. to 4 p.m. at St. Isidore Church, located at 222 Clark Ave in Yuba City. The workshop will be given in both English and Spanish.

The workshop is an opportunity to deepen your relationship with Jesus and to discover God's plan for your life. Through the "Called and Gifted" discernment process, you will learn about the church's teaching on the laity and lay apostleship; the nature of spiritual gifts, call and vocation. the workshop is especially useful for active parishioners, young adults, new or returning Catholics, those interested in religious vocations, those active in ministry and parish staff and leadership. The cost to attend is \$30 per person, including lunch and materials.

To register as an individual or parish group online for the workshop, visit the link below. For questions, contact Susan Burky at (530) 673-1573, ext. 42. For questions about registration and more information, contact Richard Cherveny at (530) 366-7954.

Join us in Celebrating 17th Anniversary of

Saint Toribio's

Canonization



Sunday, May 21, 2017 at the 1:00 p.m. Mass Followed by a Pot Luck Picnic with music and piñatas at East Portal Park, 1120 Rode Way 51st & M Street

For more information call *Jesus or Teresita Romo* (916) 362-5950

	Mass / Intentions	Activities	
Saturday	5:00 pm / Felotea Pangilinan +	10:00 am CFF Classes	
•	orde print, release rungimum.		
20th			
Sunday	7:30 am / Souls in Purgatory	9:00 am RCIA class for chil-	
21st	9:00 am / Cathedral Youth and Young Adults	dren and teens	
	11:00 am / Ninfa Fragoso Barraza+	9:30 am RCIA Breaking of the Word	
	1:00 pm Spanish / Parish Intentions	11:00 am Liturgy of the Word	
	3:00 pm Chinese	for Children	
	5:00 pm / Hirtzel Family + 7:00 pm Spanish / Aborted Babies	11:15 am Spanish CCD classes	
	7.00 pm Spanism / Aborted babies	·	
Monday	12:10 pm / Emma Rust S.I.	6:30 pm RCIA Evening Prayer	
22nd	5:10 pm / Consuelo Parra +	7:00 pm RCIA Class	
Tuesday	12:10 pm / Joseph Lam T. Than +	6:00 pm Spanish Choir for the	
23rd	5:10 pm / Souls in Purgatory	7pm Mass 7:00 pm English Confirmation classes	
	,		
Wednesday	12:10 pm / Vocations to the Priest-	7:15 pm Communion & Libera-	
24th	hood	tion	
	5:10 pm / Clifford Lungstrom +		
Thursday	12:10 pm / John Lewandowski +	7:00 pm The Bible Timeline	
25th	5:10 pm / Souls in Purgatory		
Friday	12:10 pm / Maria F. Nuñez S.I.	7:30 pm Rosary Recitation at	
26th		St. Junipero's Statue in Capitol Park	

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. It is usually considered that special graces are obtained for whom the Mass is said. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. Intentions are \$10.00 per Mass request and are due the Tuesday before the publication weekend.

#### Pray For One Another

Arthur Bailey
Ceciley Snook
Vickii Rene Elizabeth
Diana Weilde
Sunita Phillips
Cathy Hickman
Maricela Cortes
Dorothy Adams
Joel & Cesar
The Brown Family
Louis Metzinger

Mark McDougal
Garren Bratcher &
Family
Rosaline
John Amaro +
Kevin & Family
Stephen
Julie
Cynthia Matulia
Lee McClure
Nellie Medina
Michael Hunsaker

Blanca Padilla
Nilda Medina
Michael Jose Mejia
Delia Melsness
Cloraine Miura
Maria Elena Monzani
Eugenio Negrete
Elizabeth Paul
Rosemary Plain
Hilda Plancarte



Behind each of these names is a story of someone struggling with life's many challenges. Let us offer up our prayers to our brothers and sisters in Christ.

Let us pray for you or your loved ones.

Submit your prayer request on
cathedralsacramento.org
or email: cbsprayer3@yahoo.com
es will appear for one month. Please contact

Names will appear for one month. Please contact us at cathedralsacramento@gmail.com to extend the time or remove.

