



# CATHEDRAL OF THE BLESSED SACRAMENT

*Stewards of God's Gifts*

August 4, 2024 | Eighteenth Sunday in Ordinary Time

## MASS SCHEDULE

SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español

\*Livestream available.

**Monday—Friday**  
**Lunes—Viernes**  
12:10 pm

## ADORATION ADORACIÓN

**Wednesday & Thursday**  
**Miércoles y Jueves**  
1:00 pm - 4:00 pm

## RECONCILIATION RECONCILIACIÓN

**Monday—Friday**  
**Lunes—Viernes**  
11:30 am—12:00 pm

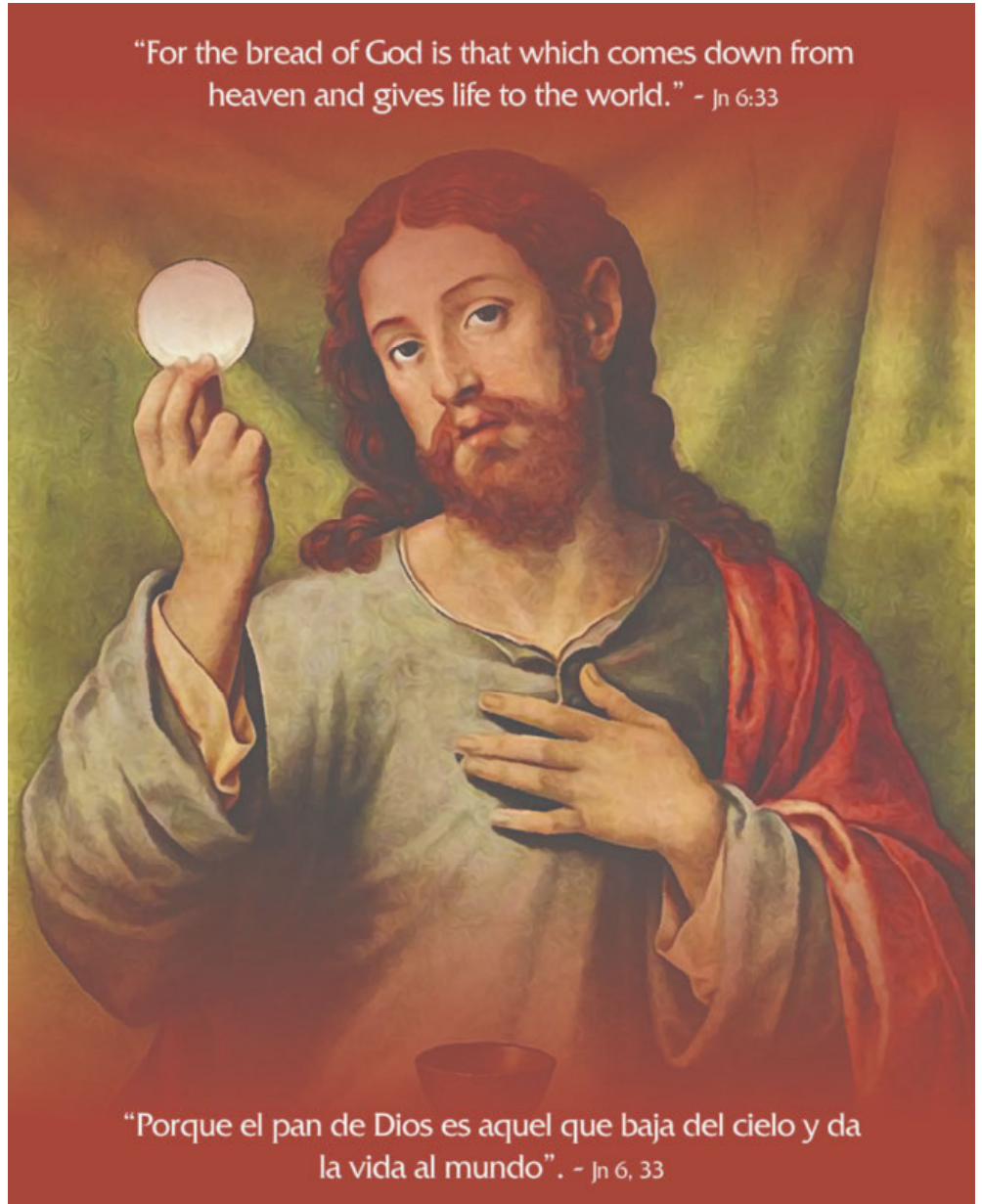
**Saturday | Sabado**  
4:00 pm—5:00 pm

## CATHEDRAL HOURS

**Monday—Friday**  
10:00 am—4:00 pm

## OFFICE HOURS

**Monday—Friday**  
9:00 am— noon & 1 pm—4 pm



1019 11th Street, Sacramento, CA 95814

916-444-3071 | Blessed@cathedralsacramento.org

www.CathedralSacramento.org

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Want something in the bulletin and website? Just email [communication@cathedralsac.org](mailto:communication@cathedralsac.org)

# Events and Information



## KEEP THE FLAME ALIVE

**Wednesdays, 7:00 pm via Zoom**

Nourish your faith and feel the scriptures as Father O'Reilly leads us in study of the Gospel of John.

Contact Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)



## THE HOLY ROSARY

**1st and 3rd Wednesdays 6pm**

St. Josephine Bakhita Room, lower level.

[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

## RECONCILIATION

**Monday - Friday**

11:30 am to 12:00 pm

**Saturday** 4:00 pm to 5:00 pm

## ADORATION

**Wednesday & Thursday**

1:00 pm to 4:00 pm



## HOLY HOUR OF REPARATION

**Friday, September 6** First Friday of each month immediately following the 12:10 Mass in the Blessed Sacrament Chapel.

## MANTENGA VIVA LA LLAMA

**Miércoles, 7:00 pm vía Zoom**

Nutre tu fe y siente las Escrituras mientras el Padre O'Reilly nos guía en el estudio del Evangelio de Juan.

Contacto con Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)

## EL SANTO ROSARIO

**1er y 3er miércoles, 6:00 pm**

Aula St. Josephine Bakhita, nivel inferior.

[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

## RECONCILIACIÓN

**Lunes - Viernes**

11:30 am to 12:00 pm

