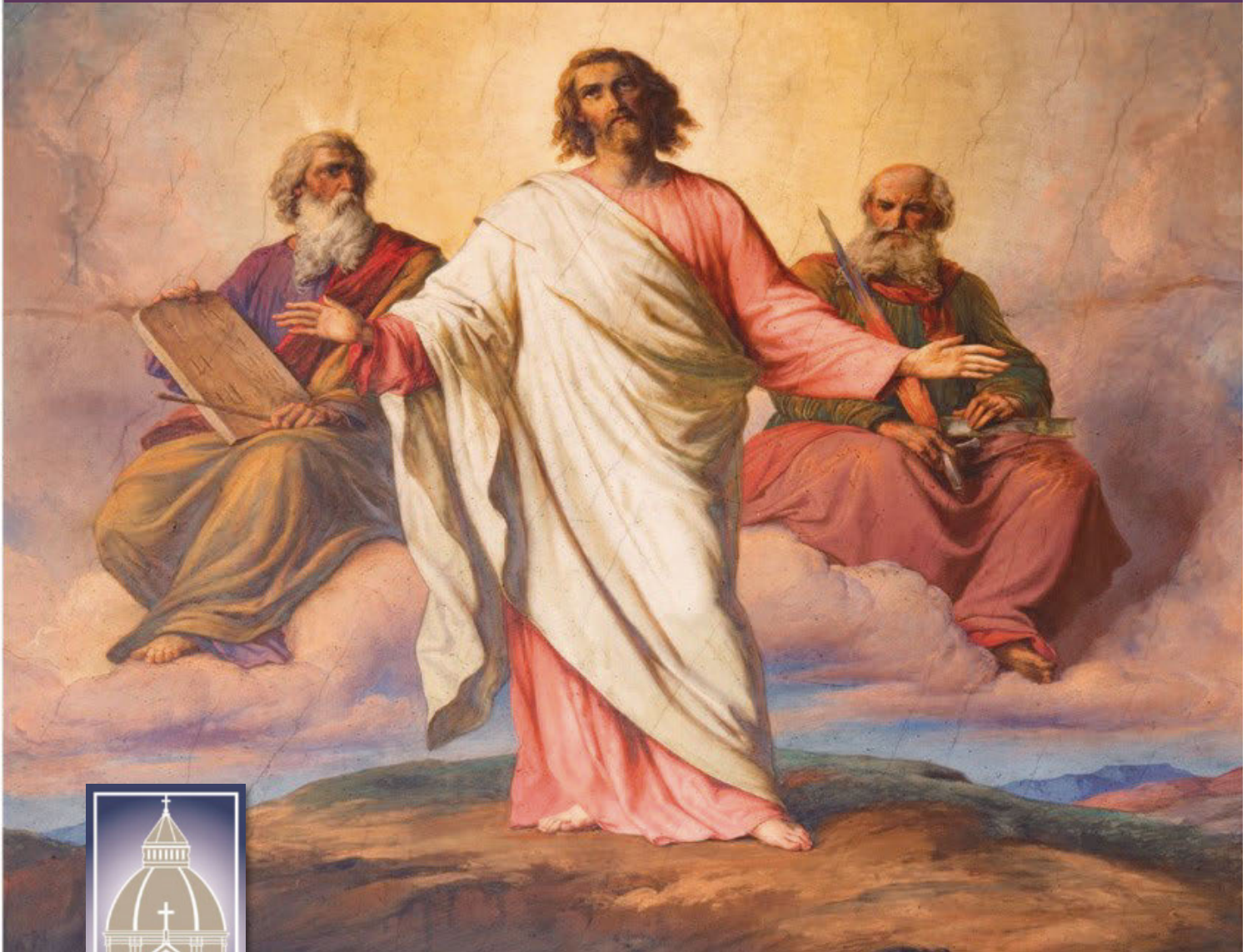


Second Sunday of Lent

Sunday, March 5, 2023



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

MASS SCHEDULE

* Livestream available on Sundays & Holy Days of Obligation

Sunday | Domingo

English 8:00 am
English 10:00 am*
Español 12:00 pm*
Chinese 2:00 pm*
English 4:00 pm
Español 6:00 pm

Monday - Friday

Lunes - Viernes
12:10 pm

Saturday | Sábado

NO VIGIL MASS

ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

Connect with us!



cathedralsacramento.org

Reflections and Readings

Page 2 | Sunday, March 5, 2023 | Second Sunday of Lent

Stewardship Reflection

Our readings for this second Sunday of Lent offer us, as Christian stewards, the motivation to continue our 40-day journey toward deeper holiness.

