

# Sixth Sunday of Ordinary Time

Sunday, February 12, 2023



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

## CATHEDRAL OF THE BLESSED SACRAMENT

*Stewards of God's Gifts*

### MASS SCHEDULE

\* Livestream available on Sundays & Holy Days of Obligation

#### Sunday | Domingo

English 8:00 am  
English 10:00 am\*  
Español 12:00 pm\*  
Chinese 2:00 pm\*  
English 4:00 pm  
Español 6:00 pm

#### Monday - Friday

Lunes - Viernes  
12:10 pm

#### Saturday | Sábado

NO VIGIL MASS

### ADORATION

Wednesday & Thursday  
1:00 pm to 4:00 pm

### RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

Connect with us!

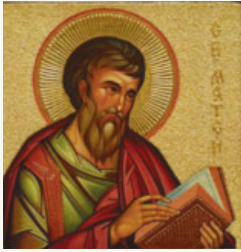


[cathedralsacramento.org](http://cathedralsacramento.org)

# Readings and Observances

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## Stewardship Reflection



Today's readings challenge us to reflect on the true state of our hearts as it relates to stewardship. Do we think of stewardship as something we take care of once a year, simply a matter of ticking off boxes on a commitment card — or do we choose to embrace it as a spirituality and way of life that allows us to grow in conformity to Christ every day?

Our first reading, from the book of Sirach, teaches that our good God has given us freedom to make this choice — “Before man are life and death, good and evil, whichever he chooses shall be given him.”

The concept of stewardship helps us to live out the fundamental choice to put God first. Stewardship is not meant to be a mere external exercise that we participate in on an occasional basis. It is meant to be embraced as a way of life a life that involves a continuous conversion of heart.

In our Gospel passage from Matthew, Jesus illustrates the difference between an external observance of the law and a true conversion of heart, saying, “You have heard that it was said... you shall not kill... But I say to you, whoever is angry with his brother will be liable to judgment.” Our Lord is asking us not only for exterior acts, but for a true change of heart. In stewardship terms, that means seeing everything as a gift from Him, to be used for His glory and the good of others.

In the week ahead, let us examine the state of our hearts to ask ourselves if we have chosen to allow stewardship to become a way of life for us. Only then we will experience its true depth and heart-changing possibilities. The choice is ours.

## Readings and Observances

### Sunday 2/12

6th Sunday in Ordinary Time,  
World Marriage Day

Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34 (1b)/  
1 Cor 2:6-10/  
Mt 5:17-37

### Monday 2/13

Monday of the Sixth Week in Ordinary Time

Gn 4:1-15, 25/Ps 50:1 and 8, 16bc-17, 20-21/  
Mk 8:11-13

### Tuesday 2/14

Sts. Cyril, Monk, and Methodius, Bishop;  
Valentine's Day

Gn 6:5-8; 7:1-5, 10/  
Ps 29:1a and 2, 3ac-4, 3b and 9c-10/  
Mk 8:14-21

### Wednesday 2/15

Wednesday of the Sixth Week in Ordinary Time

Gn 8:6-13, 20-22/  
Ps 116:12-13, 14-15, 18-19/  
Mk 8:22-26

### Thursday 2/16

Thursday of the Sixth Week in Ordinary Time

Gn 9:1-13/Ps 102:16-18, 19-21, 29 and 22-23/  
Mk 8:27-33

### Friday 2/17

The Seven Holy Founders of the Servite Order

Gn 11:1-9/Ps 33:10-11, 12-13, 14-15/  
Mk 8:34—9:1

### Saturday 2/18

Saturday of the Sixth Week in Ordinary Time

Heb 11:1-7/Ps 145: 2-3, 4-5, 10-11/  
Mk 9:2-13

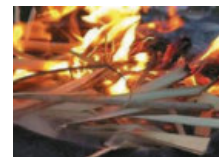
### Sunday 2/19

7th Sunday in Ordinary Time

Lv 19:1-2, 17-18/Ps 103:1-2, 3-4, 8, 10, 12-13 (8a)/  
1 Cor 3:16-23/  
Mt 5:38-48

## Palms for Ash Wednesday Ashes

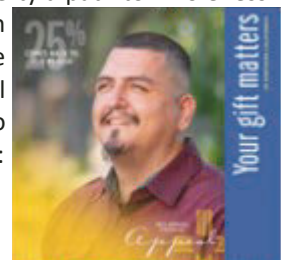
Lent begins on February 22 with Ash Wednesday. Please bring your old palms from last year which will be burned on Sunday February 19 at the 10am and 12 Noon Masses to create the ashes for Ash Wednesday. Use the white basket on the glass entrance table.



