

# 16TH SUNDAY IN ORDINARY TIME

SUNDAY, JULY 17, 2022



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

## CATHEDRAL OF THE BLESSED SACRAMENT

*Stewards of God's Gifts*

### MASS SCHEDULE

\* Livestream available on Sundays & Holy Days of Obligation

#### Sunday | Domingo

English 8:00 am  
English 10:00 am\*  
Español 12:00 pm\*  
Chinese 2:00 pm\*  
English 4:00 pm  
Español 6:00 pm

#### Monday - Friday

Lunes - Viernes  
12:10 pm

#### Saturday | Sábado

NO VIGIL MASS

### ADORATION

Wednesday & Thursday  
1:00 pm to 4:00 pm

### RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

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[cathedralsacramento.org](http://cathedralsacramento.org)

**MASKS ENCOURAGED INDOORS**

# READINGS/MASS INTENTIONS

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## STEWARDSHIP REFLECTION

In today's Gospel reading from St. Luke, we receive a reminder about the proper use of the gift of time, a fundamental aspect of a stewardship way of life. Our passage highlights one of the most famous dinner parties ever thrown, recalling the day that Martha and Mary hosted our Lord in their home. We are told that Martha, as a good steward, welcomes Christ in but then becomes "burdened with much serving" while her sister and fellow hostess chooses to simply sit with Jesus, listening to Him speak.

Martha becomes indignant at Mary's behavior and complains to Jesus, "Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me." But Jesus, in His infinite wisdom, refuses to get pulled into this sisterly spat. Instead, He offers Martha a fresh way to look at the situation. "Martha, Martha, you are anxious and worried about many things. There is need of only one thing."

What is that one thing? It is to put Jesus first in our lives and above all other things; to "sit at his feet" and listen as Mary did, giving Him the priority of our time no matter how busy we think we are. When we truly commit to putting Christ first in our daily lives through a regular time of prayer and frequent participation in the sacraments, we will find that all our other concerns become less pressing, less overwhelming.

Why is this so? Because the time we invest in our relationship with God saturates all aspects of our lives with His grace. And because God cannot be outdone in generosity. He will abundantly reward any sacrifice we make to spend time with Him.

## CORRECTED MASS INTENTIONS FOR JULY 10-15

- Sunday 7/10** Catherine Chang +; Maria Le Thi Nora +; Theresa Do Thi Co +; Pham Van Can S.I.; Reggie Toran S.I.; Silvia Lopez +; People of the Parish S.I.
- Monday 7/11** Emery Taylor Anub +
- Tuesday 7/12** Carmelita Morales S.I.
- Wednesday 7/13** George & Linda Lichty S.I.
- Thursday 7/14** Camilo Martinez S.I.
- Friday 7/15** Maria Alicia Flores +



### TEXT-TO-GIVE ONLINE DONATIONS

Regístrate para este servicio  
Register for this service at:  
[www.is.gd/text2give](http://www.is.gd/text2give)

Thank You!

Gracias!

## READINGS AND OBSERVANCES

### Sunday 7/17

16<sup>th</sup> Sunday in Ordinary Time

Gn 18:1-10a/Ps 15:2-3, 3-4, 5 [1a]/  
Col 1:24-28/Lk 10:38-42

### Monday 7/18

St. Camillus de Lellis, Priest

Mi 6:1-4, 6-8/Ps 50:5-6, 8-9, 16bc-17, 21 and 23/Mt 12:38-42

### Tuesday 7/19

Tuesday of week 16 in Ordinary Time

Mi 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8/Mt 12:46-50

### Wednesday 7/20

St. Apollinaris, Bishop and Martyr

Jer 1:1, 4-10/Ps 71:1-2, 3-4a, 5-6ab, 15 and 17/Mt 13:1-9

### Thursday 7/21

St. Lawrence of Brindisi, Priest and Doctor of the Church

Jer 2:1-3, 7-8, 12-13/Ps 36:6-7ab, 8-9, 10-11/Mt 13:10-17

### Friday 7/22

St. Mary Magdalene

Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9/Jn 20:1-2, 11-18

### Saturday 7/23

St. Bridget, Religious

Jer 7:1-11/Ps 84:3, 4, 5-6a and 8a, 11/Mt 13:24-30

### Sunday 7/24

17<sup>th</sup> Sunday in Ordinary Time

Gn 18:20-32/Ps 138:1-2, 2-3, 6-7, 7-8 [3a]/Col 2:12-14/Lk 11:1-13



July is the month of the Precious Blood of Jesus  
*Heavenly Father, surround me with your shield of love and protection, in the name of Jesus' sacred blood. Amen.*