The first reading from the book of Genesis describes God's call to Abram (who would later be called Abraham). God instructs Abram to leave his home and set out to a land that God had chosen for him. Abram's response is an ancient example of good stewardship. Instead of clinging to his comfortable home and way of life, he recognizes that all he has is a gift from God, puts his trust in God, and obeys. And God rewards him saying, "I will make your name great, so that you will be a blessing."

To "be a blessing" is the true aim of a stewardship way of life. It is also an excellent way to live out the season of Lent. The sacrifices we take on, the spiritual disciplines we practice, and the extra acts of service we perform during this season — all give glory to God and transform our lives into a blessing for others.

Lest we grow weary on this path, our Gospel passage today, from Matthew, offers us a powerful image of the great God we serve. It is the story of the Transfiguration of Jesus, when our Lord reveals Himself in His true glory and the Father says, "This is my beloved Son, with whom I am well pleased; listen to him." The apostles who witnessed this were awestruck. But our loving Savior reassured them saying, "Rise, and do not be afraid."

As we continue our Lenten journey, let us take these two verses, "Listen to him," "Rise, and do not be afraid" to heart. Let us rely on God's strength to aid us in our spiritual disciplines as we move through Lent. We will arrive at Easter with deeper holiness, as a blessing to God and others — and as better stewards of all God's gifts to us.

Readings and Observances

Sunday 3/5 2 nd Sunday of Lent	Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 (22)/2 Tm 1:8b-10/ Mt 17:1-9
Monday 3/6 Monday of the 2 nd week of Lent	Dn 9:4b-10/ Ps 79:8, 9, 11 and 13/ Lk 6:36-38
Tuesday 3/7 Sts. Perpetua and Felicity, Martyrs	Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/ Mt 23:1-12
Wednesday 3/8 St. John of God, Religious	Jer 18:18-20/ Ps 31:5-6, 14, 15-16/ Mt 20:17-28
Thursday 3/9 St. Frances of Rome, Religious	Jer 17:5-10/ Ps 1:1-2, 3, 4 and 6/ Lk 16:19-31
Friday 3/10 Friday of the 2 nd week of Lent	Gn 37:3-4, 12-13a, 17b-28a/ Ps 105:16-17, 18-19, 20-21/ Mt 21:33-43, 45-46
Saturday 3/11 Saturday of the 2 nd week of Lent	Mi 7:14-15, 18-20/ Ps 103:1-2, 3-4, 9-10, 11-12/ Lk 15:1-3, 11-3
Sunday 3/12 3 rd Sunday of Lent, Daylight Saving Time	Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/ Jn 4:5-42

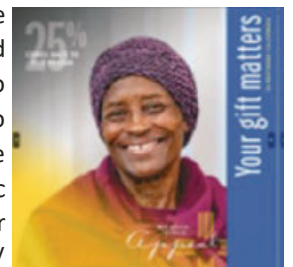
During Lent, please keep our mass intentions in your prayers as an act of charity.

Mass Intentions

	Catherine Chang + ; Ellen Uy S.I.; Myrna Woods + ; Rosario Robles Cruz + ; People of the Parish S.I.
Sunday 3/5	
Monday 3/6	Holy Souls in Purgatory +
Tuesday 3/7	Matthew Walker S.I.
Wednesday 3/8	Matthew Walker S.I.
Thursday 3/9	Rosario Robles Cruz +
Friday 3/10	Gary Aguiniga S.I.

Annual Catholic Appeal

Together as Catholics, we can give people access to healthy food and skills for a better life. We can also support our parish outreach to neighbors in need. Please give generously to the Annual Catholic Appeal. 25% comes back to our parish. Give online: www.scd.org/



ONLINE DONATIONS:
Regístrese para este servicio/
Register for this service at:
www.is.gd/text2give



Thank You!
Gracias!



Photography Policy: It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.