## Annual Catholic Appeal

Together as Catholics, we can give people experiencing physical, emotional and spiritual poverty a path to wholeness. We can also support our parish outreach to neighbors in need. Please give generously to the Annual Catholic Appeal. 25% comes back to our parish. Watch one man's story: <https://www.scd.org/aca/osvaldo>

Your Gift Matters  
Give online: [www.scd.org/acagive](https://www.scd.org/acagive)



ONLINE DONATIONS:  
Regístrese para este servicio/  
Register for this service at:  
[www.is.gd/text2give](https://www.is.gd/text2give)



Thank You!  
Gracias!



**Photography Policy:** It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.



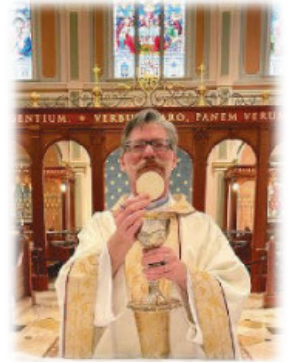
## “Do This in Memory of Me”

### Stewardship Lenten Retreat

Saturday, February 25, 2023

8:00 a.m. to 4:00 p.m.

Starting with Mass in the Cathedral and continuing in Mercy Hall. Continental breakfast and lunch will be provided.



#### Bringing Stewardship and Eucharist into Focus

We are in the midst of a three-year Eucharistic Revival. In this world with so much hurt and pain, we need the Eucharist more than ever. If we unite around the Eucharist, the source and summit of our faith, the Church will be renewed. This year’s Lenten Retreat will focus on the Eucharist, particularly how it connects to Stewardship.

Visit [eucharisticrevival.org](http://eucharisticrevival.org) for more info on the Eucharistic Revival.

*“To be in the right relationship with God, all of us should hunger and thirst for the Eucharist. We should be in the right relationship so that we can receive worthily of His body.” — Fr. Greg*



“Fr. Greg” Paffel

*“Blessed are they who hunger and thirst for righteousness, for they will be satisfied.” Mt 5:6*

Our inspirational speaker, Fr. Greg, is Pastor of Parishes on the Prairie Area Catholic Community in the Diocese of St. Cloud in Minnesota. A graduate of Franciscan University of Steubenville, Fr. Greg attended the St. Paul Seminary in St. Paul, Minn. for his priestly studies.

Fr. Greg invites each of us to hear the message of Stewardship and the Eucharist. He points out that we were called to stewardship before we were called to discipleship.

### Please register no later than February 17, 2023

Registration will be available after each Mass on Sunday, February 5, 12, and 19.

Registration is also available online by going to <https://is.gd/lentenregistration>

or by scanning the QR code on the right. ➡



#### CATHEDRAL TOURS

For those of you who may be interested in the history, art, and restoration of the Cathedral, please join one of our docents for a tour beginning at the baptismal font following the closing hymn after the 8:00am and 10:00 am English Masses and after the 12 Noon Spanish Mass. Our Docents will share with you how the Cathedral is such an important part of early California history. Learn about our beautiful and important art works and how symbolism in these art works is so integral to our Catholic Faith.

Learn more at: <https://is.gd/cathedraltourresources>

## Pastor's Corner

It's that time of year again. Tax time! Maybe it seems a little early for some of us to be getting our tax paperwork ready, but for those responsible for making sure people are on time with their taxes, now is the time. For us at the Cathedral, this means that we send out our financial contribution letters to all the varied supporters of the Cathedral. These letters specify your individual contributions for last year so that you can claim them as tax deductions when filing.