## MASS INTENTIONS

- Sunday 7/17** Daniel Walker S.I.; Eric Ramos Flores +; Silvia Lopez +; Lorna Cruz S.I.; People of the Parish S.I.
- Monday 7/18** Holy Souls in Purgatory +
- Tuesday 7/19** Arlene Quiroga +
- Wednesday 7/20** Daniel Walker S.I.
- Thursday 7/21** Daniel Walker S.I.
- Friday 7/22** Joseph Than +; Maria Gion +

### Let's Talk Parish!

CATHEDRAL OF THE  
BLESSED  
SACRAMENT

This Cathedral podcast seeks to create a greater sense of community among our parishioners. Each episode features Cathedral staff member or parishioner in a casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us:

Call Us: 916-545-5376  
<https://is.gd/talkparish>

Come Pray with Us!  
Friday Mornings 7:30 am  
Sunday Mornings



# FAITH FORMATION REGISTRATION

Sunday, July 17, 2022 | 16<sup>th</sup> Sunday in Ordinary Time | Page 3

*Forming Catholic families with A Family of Faith.*  
Formando las familias Católicas usando **Una Familia de Fe.**



**The Family Formation has Two Parts**  
**La formación familiar tiene dos partes**

## PART 1

**At the PARISH**  
**en la PARROQUIA**

**TWO Meetings per month**  
**for the whole family.**

DOS Reuniones por mes para toda la familia.



## PART 2

**AT HOME / A CASA**

**Parents/Padres a Casa:**

Will lead their children in completing the "at home" activities.

Guiarán a sus hijos para que completen las actividades "en casa".

**Sessions will be / Las sesiones serán:**

- Domingo 10am—en Español
- Saturday 10am—in English
- Tuesday 6pm—in English

**Responsibility of Parents/Padres:**

one meeting a month for instruction on month's topic. One second meeting each month will focus on building community. una reunión al mes para instrucción sobre el tema del mes. Una segunda reunión al mes se enfocará en construir una comunidad.

**Responsibility of Students/Estudiantes:**

once a month with a catechist in classrooms. One second meeting each month for a fun community activity. For Year 1 and Year 2 Sacraments a third meeting each month. una vez al mes con un catequista en las aulas. Una segunda reunión cada mes para una actividad comunitaria divertida. Para los Sacramentos del Año 1 y Año 2, una tercera reunión cada mes.

**Role of Catechists/Catequistas:**

will meet with the children providing additional support as they prepare to receive their sacrament.

Catequistas: se reunirán con los niños para brindarles apoyo adicional mientras se preparan para recibir su sacramento.

**Students/Estudiantes a Casa:**

Are responsible for developing their prayer life and keep up their spiritual journey journals.

Serán responsables de desarrollar su vida de oración y de mantener sus diarios de viaje espiritual.

**Your family-assigned catechist** – Will be available during the month to support you by answering questions and providing resources.

Su catequista asignado por la familia: estará disponible durante el mes para apoyarlo respondiendo preguntas y brindándole recursos.

**Children Preparing for Sacraments**

of Confession, Eucharist, and Confirmation will receive sacramental preparation classes once a month. Children and their Families must be enrolled and participate in faith formation, **A Family of Faith.**

**RCIA for Families**

Designed for Children and/or Parents needing Baptism, and/or Confirmation and Eucharist. These classes give a introduction to faith to families before instructing in the Sacraments. No former faith formation is required.