**Sábado** 4:00 pm to 5:00 pm

## ADORACIÓN

**Miércoles y Jueves**

1:00 pm to 4:00 pm

## HORA SANTA DE LA REPARACIÓN

**Viernes 6 de septiembre** Primer viernes de cada mes inmediatamente después de la Misa de las 12:10 en la Capilla del Santísimo Sacramento.

## SUNDAY CATHEDRAL TOURS

**English at 9am and 11am & Spanish at 1pm**

Docents share how the Cathedral is such an important part of early California history. Learn how our beautiful and important art works have symbolism integral to our Catholic Faith.

## TOURS DE LA CATEDRAL DEL DOMINGO

**Español a las 1 pm y inglés a las 9am y 11am**

Los docentes comparten cómo la Catedral es una parte importante de la historia temprana de California. Conozca cómo nuestras hermosas e importantes obras de arte tienen un simbolismo integral para nuestra fe católica.

In re: The Roman Catholic Bishop of Sacramento, Case No. 24-21326  
U.S. Bankruptcy Court for the Eastern District of California

Notice of Deadline for Filing Claims: October 1, 2024

**YOU MAY HAVE A SEXUAL ABUSE CLAIM OR OTHER CLAIM  
AGAINST THE DIOCESE OF SACRAMENTO**

On April 1, 2024, The Roman Catholic Bishop of Sacramento aka Diocese of Sacramento filed a chapter 11 bankruptcy petition for protection under title 11 of the United States Code.

If you were sexually abused by any person connected with the Diocese, you must file a claim so as to be received by October 1, 2024, or otherwise you will be forever barred, estopped, and enjoined from asserting such claim against the Diocese.

Claims based on acts or omissions of the Diocese that occurred before April 1, 2024, must be filed on or before October 1, 2024, even if such claims are not now fixed, liquidated, or certain or did not mature or become fixed, liquidated, or certain before April 1, 2024.

For more information on how to file a claim or about the bankruptcy, please visit: <https://www.donlinrecano.com/rcbsacramento>, or contact the Debtor's claims agent Donlin, Recano, & Company, Inc. via email at [rcbsacramentoinfo@drc.equiniti.com](mailto:rcbsacramentoinfo@drc.equiniti.com) or by phone at 1-866-714-7301; or visit the Debtor's website at <https://scd.org> and follow the links for Chapter 11 filing.

