



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

February 4, 2024 | Fifth Week In Ordinary Time

MASS SCHEDULE

SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español

* Livestream available.

Monday—Friday

Lunes—Viernes

12:10 pm

Saturday | Sabado

No Vigil Mass

ADORATION |

ADORACIÓN

Wednesday & Thursday

1:00 pm to 4:00 pm

RECONCILIATION |

RECONCILIACIÓN

Monday—Friday

Lunes—Viernes

11:30 am—12:00 pm

Saturday | Sabado

4:00 pm—5:00 pm

CATHEDRAL HOURS:

Monday—Friday

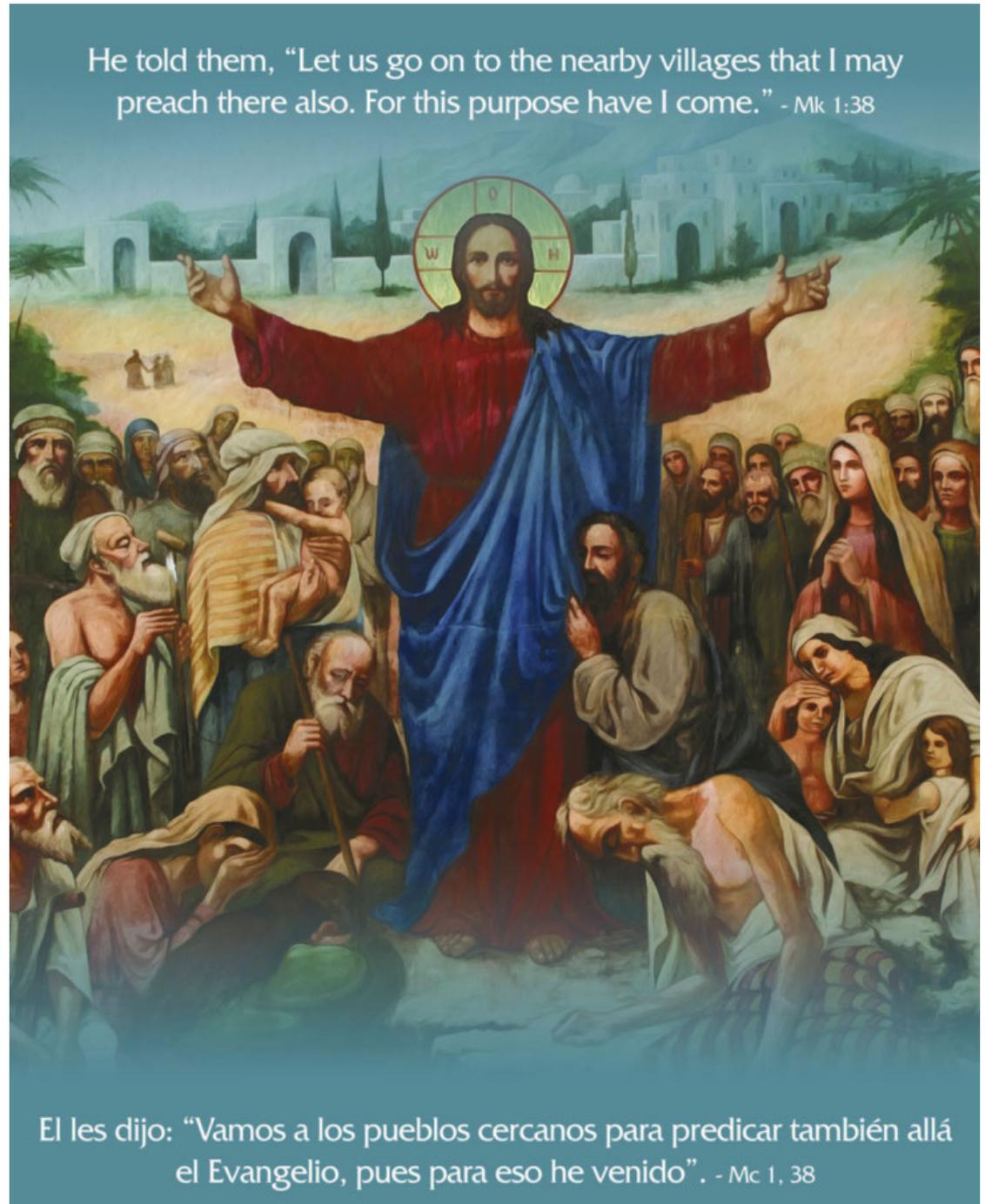
10:00 am—4:00 pm

OFFICE HOURS:

Monday—Friday

9:00 am—12:00 pm &

1:00 pm—4:00 pm



1019 11th Street, Sacramento, CA 95814

916-444-3071 | www.CathedralSacramento.org

Connect with us!



2024 Lenten Prayer Retreat

GROWING CLOSER TO CHRIST THROUGH
PERSONAL PRAYER

SATURDAY, MARCH 9 ~ 8 A.M. - 4 P.M.



