

15th Sunday of Ordinary Time
Sunday, July 16, 2023



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

MASS SCHEDULE

* Livestream NOT available in July

Sunday | Domingo
English 8:00 am
English 10:00 am*
Español 12:00 pm*
Chinese 2:00 pm*
English 4:00 pm
Español 6:00 pm

Cathedral Hours: Monday - Friday 10-4
Office Hours: Monday-Friday 9-12 & 1-4

Monday - Friday
Lunes - Viernes
12:10 pm

Saturday | Sábado
NO VIGIL MASS

ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes
11:30 am to 12:00 pm

Saturday | Sábado
4:00 pm to 5:00 pm

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cathedralsacramento.org

Eucharistic Revival: Stewardship

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Stewardship Pillars



Pilares de Mayordomía



**Hospitality/
Hospitalida**



**Prayer/
Oración**



**Formation/
Formación**



**Service/
Servicio**

STEWARDSHIP REFLECTION

In today's Gospel from Matthew, our Lord shares the Parable of the Sower who scatters seed on many different kinds of land. This is a wonderful analogy for the stewardship way of life, demonstrating the slow and steady, yet powerful effect this lifestyle will have on those who fully embrace it.

In this parable, some of the seeds land on a path where birds carry them off before they can begin to take root. Other seeds land on rocky ground with little soil. As soon as things begin to heat up, they get scorched and die. Then there are seeds that land on soil cluttered with thorns which choke the seeds just as they are beginning to grow strong.

Finally, there are seeds that land on deep and healthy soil. These seeds produce abundant fruit.

This is where the stewardship way of life comes in. When we give the best of our time, talent and treasure to serve God and others, we create lives filled with that rare "good soil" needed for the Kingdom of God to thrive.

How does this happen? Stewardship living removes the "rocks" of mistrust from our lives as we develop an unshakeable faith that God will always provide for our needs. It clears away the "thorns" of worldly ambition that make us self-centered, fill us with needless anxiety and stifle our focus on God. Stewardship living requires a deep reliance on the Word of God and the sacraments which continuously nourish and fertilize the soil of our lives.

Let us deepen our commitment to this way of life, allowing the Sower to do His work in us, slowly and steadily. The Master Gardner will surely produce miraculous fruits through us.

REFLEXIÓN DE MAYORDOMÍA

En el Evangelio de hoy de Mateo, nuestro Señor comparte la parábola del sembrador que esparce semillas en muchos tipos diferentes de tierra. Esta es una analogía maravillosa para la forma de vida de mayordomía, que demuestra el efecto lento y constante, pero poderoso que este estilo de vida tendrá en aquellos que lo adoptan plenamente.

En esta parábola, algunas de las semillas aterrizan en un camino donde las aves se las llevan antes de que puedan comenzar a echar raíces. Otras semillas aterrizan en suelo rocoso con poca tierra. Tan pronto como las cosas comienzan a calentarse, se queman y mueren. Luego hay semillas que aterrizan en el suelo lleno de espinas que ahogan las semillas justo cuando comienzan a crecer fuertes.

Finalmente, hay semillas que aterrizan en suelos profundos y saludables. Estas semillas producen abundantes frutos.

Aquí es donde entra en juego la forma de vida de mayordomía. Cuando damos lo mejor de nuestro tiempo, talento y tesoro para servir a Dios y a los demás, creamos vidas llenas de esa rara "buena tierra" necesaria para que el Reino de Dios prospere.

¿Cómo sucede esto? La vida de mayordomía elimina las "rocas" de la desconfianza de nuestras vidas a medida que desarrollamos una fe inquebrantable de que Dios siempre proveerá para nuestras necesidades. Despeja las "espinas" de la ambición mundana que nos hacen egocéntricos, nos llenan de ansiedad innecesaria y sofocan nuestro enfoque en Dios. La vida de mayordomía requiere una profunda confianza en la Palabra de Dios y los sacramentos que continuamente nutren y fertilizan el suelo de nuestras vidas.

