

Sunday, January 21, 2024
Third Sunday in Ordinary Time

1017 11th Street - Sacramento, CA 95814 | 916-444-3071



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

MASS SCHEDULE

* Livestream available on Sundays & Holy Days of Obligation

Sunday | Domingo

- English 8:00 am
- English 10:00 am*
- Español 12:00 pm*
- Chinese 2:00 pm*
- English 4:00 pm
- Español 6:00 pm

Cathedral Hours: Monday - Friday 10-4
Office Hours: Monday-Friday 9-12 & 1-4

Monday - Friday

- Lunes - Viernes
- 12:10 pm

Saturday | Sábado

NO VIGIL MASS

ADORATION

- Wednesday & Thursday
- 1:00 pm to 4:00 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

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cathedralsacramento.org

Lenten Prayer Retreat/Retiro de Cuaresma

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2024 Lenten Prayer Retreat

GROWING CLOSER TO CHRIST THROUGH
PERSONAL PRAYER

SATURDAY, MARCH 9 ~ 8 A.M. - 4 P.M.

"Come with me by yourselves to a quiet place and get some rest." (Mark 6:31)

Join us for an opportunity to spend time growing in your relationship with Christ, pursuing Him through the gift of prayer! Our Lord wants only the very best for us. In turn, we should want to give Him our very best in return! Spend some time with Him and with your parish family, discovering what it is the Lord especially wants for you at this time in your life. We have a God of abundance. Let Him show you all He has in mind for you!

Your Father in Christ, Fr. Michael O'Reilly



Retiro de Oración de Cuaresma 2024

ACERCARSE MÁS A CRISTO A TRAVÉS DE
LA ORACIÓN PERSONAL

SÁBADO, 9 DE MARZO ~ 8 A.M. - 4 P.M.

"Vengan conmigo a solas a un lugar tranquilo y consigan algo descansa". (Marcos 6:31.)

¡Únase a nosotros para pasar tiempo creciendo en nuestra relación con Cristo a través de la oración! Nuestro Señor sólo quiere lo mejor para nosotros. A cambio, ¡deberíamos querer darle lo mejor! Pasa tiempo con Él y con tu familia parroquial, descubriendo qué es lo que el Señor quiere especialmente para ti en este momento de tu vida. Tenemos un Dios generoso. ¡Deja que Él te muestre todo lo que tiene para ti!

En Christo, Fr. Michael O'Reilly



<Please scan this QR code by February 29 to RSVP.

There is no cost to attend and breakfast is included.

Confirme su asistencia antes del 29 de febrero escaneando el código QR---

No hay costo para asistir, y el desayuno está incluido.



RETREAT LEADER: FR. JOEL SEMBER

Father Joel Sember was ordained a priest in 2007 for the Diocese of Green Bay, Wisconsin. He holds a B.A. in Philosophy and Catholic Studies from the University of St. Thomas, a Bachelors in Sacred Theology from the Pontifical Gregorian University, and a License in Sacred Theology from the Pontifical University Santa Croce in Rome. He is the author of *Oriens, A Pilgrimage Through Advent and Christmas*. He has completed over a dozen walking pilgrimages. He currently serves as pastor of three parishes in Wisconsin. He is passionate about helping people grow closer to Christ through prayer.



LÍDER DEL RETIRO: PADRE JOEL SEMBER

El padre Joel Sember fue ordenado sacerdote en 2007 para la Diócesis de Green Bay, Wisconsin. Tiene una Licenciatura en Filosofía y Estudios Católicos de la Universidad de St. Thomas, una Licenciatura en Sagrada Teología de la Universidad Pontificia Gregoriana y una Licencia en Sagrada Teología de la Universidad Pontificia de Santa Croce de Roma. Es el autor de *Oriens*, una peregrinación por el Adviento y la Navidad. Ha completado más de una docena de peregrinaciones. Actualmente se desempeña como párroco de tres parroquias en Wisconsin. Le apasiona ayudar a las personas a acercarse a Cristo a través de la oración.



Photography Policy: It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.