"Come with me by yourselves to a quiet place and get some rest." (Mark 6:31)

Join us for an opportunity to spend time growing in your relationship with Christ, pursuing Him through the gift of prayer! Our Lord wants only the very best for us. In turn, we should want to give Him our very best in return! Spend some time with Him and with your parish family, discovering what it is the Lord especially wants for you at this time in your life. We have a God of abundance. Let Him show you all He has in mind for you!

Your Father in Christ, Fr. Michael O'Reilly

Retiro de Oración de Cuaresma 2024

ACERCARSE MÁS A CRISTO A TRAVÉS DE
LA ORACIÓN PERSONAL

SÁBADO, 9 DE MARZO ~ 8 A.M. - 4 P.M.

"Vengan conmigo a solas a un lugar tranquilo y consigan algo descansa". (Marcos 6:31.)

¡Únase a nosotros para pasar tiempo creciendo en nuestra relación con Cristo a través de la oración! Nuestro Señor sólo quiere lo mejor para nosotros. A cambio, ¡deberíamos querer darle lo mejor! Pasa tiempo con Él y con tu familia parroquial, descubriendo qué es lo que el Señor quiere especialmente para ti en este momento de tu vida. Tenemos un Dios generoso. ¡Deja que Él te muestre todo lo que tiene para ti!

En Cristo, Fr. Michael O'Reilly



<Please scan this QR code by
February 29 to RSVP.

There is no cost to attend. Breakfast and lunch are included.

Confirme su asistencia antes del 29 de febrero escaneando el código QR-->

No hay ningún costo para asistir. El desayuno y el almuerzo están incluidos.



RETREAT LEADER: FR. JOEL SEMBER

Father Joel Sember was ordained a priest in 2007 for the Diocese of Green Bay, Wisconsin. He holds a B.A. in Philosophy and Catholic Studies from the University of St. Thomas, a Bachelors in Sacred Theology from the Pontifical Gregorian University, and a License in Sacred Theology from the Pontifical University Santa Croce in Rome. He is the author of *Oriens, A Pilgrimage Through Advent and Christmas*. He has completed over a dozen walking pilgrimages. He currently serves as pastor of three parishes in Wisconsin. He is passionate about helping people grow closer to Christ through prayer.



LÍDER DEL RETIRO: PADRE JOEL SEMBER

El padre Joel Sember fue ordenado sacerdote en 2007 para la Diócesis de Green Bay, Wisconsin. Tiene una Licenciatura en Filosofía y Estudios Católicos de la Universidad de St. Thomas, una Licenciatura en Sagrada Teología de la Universidad Pontificia Gregoriana y una Licencia en Sagrada Teología de la Universidad Pontificia de Santa Croce de Roma. Es el autor de *Oriens, una peregrinación por el Adviento y la Navidad*. Ha completado más de una docena de peregrinaciones. Actualmente se desempeña como párroco de tres parroquias en Wisconsin. Le apasiona ayudar a las personas a acercarse a Cristo a través de la oración.

GIVING MADE EASY
WE'RE GRATEFUL FOR
ALL FINANCIAL
SUPPORT TO OUR
PARISH.
GOD BLESS YOU!

TEXT YOUR CATHEDRAL DONATION/
ENVÍA UN MENSAJE DE TEXTO CONTU DONACIÓN
A LA CATEDRAL



www.is.gd/text2give

Thank You! Gracias!

MAKE A REOCCURING GIFT AT/
HAGA UN REGALO RECURRENTE EN
WWW.CATHEDRALSACRAMENTO.ORG/DONATE



KEEPING THE FLAME ALIVE / MANTENIENDO VIVA LA LLAMA

- Father O'Reilly leads a series on the Eucharist and the Roman Missal. **Join us and come deepen your understanding of the Mass!**

Wednesdays, 7:00 PM via Zoom

Contact Donna: flamealive22@gmail.com



- **Manteniendo viva la llama con Padre O'Reilly Comienza una serie sobre la Eucaristía y el Misal Romano. ¡Únete a nosotros! ¡Ven a profundizar tu comprensión de la Misa!**

Miércoles, 7:00 PM vía Zoom

Contacto Donna: flamealive22@gmail.com

THE HOLY ROSARY / EL SANTO ROSARIO

- **1st & 3rd Wednesdays, 6:00 PM**
St Toribio Classroom, lower level.
Contact praytherosarywithus@yahoo.com
- **1er y 3er miércoles, 6:00 PM**
Aula St Toribio, nivel inferior.



ADORATION / ADORACIÓN

- **Wednesdays and Thursdays, 1PM—4PM**
In the Blessed Sacrament Chapel.
- **Miércoles y jueves, 1PM—4PM**
En la Capilla del Santísimo Sacramento



CATHEDRAL TOURS / VISITAS A LA CATEDRAL

Sundays following Masses

- **8am & 10am (English) and after 12 noon Mass (Spanish)**
Docents give tours explaining the rich meaning of the Christian symbols and art in the Cathedral.

Domingos siguientes Misas

- **8am y 10am (inglés) y después de las 12 del mediodía Misa (español)** Los docentes dan recorridos por el interior de la Catedral, explicando el rico significado de los símbolos y el arte cristianos.