Profundicemos nuestro compromiso con esta forma de vida, permitiendo que el Sembrador haga Su obra en nosotros, lenta y constantemente. El Maestro Gardner seguramente producirá frutos milagrosos a través de nosotros.



Photography Policy: It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.



ROSARY PRAYER TIMES/ TIEMPOS DE ORACIÓN DEL ROSARIO



Fridays, 7:45 AM Capitol Park
For the prayer, song and fellowship.
Viernes, 7:45 AM Parque del Capitolio
Para la oración, el canto y el compañerismo.

1st & 3rd Wednesdays, 7:10 PM.
St Toribio Classroom, lower level.
1er y 3er miércoles, 7:10 PM.
Aula St Toribio, nivel inferior.



ADORATION
Wednesdays and Thursdays, 1PM—4PM
In the Blessed Sacrament Chapel.
ADORACIÓN
Miércoles y jueves, 1PM—4PM
En la Capilla del Santísimo Sacramento



TODAY: CELEBRATING FR. KIERNAN

FATHER KIERNAN will celebrate Mass at 8:00 am, 10:00 am, and 12:00 noon, in thanksgiving for his 50 years of priesthood. All parishioners are invited to a reception in Mercy Hall.



**TEXT YOUR CATHEDRAL
DONATION/ENVÍA UN MENSAJE
DE TEXTO CON TU DONACIÓN
A LA CATEDRAL**

Regístrate para este servicio/
Register for this service at:
www.is.gd/text2give

Thank You! Gracias!



KEEPING THE FLAME ALIVE with Fr. O'Reilly

On break during July. Resuming August 2
Reading and reflecting on the Sacred Scriptures.
Contact Donna: flamealive22@gmail.com for info
and/or to be added to the Flocknote notification.

**Manteniendo viva la llama con Padre O'Reilly
En descanso durante julio.**

Reanudación del 2 de agosto
Leer y reflexionar sobre las Sagradas Escrituras.
Póngase en contacto con Donna:
flamealive22@gmail.com para obtene información
y/o para agregarse a la notificación de Flocknote.

**Cathedral Tours: Sundays following Masses: 8AM
& 10AM (English) and after 12 noon Mass
(Spanish)**

Docents give tours of the Cathedral interior, explaining
the rich meaning of the Christian symbols and art.

**Visitas a la Catedral: Domingos siguientes
Misas: 8AM y 10AM (inglés) y después de las
12 del mediodía Misa (español)**

Los docentes dan recorridos por el interior de la
Catedral, explicando el rico significado de los
símbolos y el arte cristianos.

We would like to ask that each family bring a dish to share. Please bring the dish below according to the first letter of your last name.

A - I: Salad
J - R: Dessert
S - Z: Side Dish

DETAILS:

- * Please bring your beverage of choice. We will provide bottled water.
- * Hamburgers, hot dogs, and condiments will be provided.
- * Join in for some music, entertainment, and games.
- * Picnic tables and chairs will be available.
- * You are welcome to bring lawn chairs and picnic blankets.
- * Please do not bring canopies or tents.
- * Please keep pets at home.
- * For questions, you may email Russ Almaraz at russ.almaraz@gmail.com

Cathedral of the Blessed Sacrament Annual Parish Picnic

The Parish Pastoral Council invites all parishioners to an evening of fun, food, and fellowship.

Friday, August 11, 2023

5:00 pm - Welcome

5:30 pm - Vespers

St. Joseph Catholic Church

32890 S. River Rd.

Clarksburg, CA 95612

Please do not go to the Cathedral

Formation: Liturgy of the Word

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READING 1 ISAIAH 55:10-11

Thus says the LORD:
Just as from the heavens the rain and snow come down and do not return there till they have watered the earth, making it fertile and fruitful, giving seed to the one who sows and bread to the one who eats, so shall my word be that goes forth from my mouth; my word shall not return to me void, but shall do my will, achieving the end for which I sent it.