**FAMILY OF FAITH— REGISTER NOW. Faith Formation begins SEP 2022**  
FAMILIA DE FE: REGÍSTRESE AHORA. La formación en la fe comienza en septiembre de 2022



*Walk by Faith in July*

**MONDAYS 7 PM via Zoom**

**Topic Nights hosted by RCIA**

Brief video presentation and discussion.  
For anyone who would like to join us!

<https://is.gd/topicnights22>

**JULY 11, 18, 25**

**WEDNESDAYS 7 PM**

**Keep the Flame Alive**

Join Fr. O'Reilly for faith discussions.

**Email:**

[flamealive22@gmail.com](mailto:flamealive22@gmail.com)



**THURSDAYS 5 PM**

**Lectio for Families via Zoom**

Learn to prepare for Sunday Mass as a family

<https://is.gd/massbibleprep>

**JULY 14, 21, 28**

# PASTOR'S CORNER

Page 4 | Sunday, July 17, 2022 | 16<sup>th</sup> Sunday in Ordinary Time

I've done quite a bit of gardening in my life, especially when I was younger. Today, the common trend is to go to your local large hardware supplier or nursery and purchase plants in packs of six or so. These plants tend to do well and are much bigger than any weeds that sprout in the weeks ahead. These plants can also be costly and certainly not too effective if planting a whole field, although some plants are only grown through this method. The more cost-effective and efficient method is to plant seeds directly in the ground. The drawback to this method is that the seeds and seedlings are easily damaged or eaten, which can be very frustrating. As well, the weeds that sprout with the good seed more easily compete for nutrients and water. Removing the weeds and voracious insects and other pests is necessary and time-consuming, especially if you're gardening without modern-day herbicides or pesticides. However, very few things are more fulfilling than harvesting a bounty of fruits or flowers from plants you've grown from sowing your own seeds.

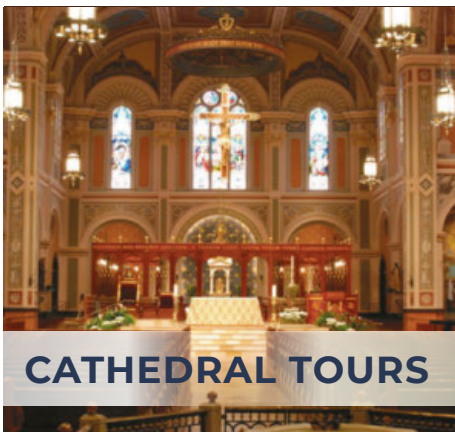
Jesus compares the Kingdom of Heaven to be like a field in which a good seed is planted. Weeds have also been planted by the enemy into the same field. The question is what should be done about those weeds? This is a complex question because it certainly implies that somebody knows the difference between good plants and weeds. Of course, these two types of plants are symbols for two types of people, good people, and evil people. There are times in my life when I think I can identify which is which and there are times I'm not

even sure which one I am. I have, at times, tried to uproot certain people who I believe are damaging the growth of other people and there are times when others have tried to uproot me to prevent me from causing damage. Usually, these kinds of situations are difficult and seldom end with a feeling that the field (the Kingdom of Heaven) has been helped in any way. Jesus continually reminds us that the fruit we bear reveals who we are. Perhaps we can truly only see our fruit or others on the day we are harvested.

We must take for granted that there are weeds among us, trying to cause evil to the Kingdom. We seldom see ourselves as being those weeds. I don't know if I've met any truly evil person, but most of the people I encounter I believe to be good plants who just need to let God help them grow. We plant in the Kingdom could do a lot better about helping others to grow. Too much time and energy are spent trying to uproot people. Too many comments reveal our lack of love for one another. Most criticisms and judgments are made to keep others from thinking we might be the problem. Every time we make detractive remarks about someone, we are the problem. The command for us is to love one another whether we or they are weeds or wheat.

I will try to leave the harvesting to angels. I have enough to do just trying to make sure I'm firmly planted in the Kingdom of Heaven. As well, I pray that the Father will be joyful on that day when the harvest is collected and that He can show off His bounty from plants He grew from seeds.