Mass Observances and Intentions

SUNDAY 2/4

FIFTH SUNDAY IN ORDINARY TIME

8:00 AM: Stephen and Dayana Kim S.I.
10:00 AM: Monica Romo-Contreras S.I.
12:00 PM: Sylvano Houlemard +
4:00 PM: Milagros Aquino S.I.
6:00 PM: People of the Parish S.I.

MONDAY 2/5

SAINT AGATHA, VIRGIN, MARTYR, MEMORIAL

12:10 PM: William James Shorey +

TUESDAY 2/6

ST. PAUL MIKI AND COMPANIONS, MARTYRS, MEMORIAL

12:10 PM: Vera Geraskin +

WEDNESDAY 2/7

FIFTH WEEK IN ORDINARY TIME

12:10 PM: Edna Navarro Tagle +

THURSDAY 2/8

FIFTH WEEK IN ORDINARY TIME

12:10 PM: Mary Goranov S.I.

FRIDAY 2/9

FIFTH WEEK IN ORDINARY TIME

12:10 PM: Nahum and Epigmenia Nava S.I.

Let's Talk Parish!
CATHEDRAL OF THE
BLESSED
SACRAMENT



This Cathedral podcast seeks to create a greater sense of community among our parishioners. Each episode features Cathedral staff member or parishioner in a casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us: 916-545-5376
Listen here:
<https://is.gd/talkparish>

FORMATION: LITURGY OF THE WORD

Page 4 | Sunday, February 4, 2024 | 5th Sunday in Ordinary Time

READING 1

JB 7:1-4, 6-7

Job spoke, saying:

Is not man's life on earth a drudgery? Are not his days those of hirelings? He is a slave who longs for the shade, a hireling who waits for his wages. So I have been assigned months of misery, and troubled nights have been allotted to me. If in bed I say, "When shall I arise?" then the night drags on; I am filled with restlessness until the dawn. My days are swifter than a weaver's shuttle; they come to an end without hope. Remember that my life is like the wind; I shall not see happiness again.

RESPONSORIAL PSALM

PS 147:1-2, 3-4, 5-6

R. Praise the Lord, who heals the brokenhearted.

Praise the LORD, for he is good; sing praise to our God, for he is gracious; it is fitting to praise him.

The LORD rebuilds Jerusalem; the dispersed of Israel he gathers.

R. Praise the Lord, who heals the brokenhearted.

He heals the brokenhearted and binds up their wounds.

He tells the number of the stars; he calls each by name.

R. Praise the Lord, who heals the brokenhearted.

Great is our Lord and mighty in power; to his wisdom there is no limit.

The LORD sustains the lowly; the wicked he casts to the ground.

R. Praise the Lord, who heals the brokenhearted.

READING 2 1 COR 9:16-19, 22-23

Brothers and sisters:

If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it! If I do so willingly, I have a recompense, but if

unwillingly, then I have been entrusted with a stewardship. What then is my recompense? That, when I preach, I offer the gospel free of charge so as not to make full use of my right in the gospel.

Although I am free in regard to all, I have made myself a slave to all so as to win over as many as possible. To the weak I became weak, to win over the weak. I have become all things to all, to save at least some. All this I do for the sake of the gospel, so that I too may have a share in it.

ALLELUIA

MT 8:17

R. Alleluia, alleluia.

Christ took away our infirmities and bore our diseases.

R. Alleluia, alleluia.

GOSPEL

MK 1:29-39

On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them.

When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

PRIMERA LECTURA JB 7, 1-4. 6-7

En aquel día, Job tomó la palabra y dijo: “La vida del hombre en la tierra es visa de soldado y sus días, como días de un jornalero. Como el esclavo suspira en vano por la sombra y el jornalero se queda aguardando su salario, así me han tocado en suerte meses de infortunio y se me han asignado noches de dolor. Al acostarme, pienso: ‘¿Cuándo será de día?’ La noche se alarga y me canso de dar vueltas hasta que amanece.

Mis días corren más aprisa que una lanzadera y se consumen sin esperanza. Recuerda, Señor, que mi vida es un soplo. Mis ojos no volverán a ver la dicha”.

SALMO RESPONSORIAL**SALMO 146,1-2. 3-4. 5-6****R. Alabemos al Señor, nuestro Dios.**

Alabemos al Señor, nuestro Dios,
porque es hermoso y justo el albarlo.
El Señor ha reconstruido a Jerusalén,
y a los dispersos de Israel los ha reunido.

R. Alabemos al Señor, nuestro Dios.

El Señor sana los corazones quebrantados,
y venda las heridas;
tiende su mano a los humildes
y humilla hasta el polvo a los malvados.

R. Alabemos al Señor, nuestro Dios

El puede contar el número de estrellas
y llama a cada una por su nombre.
Grande es nuestro Dios, todos lo puede;
su sabiduría no tiene límites.

R. Alabemos al Señor, nuestro Dios.**SEGUNDA LECTURA****1 COR 9, 16-19. 22-23**

Hermanos: No tengo por qué presumir de predicar el Evangelio, puesto que ésa es mi obligación. ¡Ay de mí, si no anuncio el Evangelio! Si yo lo hiciera por propia iniciativa, merecería recompensa; pero si no, es que se me ha confiado una misión. Entonces, ¿en qué consiste mi recompensa? Consiste en predicar el Evangelio gratis, renunciando al derecho que tengo a vivir de la predicación.