ANNUAL REPORT TO THE FAITHFUL

Budget vs. Actual July 1, 2022 - June 30, 2023

	Actual	Budget	Variance
Operating Income			
Offertory Collections	590,604	624,124	(33,520)
Sacramental Services	143,656	155,800	(12,144)
Donations Associated with Plant Facilities Use	7,800	8,100	(300)
Donations & Unrestricted Gifts	86,287	81,100	5,187
Parish Fund Raising Activities, net	201,194	182,000	19,194
Other Operating Receipts	31,139	10,150	20,989
Total Operating Income	1,060,680	1,061,274	(594)
Operating Expenses			
Salaries, Wages & Benefits	624,197	630,348	(6,151)
Automotive	1,347	1,750	(403)
Facilities - Church, Rectory, Hall, Offices	365,258	217,104	148,154
Grounds Repair & Maintenance	4,800	5,500	(700)
Religious Articles, Candles & Books, net	(21,292)	(17,000)	(4,292)
Property & Liability Insurance	104,695	101,341	3,354
Property Taxes & Assessments	9,760	9,800	(40)
Charitable Donations, net	42,180	21,200	20,980
Religious Education & Parish Ministries, net	(5,071)	(6,000)	929
Diocesan Assessment	99,565	64,550	35,015
Other Operating Disbursements	48,423	32,740	15,683
Total Operating Expense	1,273,862	1,061,333	212,529
Net Operating Income or (Loss)	(213,182)	(59)	(213,123)
Non-Operating Income			
Interest, Dividends & Endowment Earnings	8,628	3,592	5,036
Parish Capital Fund Drive, net	-	-	-
Net Increase / (Decrease) in Loan Balance(s)	-	-	-
Bequests & Special Receipts	182,946	110,000	72,946
Designated Gifts, Bequests & Special Receipts	23,291	10,000	13,291
Proceeds from the Sale of Surplus Property	-	-	-
Parent Parish Receipts / (Payments)	-	-	-
Diocesan & Special Collections, net	1,477	-	1,477
Total Non-Operating Income	216,342	123,592	92,750
Non-Operating Expense			
Interest Expense Charged on Loan(s)	-	-	-
Enrichment Expenses	77,533	60,000	17,533
Capital Projects & Expenditures	73,951	75,000	(1,049)
Total Non-Operating Expense	151,485	135,000	16,485
Net Non-Operating Income or (Loss)	64,857	(11,408)	76,265
NET INCOME or (LOSS)	(148,325)	(11,467)	(136,858)

Formation / Formación

KEEPING THE FLAME ALIVE with Fr. O'Reilly
New Series just starting on the Eucharist and the Roman Missal. **Join us!**

Come deepen your understanding of the Mass! Wednesdays, 7:00 PM via Zoom

Contact Donna: flamealive22@gmail.com for info and/or to be added to the Flocknote notification.



Manteniendo viva la llama con Padre O'Reilly Comienza una nueva serie sobre la Eucaristía y el Misal Romano. ¡Únete a nosotros!

¡Ven a profundizar tu comprensión de la Misa!

Miércoles, 7:00 PM vía Zoom

Póngase en contacto con Donna: flamealive22@gmail.com para obtener información y/o para agregarse a la notificación de Flocknote.

Prayer Devotions / Devociones de Oración

THE HOLY ROSARY / EL SANTO ROSARIO

- **1st & 3rd Wednesdays, 6:00 PM**
St Toribio Classroom, lower level.
- 1er y 3er miércoles, 6:00 PM**
Aula St Toribio, nivel inferior.

Cathedral Tours: Sundays following Masses:

8AM & 10AM (English) and after 12 noon Mass (Spanish) Docents give tours of the Cathedral interior, explaining the rich meaning of the Christian symbols and art.

Visitas a la Catedral: Domingos siguientes Misas: 8AM y 10AM (inglés) y después de las 12 del mediodía Misa (español) Los docentes dan recorridos por el interior de la Catedral, explicando el rico significado de los símbolos y el arte cristianos.

TEXT YOUR CATHEDRAL DONATION/ ENVÍA UN MENSAJE DE TEXTO CON TU DONACIÓN A LA CATEDRAL

Regístrate para este servicio/ Register for this service

at: www.is.gd/text2give Thank You! Gracias!