Pastor's Corner

As some of you may know, I've been thinking a lot about fasting these days. Fasting is one of the three great practices during Lent, along with prayer and almsgiving. Fasting is also an ancient part of our tradition with its roots in the Judaism. Although we often speak of fasting in metaphorical ideas, like fasting from vices and bad habits, I am specifically referring to food. It is for us a form of penance and contrition while also helping us to understand a sense of emptying ourselves so as to be filled with Jesus the Christ. Fasting also helps us understand more deeply the struggle so many in our world experience through lack of food and starvation.

I must admit, I've never really questioned the importance of fasting, probably because I have never been a big eater. Nevertheless, I don't like feeling hungry and enjoy a good home-cooked meal. This Lent I am doing some serious spiritual cleaning and plan to focus on fasting as the principle way to rid myself of some unwanted spiritual pounds, as well as some real pounds. I encourage everyone to take seriously the practice of fasting this Lent, offering our fast as a sacrifice to the Lord who gives us his food for the journey.



Thank you for participating in the Stewardship Lenten Retreat on Saturday, February 25, 2023

Special thanks to our inspirational speaker, Fr. Greg who shared with us the message of Stewardship and the Eucharist. Thank you to all of you who volunteered and helped bring this special retreat to life. Next week we will share some photos with you.

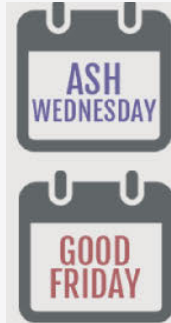


STATIONS OF THE CROSS

Every Friday of Lent after 12 :10 Mass *English*
7:00 pm *Spanish*

LENTEN FASTING & ABSTINENCE

FASTING



FASTING AND ABSTINENCE
no meat



ABSTINENCE

WHO

CATHOLICS 14+ ARE OBLIGED TO PRACTICE ABSTINENCE

CATHOLICS 18-58 ARE OBLIGED TO FAST

THOSE OUTSIDE THE AGE LIMITS and those whose state in life (e.g. pregnant women, manual laborers, those who are ill) may be excused from the requirements of fasting and abstinence, but are encouraged to take up some other form of penitence or acts of charity or piety.

<https://www.scd.org/news/lenten-regulations-2023>



CATHEDRAL TOURS

For those of you who may be interested in the history, art, and restoration of the Cathedral, please join one of our docents for a tour beginning at the baptismal font following the closing hymn after the 8:00am and 10:00 am English Masses and after the 12 Noon Spanish Mass. Our Docents will share with you how the Cathedral is such an important part of early California history. Learn about our beautiful and important art works and how symbolism in these art works is so integral to our Catholic Faith.

Learn more at: <https://is.gd/cathedraltourresources>

Daylight Saving Time begins



Easter Raffle

Easter Basket Raffle Tickets

THE ANNUAL EASTER RAFFLE runs through Lent through Palm Sunday, when winners will be drawn. This year, the raffle proceeds will benefit the Cathedral Parish's Family Faith Formation Program. The Easter Raffle has eleven baskets, two bicycles, and a hoverboard. Each item is a separate raffle. Tickets are only \$1.00 each and available in the vestibule after Mass today and every Sunday until Palm Sunday on April 2.

Thank you for supporting Faith Formation.

Liturgy and Music Corner

Reflection #17 on Desiderio Desideravi, *Ars celebrandi* - The Art of Celebrating

Ars celebrandi is not simply a set of rubrics (instructions), nor should it be thought of as imaginative...creativity without rules. "The rite is in itself a norm, and the norm is never an end in itself, but it is always at the service of a higher reality that it means to protect."

Ars celebrandi requires different kinds of knowledge. First of all, it requires an understanding of the "dynamism that unfolds through the Liturgy." By this he means, "the Paschal Mystery is made present so that the baptized, through their participation, can experience it in their own lives." Otherwise, he warns that the celebration can devolve into a outward, rigid ritual.

Secondly, Pope Francis says that, "...it is necessary to know how the Holy Spirit acts in every celebration." *Ars celebrandi* "...must be in harmony with the action of the Spirit." This allows that the Liturgy will be free from "subjectivisms" that result in individual tastes dominating its celebration.

"Finally, it is necessary to understand the dynamics of symbolic language, its particular nature, its efficacy."