Aunque no estoy sujeto a nadie, me he convertido en esclavo de todos, para ganarlos a todos. Con los débiles me hice débil, para ganar a los débiles. Me he hecho todo a todos, a fin de ganarlos a todos. Todo lo hago por el Evangelio, para participar yo también de sus bienes.

ACLAMACIÓN ANTES DEL EVANGELIO**MT 8, 17****R. Aleluya, aleluya.**

Cristo hizo suyas nuestras debilidades y cargó con nuestros dolores.

R. Aleluya.**EVANGELIO****MK 1, 29-39**

En aquel tiempo, al salir Jesús de la sinagoga, fue con Santiago y Juan a casa de Simón y Andrés. La suegra de Simón estaba en cama, con fiebre, y enseguida le avisaron a Jesús. Él se le acercó, y tomándola de la mano, la levantó. En ese momento se le quitó la fiebre y se puso a servirles.

Al atardecer, cuando el sol se ponía, le llevaron a todos los enfermos y poseídos del demonio, y todo el pueblo se apiñó junto a la puerta. Curó a muchos enfermos de diversos males y expulsó a muchos demonios, pero no dejó que los demonios hablaran, porque sabían quién era él.

De madrugada, cuando todavía estaba muy oscuro, Jesús se levantó, salió y se fue a un lugar solitario, donde se puso a orar. Simón y sus compañeros lo fueron a buscar, y al encontrarlo, le dijeron: “Todos te andan buscando”. Él les dijo: “Vamos a los pueblos cercanos para predicar también allá el Evangelio, pues para eso he venido”. Y recorrió toda Galilea, predicando en las sinagogas y expulsando a los demonios.

Catechist and Family Formation
Catequista y Formación Familiar

Weekly Faith Formation Calendar	
SUN 04 FEB	OCIA Breaking Open the Word—8AM Formacion en la Fe Familiar—10:00 AM OCIA Families Year 2—11:45 AM
MON 05 FEB	6:30 PM—Vespers—all welcome 7:00 PM—OCIA—Mercy Hall
TUE 06 FEB	Family Faith Formation (FFF) - 6:00 PM
THU 08 FEB	Adult Confirmation Class 7PM—St Toribio Adult Bible Study 7PM—St Pius X
SAT 10 FEB	Family Faith Formation 10:00 AM—Mercy Hall & Classrooms
SUN 11 FEB	OCIA Breaking Open the Word—8AM Formacion en la Fe Familiar—10:00 AM OCIA Families Year 1 & 2—11:45 AM
Coming Up: SAT 17 FEB	OCIA Rite of Election Retreat 3:00 PM—Mercy Hall / Classrooms
SUN 18 FEB	OCIA Rite of Election 7:30 PM—Cathedral Group



OCIA Families will pray the Stations of the Cross in the Cathedral Plaza. All are welcome to come and pray.

Sunday, February 11
12:00—12:30pm



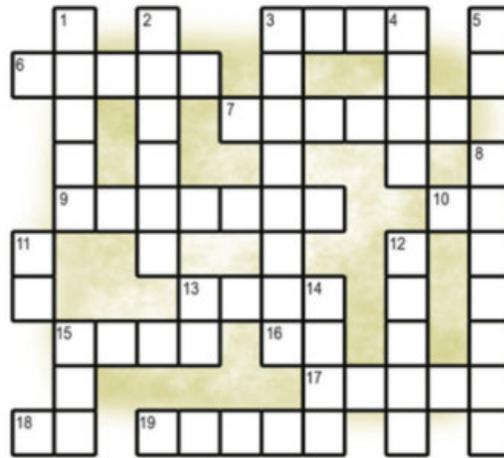
ADULT BIBLE STUDY (8 weeks)
Unlocking the Mystery of the Bible
Thursdays, 7:00—8:30 pm
In person / online
Sign up: <https://is.gd/bible2024>

Help Cathedral FFF update Classroom Supplies with their Amazon Wish List!



Please go to our Amazon Wishlist, choose an item, and buy online or purchase locally. Anything you can do is greatly appreciated! Wishlist link: <https://is.gd/wishlistfff>

Formation Kids: Kids' Corner
Esquina de niños



kneeling if
touched in
begged to
people be
sternly he
Jesus go
began tell
whole man
proof kept
made leper
down hand

A _____ (6a) came to Jesus and _____ (3d) _____ (14d) _____ (2d) him and said, "_____ (5d) you wish, you can make me clean." Moved with pity, he stretched out his _____ (13a), _____ (8d) him, and said to him, "I do will it. _____ (11d) made clean." The leprosy left him immediately, and he was _____ (15a) clean. Then, warning him _____ (9a), he dismissed him at once.

He said to him, "See that you _____ (4d) no one anything, but _____ (16a), show yourself to the priest and offer what Moses prescribed; that will be _____ (12d) for them."