In re: El Obispo Católico Romano de Sacramento, Caso No. 24-21326  
Tribunal de Bancarrota de los Estados Unidos Para el Distrito Este de California

Notificación de fecha límite para presentar reclamaciones:  
1 de Octubre de 2024

**USTED PUEDE TENER UNA DEMANDA DE ABUSO SEXUAL U OTRA  
DEMANDA CONTRA LA DIÓCESIS DE SACRAMENTO**

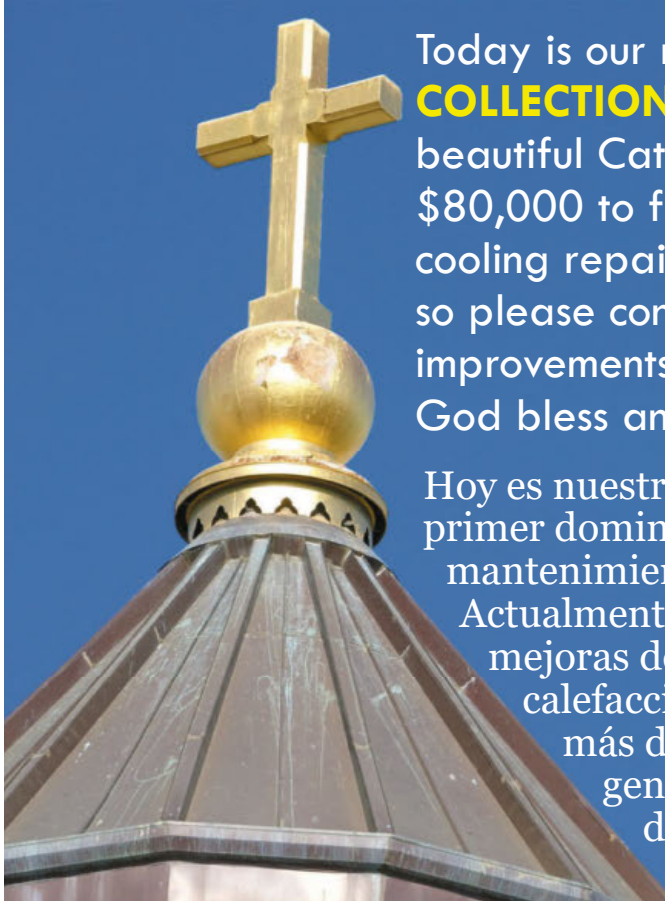
El 1 de abril de 2024, el Obispo Católico Romano de Sacramento, también conocido como Diócesis de Sacramento, presentó una petición de bancarrota del capítulo 11 para obtener protección bajo el título 11 del Código de los Estados Unidos.

Si usted fue abusado sexualmente por cualquier persona relacionada con la Diócesis, debe presentar su reclamo para que se reciba antes del 1 de octubre de 2024, o de lo contrario, se le prohibirá y excluirá para siempre hacer valer dicha reclamación contra la Diócesis.

Las reclamaciones basadas en actos u omisiones de la Diócesis que ocurrieron antes del 1 de abril de 2024, deben presentarse el 1 de octubre de 2024 o antes, incluso si dichas reclamaciones no están ahora fijas, liquidadas o ciertas o no se vencieron o se volvieron fijas, liquidadas o ciertas antes del 1 de abril de 2024.

Para obtener más información sobre cómo obtener y presentar un reclamo o sobre la bancarrota, visite: <https://www.donlinrecano.com/rcbsacramento>, o comuníquese con el agente de reclamos del Deudor, Donlin, Recano & Company, Inc., por correo electrónico al [rcbsacramentoinfo@drc.equiniti.com](mailto:rcbsacramentoinfo@drc.equiniti.com) o por teléfono al 1-866-714-7301; o visite el sitio web del Deudor en <https://scd.org> y siga los enlaces para la presentación del Capítulo 11.

# Eventos e información



Today is our regular first Sunday of the month **SPECIAL COLLECTION** to fund repairs and maintenance for our beautiful Cathedral. Currently we are targeting \$80,000 to fund sound system upgrades and heating/cooling repairs. So far you've donated over \$16,000 so please continue to give generously for upkeep and improvements to our historic place of worship. God bless and thank you!