Every year during this time I sign each of these letters. I always anticipate having a weary hand by the time I finish which shows me how many generous parishioners support our Cathedral. Some years, especially during Covid, it did not take long for me to sign them, but this year we seemed to have had a record number of donors faithfully living out their call to be good stewards of their treasure. As I sign each letter, I read the names and their contributions and say a little prayer for each household. Signing these letters helps me, as your priest, offer your lives in a little way to our Heavenly Father, each of you making a sacrifice to join in the Sacrifice of His Son and our savior. Each year I recognize more of your names. Each year I experience a deeper sense of fatherliness as God's children offer back to our one true Father gifts acceptable to the Lord.

This is my eleventh tax season with you all. Although this is hardly a "religious" season, it does provide a wonderful opportunity to remember the importance of charitable giving and good stewardship. As well, this letter you receive in the mail is the one letter from me that I'm sure you will open up and read. I encourage you to pray about your commitment to being good stewards and continue to support the Cathedral through financial giving. Of course, if you didn't receive a letter, I realize that many people financially support us without keeping any record of their support. I thank all of you for helping to keep the Cathedral an active Christian community in Sacramento and commend you all as good stewards of your time, talent, and treasure.

Fr. Michael

## Liturgy & Music Corner

### Reflection on Desiderio Desideravi #15

Beginning with paragraph 42, Pope Francis begins to talk about the importance of symbols. In the Liturgy we encounter the Word, sacramentally. Instead of spiritual abstractions, material things of creation carry the mystery of God. Pope Francis lists some of the symbols used in the Liturgy: bread, wine, oil, water, fragrances, fire, ashes, rock, fabrics, colors, body, words, sound, silences, gestures, space, movement, action, order, time, and light."

It is these symbols, used in the Liturgy that gives glory to God, not by adding anything to God (which is impossible), but because it allows us "to see God in the celebration of the mysteries, and in seeing Him to draw life from his Passover." Pope Francis then quotes St. Irenaeus, "The glory of God is man alive, and the life of man consists in seeing God: if the revelation of God through the creation already gives life to all living beings on earth, how much more then is the manifestation of the Father through the Word the cause of life for those who see God." Irenaeus Lugdunensis, *Adversus haereses IV*,20,7

Quoting Romano Guardini, Pope Francis writes that the first task of liturgical formation is the understanding of symbols. It is the responsibility of us all, ordained ministers, and the faithful alike. He then makes this strong observation, (We have) "become illiterate, no longer able to read symbols". Every symbol is both "powerful and fragile". If we don't respect them, and treat them for what they are, they shatter and become insignificant. The power of symbols, of the desire of God to reach us in material ways is "always ready to re-emerge, as is every truth". Next time we will look at how Pope Francis proposes that we "once again become capable of symbols".

## Knights of Columbus/Caballeros de Colón



In 1882, our founder, Blessed Michael McGivney had a vision of a group of men supporting each other and providing for their families financially. For over 135 years the Knights of Columbus has turned this vision into reality- men together, in true Christian charity, using their time, talent and treasure to support the work of the parish and those in need in the greater community. Together, we're empowering Catholic men to live their faith at home, in their parish, at work and in their community. **Contact: Gabriel Gutierrez at [gutierrezgabriel@yahoo.com](mailto:gutierrezgabriel@yahoo.com).**

En 1882, nuestro fundador, el Beato Michael McGivney, tuvo la visión de un grupo de hombres que se apoyaban mutuamente y mantenían económicamente a sus familias. Durante más de 135 años, Los Caballeros de Colón ha convertido esta visión en realidad: hombres juntos, en verdadera caridad cristiana, usando su tiempo, talento y tesoro para apoyar el trabajo de la parroquia y los necesitados de la comunidad en general. Juntos, estamos empoderando a los hombres católicos para que vivan su fe en el hogar, en su parroquia, en el trabajo y en su comunidad.