The _____ (15d) went away and _____ (19a) to publicize the _____ (17a) matter. _____ (13d) spread the report abroad so that it was impossible for _____ (1d) to enter a town openly. He remained outside _____ (18a) deserted places, and _____ (7a) _____ (3a) coming _____ (10a) him from everywhere.

More Formation: Families & Adults

Sundays, 8 AM Mass, OCIA Adult Dismissal & BOW
Our OCIA Catechumens / Candidates will be dismissed at the 8AM Mass for Breaking Open the Word.

Mondays, 6:30 PM, Mercy Hall—Vespers
Evening Prayer of the Catholic Church—All are welcome. Hosted by the OCIA Adult Formation Community

Mondays, 7 PM, Mercy Hall — OCIA Adult Formation
Seeking Faith and Sacraments for Adults.
Our on-going Monday Night OCIA for adults thinking about becoming Catholic and/or those who need to complete their Sacraments. For Info or to Register, contact slmdoty@cbssac.org

Thursdays, 7 PM, St. Toribio — Adult Confirmation

Catholic Adults still needing to be Confirmed can prepare for Sacrament through this series. Register:

cathedralsacramento.flocknote.com/signup/133233

Answers to Cross-Word: across: 3.kept 6.leper 7.people 9.sternly 10.to 13.hand 15.made 16.go 17.whole 18.in 19.began down: 1.jesus 2.begged 3.kneeling 4.tell 5.if 8.touched 11.be 12.proof 13.the 14.down 15.man



Prayer: Breaking Open the Word
Mass Preparation for Sunday, FEB 11

Preparar: 6to Domingo de Tiempo Ordinario

Leviticus 13:1-2, 44-46
Psalm 32:1-2, 5, 11
1 Corinthians 10:31—11:1
Mark 1:40-45

Enfoque del evangelio:

En el Evangelio del próximo domingo, continuamos donde lo dejamos la semana pasada, que después de un día muy largo de predicación y enseñanza, Jesús se fue a orar a un lugar tranquilo y luego continuó su obra “por toda Galilea”. Veremos cómo Jesús sana a un leproso “inmediatamente”. En el relato del Evangelio de Marcos, encontraremos la palabra “inmediatamente” catorce veces. Algunos proponen que Marcos usó el adverbio para mostrar prisa o la vida acelerada de Jesús y su misión. No perdió el tiempo, sino que siempre estuvo ocupado en hacer nacer el Reino de Dios. Como enseñó a sus discípulos en el Padrenuestro: “Venga tu Reino, hágase tu voluntad...”

Con tu familia

- ◆ Lea Marcos 1:40-45
- ◆ Mire esta escena como se muestra en [Los Elegidos](#) (google Jesús sana al Leproso Los Elegidos)
- ◆ Cuando Jesús fue confrontado con el leproso, ¿cuál fue su actitud? ¿Compasión o disgusto?
- ◆ En el video, ¿cuál fue la primera actitud de los discípulos de Jesús, antes y después de la curación?
- ◆ ¿Cuál fue la actitud del leproso?
- ◆ Imagínate en cada rol (Jesús, leproso, discípulos). ¿Cuál es tu actitud? ¿Hay algún área de tu vida que necesita ser limpiada?
- ◆ Oren juntos el Salmo 32: 1-2, 5, 11.

Prepare: 6th Sunday of Ordinary Time

Leviticus 13:1-2, 44-46
Psalm 32:1-2, 5, 11
1 Corinthians 10:31—11:1
Mark 1:40-45

Gospel Focus:

In the Gospel next Sunday, we continue where we left off last week, that after a very long day of preaching and teaching, Jesus went off to pray in a quiet place, and then continued his work “throughout the whole of Galilee.” We will watch as Jesus heals a leper “immediately”. In Mark’s Gospel account, we will come across the word “immediately” fourteen times. Some propose Mark used the adverb to show haste, or fast-paced life of Jesus and His mission. He wasted no time, but was always busy about bringing forth the Kingdom of God. As He taught his disciples in the Lord’s Prayer, “Thy Kingdom come, Thy will be done ...”

With your Family

- ◆ Read Mark 1:40-45
- ◆ Watch this scene as portrayed in [The Chosen](#) (google Jesus heals the Leper The Chosen)
- ◆ When Jesus was confronted with the leper, what was His attitude? Compassion or disgust?
- ◆ In the video, what was the first attitude of the Jesus’ disciples, before and after the healing?
- ◆ What was the leper’s attitude?
- ◆ Imagine yourself in each role (Jesus, leper, disciples). What is your attitude? Is there an area of your life that needs to be cleaned?
- ◆ Pray Psalm 32: 1-2, 5, 11 together.

February / Febrero —Week 1

Our theme this month, Holy Family: Our Model of Prayer. This month we will look to the Holy Family and prayer forms to use to honor God.

Nuestro tema este mes, Sagrada Familia: Nuestro Modelo de Oración. Este mes buscaremos la Sagrada Familia y las formas de oración para honrar a Dios.