~Father Michael~



## CATHEDRAL TOURS

### CATHEDRAL TOURS:

For those of you who may be interested in the history, art, and restoration of the Cathedral, please join one of our docents for a tour beginning at the baptismal font following the closing hymn after the 8:00am and 10:00 am English Masses and after the 12 Noon Spanish Mass. Our Docents will share with you how the Cathedral is such an important part of early California history. Learn about our beautiful and important art works and how symbolism in these art works is so integral to our Catholic Faith. Learn more at: <https://is.gd/cathedraltourresources>

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For every purchase, the Cathedral receives a donation. Thank You!



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You shop. Amazon gives.

He hecho un poco de jardinería en mi vida, especialmente cuando era más joven. Hoy en día, lo más común es ir a la tienda a comprar plantas en paquetes de seis o menos. Estas plantas tienden a hacer bien y son mucho más grandes que cualquier cizaña que brote en las próximas semanas. Estas plantas también pueden ser costosas y ciertamente no demasiado eficaces si se siembra un campo entero, aunque algunas plantas sólo se cultivan a través de este método. El método más económico y eficiente es plantar semillas directamente en el suelo. El inconveniente de este método es que las semillas se dañan, lo que puede ser muy frustrante. Además, las cizañas que brotan con la buena semilla compiten más fácilmente por nutrientes y agua. Eliminación de las cizañas y los insectos y otras plagas es necesario y toma mucho tiempo, especialmente si usted está plantando sin pesticidas de hoy en día. Sin embargo, muy pocas cosas son más satisfactorias que la cosecha de una abundancia de frutas o flores de las plantas que ha crecido de la siembra de sus propias semillas.

Jesús compara el Reino de los Cielos como un campo en el cual se siembra buena semilla. Las malas hierbas también han sido plantadas por el enemigo en el mismo campo. La pregunta es ¿qué se debe hacer con esas cizañas? Esta es una pregunta compleja, porque ciertamente implica que alguien sabe la diferencia entre las buenas plantas y las cizañas. Por supuesto, estos dos tipos de plantas son símbolos para dos tipos de personas, gente buena y gente mala. Hay momentos en mi vida cuando creo que puedo identificar cuál es cuál y hay veces que ni siquiera estoy seguro de cuál soy yo. A veces he tratado de arrancar de la raíz a ciertas personas que creo están dañando el crecimiento de otras personas y hay veces en

que otros han tratado de arrancarme de la raíz para evitar que yo cause daño. Por lo general, este tipo de situaciones son difíciles y rara vez terminan con el sentimiento de que el campo (el Reino de los Cielos) ha sido ayudado de alguna manera. Jesús nos recuerda continuamente que el fruto que llevamos revela quiénes somos. Quizás podamos ver realmente solamente nuestra fruta o otras en el día que nos cosechen.

Debemos aceptar que hay cizañas entre nosotros, tratando de causar mal al Reino. Rara vez nos vemos como esas cizañas. No sé si he conocido a alguna persona verdaderamente malvada, pero la mayoría de la gente que encuentro creo ser buenas plantas que solo necesitan dejar que Dios los ayude a crecer. Nosotros las plantas en el Reino podemos hacer mucho mejor sobre ayudar a otros a crecer. Demasiado tiempo y energía se gasta tratando de arrancar de la raíz a la gente. Demasiados comentarios revelan nuestra falta de amor por el otro. La mayoría de las críticas y los juicios se hacen para evitar que otros piensen que podría ser el problema. Cada vez que hacemos comentarios negativos sobre alguien, somos el problema. El mandamiento para nosotros es amarnos unos a otros si nosotros o ellos somos cizaña o trigo.

Trataré de dejar la cosecha a los ángeles. Tengo suficiente para tratar de asegurarme de que estoy firmemente plantado en el Reino de los Cielos. Además, rezo para que el Padre se alegre en el día en que la cosecha se recoja y que Él pueda mostrar su recompensa de las plantas que creció de las semillas.