RESPONSORIAL PSALM PSALM 65:10, 11, 12-13, 14

*The seed that falls on good ground
will yield a fruitful harvest*

- ◆ You have visited the land and watered it; greatly have you enriched it. God's watercourses are filled; you have prepared the grain.
- ◆ Thus have you prepared the land: drenching its furrows, breaking up its clods, Softening it with showers, blessing its yield.
- ◆ You have crowned the year with your bounty, and your paths overflow with a rich harvest; The untilled meadows overflow with it, and rejoicing clothes the hills.
- ◆ The fields are garmented with flocks and the valleys blanketed with grain. They shout and sing for joy.

READING 2 ROMANS 8:18-23

Brothers and sisters:
I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us. For creation awaits with eager expectation the revelation of the children of God; for creation was made subject to futility, not of its own accord but because of the one who subjected it, in hope that creation itself would be set free from slavery to corruption and share in the glorious freedom of the children of God. We know that all creation is groaning in labor pains even until now; and not only that, but we ourselves, who have the firstfruits of the Spirit, we also groan within ourselves as we wait for adoption, the redemption of our bodies.

GOSPEL ACCLAMATION — ALLELUIA MATTHEW 13

*The seed is the word of God. Christ is the sower.
All who come to him will have life forever.*

GOSPEL MATTHEW 13:1-23

On that day, Jesus went out of the house and sat down by the sea. Such large crowds gathered around him that he got into a boat and sat down, and the whole crowd stood along the shore. And he spoke to them at length in parables, saying: "A sower went out to sow. And as he sowed, some seed fell on the path, and birds came and ate it up. Some fell on rocky ground, where it had little soil. It sprang up at once because the soil was not deep, and when the sun rose it was scorched, and it withered for lack of roots. Some seed fell among thorns, and the thorns grew up and choked it. But some seed fell on rich soil, and produced fruit, a hundred or sixty or thirtyfold. Whoever has ears ought to hear.

The disciples approached him and said, "Why do you speak to them in parables?" He said to them in reply, "Because knowledge of the mysteries of the kingdom of heaven has been granted to you, but to them it has not been granted. To anyone who has, more will be given and he will grow rich; from anyone who has not, even what he has will be taken away. This is why I speak to them in parables, because they look but do not see and hear but do not listen or understand. Isaiah's prophecy is fulfilled in them, which says:

You shall indeed hear but not understand, you shall indeed look but never see. Cross is the heart of this people, they will hardly hear with their ears, they have closed their eyes, lest they see with their eyes and hear with their ears and understand with their hearts and be converted, and I heal them.

"But blessed are your eyes, because they see, and your ears, because they hear. Amen, I say to you, many prophets and righteous people longed to see what you see but did not see it, and to hear what you hear but did not hear it.

"Hear then the parable of the sower. The seed sown on the path is the one who hears the word of the kingdom without understanding it, and the evil one comes and steals away what was sown in his heart. The seed sown on rocky ground is the one who hears the word and receives it at once with joy. But he has no root and lasts only for a time. When some tribulation or persecution comes because of the word, he immediately falls away. The seed sown among thorns is the one who hears the word, but then worldly anxiety and the lure of riches choke the word and it bears no fruit. But the seed sown on rich soil is the one who hears the word and understands it, who indeed bears fruit and yields a hundred or sixty or thirtyfold."

SPECIAL COLLECTION NEXT SUNDAY: On Sunday, July 23rd, the Cathedral will host a missionary from AMOR EN ACCION, as part of our diocese's participation in the **MISSIONARY COOPERATIVE APPEAL**. The missionary's name is Olga Garcia-Mayoral and she will speak at all Masses (English, Spanish and Chinese).

PRIMERA LECTURA ISAÍAS 55:10-11

Esto dice el Señor:

"Como bajan del cielo la lluvia y la nieve y no vuelven allá, sino después de empapar la tierra, de fecundarla y hacerla germinar, a fin de que dé semilla para sembrar y pan para comer, así será la palabra que sale de mi boca: no volverá a mí sin resultado, sino que hará mi voluntad y cumplirá su misión".