#### **CATHEDRAL KID'S CORNER**

CatholicMom.com Gospel Activity - John 14:15-21

D N A C C E P T I I T F R O C
R E A L I Z E D G L C A E B O
A L W A Y S W O Q I F T M S M
S K P O N O H R L V P H A E M
D J E S U S F P G E S E I R A
R Q L S T Y I H U P Q R N V N
A Y O I P W W A O Q Y W S E D
R M V B L I Q N Q F D S T S M
E D E H T J R S Q N O J R W E
V Y C M P P O I V S E E U O N
E Y O T C O M E T X G S T R T
A V K E T W K V A S Z B H L S
L K F N M N L E A V E X N D P
Q O P P D A D V O C A T E J A

ACCEPT	ADVOCATE	ALWAYS
COME	COMMANDMENTS	DISCIPLES
FATHER	JESUS	LEAVE
LIVE	LOVE	OBSERVES
ORPHANS	REALIZE	REMAINS
REVEAL	SEE	SPIRIT
TDLITH	WORLD	

### Ma Read the Gospel and Color



"And I will ask the Father, and he will give you another Advocate to be with you always, the Spirit of truth..."

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Go to **cathedralsacramento.org** for news and calendar events, register as a parishioner, or schedule your tithe.

# Mystagogia

#### A quien iremos?

Jesús envió a sus discípulos a predicar, y al volver, El podía ver que estaban exaustos y

necesitaban un descanso:Jesús les dijo:"Vamonos aparte, a un lugar retirado, y descansarán un poco." Porque eran tantos los que iban y venian que no les quedaba tiempo ni para comer (Marcos 6,30-31). Sin embargo, la multitud los siguió y no traian nada que comer, y Jesús los alimentó a todos en el desierto, que por supuesto, condujo a La Multiplicación de los Panes donde alimentó a cinco mil hombres a la orilla del Mar de Galilea. Con un poco de astusia Jesús y sus discípulos lograron escabullirse y regresar a Cafarnaúm donde El vivía por el momento (Mateo 4,12-13; Juan 6,1-25). Cuando la gente finalmente lo alcanzó en Cafarnaúm, nos llevó a la discusión en la sinagoga donde Jesús nos da la enseñanza más clara del Evangelio, sobre la Eucaristía. Este pasaje del Evangelio de San Juan se haría luego el centro de la enseñanza católica sobre la Eucaristía: "En verdad les digo que si no comen la carne del Hijo del Hombre y no beben su sangre, no tienen vida en ustedes..." (Juan 6, 53-58) El capítulo termina con la triste reacción: " A partir de entonces muchos de sus discipulos se volvieron atrás y dejaron de seguirle. Jesús preguntó a los doce: ¿Quieren marcharse también ustedes?" (6.66-67)

Desde el principio la doctrina de la Presencia Real de Cristo en la Eucaristía fue una "piedra de tropiezo" para los fieles cristianos como Jesús de Nazaret ha sido para los judios (Mateo 21,44; 1 Pedro 2, 4-8). No es una sorpresa que en la Reforma Protestante se separaron de la autoridad doctrinal de la Iglesia católica sobre la Presencia Real de Cristo en la Eucaristia? Hay miles de denominaciones protestantes que hasta el día de hoy tienen muchos desacuerdos entre ellos en asuntos de doctrina y teologia cristiana, pero curiosamente todos estan de acuerdo en negar la doctrina de la Presencia Real. Esto es porque la Verdad de la Eucaristía no puede ser comprendida en ninguna otra parte mas que en de la unión con la Iglesia Católica y Ortodoxa.(Tradicional)

De Su Presencia Real pronto a ser reservada en la Sagrada Eucaristia, Jesús dijó: "Así habló Jesús en Cafarnaúm enseñando en la sinagoga...El espíritu es el que da vida, la carne no sirve para nada. Las palabras que les he dicho son espíritu y vida. Pero hay entre ustedes algunos que no creen."(Juan 6, 63-64). No hay argumento intelectual que pueda probar que el pan y el vino que ofrecemos en la Misa deja de existir después de ser consagrado, y por lo tanto sólo el Cuerpo, la Sangre, el Alma y la Divinidad de Cristo subsiste bajo las "especies" de la Hostia Sagrada. Es una fe inspirada y divina apoyada en la razón, la Sagrada Tradición y la Autoridad Apóstolica que permite que uno comprenda la verdad de la Sagrada Eucaristia.

Aquellos que dejan la Iglesia Católica y renuncia a su autoridad de enseñar -aún si mantienen otras doctrinas cristianas autenticas-estan necesariamente e inevitablemente condenados a murmurar en contra de la Verdad sobre la Eucaristía como los Judios de Cafarnaúm: "Este lenguaje es muy duro! ¿Quién querrá eschucharlo?" El Catecismo enseña que "La Eucaristía y la cruz son piedras de tropiezo. Es el mismo misterio, y no cesa de ser ocasión de división" (CIC 1336) . Entre la mayoria de los "honrados con el nombre de Cristianos", los fieles Católicos tienen sólo una pregunta que contestarle a Jesús a este respecto: "¿Quieren marcharse también ustedes?