Hoy es nuestra **COLECTA ESPECIAL** habitual del primer domingo del mes para financiar reparaciones y mantenimiento de nuestra hermosa Catedral.

Actualmente, nuestro objetivo es \$80,000 para financiar mejoras del sistema de sonido y reparaciones de calefacción/refrigeración. Hasta ahora ha donado más de \$16,000, así que continúe donando generosamente para el mantenimiento y mejoras de nuestro histórico lugar de culto. ¡Dios te bendiga y gracias!

Scan me to text  
your donation

Escanee para  
enviar su  
donación por  
mensaje de texto



- Use our website to make a reoccurring or one time gift at [www.CathedralSacramento.org/Donate](http://www.CathedralSacramento.org/Donate)
- Utilice nuestro sitio web para hacer un regalo recurrente o único en [es.CathedralSacramento.org/Donate](http://es.CathedralSacramento.org/Donate)

Next week, we will take up the **Collection for the Church in Latin America**. For many in Latin America and the Caribbean, a rising secular culture, difficult rural terrain, and a shortage of ministers all present obstacles to practicing the faith. Your support for the collection provides lay leadership training, catechesis, priestly and religious formation, and other programs to share our Catholic faith with those who long to hear the Good News of Christ. To learn more about how your gifts make a difference, visit [www.usccb.org/latin-america](http://www.usccb.org/latin-america).


To donate online, visit <https://www.scd.org/cla>.

La próxima semana realizaremos **la Colecta para la Iglesia en América Latina**. Para muchos en América Latina y el Caribe, el incremento de una cultura secular, la dificultad que presentan los terrenos rurales y la escasez de ministros, son unos obstáculos para practicar su fe. Su apoyo a la Colecta proporciona capacitación para el liderazgo laico, la catequesis, la formación para sacerdotes y religiosos y otros programas para compartir nuestra fe católica con aquellos que anhelan escuchar la Buena Nueva de Cristo. Para informarse más sobre cómo sus donativos hacen una diferencia, visiten [www.usccb.org/latin-america](http://www.usccb.org/latin-america). Para donar en línea, visite <https://www.scd.org/cla>.

# Annual Parish Picnic

## Cathedral of the Blessed Sacrament Annual Parish Picnic

The Parish Pastoral Council invites all parishioners to an evening of fun, food, and fellowship.



Where: St. Joseph Catholic Church  
32890 S. River Rd.  
Clarksburg, CA 95612

*Please do not go to the Cathedral*

When: **Friday, August 16**

Time: 5:00 p.m. - Welcome  
5:30 p.m. - Vespers

### Family Potluck!

Bring the dish below according to the first letter of your last name.

A-I: SALAD  
J-R: DESSERT  
S-Z: SIDE DISH

#### DETAILS:

- Please bring your beverage of choice. We will provide bottled water.
- Hamburgers, hot dogs, and condiments will be provided.
- Join in for some music, entertainment, and games.
- Picnic tables and chairs will be available.
- You are welcome to bring lawn chairs and picnic blankets.
- Please do not bring canopies or tents.
- Please keep pets at home.
- For questions, you may email Russ Almaraz at [russ.almaraz@gmail.com](mailto:russ.almaraz@gmail.com)

# Men's Day of Faith Renewal



**SATURDAY, AUG. 24, 2024**  
St. Mel Parish - Fair Oaks

# Dr. Ray



# GUARENDI

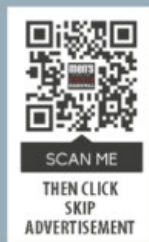
*"Catholic men are not whimps!"*

• **The Logic of Being Catholic:**

The reason & evidence that brought me back to the Church

• **Simple Steps to Making a Marriage Work:**

A more rewarding marriage is achievable- Learn how



**SIGN UP TODAY!**

Cost for Saturday \$50

Call: 916- 612-0479

[smpcevents.org](http://smpcevents.org)

**SATURDAY SCHEDULE:**

- Rosary 7:30 am
- Holy Mass 8:00 am
- Eucharistic Procession
- Continental Breakfast
- Inspirational Talks by Dr. Ray with Q&A
- Hearty Catered BBQ Lunch!
- Event Concludes at 3:45 pm
- **SPECIAL PRIZES TOO!**

**Accompanying Event**

**FREE Family Renewal Evening**

At St. Mel Parish, Fair Oaks

**FRIDAY, AUGUST 23**

6:30 - 8:00 pm

(no registration required for Friday)

**Talk by Dr. Ray**

"Navigating a culture that is no longer on the side of people with traditional values."