~Padre Michael~

## Keep the Flame Alive

**Keep the Flame Alive!**

Join Fr. O'Reilly for Wednesday evening sessions on Zoom at 7:00-8:30 pm

**Upcoming Sessions Via Zoom:**

**July 20 - The Eucharist**

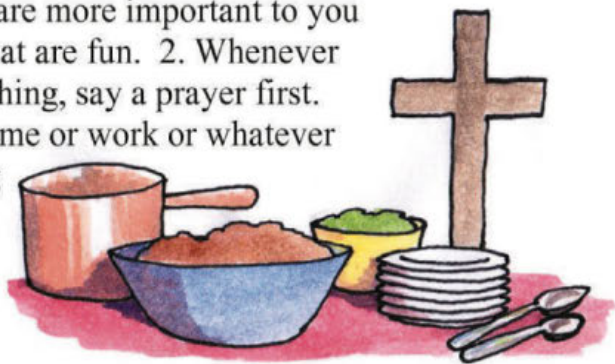
**To sign up** for this series and to receive the Zoom link for the sessions, send an **email** to facilitator Donna Pineda at [flamealive22@gmail.com](mailto:flamealive22@gmail.com).

## Putting Jesus First

Jesus went to Martha and Mary's house for dinner one day and while Martha got the food ready her sister Mary just sat near Jesus to listen to Him. Martha was upset because she had so much work to do and Mary wasn't helping at all. It doesn't sound quite fair, does it?

But Jesus told Martha that there was only one thing that was important, and that Mary had chosen it. Mary had chosen to be with Him and listen to Him. Martha was concerned about all the details- making good food and setting things out nicely, but she wasn't thinking about Jesus.

Jesus was not saying that cooking or working in the house is bad. He was only showing Martha and Mary that we need to put God first in everything. Here are a couple of ways you can keep God first: 1. Always make sure that things like going to Mass and saying your prayers are more important to you than things that are fun. 2. Whenever you do something, say a prayer first. Offer your game or work or whatever you are doing for the glory of God.



Answers to Cross-Word: ACROSS: 1.Lord 4.chose 6.in 8.is 9.to 10.then 11.many 13.Martha 16.feet 17.be 18.do 19.her 20.said DOWN: 1.listen 2.on 3.distracted 4.care 5.one 7.away 11.Mary 12.needed 14.things 15.serve

## Aponiendo a Jesus Primero

Jesús fue a la casa de Marta y María a cenar un día y mientras Marta preparaba la comida, su hermana María se sentó cerca de Jesús para escucharlo. Martha estaba molesta porque tenía mucho trabajo que hacer y Mary no estaba ayudando en nada. No suena muy justo, ¿verdad?

Pero Jesús le dijo a Marta que solo había una cosa que era importante, y que María la había elegido. María había elegido estar con Él y escucharlo. Marta estaba preocupada por todos los detalles, preparando la comida casera y disponiendo las cosas bien, pero no estaba pensando en Jesús.

Jesús no estaba diciendo que cocinar o trabajar en la casa es malo. Solo les estaba mostrando a Marta y María que necesitamos poner a Dios primero en todo. Aquí hay un par de maneras en las que puede poner a Dios primero:

1. Siempre asegúrese de que las cosas como ir a misa y rezar sean más importantes para usted que las cosas divertidas.
2. Cada vez que hagas algo, di primero una oración.

Ofrece tu juego o tu trabajo o lo que sea que estés haciendo para la gloria de Dios.



Please pray for the children receiving Jesus for the first time in Holy Communion in coming weeks

Throughout the Summer the First Communion Class will celebrate the Sacrament with their families at their regular Mass times. Our next group will be July 24<sup>th</sup>. We hope this will be a very special experience for them.

The Gift Shop Is **CLOSED IN JULY**



Prepare with Sunday Mass Readings during the Summer, via zoom:

<https://is.gd/massbibleprep>





This coming year our Family Catechesis focuses on the moral life and what it means to live the way God wants us to live. From the Ten Commandments to the Beatitudes to the Great Commandment. Throughout salvation history, God has provided us with models for living virtuously. Ultimately, He sent us Christ Himself, who gives us the perfect model of holiness and calls us to live like Him and in Him. Are you Ready? See p.3 of the bulletin for more details. We can't wait!