The Holy Family: Our Model of Prayer

During the month of February, the Church celebrates the Holy Family. Jesus learned from His parents what every child learns: how to talk, how to eat, how to walk, how to pray, and so forth. Scripture tells us how Jesus spent His childhood and early manhood in humble obedience to His parents: “He went down with [Mary and Joseph] and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus advanced [in] wisdom and age and favor before God and man” (Luke 2:51–52)

Mary and Joseph are examples for parents. Parents are the first ones who teach their children how to pray, just as Mary and Joseph are the first ones who taught Jesus how to pray. One of the greatest habits that parents give their children is attending the Holy Sacrifice of the Mass each and every Sunday as a family. Making this a nonnegotiable element in Catholic family life will bring a lifetime of grace for each and every member. Just as the Apostles asked Jesus to teach them to pray after they had seen Him at prayer, so, too, can parents set that same powerful example in their children’s lives.

La Sagrada Familia: Nuestro Modelo de Oración

Durante el mes de febrero, la Iglesia celebra la Sagrada Familia. Jesús aprendió de sus padres lo que todo niño aprende: cómo hablar, cómo comer, cómo caminar, cómo orar, etc. Las Escrituras nos cuentan cómo Jesús pasó su niñez y su juventud en humilde obediencia a sus padres: “Descendió con [María y José] y vino a Nazaret, y les obedeció; y su madre guardaba todas estas cosas en su corazón. Y Jesús avanzó [en] sabiduría, edad y favor delante de Dios y de los hombres” (Lucas 2:51–52)

María y José son ejemplos para los padres. Los padres son los primeros que enseñan a sus hijos a orar, así como María y José son los primeros que enseñaron a Jesús a orar. Uno de los mayores hábitos que los padres les dan a sus hijos es asistir al Santo Sacrificio de la Misa todos los domingos en familia. Hacer de esto un elemento no negociable en la vida familiar católica traerá una vida de gracia para todos y cada uno de los miembros. Así como los apóstoles pidieron a Jesús que les enseñara a orar después de haberlo visto orar, también los padres pueden dar ese mismo ejemplo poderoso en la vida de sus hijos.

Pray for our Confirmation youth as they ready themselves for Conference w/Bishop Soto in March. Let us ask the Holy Spirit to open their hearts to the Lord, that they may be the hands and feet of Jesus in our world that is so much in need of His love. **Come Holy Spirit!**

SACRAMENTO CHINESE CATHOLIC COMMUNITY

Page 8 | Sunday, February 4, 2024 | 5th Sunday in Ordinary Time

RECONCILIATION: 1st Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance.

Tel: 916-583-8306

Email: sccc.contact@gmail.com

Facebook: [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)

Instagram: <https://is.gd/SCCCinstagram>

Website: www.sacchineseatholic.org/



Chinese Portal:
Announcements/
Sunday Readings



Fr. Abraham Chiu
趙必成神父



A Glimpse of Spirituality 靈修一瞥110 (Luke 17:11-19)

Fr. Abraham Chiu 趙必成神父



各位兄弟姊妹,

本年度農曆新春彌撒以及敬祖典禮定於二零二四年二月二十五日下午二時於聖體主教座堂舉行。我們邀請到蘇途主教親臨主持彌撒。彌撒及敬祖典禮後, 假

座茶香居酒樓 (1614 21st St,

Sacramento, CA 95811) 舉行農曆新年晚

宴。五時恭候, 五時半入席。歡迎大家攜同親友參加!

晚宴費用(只收現金):

成人: \$30

小童 (6-12 歲): \$15

幼童 (5 歲或以下): 免費

晚宴報名: 請電郵 Kenneth Ng

sccc.contact@gmail.com

天主保佑

On February 25, 2024 at 2:00 pm, we will have a Chinese New Year Mass and Veneration Ceremony to Ancestors. We

have invited Bishop Soto to celebrate Chinese New Year Mass with us. After the Mass and the Veneration Ceremony, a Chinese New Year banquet will be served at Tea Cup Cafe Restaurant (1614 21st St, Sacramento, CA 95811).

Reception at 5:00 pm and dinner at 5:30 pm.

All are welcome to join us!

Dinner Fee (Cash only):

Adult: \$30

6-12 years old: \$15

5 years old or under: Free

For registration: Please email Kenneth Ng sccc.contact@gmail.com

Each miracle that Jesus made emphasizes not the healing but the teaching that follows. This account is about one Samaritan leper. There are two levels of tension: Samaritans were disliked by Jews, and lepers were shunned by society in general. Thus, the miracle is told in two stages: the miracle itself and the Samaritan's effort to thank and praise Jesus.

The miracle shows faith's value, for faith is what causes Jesus to commend the Samaritan. When Jesus was approaching Jerusalem from the north, and going through the Samaritan area, ten lepers intended to speak with him, but they could not approach him because of their despised disease, so they called to him from a distance. They addressed the master by name and asked for mercy. These ten lepers were cured but only one of them returned to offer thanks and praise.

Jesus responded to the Samaritan's action with three questions: "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" These three questions shed light on the spiritual sensitivity of the Samaritan. What this man received here the other nine did not, i.e. the deliverance from sins. Jesus said to this man, "Rise and go your way; your faith has made you well." The verb "made you well" (sesōken) includes the meaning of salvation or rescue. That is to say, this Samaritan leper's physical wellness brings him to God's salvation and his gratitude to Jesus shows his faith even though the Samaritans were the enemies of the Jews.