**Contacto: Gabriel Gutierrez en [gutierrezgabriel@yahoo.com](mailto:gutierrezgabriel@yahoo.com).**

## Let's Talk Parish



This Cathedral podcast seeks to create a greater sense of community among parishioners. Each episode features Cathedral staff member or parishioner in casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us at: 916-545-5376 or <https://is.gd/talkparish>

What is a PODCAST? A digital audio file made available on the internet for downloading to a computer or mobile device, typically available as a series, new installments of which can be received by subscribers automatically.

## Mass Intentions

- Sunday 2/12** Maria and Humberto Pacheco +; Sabino Jimenez +; Louise Meraz +; Alice Missling +; People of the Parish S.I.
- Monday 2/13** Zachary Strum S.I.
- Tuesday 2/14** Tony Ott +
- Wednesday 2/15** For the Hirtzel Family members +
- Thursday 2/16** Victor Amador S.I.
- Friday 2/17** Cathedral Young Adults S.I.; Father Raj Derivera S.I.

*Please keep these mass intentions in your prayers and continue to pray for yourself, your family, your friends and all living things.*

*It's not too late to begin to GROW in Your Catholic Faith in the New Year!*

### COMPLETE SACRAMENTS

*It's not too late to begin!*

### STUDY the BIBLE

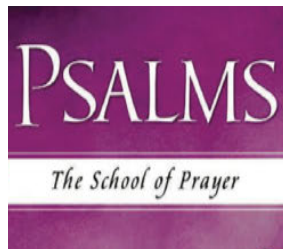


For Catholics who need to receive the Sacrament of Confirmation (already Baptized and received Eucharist)

Began Thursday, February 2nd—7pm, concluding in May with the Sacrament of Confirmation to be conferred on Saturday, May 27th. Request Registration Form:

[www.is.gd/adultconfirmation2023](http://www.is.gd/adultconfirmation2023)

### Study the Psalms this Year #BibleTimeline Series



The School of Prayer reminds us why the Psalms are at the heart of the Bible. They are prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself and our Blessed Mother prayed them.

Thursdays, 7PM @ Cathedral  
Began on January 5th

You can still REGISTER: <https://is.gd/psalms2023>



*Have you thought about becoming Catholic?*

RITE OF CHRISTIAN INITIATION OF ADULTS

Coming to the Cathedral and thinking about becoming Catholic? Are you Baptized Catholic and want to complete your Sacraments of Confirmation and Eucharist?

RCIA Classes on Mondays, 7PM in Mercy Hall  
Request Information and/or Register:

[www.cathedralsacramento.org/rcia](http://www.cathedralsacramento.org/rcia)

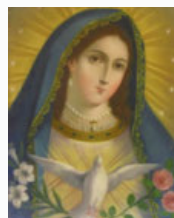
### KEEP THE FLAME ALIVE

Join us with Fr. O'Reilly as we seek to encounter Christ in the Gospels

Wednesday Zoom gatherings  
7:00 PM - 8:30 PM

To receive the Zoom link/info, please send an email to Donna at [Flamealive22@Gmail.com](mailto:Flamealive22@Gmail.com)

**Thank you for participating in AmazonSmile**  
The program is ending in February. Your participation has been beneficial to our parish. As of February 20, your AmazonSmile extension will automatically end on your Amazon Account. Thank you!

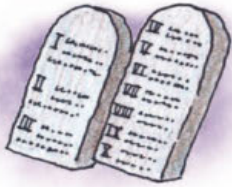


Come Pray the Holy Rosary with Us!  
Friday Mornings 7:30 am  
Sunday Mornings 11:15 am Bilingual



## Kids' Corner **Esquina de niños**

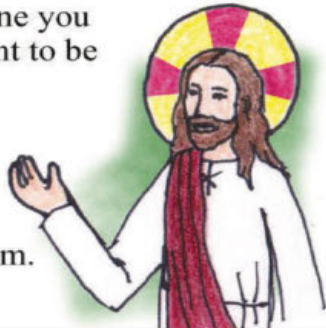
### What does Jesus say about the Commandments?



In today's Gospel reading Jesus was talking about the laws of God. Some people thought that He would take away the old law that God had given the Jews. But Jesus said that He didn't come to take away the law. He came to fulfill the law.