SALMO RESPONSORIAL SALMO 65:10, 11, 12-13, 14

Señor. danos siempre de tu agua.

- ◆ Señor, tú cuidas de la tierra, la riegas y la colmas de riqueza. Las nubes del Señor van por los campos, rebosantes de agua, como acequias.
- ◆ Tú preparas las tierras para el trigo: riegas los surcos, aplanas los terrones, reblandeces el suelo con la lluvia, bendices los renuevos.
- ◆ Tú coronas el año con tus bienes, tus senderos derraman abundancia, están verdes los pastos del desierto, las colinas con flores adornadas.
- ◆ Los prados se visten de rebaños, de trigales los valles se engalanan. Todo aclama al Señor. Todo le canta.

SEGUNDA LECTURA ROMANOS 8:18-23

Hermanos: Considero que los sufrimientos de esta vida no se pueden comparar con la gloria que un día se manifestará en nosotros; porque toda la creación espera, con seguridad e impaciencia, la revelación de esa gloria de los hijos de Dios.

La creación está ahora sometida al desorden, no por su querer, sino por voluntad de aquel que la sometió. Pero dándole al mismo tiempo esta esperanza: que también ella misma, va a ser liberada de la esclavitud de la corrupción, para compartir la gloriosa libertad de los hijos de Dios.

Sabemos, en efecto, que la creación entera gime hasta el presente y sufre dolores de parto; y no sólo ella, sino también nosotros, los que poseemos las primicias del Espíritu, gemimos interiormente, anhelando que se realice plenamente nuestra condición de hijos de Dios, la redención de nuestro cuerpo.

ACLAMACIÓN ANTES DEL EVANGELIO MATEO 13

Cristo es el sembrador. Todos los que vengan a él tendrán vida para siempre.

EVANGELIO MATEO 13:1-23

Un día salió Jesús de la casa donde se hospedaba y se sentó a la orilla del mar. Se reunió en torno suyo tanta gente, que él se vio obligado a subir a una barca, donde se sentó, mientras la gente permanecía en la orilla. Entonces Jesús les habló de muchas cosas en parábolas y les dijo:

"Una vez salió un sembrador a sembrar, y al ir arrojando la semilla, unos granos cayeron a lo largo del camino; vinieron los pájaros y se los comieron. Otros granos cayeron en terreno pedregoso, que tenía poca tierra; ahí germinaron pronto, porque la tierra no era gruesa; pero cuando subió el sol, los brotes se marchitaron, y como no tenían raíces, se secaron. Otros cayeron entre espinos, y cuando los espinos crecieron, sofocaron las plantitas. Otros granos cayeron en tierra buena y dieron fruto: unos, ciento por uno; otros, sesenta; y otros, treinta. El que tenga oídos, que oiga."

Después se le acercaron sus discípulos y le preguntaron: "¿Por qué les hablas en parábolas?" Él les respondió: "A ustedes se les ha concedido conocer los misterios del Reino de los cielos; pero a ellos no. Al que tiene, se le dará más y nadará en la abundancia; pero al que tiene poco, aun eso poco se le quitará. Por eso les hablo en parábolas, porque viendo no ven y oyendo no oyen ni entienden."

En ellos se cumple aquella profecía de Isaías que dice:

Oirán una y otra vez y no entenderán; mirarán y volverán a mirar, pero no verán; porque este pueblo ha endurecido su corazón, ha cerrado sus ojos y tapado sus oídos, con el fin de no ver con los ojos, ni oír con los oídos, ni comprender con el corazón. Porque no quieren convertirse ni que yo los salve.

Pero, dichosos ustedes, porque sus ojos ven y sus oídos oyen. Yo les aseguro que muchos profetas y muchos justos desearon ver lo que ustedes ven y no lo vieron y oír lo que ustedes oyen y no lo oyeron.