The other nine healed lepers also told us a truth: God's gracious acts extend to all people, the Jews and foreigners, the faithful and unfaithful, the thankful and non-thankful. Jesus would not lose anything even though the healed were not grateful. God's grace extends to all, but only some receive the gift of salvation by faith.

耶穌所行每個奇蹟都在強調啟示真理, 不是治療力量。關於撒瑪黎雅癩瘋病人的事蹟, 有兩個層次: 猶太人敵對撒瑪黎雅人, 此外, 社會普遍迴避癩瘋病人。治療奇蹟也分兩個階段: 奇蹟本身和撒瑪利雅人對耶穌的感恩。

這個奇蹟顯示信德價值, 因信德, 撒瑪黎雅人受到耶穌稱讚。當耶穌從北方走近耶路撒冷, 經過撒瑪黎雅地區時, 有十個癩瘋病人想要獲得治療, 但因為疾病而無法接近, 所以只好遠遠祈求耶穌治療。這十個病人都被治好, 但只有一個人回來表達感謝和讚美。

耶穌用三個問題回應撒瑪利雅人: "潔淨了的不是十個人嗎? 那九個人在那裡呢? 除了這個外邦人, 就沒有別人回來歸光榮於天主嗎?" 問題揭示撒瑪利雅人的神修。他, 因信德, 得到其他九人沒有得到的東西, 即從罪惡中獲得釋放。

耶穌對他說: "起來, 去吧! 你的信德救了你。" 動詞"救" (sesōken) 包含救贖或拯救意思。也就是說, 這人的痊癒讓他感受天主救恩, 對耶穌的感恩表明他的信德, 縱然本身是猶太人的敵人。

其他九個痊癒的癩瘋病人也訴說一個真理: 天主恩寵臨在一切人, 無論是猶太人或是外邦人, 信主或不信, 感恩還是忘恩的。即使被治癒的人沒有感恩之心, 耶穌從不失去任何東西; 天主恩寵惠及眾人, 但只有那些宣發信德的, 才獲救。

ANOINTING OF THE SICK

Make an appointment by calling 916-444-3071.

BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral.

English: 1st Thursday of the month at 7pm.

Español: 2^o jueves del mes a las 7 pm.

BAPTISM

Contact Deacon Omar Bardales at the Parish Office

baptism@cbssac.org or 916-444-3071 Ext. 28

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in *Español* a las 9 AM el segundo y cuarto sábado de cada mes.

CONFESSION/RECONCILIATION

Monday - Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at slmdoty@cbssac.org.

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding.

Contact Deacon Omar & Janet Bardales at: matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila at tkila@cathedralsacramento.org.



CATHOLIC VIEWPOINT FAITH, HOPE & LOVE

With Fr. Michael F. Kiernan & Guests

View us on our website:

www.CatholicViewpointFHL.com

Or on YouTube:

<https://www.youtube.com/channel/UCijXOCTaW-ZOBYf6ZCwRPJA>

CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

FAMILY AND ADULT FAITH FORMATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

ORDER OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (OCIA):

Go to: www.cathedralsacramento.org/ocia

Exploring
the beauty
of our Faith!



PARISH INFORMATION

Page 10 | Sunday, February 4, 2024 | 5th Sunday in Ordinary Time



CATHEDRAL PARISH REGISTRATION & UPDATE
Become a member of our dynamic Cathedral family!

Actualización y registro de la parroquia de la Catedral
¡Conviértete en miembro de nuestra dinámica familia de la Catedral!

CATHEDRAL OF THE BLESSED SACRAMENT
1019 11th Street
Sacramento, CA 95814
916-444-3071
www.CathedralSacramento.org

Restroom Keypads: Please ask any usher for the weekly access code. Adults must accompany children.

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Liturgy & Music,
rrallanka@cathedralsacramento.org

Saint Toribio Choir - The Youth Choir of The Cathedral

Rex Rallanka at rrallanka@cathedralsacramento.org or Gayle Winney, gwinney@cbssac.org

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Lectors

Maggie Jones, lector@cathedralsac.org

Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly,
praytherosarywithus@yahoo.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS

Faith Formation and Christian Initiation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Formacion en la Fe Familiar (FFF) en Espanol

Deyanira Galvez, Galvez.dgv@gmail.com

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org;
www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilynn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Susan Moeller, susandurand@ymail.com

Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@ymail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

Outreach to the Homebound

Deacon Omar Bardales, omarcpa@att.net

Media and Communications Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

COMMUNITY GROUPS

Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgshalais@yahoo.com

Cathedral Filipino-American Group of Sacramento

John Ponce, johne.poww@gmail.com

Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

Chinese Community

Kenneth Ng, sccc.contact@gmail.com

Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com



Photography Policy: It is **NOT** permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and Professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Memo Hernandez

Fr. Michael Kiernan

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon Edgar Hilbert

Sr. Lisa Marie Doty, FDCC,

Director of Faith Formation & OCIA

Rex Rallanka,

Director of Liturgy & Music

Michael Ognisty, *Sacristan*

Tom Waddock, *Plant Manager*

Victoria Ramos, *Secretary*

Katie McAllister, *Bookkeeper*

Titi Kila, *Wedding Coordinator*

Nancy Fairbanks, *Bulletin*

PARISH PASTORAL COUNCIL

Fr. Michael O'Reilly/Joey Martinez, *Chair*

Russel Almaraz

Esteban Arellano

Maria Balakshin

Mary Goranov

Andrea Martin-Borges

Maria Rosario

Aileen Rasmussen

Michele Stiger

Richard Zacaroli

FINANCE COUNCIL

Robert Ingenito, *Chair*

Janet Bardales

Nancy Fairbanks

Michael Pease



STEVE ROSE PAINTING CO.