**Meet and Greet**

**Free Ice Cream social** with Leatherby's Ice Cream

## Sacramento Chinese Catholic Community

**RECONCILIATION:** 1<sup>st</sup> Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance. Tel: 916-583-8306

Email: [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)

Facebook: [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)

Instagram: <https://is.gd/>

[SCCCinstagram](https://www.instagram.com/scccinstagram/)

Website:

[www.sacchineseatholic.org/](http://www.sacchineseatholic.org/)



Chinese Portal:  
Announcements/  
Sunday Readings

A Glimpse of Spirituality 靈修一瞥 135 (Mark 谷7:24-30)

Fr. Abraham Chiu 趙必成神父

為什麼這外邦婦人受到耶穌嚴厲挑戰？耶穌當然不會侮辱她，而是以她信德榜樣向脆弱門徒展示什麼是真正信仰。

這位婦女以堅韌和毅力面對耶穌挑戰；結果，因堅定信念，為她帶來奇蹟。她的榜樣提供一個更令人震驚的教訓，就是天主不僅愛護基督徒。

天主慈悲伸延到那些與我們不同的人，甚至是敵人。事實上，猶太人認為外邦人都是敵人。耶穌看來好像跟猶太人同坐一船；因為他對婦人說：“應先讓兒女們吃飽了，因為拿兒女的餅扔給小狗是不對的。”“狗”（kynariois）在猶太文化中主要負面比作暴力和不潔。申23:19似乎將狗等同賣淫：“你不可將賣淫的酬金和賣狗的代價，帶到上主你天主的殿內，還任何誓願。”

耶穌對這位充滿信德婦人的回應感到滿意：“主！是啊！可是小狗在桌子底下，也可吃孩子們的碎屑呢！”那些看似在教會之外的人，不一定在天主範圍以外。天主空間無限；祂永遠不會忘記有需要者，肯定將手伸向他們，每個尋求成為天國子民的人，就像這外邦婦人一樣獲得耶穌接納。

是否願意向他人分享天主慈悲？能接受那些與我們不同的人？願意愛那些被鄙視的人？



# Faith Formation & Education

Blessings Faith Formation Families! It's hard to believe it is already August and we are gearing up for another fantastic year in family faith formation at the Cathedral! Is your family registered and ready?

## UPCOMING in AUGUST

Sunday 4 AUG	8:00 Mass—OCIA Breaking Open the Word (BOW)
Monday 5 AUG	6:30 Monday Night Vespers 7:00 OCIA Monday—Mercy Hall
Tuesday 6 AUG	Faith Formation Office Open Registrations—6:00—8:00 PM
Wednesday 7 AUG	Faith Formation Team Mtg Time TBD
Thursday 8 AUG	Faith Formation Office Open Registrations—6:00—8:00 PM
Sunday 11 AUG	8:00 Mass—OCIA BOW 11:30 AM OCIA Families—Year 2
Saturday 24 AUG	OCIA Retreat: Rite of Acceptance
Sunday 25 AUG	OCIA Rite of Acceptance 8:00 Mass—in Church

## SEPTEMBER

Sunday 8 SEP	FFF Orientation—Spanish
Tuesday 17 SEP	FFF Orientation—English #1
Saturday 21 SEP	FFF Orientation—English #2



### Mass preparation for families

Every Wednesday receive a Mass preparation guide for your family with downloadable coloring pages and worksheets for young saints (pre-K to 3rd grade) and older saints (4th - 6th grade). Readings for Sunday Mass with brief explanation!

<https://is.gd/massprep2024>



## Is Your Family Making Time for Jesus? ¿Tiene tu familia tiempo para Jesús?

The Cathedral Family Faith Formation community is getting ready to begin another year of learning about our faith.