These three things ought to make it clear that the art of celebration is not something that can be improvised. How is the art of celebration to be learned? He starts with a negative observation. "One does not learn the art of celebrating by frequenting a course in public speaking or in persuasive techniques of communication." Those are tools, and can be useful. But, they must be "at the service of the Liturgy and the action of the Holy Spirit." We must be dedicated to the celebration, and allow the celebration to convey to us its art.

Next time we ask the question, "Who is it that celebrates?"

Knights of Columbus/Caballeros de Colón



In 1882, our founder, Blessed Michael McGivney had a vision of a group of men supporting each other and providing for their families financially. For over 135 years the Knights of Columbus has turned this vision into reality- men together, in true Christian charity, using their time, talent and treasure to support the work of the parish and those in need in the greater community. Together, we're empowering Catholic men to live their faith at home, in their parish, at work and in their community. **Contact: Gabriel Gutierrez at gutierrezgabriel@yahoo.com.**

En 1882, nuestro fundador, el Beato Michael McGivney, tuvo la visión de un grupo de hombres que se apoyaban mutuamente y mantenían económicamente a sus familias. Durante más de 135 años, Los Caballeros de Colón ha convertido esta visión en realidad: hombres juntos, en verdadera caridad cristiana, usando su tiempo, talento y tesoro para apoyar el trabajo de la parroquia y los necesitados de la comunidad en general. Juntos, estamos empoderando a los hombres católicos para que vivan su fe en el hogar, en su parroquia, en el trabajo y en su comunidad.

Contacto: Gabriel Gutierrez en gutierrezgabriel@yahoo.com.

22 de Febrero-2 de Abril 40 DÍAS POR LA VIDA.

Protege a madres y bebés uniéndote a la movilización pro-vida más grande de la historia. 40 Días por la Vida ha logrado tener más de 1,000,000+ voluntarios en 63 países.



February 22 to April 2 40 DAYS FOR LIFE.

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion! Through prayer and fasting, peaceful vigils and the community outreach, 40 Days for Life has inspired 1,000,000+ volunteers in 63 countries!

Con la ayuda de Dios, aquí están los resultados:

- Más de 20,000 bebés salvados del aborto
- Más de 200 trabajadoras del aborto convertidas
- Más de 100 centros de aborto cerrados

With God's help, here are the proven results:

- Over 20,000 babies saved from abortion
- Over 200 abortion workers converted
- Over 100 abortion centers closed

Contribuye a expandir este impacto y forma parte de la campaña:

- Ubicación de la vigilia: Planned Parenthood Centro do Abortos, 201 29th Street, Sacramento
- Horas de la vigilia: Lunes a Sabado, 8:00am a 5:00pm.
- Contacto local: Paty Davila: 916-502-4854 o Email: Paty_d@att.net

Aprende más y únete a nosotros:

Here's how to take part in in our community's efforts:

- **Vigil location:** Public sidewalk in front of Planned Parenthood Abortion Business, 201 29th Street, Sacramento
- **Vigil hours:** Monday through Saturday from 8:00am to 5:00pm
- **Local contact:** Wynette: 916-955-1577

Learn more and join us:

www.40daysforlife.com/Sacramento

Come Pray the
Holy Rosary with Us!
Friday Mornings 7:30 am
Sunday Mornings 11:15 am
Bilingual



EVENING ROSARY GROUP – Starting in March,
Prayer and fellowship, in Cathedral lower level.
1st Wednesday of the month 7:10 pm
(Adults: 18 years +)
3rd Wednesday of the month 7:10 pm
(Children under 18 years)
Contact Marlene Mejia 916-628-6775 or
Christina Callazo-Kelly, praytherosarywithus@yahoo.com

God is calling you to GROW in Your Catholic Faith this Lent!

COMPLETE SACRAMENTS

It's not too late

STUDY the BIBLE



*Have you
thought about
becoming
Catholic?*

RITE OF CHRISTIAN INITIATION OF ADULTS
Coming to the Cathedral and thinking about becoming Catholic? Are you Baptized Catholic and want to complete your Sacraments of Confirmation and Eucharist?

RCIA Classes on Mondays, 7PM in Mercy Hall

Request Information and/or Register:

www.cathedralsacramento.org/rcia

KEEP THE FLAME ALIVE

Join us with Fr. O'Reilly, talks on Christology and other Lenten topics.