Este próximo año nuestra Catequesis Familiar se enfoca en la vida moral y lo que significa vivir de la manera que Dios quiere que vivamos. De los Diez Mandamientos a las Bienaventuranzas al Gran Mandamiento. A lo largo de la historia de la salvación, Dios nos ha proporcionado modelos para vivir virtuosamente. En definitiva, nos envió a Cristo mismo, quien nos da el modelo perfecto de santidad y nos llama a vivir como Él y en Él. ¿Estás listo? Consulte la página 3 del boletín para obtener más detalles. ¡No podemos esperar!

## Upcoming Faith Formation Dates

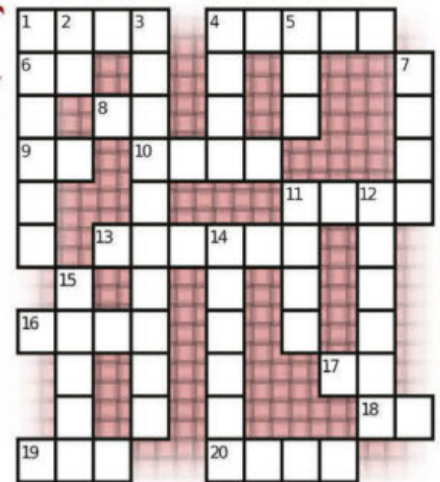
### Próxima formación en la fe

<b>JULY</b>	<b>ONLINE REGISTRATION OPEN</b> Family Faith Formation In person sessions beginning SEPTEMBER 2022!
<b>SUNDAY</b> <b>JULY 17</b>	RCIA BOW—8AM Mass
<b>MONDAY</b> <b>JULY 18</b>	RCIA Online (July Break Option) 7:00 pm via Zoom
<b>THURSDAY</b> <b>JULY 21</b>	<b>Mass Reading Prep</b> Lectio / Reading the Scriptures for upcoming Sunday for families. via Zoom. All are welcome. <b>Sign-up:</b> <a href="https://is.gd/massbibleprep">https://is.gd/massbibleprep</a>

## Kids corner!

### Esquina de niños

*Martha  
and  
Mary*  
cross  
word  
puzzle



#### Across:

- The \_\_\_\_\_ came to Martha's house
- Mary \_\_\_\_\_ the better part
- Jesus was \_\_\_\_\_ Martha's house
- "One thing \_\_\_\_\_ needed."
- Jesus said \_\_\_\_\_ her, "Martha, Martha."
- "Do you not care? \_\_\_\_\_ tell her to help me!"
- Martha was concerned about \_\_\_\_\_ things.
- Which sister was working in the kitchen?
- Mary sat at Jesus' \_\_\_\_\_.
- "Mary has chosen the better part, which shall not \_\_\_\_\_ taken..."
- "\_\_\_\_\_ you not care?"
- ...away from \_\_\_\_\_."
- Jesus \_\_\_\_\_ to her, "Martha, Martha."

#### Down:

- Mary just wanted to \_\_\_\_\_ to Jesus speak.
- She sat \_\_\_\_\_ the ground near Him.
- Martha was \_\_\_\_\_ with much serving.
- "Lord, do you not \_\_\_\_\_ that my sister has left me to serve?"
- "\_\_\_\_\_ thing is needed..."
- The better part would not be taken \_\_\_\_\_ from Mary.
- Which sister was not in the kitchen?
- "...one thing is \_\_\_\_\_"
- Martha was anxious about many \_\_\_\_\_.
- "My sister has left me to \_\_\_\_\_ alone."

Tel: 916-583-8306

Email: [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)

Instagram: <https://is.gd/SCCCintagram>

Website: [www.sacchinesecatholic.org/](http://www.sacchinesecatholic.org/)

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Chinese Portal



## A Glimpse of Spirituality 靈修一瞥31

Fr. Abraham Chiu 趙必成神父

A troubled heart is the crucial enemy of faith.