This Cathedral podcast seeks to create a greater sense of community among our parishioners. Each episode features Cathedral staff member or parishioner in a casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us: 916-545-5376 or <https://is.gd/talkparish>

Formation: Liturgy of the Word

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READING 1

JOHN 3:1-5, 10

The word of the LORD came to Jonah, saying:

"Set out for the great city of Nineveh, and announce to it the message that I will tell you." So Jonah made ready and went to Nineveh, according to the LORD'S bidding. Now Nineveh was an enormously large city; it took three days to go through it. Jonah began his journey through the city, and had gone but a single day's walk announcing, "Forty days more and Nineveh shall be destroyed," when the people of Nineveh believed God; they proclaimed a fast and all of them, great and small, put on sackcloth.

When God saw by their actions how they turned from their evil way, he repented of the evil that he had threatened to do to them; he did not carry it out.

RESPONSORIAL PSALM

PS 25:4-5, 6-7, 8-9

R. Teach me your ways, O Lord.

Your ways, O LORD, make known to me;
teach me your paths,
Guide me in your truth and teach me,
for you are God my savior.

R. Teach me your ways, O Lord.

Remember that your compassion, O LORD,
and your love are from of old.

In your kindness remember me,
because of your goodness, O LORD.

R. Teach me your ways, O Lord.

Good and upright is the LORD;
thus he shows sinners the way.
He guides the humble to justice
and teaches the humble his way.

R. Teach me your ways, O Lord.

READING 2

1 COR 7:29-31

I tell you, brothers and sisters, the time is running out. From now on, let those having wives act as not having them, those weeping as not weeping, those rejoicing as not rejoicing, those buying as not owning, those using the world as not using it fully. For the world in its present form is passing away.

Alleluia

Mk 1:15

R. Alleluia, alleluia.

*The kingdom of God is at
hand.*

*Repent and believe in the
Gospel.*

R. Alleluia, alleluia.

GOSPEL

MARK 1:14-20

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

As he passed by the Sea of Galilee, he saw Simon and his brother Andrew casting their nets into the sea; they were fishermen. Jesus said to them, "Come after me, and I will make you fishers of men." Then they abandoned their nets and followed him. He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him.

PRIMERA LECTURA

JUAN 3, 1-5. 10

En aquellos días, el Señor volvió a hablar a Jonás y le dijo: “Levántate y vete a Nínive, la gran capital, para anunciar ahí el mensaje que te voy a indicar”.

Se levantó Jonás y se fue a Nínive, como le había mandado el Señor. Nínive era una ciudad enorme: hacían falta tres días para recorrerla. Jonás caminó por la ciudad durante un día, pregonando: “Dentro de cuarenta días Nínive será destruida”.

Los ninivitas creyeron en Dios, ordenaron un ayuno y se vistieron de sayal, grandes y pequeños. Cuando Dios vio sus obras y cómo se convertían de su mala vida, cambió de parecer y no les mandó el castigo que había determinado imponerles.

SALMO RESPONSORIAL

24, 4-5AB. 6-7BC. 8-9

R. Descúbrenos, Señor, tus caminos.

Descúbrenos, Señor, tus caminos, guíanos con la verdad de su doctrina. Tú eres nuestro Dios y salvador y tenemos en ti nuestra esperanza. R.

R. Descúbrenos, Señor, tus caminos.

Acuérdate, Señor, que son eternos tu amor y tu ternura.

Según ese amor y esa ternura, acuérdate de nosotros. R.

R. Descúbrenos, Señor, tus caminos.

Porque el Señor es recto y bondadoso, indica a los pecadores el sendero, guía por la senda recta a los humildes y descubre a los pobres sus caminos. R.

R. Descúbrenos, Señor, tus caminos.

SEGUNDA LECTURA

1 COR 7, 29-31

Hermanos: Les quiero decir una cosa: la vida es corta. Por tanto, conviene que los casados vivan como si no lo estuvieran; los que sufren, como si no sufrieran; los que están alegres, como si no se alegraran; los que compran, como si no compraran; los que disfrutan del mundo, como si no disfrutaran de él; porque este mundo que vemos es pasajero.