Escuchen, pues, ustedes lo que significa la parábola del sembrador. A todo hombre que oye la palabra del Reino y no la entiende, le llega el diablo y le arrebató lo sembrado en su corazón. Esto es lo que significan los granos que cayeron a lo largo del camino. Lo sembrado sobre terreno pedregoso significa al que oye la palabra y la acepta inmediatamente con alegría; pero, como es inconstante, no la deja echar raíces, y apenas le viene una tribulación o una persecución por causa de la palabra, sucumbe. Lo sembrado entre los espinos representa a aquel que oye la palabra, pero las preocupaciones de la vida y la seducción de las riquezas la sofocan y queda sin fruto. En cambio, lo sembrado en tierra buena, representa a quienes oyen la palabra, la entienden y dan fruto: unos, el ciento por uno; otros, el sesenta; y otros, el treinta".

COLECTA ESPECIAL EL PRÓXIMO DOMINGO: El domingo 23 de julio, la Catedral recibirá a un misionero de AMOR EN ACCIÓN, como parte de la participación de nuestra diócesis en la CAMPAÑA COOPERATIVA MISIONERA. El nombre de la misionera es Olga García-Mayoral y hablará en todas las misas (inglés, español y chino).



Upcoming Youth Events / Opportunities



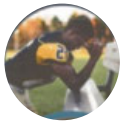
10 MIN with JESUS—Daily Prayer and Spiritual food for busy teens and young adults

[En Espanol](#) [In English](#)



Real + True: An Introduction to the Catechism via Flocknote video format.

cathedralsacramento.flocknote.com/



Quo Vadis? Retreat, Boys Ages 13-17 years

July 28-30, 2023 For Info:

www.scd.org/vocations/quo-vadis-weekend-retreat-boys-ages-13-17



On Fire—Six Flags, Vallejo—High School Youth

Information Meeting for Parents—August 22nd, 6PM

<https://cathedralsacramento.flocknote.com/>

Want to better prepare for Sunday Mass but don't know how to start?

Sign up for Mass Prep and get an email starting this coming Wednesday morning.

www.cathedralsacramento.flocknote.com/sundayreadings



Prayer: Mass Intentions

Please pray for one another

Sunday 7/16

15th Sunday of Ordinary Time

Daniel Walker S.I.;
People of the Parish S.I.;
Luis y Dolores Topete +;
Nestor Purugganan +;
Family of Cabanas Alvarado S.I.

Monday 7/17

Monday of 15th week of Ordinary Time

Daniel Walker S.I.

Tuesday 7/18

St. Camillus de Lellis

Rogelia Ornelas Muñoz +

Wednesday 7/19

Wednesday of 15th week of Ordinary Time

Shilah D. Betz +;
Marion "Sunny" Betz +

Thursday 7/20

St. Apollinaris, Bishop

Margarette Guinto Ventura +

Friday 7/21

St. Lawrence of Brindisi,
Priest and Doctor

Herman Castro +



Formation:

Kids' Corner **Esquina de niños**

God's Word is Like Seed...



In today's Gospel reading, Jesus explains the parable of the sower and the seed to the disciples. Like the seed, the word of God comes to all sorts of people. Some people hear it and the devil takes it away, like the seed that falls on the path and is eaten by the birds. Some people hear God's word and love it for a little while, but they don't let it grow deeply in themselves, like the seed on rocky ground that doesn't grow good roots. Some people hear God's word and it starts to grow in them, but they have so many other things going on in their lives that they forget God.



The people who hear the word of God and let it grow in them are like the good soil. When the sower plants the seed in the good soil it gets deep roots, grows high and produces a good harvest. When we receive the word of God well, it takes root in us so that it is really deep in our hearts. It grows when we feed it by learning more about God and trying to love Him more. It produces a harvest when other people come to love God because of us.



What kind of soil are you like? Do you let God's word be snatched away as soon as you hear it? Do you let it take root in your heart and love it, or is it like the seed sown on rocky ground that is too shallow? Do you let other things in your life crowd out God's life in you, or do you let God's word in deep and feed it and let it grow?