Wednesday Zoom gatherings

7:00 PM - 8:30 PM

To receive the Zoom link/info, please send an email to Donna at Flamealive22@Gmail.com

New Series: March 1-April 5.

We start a new Gospel on April 12! Join us anytime!



This Cathedral podcast seeks to create a greater sense of community among parishioners. Each episode features Cathedral staff member or parishioner in casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us at:

916-545-5376 or <https://is.gd/talkparish>

Kids' Corner **Esquina de niños** Word Find

JESUS took Peter, JAMES, and JOHN his brother, and led them up a high MOUNTAIN by THEMSELVES. And he was TRANSFIGURED before them; his FACE SHONE like the SUN and his CLOTHES became WHITE as LIGHT. And behold, Moses and ELIJAH appeared to them, conversing with him. Then PETER said to Jesus in reply, "LORD, it is GOOD that we are here. If you wish, I will make THREE tents here, one for you, one for MOSES and one for Elijah." While he was still speaking, behold, a bright CLOUD cast a SHADOW OVER them, then from the cloud came a VOICE that said, "This is my beloved SON, with whom I am well PLEASED; listen to him." When the disciples heard this, they FELL prostrate and were very much afraid. But Jesus came and touched them, saying, "RISE, and do not be AFRAID." And when the disciples raised their eyes, they saw no one else but Jesus ALONE.

Find all the words in CAPITALS above in the puzzle. Use the left-over letters to fill in the blanks below.

After all this happened, Jesus told the disciples not to tell anyone

 ____ _

MVOICEWHITEU
 ONPLEASEDRCS
 UJESUSSONALH
 NOTHREETINOO
 THEMSELVESUN
 ANROALONEFDE
 IJISHADOWIGA
 NASELIJAHGOF
 LMESIOVERUOR
 FELLGHELORDA
 HSADHRFACEII
 SCLOTHESEDND

Family Bible Moment

Last Sunday we entered the desert with Jesus as he allowed himself to be tempted by the Devil. Looking ahead to next week—3rd Sunday of Lent—we wait with Jesus in Samaria, at Jacob's well for his famous encounter with the Samaritan Woman.

Read next Sunday's Gospel, John 4:5-42

Jesus goes to Samaria to meet a woman at mid-day at a well outside the city.

- Jesus asks the Samaritan woman for a drink of water, a strange thing since Samaritans and Jews never use the same containers to drink from, afraid it they would become unclean.
- Jesus helps her to see that God is thirsty for her soul to come to Him and believe in Him, Jesus, as the Messiah.
- To help her believe, Jesus tells her of her past, and she then goes and tells others about him.

Do you need a sign to believe in Jesus? What signs are already in your life that God cares for you? Thank the Lord today for his love and care for you.



As our Lenten Journey continues, we attend to those preparing for Sacraments this coming Easter Vigil. At the 8 AM Mass we will have special prayers over the RCIA Candidates for Confirmation and Holy Eucharist. Let us Pray for them.

Sergio Castillo

Viviana Gonzalez

Scott Lunardi

Alfonso Estrada

Adamari Lopez

Leo Reyes

Analeecia Estrada

Yaslyn Lopez

Megan Vo

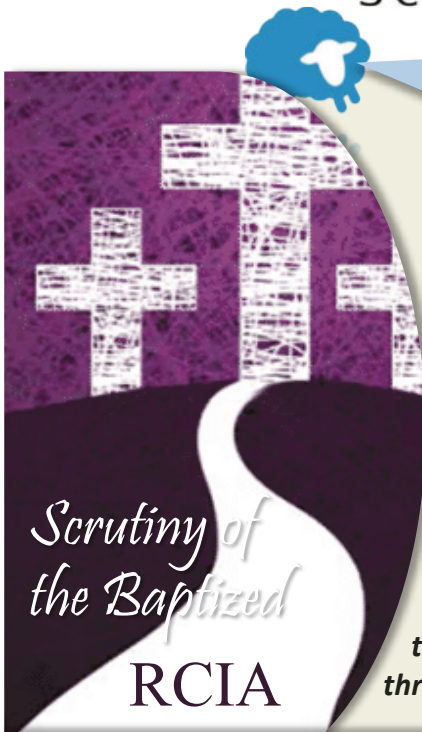
Andres Estrada

Alexis Lorenzana

Genevieve Zamora

Mateo Lorenzana

Let us pray for them as they kneel and ask for the grace to persevere during this time of preparation for sacraments. May the Lord's hand be upon them in the days of Lent, that their hearts will be ready to receive the Lord at Easter through Confirmation and Eucharist. Come Lord, Heal our Hearts!