ACLAMACIÓN ANTES DEL EVANGELIO

MC 1, 15

R. Aleluya, aleluya.

El Reino de Dios ya está cerca, dice el Señor.

arrepíentanse y crean en el Evangelio.

R. Aleluya.

EVANGELIO

MARCO 1, 14-20

Después de que arrestaron a Juan el Bautista, Jesús se fue a Galilea para predicar el Evangelio de Dios y decía: “Se ha cumplido el tiempo y el Reino de Dios ya está cerca. Arrepíentanse y crean en el Evangelio”.

Caminaba Jesús por la orilla del lago de Galilea, cuando vio a Simón y a su hermano, Andrés, echando las redes en el lago, pues eran pescadores. Jesús les dijo: “Sígueme y haré de ustedes pescadores de hombres”.

Inmediatamente dejaron las redes y lo siguieron.

Un poco más adelante, vio a Santiago y a Juan, hijos de Zebedeo, que estaban en una barca, remendando sus redes. Los llamó, y ellos, dejando en la barca a su padre con los trabajadores, se fueron con Jesús.

A Family of Faith

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Catechist and Family Formation
Catequista y Formación Familiar

Weekly Faith Formation Calendar

SUN 21 JAN	Formacion en la Fe Familiar—10:00 AM OCIA Families—11:45 AM
MON 22 JAN	6:30 PM—Vespers—all welcome 7:00 PM—OCIA—Mercy Hall
TUE 23 JAN	Faith Formation—6:00 PM
THU 25 JAN	Adult Confirmation Classes Begin 7 PM—St Toribio Room
SAT 27 JAN	No FFF—Catechist in-service
SUN 28 JAN	Formacion en la Fe Familiar—10:00 AM OCIA Families—11:45 AM
MON 29 JAN	6:30 PM—Vespers—all welcome 7:00 PM—OCIA—Mercy Hall
TUE 30 JAN	No FFF—Catechist in-service
THU 01 JAN	Adult Confirmation Class—7PM



ADULT BIBLE STUDY (8 weeks)
Unlocking the Mystery of the Bible
Thursdays, 7:00—8:30 pm
In person / online
Sign up: <https://is.gd/bible2024>



PRAYER: Mass Intentions

Sunday 1/21
2nd Sunday in Ordinary Time

Catherine Chang +; Miriam Romo S.I.;
Tony Padilla +; People of the Parish;
Gabriel Gutierrez S.I.;
Rosario Purugganan +;
Sylvano Houlemard +

Monday 1/22
Day of Prayer for the
Legal Protection of
Unborn Children

Carmelita Aurora Tia +

Tuesday 1/23
Tuesday of week 3 in
Ordinary Time

Paul Rust S.I.

Wednesday 1/24
St. Francis de Sales,
Bishop, Doctor

Pauline Glover +

Thursday 1/25
The Conversion of
St. Paul, Apostle

Holy Souls +

Friday 1/26
Sts. Timothy & Titus,
Bishops

Lili Torres S.I.



Formation Kids: Kids' Corner Esquina de niños



If God asked you to come and follow Him right now would you be ready to drop everything and follow? In today's Gospel reading that's exactly what happened to Simon and Andrew and James and John.

They had been working at their fishing nets when Jesus walked past and called them to follow Him.

We are all called to follow Jesus in some way. God wants some people to give up their lives for others like Jesus did, and some people He wants to look after the poor and sick. Some people are called to care for children and some to build things. Some people are called to be special followers of Our Lord as priests and religious.



Do you know how you can best follow Jesus? When you're young the best way to be like Him is to be kind to everyone and honour and obey your parents like the Child Jesus did. Also, you can already start praying that when the time comes you will be know how to follow Our Lord in the way that you can serve Him best.



More Formation: Families & Adults

Sundays, 8 AM Mass, OCIA Adult Dismissal & BOW
Our OCIA Catechumens / Candidates will be dismissed at the 8AM Mass for Breaking Open the Word.