Residential Specialists

License #804522



- A Good Paint Job At A Fair Price -

(916) 421-2281

Free Estimates
Bonded & Insured

585 - 4th Avenue
Sacramento, CA

steverose@steverosepainting.com



THE CITIZEN HOTEL

AUTOGRAPH COLLECTION
HOTELS

thecitizenhotel.com 926 J STREET SACRAMENTO, CA 95814 916-447-2700 MARRIOTT BONVOY

SUPPORT OUR ADVERTISERS!

WE APPRECIATE OUR ADVERTISERS!



1620AM

America's Catholic
Talk Radio Network

Download the FREE mobile app!
www.relevantradio.com

Donor/Listener: 877-291-0123
Prayer: 888-577-5443

SHORT STAFFED?

Place an ad here to find
new local talent for
your business.



CALL 800-950-9952



• SACRAMENTO'S MIDTOWN PRESCRIPTION CENTER •
3257 FOLSOM BLVD. • SACRAMENTO, CA 95816
www.puccirx.com
(916) 442-5891 FAX (916) 442-4432

SUPPORT OUR ADVERTISERS!

Los Jarritos

455-7911 • Mexican Food

Daily 8am - 9pm • Fri & Sat till 9:30pm

2509 Broadway

laesperanzaca.com



FREE AD DESIGN

with purchase
of this space

CALL
800-950-9952



LE FIVE

INDOOR SOCCER

RANCHO CORDOVA
WEST SACRAMENTO
(916) 603-8043

NEVER MISS OUR BULLETIN!

SUBSCRIBE

Have our bulletin emailed
to you every week.

Visit www.parishesonline.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



SafeStreets

833-287-3502



joshua's house

VOLUNTEER HOSPICE
Joshuashousehospice.org

Hospice care for the terminally ill homeless.
No one should die alone on the street.
Please donate today at GIVEJH.COM
Opening soon



For ad info. call 1-800-950-9952 • www.4lpi.com

Cathedral of Blessed Sacrament, Sacramento, CA

B 4C 05-1145

SUNDAY BRUNCH 11 AM - 3 PM

EXPERIENCE MEXICAN CUISINE AT IT'S BEST...



ONE BLOCK FROM THE CATHEDRAL SACRAMENTO CORNER OF 12 & K STREET

MAYAHUEL

12TH & K STREET

DOWNTOWN | 1200 K STREET | EXPERIENCEMAYAHUEL.COM



MERCY McMAHON TERRACE

June's Place

Mercy McMahon Terrace

Independent, Assisted Living & Memory Care

A Truly One of a Kind Community
Founded by the Sisters of Mercy
24 Hour Nursing
Mass offered weekly in our Chapel

(916) 733-6510

Call for a Tour Today!

3865 J St., Sacramento, CA 95816

www.mercymcmahonterrace.org

RCFE 340312763

LET'S GROW YOUR BUSINESS

Place Your Ad Here
and Support Our Parish!

CONTACT ME
Donna Touros

dtouros@4LPi.com
(800) 950-9952 x2610

Northgate SMOG

2830 Northgate Blvd. #4
916-922-6018 northgatesmog.com

Rachel Songer



REALTOR® Lic #02116619
Cantor/Docent

(916) 284-3336

isellsacramento.realestate

LYON
REAL ESTATE

YOUR CATHOLIC RESOURCE FOR END-OF-LIFE CARE



ST. MARY CEMETERY & FUNERAL CENTER

FD2263

916.452.4831 · CFCSSACRAMENTO.ORG



Hair Salon
(916) 719-8572
dorenvanthairstudios.com
3029 El Camino Ave
Sacramento 95821

Ask for Bertha and mention Cathedral ad for special treatment

REALTOR® Lic #02116619
Cantor/Docent

(916) 284-3336

isellsacramento.realestate

LYON
REAL ESTATE

IF YOU LIVE ALONE

MDMedAlert!™ As Low As **\$19⁹⁵** /mo.

✓ Ambulance ✓ Police/Fire
✓ Family/Friends ✓ GPS & Fall Alert

CALL NOW! 800.808.9294 md-medalert.com



WE APPRECIATE OUR ADVERTISERS!

City Pets Grooming Salon

Private one-on-one grooming

Jamie Wake

Text/Call: (916) 820-2485

1008 S Street Suite A • Sacramento, CA

By appointment only



SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • www.4lpi.com

Cathedral of Blessed Sacrament, Sacramento, CA

A 4C 05-1145