Beginning in September with our parent orientation and an introduction to our year theme—the Bible. We will have a lot of opportunities to learn passages of Scripture. Classes begin with Orientation in September, and first sessions with full families begin in October.

Questions about registration, contact the faith formation office at [religioused@cbssac.org](mailto:religioused@cbssac.org).

La comunidad de Formación en la Fe de la Familia de la Catedral se está preparando para comenzar otro año de aprendizaje sobre nuestra fe.

Comenzando en septiembre con nuestra orientación de los padres y una introducción a nuestro tema del año-la Biblia. Tendremos muchas oportunidades para aprender pasajes de las Escrituras. Las clases comienzan con la orientación en septiembre, y las primeras sesiones con familias completas comienzan en octubre.

Preguntas acerca de la inscripción, póngase en contacto con la oficina de formación de fe en [religioused@cbssac.org](mailto:religioused@cbssac.org).

Family Faith Formation and OCIA—Formation of Faith and of Sacraments for Children and Adults

# Formación y Educación en la Fe

## Preparation for Sunday Mass Sunday, 11 AUGUST 24

### Prepare: 19th Sunday of Ordinary Time

1 Kings 19:4-8  
Psalms 34:2-3, 4-5, 6-7, 8-9  
Ephesians 4:30-5:2  
John 6:41-51

#### Focus of the Gospel:

We continue this week with the theme of bread. In the first reading Elijah is strengthened for the journey with bread and water. The Gospel then continues the “bread of life” discourse, doubling down, not only saying He is the bread of heaven, but the very “the bread of life”. He tells us that **“whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.”**

Let those words sink in as you prepare for Sunday. Think about when you come forward for Communion, the Host—the Bread of Life—in your hands is the flesh given for you, and the world, that we may have life.

#### With Your Family

- ◆ Read John 6:48-51
- ◆ Do you believe what Jesus said, that he ‘gives his flesh for the life of the world’?
- ◆ According to Pew Research Center, only 31% of Catholics believe Jesus is truly present in the Eucharist. Do you believe?
- ◆ Pray Psalm 6:41-51 together

## Preparación para la Misa Domingo, 11 AGOSTO 24

### Preparar: XIX Domingo, Tiempo Ordinario

1 Reyes 19:4-8  
Salmo 34:2-3, 4-5, 6-7, 8-9  
Efesios 4:30-5:2  
Juan 6:41-51

#### Enfoque del evangelio:

Continuamos esta semana con el tema del pan. En la primera lectura, Elías es fortalecido para el camino con pan y agua. A continuación, el Evangelio continúa el discurso del «pan de vida», redoblando la apuesta, no sólo diciendo que es el pan del cielo, sino el mismísimo «pan de vida». Nos dice que **«el que coma de este pan vivirá para siempre; y el pan que yo daré es mi carne para la vida del mundo».**

Deja que esas palabras calen en ti mientras te preparas para el domingo. Piensa que cuando te acerques a comulgar, la Hostia -el Pan de Vida- en tus manos es la carne entregada por ti y por el mundo, para que tenga vida.

#### Con tu familia

- ◆ Lee Juan 6:48-51
- ◆ ¿Crees lo que dijo Jesús, que «da su carne por la vida del mundo»?
- ◆ Según el Pew Research Center, sólo el 31% de los católicos cree que Jesús está realmente presente en la Eucaristía. ¿Lo crees tú?
- ◆ Rezad juntos el Salmo 6, 41-51



### *more* Seeking Faith?

The “Order of Christian Initiation for Adults” provides a place for seekers to explore what the Catholic Church believes and teaches as part of their journey towards embracing Christ and His Church in the reception of sacraments. Catholics who have not received Sacraments of Confirmation and of the Holy Eucharist are also welcome. To know more, go to website:

[cathedralsacramento.org/ocia](http://cathedralsacramento.org/ocia)

The Faith Formation and OCIA offices will re-open August 5! Monday OCIA starts up August 5 at 7pm.

## Forum Feedback #7: LEADERSHIP DEVELOPMENT

### Open Forum

At the Open Forum on Youth held June 11, the group looked at eight areas outlined by the USCCB on Youth Ministry. The seventh component of comprehensive ministry, and our focus this week is **LEADERSHIP DEVELOPMENT.**



### Ministry of Leadership Development

Calls forth, affirms, and empowers the diverse gifts, talents, and abilities of adults and young people in our faith communities for comprehensive ministry with adolescents.