Mondays, 6:30 PM, Mercy Hall—Vespers
Evening Prayer of the Catholic Church—All are welcome. Hosted by the OCIA Adult Formation Community

Mondays, 7 PM, Mercy Hall — OCIA Adult Formation
Seeking Faith and Sacraments for Adults.
Our on-going Monday Night OCIA for adults thinking about becoming Catholic and/or those who need to complete their Sacraments. For Info or to Register, contact slmdoty@cbssac.org

Wednesdays, 7PM, online—Keeping the Flame Alive
With Fr. O'Reilly and Donna Pineda

Thursdays, 7PM—Adult Confirmation Prep.



Prayer: Breaking Open the Word
Mass Preparation for Sunday, JAN 28

Preparar: 4to Domingo de Tiempo Ordinario

Dt 18:15-20
 Salmo 95:1-2, 6-7, 7-9
 1 Cor 7:32-35
 Marco 1:21-28

Enfoque del evangelio:

En el evangelio del próximo domingo, continuamos siguiendo a Jesús después de que Juan lo bautice en el Jordán. Lo estamos viendo al comienzo de Su ministerio, mientras la gente está despertando a la realidad de que Dios está vivo en Jesús. Incluso vemos que los demonios (espíritus malignos) saben que Jesús es el “¡Santo de Dios!” Vemos que Jesús tiene poder no sólo para sanarnos y liberarnos de los demonios, sino que también puede mandarlos y ellos deben obedecer.

Esta es una enseñanza importante para nosotros: incluso los espíritus malignos conocen la obediencia y la siguen.

Con tu familia

- ◆ *Lea Marcos 1:21-28*
- ◆ *Lea por segunda vez y seleccione todas las palabras de acción atribuidas a Jesús. ¿Qué hizo él? (Enseñó, reprendió, dijo, ordenó...)*
- ◆ *Piensa en nuestras acciones. ¿Levantamos a otros a pensar en Dios y su bondad? ¿Reflexionamos sobre nuestra propia bondad?*
- ◆ *Pidamos a Dios que nos haga más parecidos a Jesús y que deseemos acercarnos a Él a través de nuestras acciones y palabras.*

Prepare: 4th Sunday of Ordinary Time

Dt 18:15-20
Ps 95:1-2, 6-7, 7-9
1 Cor 7:32-35
Mark 1:21-28

Gospel Focus:

Next Sunday’s gospel, we continue to follow Jesus after He is baptized by John in the Jordan. We are seeing Him in the beginning of His ministry, as people are being awakened to the reality that God is alive in Jesus. We even see that the demons (evil spirits) know Jesus is the “Holy One of God!” We see Jesus has power not only to heal and free us from demons, but Jesus is also able to command them and they must obey.

This is an important teaching for us, that even evil spirits know obedience and follow it.

With your Family

- ◆ Read Mark 1:21-28
- ◆ Read a second time and pick out all the action words ascribed to Jesus. What did he do? (Taught, rebuked, said, commanded ...)
- ◆ Think about our actions. Do they raise others up to think of God and His goodness? Do they ponder our own goodness?
- ◆ *Let us ask God to make us more like Jesus and to desire to bring others to Him through our actions and words.*
- ◆ *Pray Psalm 95 together.*

January / Enero – Week 4

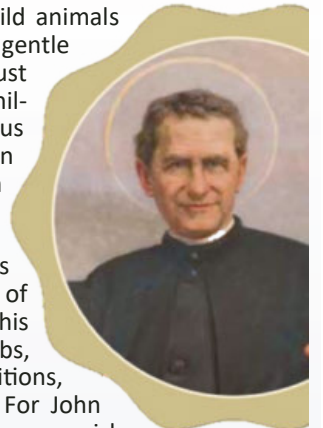
The fourth week of the month our focus is family at home with our Saint of the Month and Saint of the Month (parent guide p 120)

La cuarta semana del mes nos enfocamos en la familia en casa con el Pasaje Bíblico y el Santo del Mes (guía para padres, p. 120).