People will say: “Being upset is a normal thing, and the overwhelming upset can sometimes even become stress that crush people’s hearts. However, this is life, and it is inevitable.” They will continue to say that without far-sighted troubles must have near-term worries. It is because the world is unpredictable, and their hearts will just go up and down with the changing world.

How does trouble defeat faith if Christians commit their lives in Jesus’ death and resurrection, and believe that no matter how difficult the world is, they have already obtained the assurance of eternal life that Jesus promised?

Jesus said, “Let not your hearts be troubled.”

The verb “let be troubled” (tarassesthō) here means people and things that cause to inward commotion, take away one’s calmness of mind, and disturb one’s equanimity.

What else can shake the heart of peace in the face of the eternal life brought by Jesus’ death and resurrection? That is lack of strong faith in Jesus. Therefore, Jesus continued: “believe in God, believe also in me.”

The verb of “believe” (pisteuete) is the expression of absolute trust. In other words, when one’s heart is troubled, it is not because of any disturbing things but surely, without faith. This one’s faith in eternal life is shaken, just like Peter walking on the sea, and finally sinking because of lack of faith while he saw the stormy sea. Jesus questioned Peter by saying “O man of little faith, why did you doubt?” (cf. Matt 14:28-32)

Believing Jesus does not necessarily gain smooth lives, not even Jesus had a so-called smooth life. His death caused many disciples to leave him, except the beloved disciple who followed Jesus to the cross.

Love can motivate faith in the stormy life and encourage the disciples to follow Jesus to the kingdom of heaven, in peace.

心裡煩亂，是信德重要敵人

人會說：“心煩是平常事，排山倒海的煩亂，有時候甚至變成壓力，壓死人心，不過，這就是人生，免不了。”

人無遠慮，必有近憂，因為世界變幻莫測，人心，也隨世界以及利益得失而翻騰顛簸。

如果投入耶穌死亡復活，深信無論世界如何艱難，可是已經獲得耶穌許諾的永生保證，那麼，煩亂為何打敗信德？

耶穌說：“你們心裡不要煩亂。”

“煩亂” (tarassesthō) 這裡解作引起內心的騷動的人事物，與此同時帶走心中平靜，最終落得不安不踏實。

在耶穌死亡復活帶來的永生面前，還有什麼可以動搖平安的心？

是缺乏對耶穌的完全信德

因此，耶穌繼續說：“你們要信賴天主，也要信賴我。”

“信賴” (pisteuete) 是表達絕對的信任；換言之，心裡煩亂，不是因為有煩亂事情，只是自己信德不夠，對耶穌所賜永生產生動搖，如同伯多祿步行海面，最後因為缺乏信德，才沉淪驚濤駭浪當中：“小信德的人哪！你為甚麼懷疑？” (瑪14:28-32)

心中有主，不一定順風順水，就算耶穌也沒有所謂順利人生，他的死亡，讓許多門徒都離他而去，除了那位跟隨耶穌一直到十字架下的愛徒。



# SACRAMENTS AND PREPARATION

Sunday, July 17, 2022 | 16<sup>th</sup> Sunday in Ordinary Time | Page 9

## ANOINTING OF THE SICK

Make an appointment by calling the parish office.

## BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral. *English*: 1st Thursday of the month at 7pm. *Spanish*: 2nd Thursday of the month at 7pm.

## BAPTISM

Contact Deacon John at the Parish Office [igisla@cathedralsacramento.org](mailto:igisla@cathedralsacramento.org); 916-444-3071 Ext.22  
Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

## CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm  
Saturday: 4:00 to 5:00 pm

## CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:  
[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details at [cathedrafaithformationsac@gmail.com](mailto:cathedrafaithformationsac@gmail.com)

## HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

## MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

## MATRIMONY

No new bookings until June 2022.  
Contact Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).



## CATHOLIC VIEWPOINT FAITH, HOPE & LOVE

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Shalom World TV – Tuesday at 12:30 pm

Comcast Ch 20 – Sunday 7:00 am and  
Thursday 5:00 pm

Or view us on YouTube or our website:

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## CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

## FAMILY FAITH FORMATION AND EDUCATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:  
[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## RITE OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (RCIA) Adults:

Go to: <https://is.gd/CathedralSacramentoRCIA>.