The old laws tell us the things that we shouldn't do, like worship false gods or kill people or steal. Jesus is telling us that just obeying the commandments isn't enough. He wants us to do everything out of love. If you really love a person then of course you won't kill them! But He says you shouldn't get angry at them either. You wouldn't steal from someone you love- but wouldn't you want to be generous to them too?

Jesus says that the Ten Commandments are very important, but we have to do more than just obey them. We need to love!



What are the first 3 Commandments that have to do with honoring God?

\* Look for the other Uno the Sheep in the bulletin for the Answer

## Family Bible Moment

Last Sunday we reflected on this week's Gospel from Matthew 5:17-37, Jesus gives us insight to His authority above the Law. Looking ahead to next week—7th Sunday of Ordinary Time—we continue the Jesus' sermon on the mount: Jesus challenges us to love our enemies.

### Read next Sunday's Gospel, **Matthew 5:38-48**

Jesus challenges us in the Gospel:

- "...offer no resistance to one who is evil." In other words, do not fight with them. In fact, Jesus tells us to 'go the extra mile' when others press us to help them.
- "... love your enemies and pray for those who persecute you."

Jesus' challenges to love without measuring is a hallmark of Christian life. He shows us that we should have regard for all people, not just those who we get along with, or those who are agreeable to us. Loving of those who hate us is truly counter to all that the people of Jesus' day would consider reasonable. Who are the people that are difficult in your life? At school, at work, or even among your relatives? The perfection we are called to is to be this 'countercultural sign' of love.



We ask prayers for members of our Family RCIA group who will be received by Fr. Michael this weekend through the Rite of Acceptance and Welcoming. We ask that you continue to pray for their continued journey toward full initiation in the Catholic Church.

#### Catechumens

Jaden Alarcon  
Leilani Alarcon  
Marco Alarcon  
Tatiana Alarcon  
Maricela Benavidez  
Aliana Cervantes  
Alanni Cervantes  
Hansel Gustafson  
Julie Gustafson

#### Candidates for

#### Confirmation 1st Eucharist

Alfonso Estrada  
Analeecia Estrada  
Andres Estrada  
Alexis Lorenzana  
Mateo Lorenzana  
Leo Reyes  
Genevieve Zamora

#### Candidates for Confirmation

#### From the Family Groups

Clifford Coloma  
Angeles Guel

May the Lord grant them the spiritual graces they need for their journey toward Sacraments. Let us pray for them.

## A Family of Faith

Jesus, Mary and Joseph  
Most Holy Family, Pray for Us!



## Upcoming Faith Formation Dates

Próxima formación en la fe

**SAT** Family Faith Formation—Sac Prep Group  
**FEB 11** 10:00 AM—Mercy Hall  
Fired Up Chaperones Zoom Mtg 7:00 PM

**SUN** RCIA Breaking Open of the Word—8AM  
**FEB 12** Formacion en la Fe Familiar—10AM  
RCIA Fam. —11:30am, St Toribio  
Faith Formation—Chinese 12:30  
Confirmation 1—Chinese 3:30

**MON** 6:30 pm—Vespers, Open to All  
**FEB 13** 7:00 pm—RCIA Adults—Mercy Hall

**TUE** Family Faith Formation—Sac Prep Group  
**FEB 14** 6:00 PM—Mercy Hall

**WED** Fired Up Chaperones Meet and Greet  
**FEB 15** 6:00 PM—St. Pius X Room

**THUR** 7PM—Adult Bible Study—the Psalms  
**FEB 16** 7PM—Adult Confirmation Preparation

**SAT** Family Faith Formation—Sac Prep Group  
**FEB 17** 10:00 AM—Mercy Hall

**SUN** RCIA Breaking Open of the Word—8AM  
**FEB 19** Formacion en la Fe Familiar—10AM  
RCIA Fam. —11:30am, St Toribio  
Faith Formation—Chinese 12:30  
Confirmation 1—Chinese 3:30

**MON** Fired Up Confirmation Youth with  
**FEB 20** Group Chaperones 6:00 PM—Zoom

**SAT** 2:00—6:30 PM Youth Confirmation 2  
**FEB 25** Fired Up Conference w/ Bishop Soto

## Circle of Grace | Circulo de Gracia

The month of February our Family Faith Formation will have its annual lessons, Circle of Grace, a faith-based safe environment curriculum that helps to form and educate children and youth (and parents) about the value of positive relationships with God and others. It teaches children/youth how to identify and maintain appropriate physical, emotional, spiritual, and sexual boundaries, and how to take action by involving parents and/or trusted adults.