Formation: Families & Adults

Sundays, 8:00 AM Mass, OCIA Dismissal & BOW
Our OCIA Catechumens / Candidates will be dismissed at the 8AM Mass for Breaking Open the Word.

Mondays, 7:00 PM, Mercy Hall (Starting again August 7th) *Seeking Faith and Sacraments for Adults.* Our on-going Monday Night OCIA for those thinking about becoming Catholic and/or those who need to complete their Sacraments. For Info or to Register:

<https://www.cathedralsacramento.org/ocia>

Mass Preparation in Your In-Box

Sunday Mass Prep. Weekly email to help your family prepare for Sunday Mass. Each week's email prep will have reflections for children, teens and adults. All are welcome to participate.

www.cathedralsacramento.flocknote.com/



Bible Bookmark

Cut out along the dotted lines, fold and keep in Bible for reference when praying with Scripture.

Prayer: *Breaking Open the Word*
 Mass Preparation for **Sunday, 23 JULY**



Registration is underway
La inscripción está en curso
2023-2024

The Cathedral of the Blessed Sacrament is forming whole families in the faith in its "A Family of Faith" series. This program of formation involves the whole family in weekly lessons following the four pillars of the Catechism of the Catholic Church:

- 1) the Creed (what the we believe),
- 2) the Sacraments (what the we celebrate),
- 3) the Commandments and Moral life
- 4) **the Our Father (what we pray - focus in 2023/24)**

We invite your family of faith to be a part of this growing community of believers. Complete an inquiry form at the below link and we will help you to enroll as either returning or new families. Sacramental preparation is integrated into our plan of family formation, so come start today!

Note: Those teens and parents needing multiple Sacraments can participate in our Family OCIA Program.

La Catedral del Santísimo Sacramento está formando familias enteras en la fe en su serie "Una familia de fe". Este programa de formación involucra a toda la familia en lecciones semanales siguiendo los cuatro pilares del Catecismo de la Iglesia Católica:

- 1) el Credo (lo que creemos),
- 2) los Sacramentos (lo que celebramos),
- 3) los Mandamientos y la vida Moral (lo que vivimos),
- 4) **el Padre Nuestro (tema en 2023/24)**

Invitamos a su familia de fe a ser parte de esta creciente comunidad de creyentes. Complete un formulario de consulta en el siguiente enlace y lo ayudaremos a inscribirse como familias que regresan o nuevas. La preparación sacramental está integrada en nuestro plan de formación familiar, ¡así que comience hoy!

Nota: Aquellos adolescentes y padres que necesitan múltiples Sacramentos pueden participar en nuestro

Register for Family Faith Formation
Regístrese para la formación en la fe familiar

<https://is.gd/familyformation2024>

OR



PREPARE

- > **Choose** one of the Bible texts for next Sunday's Mass, maybe start with the Gospel.
- > **Find** a quiet place to begin.
- > **Pray** to the Holy Spirit
- > **Follow** the Lectio Divina Steps

Lectio Divina Steps to Reading God's Word

- ◆ **Reading (lectio)** -listen to God's Word as it is read out loud. Ask: *"What does the Biblical text say?"*
- ◆ **Meditation (meditatio)** - reflect on the meaning of the text you heard. Ask: *"What is God saying to me in this text?"*
- ◆ **Prayer (oratio)** - speak with God in praise, thanksgiving, contrition and petition. Ask: *"What is my response to God in His Word?"*
- ◆ **Contemplation (contemplation)** -listen to God more quietly in the silence of the heart. Ask: *"How does the text make you feel in your relationship with God?"*
- ◆ **Action (action)** - put what you heard into action in your life. Ask: *"How will I change what I do today in response to hearing this text?"*

Lord, never let me be separated from You. Let Your Joy fill my heart.