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# PARISH INFORMATION

Page 10 | Sunday, July 17, 2022 | 16<sup>th</sup> Sunday in Ordinary Time

## MINISTRIES AND CONTACTS

### SACRED LITURGY

#### Altar Servers

Michael Ognisty, mfognisty@msn.com

#### Cathedral Choir

Rex Rallanka, Director of Music, rrallanka@cathedralsacramento.org

**Spanish Choir (12:00 pm)**      **Spanish Choir (6:00 pm)**

Jerry Vanoye      Ricardo Zavala

#### Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

#### Greeters

Ruben Arocan, rubano\_italiano@yahoo.com

#### Lectors

Maggie Jones, lector@cathedralsac.org

#### Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

### PRAYER

#### Adoration

Titi Kila, cbsadoration@gmail.com

#### Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

#### Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

#### Sunday Mass Rosary Group

John Fairbanks, john@capitolmr.com

### FAITH FORMATION AND CATECHESIS

#### Catechists for Religious Education Ministry

Sr. Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

#### Catechists for Religious Education Ministry/Spanish

Deyanira Galvez, Galvez.dgv@gmail.com

#### Rite of Christian Initiation for Adults (RCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, RCIA@cathedralsacramento.org

#### Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

### SOCIAL and COMMUNITY SERVICE

#### Brown Bag Lunch Ministry

Marilynn Fairgood, Marilyn\_Fairgood@att.net

#### Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

#### Festival of Trees

Paula Trujillo, trupaula@gmail.com

#### Front Door Ministry

Deacon Hilbert, hilbertdoheva@aol.com

#### Gift Shop Volunteers

Susan Moeller, susandurand@ymail.com

#### Hospitality

Celeste Gisla, jfgisla@att.net

#### Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

#### Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

#### Media Ministry

Titi Kila, communication@cathedralsac.org

#### Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

#### Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

### COMMUNITY GROUPS

#### Benedictus Youth Group

Titi Kila, benedictusydg@gmail.com

#### Cathedral A.C.T.S.

John Fairbanks, actscathedralsacto@gmail.com

#### Cathedral Young Adults

Victoria Ramos, cathedralrya@gmail.com

#### Chinese Community

John Wong, jwong@live.it

#### Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

#### Spanish Parents Group Leaders

Leticia Hilbert, leticia\_hilbert@hotmail.com

### PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon John Gisla

Deacon Edgar Hilbert

Tom Waddock, *Cathedral Manager*

Sr. Lisa Marie Doty, FDCC

*Director of Faith Formation and Education*

Rex Rallanka, *Director of Music*

Michael Ognisty, *Sacristan*

Victoria Ramos, *Secretary*

Katie McAllister, *Bookkeeper*

Titi Kila, *Wedding Coordinator*

Chris Houlemard, *Bulletin/Webmaster*

### PARISH PASTORAL COUNCIL

Joey Martinez, Chair

Russel Almaraz

Esteban Arellano

Maria Balakshin

Andrea Martin-Borges

Maria Rosario

Aileen Rasmussen

Jose Solis

Jeff Weiss

Richard Zacaroli

### FINANCE COUNCIL

Robert Ingenito, Chair

Janet Bardales

Steve Harrold

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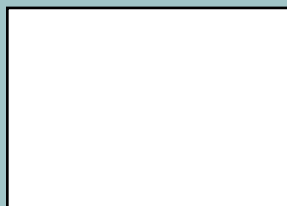
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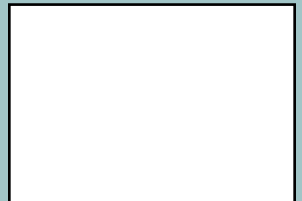
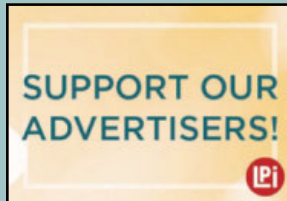
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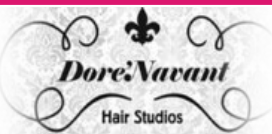
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