*“Young pilgrims, Christ needs you to enlighten the world and to show it the ‘path to life’ : (Psalm 16)*

- Saint John Paul II, Denver World Youth Day

- Empower young people to develop leadership skills and give them opportunity to grow in leading others.
- Encourage confidence in their talents and gifts.
- Teach them to be peer leaders; giving skills on speaking, self-expression, guiding others.
- Become young men and women of integrity.
- Read new USCCB document: [Listen, Teach, Send, A Framework for Ministries with Youth](#)

Sister Lisa Marie Doty, FDCC, Director of Faith Formation & OCIA | [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org) | 916-444-5364

# Liturgy of the Word

EIGHTEENTH SUNDAY IN ORDINARY TIME

AUGUST 4, 2024

## Mass Intentions & Observances

**SUN 8/4**

**18TH SUNDAY IN ORDINARY TIME**

8:00 AM: FREDERICK & RHODA JONES +

10:00 AM: MILAGROS AQUINO S.I.

12:00 PM: PEOPLE OF THE PARISH S.I.

4:00 PM: ALICE WALKER S.I.

6:00 PM: JOEL RIVERA S.I.

**MON 8/5**

**18TH WEEK IN ORDINARY TIME**

12:10 PM: IG MEDIO GESOLGON +

**TUE 8/6**

**THE TRANSFIGURATION OF THE LORD**

12:10 PM: RUPERTO GUIRITAN +

**WED 8/7**

**18TH WEEK IN ORDINARY TIME**

12:10 PM: DANELLE SALDANA +

**THU 8/8**

**SAINT DOMINIC, PRIEST**

12:10 PM: JOHN UY +

**FRI 8/9**

**18TH WEEK IN ORDINARY TIME**

12:10 PM: LORETO MORALES +

*S.I. = for special intention  
+ = for repose of the soul*

## Mass Intentions

Please email:

[vramos@cathedralsacramento.org](mailto:vramos@cathedralsacramento.org)

or call 916-444-3071, ext. 10

### READING 1     EX 16:2-4, 12-15

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!"

Then the LORD said to Moses, "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not.

"I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."

In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was. But Moses told them, "This is the bread that the LORD has given you to eat."

### RESPONSORIAL PSALM

PS 78:3-4, 23-24, 25, 54

**R. The Lord gave them bread from heaven.**

What we have heard and know, and what our fathers have declared to us, We will declare to the generation to come the glorious deeds of the LORD and his strength and the wonders that he wrought.

**R. The Lord gave them bread from heaven.**

He commanded the skies above and opened the doors of heaven; he rained manna upon them for food and gave them heavenly bread.

**R. The Lord gave them bread from heaven.**

Man ate the bread of angels, food he sent them in abundance. And he brought them to his holy land, to the mountains his right hand had won.

**R. The Lord gave them bread from heaven.**

### READING 2     EPH 4:17, 20-24

Brothers and sisters:

I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

### ALLELUIA                     MT 4:4B

*R. Alleluia, alleluia.*

One does not live on bread alone, but by every word that comes forth from the mouth of God.

*R. Alleluia, alleluia.*

### GOSPEL                     JN 6:24-35

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal." So they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in the one he sent." So they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: He gave them bread from heaven to eat." So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world."

So they said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."



# Liturgia de la Palabra

**XVIII DOMINGO ORDINARIO**

**4 DE AGOSTO DE 2024**

**LECTURA I** EX 16, 2-4. 12-15

En aquellos días, toda la comunidad de los hijos de Israel murmuró contra Moisés y Aarón en el desierto, diciendo: “Ojalá hubiéramos muerto a manos del Señor en Egipto, cuando nos sentábamos junto a las ollas de carne y comíamos pan hasta saciarnos. Ustedes nos han traído a este desierto para matar de hambre a toda esta multitud”.

Entonces dijo el Señor a Moisés: “Voy a hacer que llueva pan del cielo. Que el pueblo salga a recoger cada día lo que necesita, pues quiero probar si guarda mi ley o no. He oído las murmuraciones de los hijos de Israel. Diles de parte mía: ‘Por la tarde comerán carne y por la mañana se hartarán de pan, para que sepan que yo soy el Señor, su Dios’”.