Prepare: 16th Week of OT

Wis 12:13, 16-19
Ps 86:5-6, 9-10, 15-16
Rom 8:26-27
Mt 13:24-43

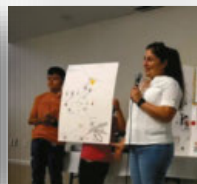
Gospel Focus:

Each week during Mass we pray, *"Thy Kingdom come, Thy will be done, on earth as it is in heaven."* Do we take these words for granted? Treat them lightly? For Jesus these words were not lightly spoken or lightly taught to his disciples. **Jesus came preaching the Kingdom of God.** In Matthew's Gospel alone the Kingdom is mentioned over seventy-five times. Over sixteen times Jesus explains what "the Kingdom of God is like ...," and numerous other times states the way things are in God's Kingdom. With this in mind, we should take God's Kingdom very seriously. Pope Paul VI in *Evangelii Nuntiandi* said that *to live for God's Kingdom is a joyful experience, and where we lack joy is a consequence of not living fully in God.* All of us have some growing to do. Let us take time this week to consider the state of our hearts in God, and what keeps us from the His Kingdom.

With your Family

Read Matthew 13:24-30

- the good seed is the joy we feel when we walk with God. As a family (or study group), write down the moments you have experienced a joy that stays with you throughout the day and easily remembered.
- reflect together those times when that joy is not with you due to the influences of others (people, media, behaviors)
- what can help you most in those moments to not lose your joy? Are there situations that you know that keep you from God's Kingdom? Ask God to transform them.



Sacramento Chinese Catholic Community

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RECONCILIATION: 1st Sunday of the month before mass. Please contact John Wong or Fr. Chiu in advance.

Tel: 916-583-8306

Email: sccc.contact@gmail.com

Facebook: @sacchinesecatholic

Instagram: <https://is.gd/SCCCinstagram>

Website: www.sacchinesecatholic.org/



**Chinese Portal:
Announcements/
Sunday Readings**



**Fr. Abraham Chiu
趙必成神父**



A Glimpse of Spirituality 靈修一瞥81 (Luke 路9:22-25)

Some people, even including clergy and the religious, do not know who Jesus is though they say that they believe in him. The reason is that they put on colored lens to see Jesus. Jesus' cross event puts off their lens. He realized that if his disciples did not know who he really was, then his entire ministry, suffering, and death would be useless.

Jesus was the Messiah who would redeem humankind by his suffering, death, and resurrection. On the basis of his cross event, he challenged his disciples with the three requirements for Christian discipleship. "If any man would come after me, let him deny himself and take up his cross daily and follow me." What are these three requirements meant to us?

1. The verb "deny" (arnēsasthō) here means disregarding one's own interests and proving false to one's self. In other words, a person who desires to follow Jesus has to evict selfish thoughts, evil desires, and tendencies from the heart and fill it with God's love.
2. Another verb "take" (aratō) sheds light on someone who is willing to take the cross upon oneself and carry what has been raised. The cross always means suffering. Our sufferings become one with Jesus' sufferings on the cross with their saving power when we accept them patiently and we suffer by serving others selflessly.
3. Finally, "follow" (akoloutheitō) denotes that a disciple should attend to the life of Jesus, i.e. living lives according to Jesus' example.

Jesus' requirements of discipleship might cause us to lose life, but actually, find life. Christians started experiencing persecution by the Jews and the Romans while Luke wrote his gospel. Hence, he emphasized Jesus' teaching that people who are faithful may die for their faith in Jesus, but in dying, they will live. On the other hand the ones who abandon their faith for security may live, but they are actually dying. In our sufferings, positively speaking, we know who Jesus is and what Christian discipleship is about.