Saint of the Month: St. John Bosco

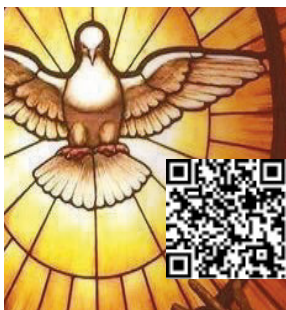
When he was only nine, John Bosco had a powerful dream. A large group of rough boys were fighting and swearing. He jumped into their midst and tried to stop them not only with his words, but with his fists. Suddenly a man appeared, his face shining so bright that John Bosco could barely look at him. The man said, “You will win these friends not by blows, but by gentleness and love.” A gentle woman with a sparkling mantle then took John Bosco’s hand and showed him fierce wild animals unexpectedly transformed into gentle lambs. She explained that he must do the same thing for her children—and then he awoke. Jesus and Mary had come to John Bosco to show him how to win young people for Christ. The memory of this dream would stay with him for the rest of his life. John Bosco spent the rest of his life working for the boys in his care. He helped find them jobs, improved their working conditions, and gave them places to stay. For John Bosco, kindness was better than punishment in changing the lives of those in need. He died in 1888 and received the title “Father of young people”. His Feast Day is January 31st and is the Patron of magicians, students and juvenile delinquents. He is an example of putting Jesus and others before himself with love. St. John Bosco, help me bring others to Jesus through gentleness and love!



Santo del Mes: San Juan Bosco

Cuando solo tenía nueve años, tuvo un sueño poderoso. Vio a un gran grupo de niños, muchos de su edad, que jugaban duro y maldecían. Junto a ellos había un hombre y una mujer, majestuosos y altos. El hombre le dijo que con mansedumbre y amor “conquistaría a estos, sus amigos”, y la mujer le dijo que fuera fuerte y humilde. Cuando Juan Bosco despertó, entendió que este sueño signi icaba que iba a ganar a estos niños para Jesús. El recuerdo de este sueño permanecería con él por el resto de su vida.

Juan Bosco pasó el resto de su vida trabajando para los niños bajo su cuidado. Ayudó a encontrarles trabajo, mejoró sus condiciones laborales y les dio un hogar donde vivir. Para Juan Bosco, la bondad era mejor que el castigo para cambiar la vida de los necesitados. Murió en 1888 y se le dio el título de “Padre y maestro de la juventud”. Su fiesta es el 31 de enero y es el santo patrón de magos, escolares y delincuentes juveniles. Es un ejemplo de predicación sobre Jesús a otros con amor. ¡San Juan Bosco, ayúdame a acercarme a otros a Jesús a través de la gentileza y el amor!



Adult Confirmation

Classes begin January 27, 2024

Register now:

<https://is.gd/adultconf2024>

More information:

slmdoty@cbsac.org



Help Cathedral FFF shop their Amazon Wish List

Faith Formation constantly needs classroom

supplies! Anything you can do is greatly appreciated!

Amazon Wish List Link: **<https://is.gd/wishlistfff>**

Sacramento Chinese Catholic Community

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RECONCILIATION: 1st Sunday of the month before mass. Please contact John Wong or Fr. Chiu in advance.

Tel: 916-583-8306

Email: sccc.contact@gmail.com

Facebook: [@sacchinesecatholic](https://www.facebook.com/sacchinesecatholic)

Instagram: <https://is.gd/SCCCinstagram>

Website: www.sacchinesecatholic.org/



Chinese Portal:
Announcements/
Sunday Readings



Fr. Abraham Chiu
趙必成神父



A Glimpse of Spirituality 靈修一瞥108 (Luke 17:1-6)

Faith to us is not a moment, but a journey. Jesus was essentially saying that God can do a lot with a little trust. Jesus' point is that even a little trust leads to great things. How do we get faith?

Jesus said, "If you had faith as a grain of mustard seed, you could say to this sycamore tree: 'Be rooted up, and be planted in the sea,' and it would obey you." Faith is certain to accomplish its goal. The noun "faith" (pistin) also means "trust in God." This faith, while people entrusting their lives into the hands of God, though not that great, is still the confidence in God's divine providence.

We must put our trust in God and God's truth due to our relationship with God. Jesus underscored that if we have even a small relationship with God, this little faith can direct our lives, comfort us when we are discouraged, and challenge us when we are self-satisfied. Jesus, in this parable, did not ask his disciples to move trees or mountains; rather, faith is strong enough to plant a tree in the sea. By the use of this metaphor, however, Jesus challenges us to attempt the difficult things of life.