Aquella misma tarde, una bandada de codornices cubrió el campamento. A la mañana siguiente había en torno a él una capa de rocío que, al evaporarse, dejó el suelo cubierto con una especie de polvo blanco semejante a la escarcha. Al ver eso, los israelitas se dijeron unos a otros: “¿Qué es esto?”, pues no sabían lo que era. Moisés les dijo: “Éste es el pan que el Señor les da por alimento”.

**SALMO RESPONSORIAL** DEL SALMO 77

**R. El Señor les dio pan del cielo.**

Cuanto hemos escuchado y conocemos del poder del Señor y de su gloria, cuanto nos han narrado nuestros padres, nuestros hijos lo oirán de nuestra boca.

**R. El Señor les dio pan del cielo.**

A las nubes mandó desde lo alto que abrieran las compuertas de los cielos; hizo llover maná sobre su pueblo, trigo celeste envió como alimento.

**R. El Señor les dio pan del cielo.**

Así el hombre comió pan de los ángeles; Dios le dio de comer en abundancia y luego los condujo hasta la tierra y el monte que su diestra conquistara.

**R. El Señor les dio pan del cielo.**

**LECTURA II** EF 4, 17. 20-24

Hermanos: Declaro y doy testimonio en el Señor, de que no deben ustedes vivir como los paganos, que proceden conforme a lo vano de sus criterios. Esto no es lo que ustedes han aprendido de Cristo; han

oído hablar de él y en él han sido adoctrinados, conforme a la verdad de Jesús. Él les ha enseñado a abandonar su antiguo modo de vivir, ese viejo yo, corrompido por deseos de placer.

Dejen que el Espíritu renueve su mente y revístanse del nuevo yo, creado a imagen de Dios, en la justicia y en la santidad de la verdad.

**ACLAMACIÓN ANTES DEL EVANGELIO**

**MT 4, 4B**

*R. Alehuya, alehuya.*

No sólo de pan vive el hombre, sino también de toda palabra que sale de la boca de Dios.

*R. Alehuya.*

**EVANGELIO**

**JN 6, 24-35**

En aquel tiempo, cuando la gente vio que en aquella parte del lago no estaban Jesús ni sus discípulos, se embarcaron y fueron a Cafarnaúm para buscar a Jesús.

Al encontrarlo en la otra orilla del lago, le preguntaron: “Maestro, ¿cuándo llegaste acá?” Jesús les contestó: “Yo les aseguro que ustedes no me andan buscando por haber visto señales milagrosas, sino por haber comido de aquellos panes hasta saciarse. No trabajen por ese alimento que se acaba, sino por el alimento que dura para la vida eterna y que les dará el Hijo del hombre; porque a éste, el Padre Dios lo ha marcado con su sello”.

Ellos le dijeron: “¿Qué necesitamos para llevar a cabo las obras de Dios?” Respondió Jesús: “La obra de Dios consiste en que crean en aquel a quien él ha enviado”. Entonces la gente le preguntó a Jesús: “¿Qué signo vas a realizar tú, para que la veamos y podamos creerte? ¿Cuáles son tus obras? Nuestros padres comieron el maná en el desierto, como está escrito: Les dio a comer pan del cielo”.

Jesús les respondió: “Yo les aseguro: No fue Moisés quien les dio pan del cielo; es mi Padre quien les da el verdadero pan del cielo. Porque el pan de Dios es aquel que baja del cielo y da la vida al mundo”.

Entonces le dijeron: “Señor, danos siempre de ese pan”. Jesús les contestó: “Yo soy el pan de la vida. El que viene a mí no tendrá hambre y el que cree en mí nunca tendrá sed”.

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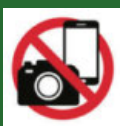
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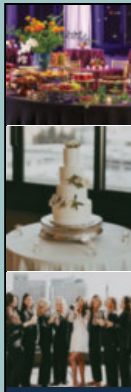
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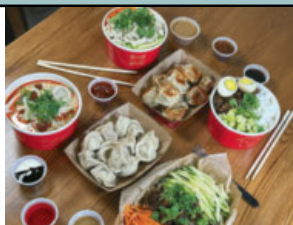
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