有些基督徒，甚至包括神職人員或修會會士，儘管說相信耶穌，但不知道耶穌究竟是誰；原因是戴上有色眼鏡來看耶穌，耶穌的十字架事件卻打落所有眼鏡。耶穌意識到，如果門徒不知道他的真實身份，他整個牧職、受苦和死亡為他們都將一無是處。

耶穌是默西亞，通過他的受難、死亡和復活來救贖人類。在十字架事件的基礎上，他向門徒提出基督徒身份的三個要求：“誰若願意跟隨我，該棄絕自己，天天背著自己的十字架跟隨我。”這三要求對基督徒意味著什麼？

1. 動詞“棄絕” (arnēsastho) 意指不顧自己利益，並且自我認錯。換言之，想要跟隨耶穌，必須從心中驅逐自私想法、邪惡慾望和傾向，並用天主的愛來充滿它。
2. 另一動詞“背著” (aratō) 指向那些願意背負十字架並承擔一切的人。十字架總是痛苦的，當我們耐心接受並通過無私為人服務而受苦時，信徒的苦難就與耶穌在十字架上的苦難所帶來的救恩結合為一。
3. 最後，“跟隨” (akoloutheitō) 表示門徒參與耶穌生活，即按照耶穌榜樣作證。

耶穌對門徒的要求可能讓基督徒失去生命，但實際上，找到真實生命。當路加寫福音時，基督徒開始經歷猶太人及羅馬人的迫害。因此，他強調：忠心信徒可能為作證耶穌是主而死，死，其實是活。另一方面，那些為了自保而放棄信仰的人可能活著，但實際上是真死。

苦難中，積極地說，基督徒更認清耶穌是誰，以及基督徒的身份是什麼。

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral.

English: 1st Thursday of the month at 7pm.

Spanish: 2nd Thursday of the month at 7pm.

BAPTISM

Contact Deacon Omar Bardales at the Parish Office baptism@cbssac.org or 916-444-3071 Ext. 28

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at slmdoty@cbssac.org.

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila at tkila@cathedralsacramento.org.



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CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

FAMILY AND ADULT FAITH FORMATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

ORDER OF CHRISTIAN INITIATION FOR ADULTS/CHILDREN (OCIA) Adults:

Go to: www.cathedralsacramento.org/ocia

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Parish Information

Page 10 | Sunday, July 16, 2023 | 15th Sunday of Ordinary Time

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

Cathedral Children's Choir

Gayle Winney, Children's Choir Director, gwinney@cbssac.org

Spanish Choir (12:00 pm)

Spanish Choir (6:00 pm)

Jerry Vanoye

Ricardo Zavala

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Lectors

Maggie Jones, lector@cathedralsac.org

Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

Marlene Mejia, 916-628-6775 or Christina Callazo-Kelly,

praytherosarywithus@yahoo.com

Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS

Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechists for Faith Formation Spanish

Edith Gonzalez, edi_d2@yahoo.com

Family and Adult Faith Formation

Deyanira Galvez, Galvez.dgv@gmail.com

Order of Christian Initiation for Adults (OCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilyn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Please contact Fr. O'Reilly at 916-444-3071

Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@gmail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

Media Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

COMMUNITY GROUPS

Benedictus Youth Group

Titi Kila, benedictusy@gmail.com; Sister Lisa Marie Doty, FDCC,

slmdoty@cbssac.org

Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

Cathedral Filipino-American Group of Sacramento

Reynaldo (Rey) Rallanka, rallanka@att.net

Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

Chinese Community

John Wong, jwong@live.it

Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

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Director of Faith Formation & OCIA

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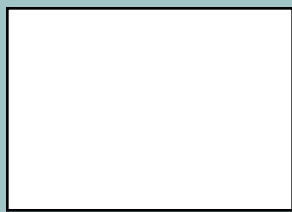


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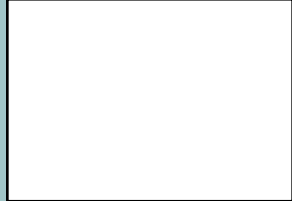
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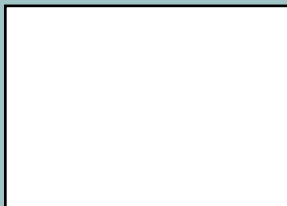
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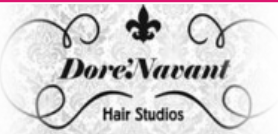


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