The tree Jesus mentioned is a variety of large, deeply rooted trees that grow in the Middle East. The picture of a tree being uprooted and planted in the sea indicates that unexpected and surprising things are the product of genuine trust. With faith, Christians are ready to attempt things as symbolized by the big tree that the worldly and the sophisticated laugh at. Jesus did not shed light on the quantity of faith but genuine faith that is to rely truly on God. Faith is increased when we manifest our love towards others.

信仰對基督徒來說，不是一瞬間，而是一輩子的旅程。耶穌在比喻裡面啟示，只要一點信德，天主就可以在世界做很多事。耶穌觀點：即使小如芥子的信德，也會完成偉大事。那麼，如何獲得信德呢？

耶穌說：“如果你們有信德象芥子那麼大，即使你們給這棵桑樹說：你們連根拔出，移植到海中去！它也會服從你們的。”信德一定帶來結果；名詞“信德”（pistin）意指“信任天主”。當人將生命交託天主手中，就算信德並非很大，但仍是對天主恩賜的寄託與信任。

基於我們與主的緊密關係，必然相信天主以及祂的真理。耶穌強調，即使我們與主只是淺薄關係，這小小信德足以導航生命，比方：沮喪時得到安慰，自滿時提出挑戰。比喻中，耶穌並沒要求門徒移山倒海，相反，強調的是信德，當信德堅強，就可以面對信仰旅程當中的種種困難事，如移樹到海。

耶穌提到的桑樹，是生長在中東一種高大根深的樹木。一棵大樹被連根拔起並移植海裡，比喻為真誠信德會給人帶來意想不到或令人驚訝的結果。

憑著信德，基督徒準備面對世界對信仰的衝擊；耶穌不是以量來看信德，而是質量方面，要完全信靠天主。當愛主愛人時，信德就會增強。

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral.

English: 1st Thursday of the month at 7pm.

Española: 2^o jueves del mes a las 7 pm.

BAPTISM

Contact Deacon Omar Bardales at the Parish Office

baptism@cbssac.org or 916-444-3071 Ext. 28

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in

Español a las 9 AM el segundo y cuarto sábado de cada mes.

CONFESSION/RECONCILIATION

Monday - Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at slmdoty@cbssac.org.

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at: matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila at tkila@cathedralsacramento.org.



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CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

FAMILY AND ADULT FAITH FORMATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

ORDER OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (OCIA):

Go to: www.cathedralsacramento.org/ocia

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Parish Information

Page 10 | Sunday, January 21, 2024 | 3rd Sunday in Ordinary Time

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

Spanish Choir (12:00 pm)

Jerry Vanoye

Spanish Choir (6:00 pm)

Ricardo Savala

Saint Toribio Choir - The Youth Choir of The Cathedral

Rex Rallanka at rrallanka@cathedralsacramento.org or Gayle Winney, gwinney@cbssac.org

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Lectors

Maggie Jones, lector@cathedralsac.org

Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilynn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Susan Moeller, susandurand@gmail.com

Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@gmail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

Media Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly, praytherosarywithus@yahoo.com

Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS

Catechetical Faith Formation / Sacraments for Families

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Formacion en la Fe Familiar (FFF) en Espanol

Deyanira Galvez Galvez, dvgv@gmail.com

Catequistas para Formacion en la Fe Familiar

Manuela Castaneda luni_6_7@hotmail.com

Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Order of Christian Initiation for Adults (OCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

COMMUNITY GROUPS

Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

Cathedral Filipino-American Group of Sacramento

John Ponce, johne.poww@gmail.com

Cathedral Young Adults

Victoria Ramos, cathedrallya@gmail.com

Chinese Community

John Wong, sccc.jwg@gmail.com

Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Memo Hernandez

Fr. Michael Kiernan

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon Edgar Hilbert

Sr. Lisa Marie Doty, FDCC,

Director of Faith Formation & OCIA

Rex Rallanka,

Director of Liturgy & Music

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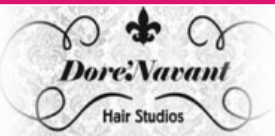
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