A Family of Faith

Jesus, Mary and Joseph
Most Holy Family, Pray for Us!



2nd Sunday of Lent Families in Mission Into the Desert



Upcoming Faith Formation Dates Próxima formación en la fe

SAT MAR 4	10:00 AM Family Faith Formation
SUN MAR 5	8:00 Mass—RCIA Scrutiny of Baptized and Breaking Open the Word Formacion en la Fe Familiar—10AM RCIA Families Year 1, 11:30am, St Toribio Faith Formation—Chinese 12:30 Confirmation 1—Chinese 3:30
MON MAR 6	6:30 PM—Vespers, Mercy Hall 7:00 PM—RCIA Adults
TUE MAR 7	Family Faith Formation 6:00 PM—Mercy Hall / Classrooms
THUR MAR 9	7PM—Adult Bible Study—the Psalms 7PM—Adult Confirmation Preparation
SAT MAR 10	10:00 AM Catechist Meeting/Fellowship
SUN MAR 11	8:00 Mass—RCIA Scrutiny of the Elect and Breaking Open the Word Formacion en la Fe Familiar—10AM RCIA Families Year 1, 11:30am, St Toribio Faith Formation—Chinese 12:30 Confirmation 1—Chinese 3:30

Going up the mountain to pray. Have you ever hiked up a mountain or even a big hill? It's not easy, right? We see Jesus in today's gospel hiking up the mountain with three of his disciples. Going through Lent may also seem like a difficult hike up the mountain at times because it's a struggle to



Put a reminder or picture (drawing) of a mountain in your sacred space.

3.-Sharing the Good News:



Read today's Gospel:

Mt 17,1-9

give up things, to be honest about our sins, and to be merciful. However, if we keep trying, we too can experience a wonderful change, just like the disciples who reached the top of the mountain with Jesus did.

Let us Pray:

Dear Jesus, when things are hard, we often want to quit or go back. Your disciples may have wanted to give up when they were hiking up the mountain with you, but they didn't. They kept following you until the top, until the end. Help us to do the same. Amen.

Reflect Together:

Discuss some or all of these questions as a family:

- What are you finding hard or difficult in your life right now? Listen carefully to what members of your family say is difficult for them. Think how you can help make it easier.
- When do you find it hard to be kind or merciful to others?

Take Action as a Family:

- Pick one way this week to help someone else in your family.
- The Church invites us to perform "Works of Mercy" during Lent as a practice of faith. This week let us focus on comforting the sorrowful and bearing wrongs patiently.



2nd SUNDAY
OF LENT
Get it each week
in your inbox:

<https://is.gd/lent2023family>

Sacramento Chinese Catholic Community

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Tel: 916-583-8306

Email: sccc.contact@gmail.com

Instagram: <https://is.gd/SCCCintagram>

Website: www.sacchinesecatholic.org/

 [@sacchinesecatholic](https://www.facebook.com/sacchinesecatholic)



Chinese Portal



A Glimpse of Spirituality 靈修一瞥63 (Luke 路13:18-21) Fr. Abraham Chiu 趙必成神父

Evangelization without connotation is just a show. It only can make people intoxicated for a while. When they encounter difficulties in life, they will immediately fall down. St. Paul said: "If I speak in the tongues of humans and of angels, but have not love, I am a noisy gong or a clanging cymbal." (1 Cor 13:1)

Evangelization, first of all, must have connotation, i.e. love for God and people. In other words, loving the word of God and practicing it in daily life. This life then will be a profound external life.

The two parables of the mustard seed and the yeast demonstrate the inner and outer situations of evangelization and testimony. In Israel, the work of kneading the dough is left to the woman: "It is like leaven which a woman took and hid in three measures of flour, till it was all leavened." 1 Thes 5:23 can help us to understand what these three measures of flour imply: "May the God of peace himself sanctify you wholly; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ."