~John-David Black~



#### ORACIÓN POR NUESTROS SERES QUERIDOS

LUCI CORTEZ AMPARO ESPITIA LETICIA ROMAN SERVANDO GOMEZ EUGENIA ROQUE MARGARITA GIL FRANCIS TRUJILLO NUÑEZ

Oh Jesús, que amaste a los tuyos con gran predilección, escucha la súplica que te hacemos, y por tu misericordia concede a aquellos que Tú te has llevado de nuestro hogar el gozar del eterno descanso en el seno de tu infinito amor.

Concédeles, Señor, el descanso eterno y que les ilumine tu luz perpetua. Amen

## ORACIÓN PARA LOS

Te suplicamos, señor que por intercesión de la Santísima Virgen y Santo Toribio Romo González nuestro hermano mexicano que tanto se preocupó en vida por los migrantes y ahora a alcanzado de ti, milagros en nuestro favor, que nos ayude en nuestras necesidades. A tí, Santo Toribio, encomendamos nuestra peregrinación por estas lejanas tierras, para alcanzar el fin por el que hemos dejado nuestras familias, pidiendote la protección para nosotros y para esos pedazos de corazón que dejamos en casa. Que nuestros afanes sirven para ganar tanto lo material para vivir mejor, como la gracia para alcanzar el cielo.

Cuida nuestra fe. Que por ningún motivo nos dejemos engañar por falsas doctrinas. Que tomemos por ejemplo y creamos, como tu hasta la muerte diciendo: ¡Viva Cristo rey y Santa María de Guadalupe!, así sea.

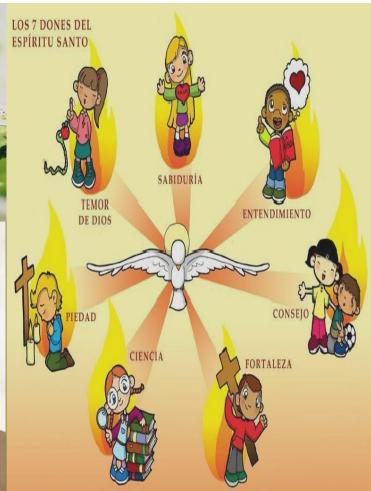
Impreso en México

**Nuestra segunda** colecta la próxima semana será para la Campaña Católica de la Comunicación. Esta campaña conecta a las personas con Cristo, aquí y en los países en desarrollo en el mundo, a través del Internet, la televisión, la radio y los medios impresos. El cincuenta por ciento de los fondos recaudados permanece en nuestra diócesis para financiar labores locales en el área de las comunicaciones. iSu contribución ayuda a difundir el mensaje del evangelio! Para informarse más, visite www.usccb.org/ccc.



Acompañenos a Celebrar El 17 Aniversario de la Canonización de Santo Toribio Romo Hoy Domingo, Mayo 21, 2017 1:00 pm Misa Después de la Misa nos reuniremos en el parque East Portal Park 1120 Rode Way 51st & M Street Traigan comida para compartir Traigan sus guitarras para cantar La ciudad de Sacramento prohíbe bebidas alcohólicas en sus parques Para obtener más información favor de llamar a: Jesús y Teresita Romo (916) 362-5950







## Chinese Community News 華人團體消息



一年一度的團體野餐將於六月十日(星期六)在威廉公園第九區舉行(地址為3800 South Land Park Drive, Sacramento, CA 95822) 我們將於上午十一時半開始燒烤,請大家將消息廣傳,並聯同你們的親友一起前來,享受相聚時刻及美好環境。欲知詳情,請聯絡鄺陳秀玲(916-442-7178)或陳紹強(916-272-9093),六月四日截止報名。

Our community picnic is coming up and will be held on Saturday, June 10, 2017 at the William Land Park Area 9, located at 3800 South Land Park Drive, Sacramento, CA 95822. We will start serving food at 11:30 am. Please spread the word, bring your family or friends and come early to enjoy the people and the park. For more information, please contact Gloria Fong (916-442-7178) or Ellis Chan (916-272-9093). Please sign up by June 4, 2017.