First of all, the woman symbolizes the church, and the three measures of flour can be understood in terms of spirit, soul, and body. In Greek, "spirit" (pneuma) means the rational part of humans that possesses the power of perceiving and grasping divine and eternal things, and upon which the Holy Spirit exerts God's influence. The term "soul" (psychē) means earthly life or simply life. Finally, "body" (sōma) indicates the living body, not the dead. The spirit of the gospel, like leaven, nurtures all lives, in and out, until they are transformed.

The parable of the mustard seed reminds Christians of the fact that the spirit of the kingdom lies in humility, as manifested in the incarnation of Jesus. It is God who makes the church grow so that she can accommodate all people in order to offer a place for eternal rest. What fuels the growth of the mustard seed is the church's connotative evangelization and life testimony. This witness to God will become a blessing to the world.

沒有內涵只是技巧的福傳，只能讓人一時高興迷醉，遇到生活困難，就倒下；如保祿說：“我若能說人間的語言，和能說天使的語言；但我若沒有愛，我就成了個發聲的鑼，或發響的鈸。”（格前13:1）

福傳，先有內涵，就是對主對人的愛；愛聖言，讓聖言活在生命，這活，是有深度的外在生命。

芥子與酵母兩個比喻，說明基督徒福傳內在與外在並重，內在如同酵母的精神，外在就是芥子長大以後給世界的祝福。

“酵母”指向天國內在成長，在以色列，揉麵是留給女人承擔：“女人取來藏在三鬥面中，直到全部發酵。”三鬥面的意義可以參考得前5:23裡面所提到：“願賜平安的天主親自完全聖化你們，將你們整個的神魂、靈魂和肉身，在我們的主耶穌基督來臨時，保持的無瑕可指。”

首先女人像徵教會，而三鬥面可以用神魂、靈魂與肉身來理解。在希臘版中，“神魂”（pneuma）意即精神，指人的理性，具有感知和把握神聖永恆事物的能力，聖神在其上導航生命。“靈魂”（psychē）本意是生命，或塵世生命；而“肉身”（sōma）解作活著的身體不是屍體。福音精神如同酵母一樣，讓全人都獲得救恩，最終生命得到轉化。

芥子的比喻提醒基督徒一個事實，天國精神在於謙卑，如耶穌降生成為嬰兒。使教會成長的是天主，到達成熟季節，能讓所有人完全安息的地方。助長芥子成長的，是教會奉獻有內涵的福傳與生活見證。

有內涵的生活見證，會成為世界的祝福

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral. *English*: 1st Thursday of the month at 7pm. *Spanish*: 2nd Thursday of the month at 7pm.

BAPTISM

Contact Deacon Omar Bardales at the Parish Office baptism@cbssac.org or 916-444-3071 Ext.22

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details at cathedrafaithformationsac@gmail.com

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila at tkila@cathedralsacramento.org.



CATHOLIC VIEWPOINT FAITH, HOPE & LOVE

With Fr. Michael F. Kiernan & Guests

Shalom World TV – Tuesday at 12:30 pm

Comcast Ch 20 – Sunday 7:00 am and

Thursday 5:00 pm

Or view us on YouTube or our website:

www.CatholicViewpointFHL.com

CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

FAMILY FAITH FORMATION AND EDUCATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

RITE OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (RCIA) Adults:

Go to: <https://is.gd/CathedralSacramentoRCIA>.

Exploring
the beauty
of our Faith!

Catholic Viewpoint
Faith, Hope and Love

Parish Information

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SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

Spanish Choir (12:00 pm)

Jerry Vanoye

Spanish Choir (6:00 pm)

Ricardo Zavala

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Lectors

Maggie Jones, lector@cathedralsac.org

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Welcoming Ministry

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PRAYER

Sunday Mass Rosary Group

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Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

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praytherosarywithus@yahoo.com

Friday Morning Rosary Group

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Prayer Chain

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FAITH FORMATION AND CATECHESIS

Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

Catechists for Faith Formation Spanish

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Family and Adult Faith Formation

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Rite of Christian Initiation for Adults (RCIA) Support Ministry

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Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

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Respect Life Ministry

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COMMUNITY GROUPS

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Fr. Abraham Chiu, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon Edgar Hilbert

Sr. Lisa Marie Doty, FDCC,

Director of Faith Formation & RCIA

Rex Rallanka,

Director of Liturgy & Music

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