**SATURDAY, FEBRUARY 4, 10 am**  
**TUESDAY, FEBRUARY 7, 6 pm**

**DOMINGO, 12 DE FEBRUARO, 10 am**  
**DOMINGO, 19 DE FEBRUARO, 10 am**

For more information about content: [Cathedral: Keeping Families Safe](#)

El mes de febrero, nuestra Formación Familiar en la Fe tendrá sus lecciones anuales, Círculo de Gracia, un currículo de ambiente seguro basado en la fe que ayuda a formar y educar a niños y jóvenes (y padres) sobre el valor de las relaciones positivas con Dios y los demás. Enseña a los niños/jóvenes cómo identificar y mantener límites físicos, emocionales, espirituales y sexuales apropiados, y cómo actuar involucrando a los padres y/o adultos de confianza.



**2023**


# THEOLOGY OF THE BODY

# TEOLOGIA DEL CUERPO

**FRIDAY, FEBRUARY 17 6:00—8:30 pm**

**St. John Vianney Catholic Church**

<p><b>EVAN LEMOINE</b></p>  <p>FOR <b>YOUTH</b></p> <p>⇒ WHO AM I AND WHAT DO I WANT? ⇒ GOD'S PLAN FOR LOVE AND SEXUALITY</p>	<p><b>FERNANDA GOMEZ</b></p>  <p>FOR <b>PARENTS</b></p> <p><b>Espanol</b></p> <p>⇒ TEOLOGIA DEL CUERPO Y LA EDUCACION DE LOS HIJOS ⇒ DISCIPLINA POSITIVA Y TEOLOGIA DEL CUREPO</p>	<p><b>KLARISSA CHICHICO</b></p>  <p>FOR <b>PARENTS</b></p> <p><b>English</b></p> <p>⇒ HUMAN LOVE IN THE DIVINE PLAN ⇒ PERSONAL TESTIMONY AND TIPS ON SHARING TOB MESSAGE</p>
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**For more info / register**  
[scd.org/TOB2023](http://scd.org/TOB2023) \$20/family



**FIRED UP** 02 | 25  
2023  
Confirmation Conference  
CONFERENCIA DE CONFIRMACIÓN

# Sacramento Chinese Catholic Community

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Tel: 916-583-8306

Email: [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)

Instagram: <https://is.gd/SCCCintagram>

Website: [www.sacchinesecatholic.org/](http://www.sacchinesecatholic.org/)

 [@sacchinesecatholic](https://www.facebook.com/sacchinesecatholic)



Chinese Portal



## A Glimpse of Spirituality (靈修一瞥) 60

Fr. Abraham Chiu 趙必成神父

Someone might say that if they know when the end of the world comes, they would prepare themselves by doing all kinds of good things in order to enter into heaven immediately. Yet, this is not a thorough preparation. Jesus does not prefer this kind of commercial deal but rather, a consistent conversion from sins, i.e. watchfulness.

In a reference to the story of Noah, Jesus ascertained that the sin of the people was placing too much emphasis on the cares and necessities of life. For instance, they were too concerned with eating and drinking – just as people are during the Christmas and New Year’s holidays, or even birthdays. People just stuff their stomachs with food and drink but not giving thanks to God for life and mercy. Jesus reminds us that there is something more important than eating or drinking as he said in Matt 24:38-39.

Since God may show up without an appointment, we must be prepared at all times. This attitude of life requires our watchfulness and awareness. Jesus said, “Watch therefore, for you do not know on what day your Lord is coming.”

Metaphorically, the verb “watch” (grēgoreite) carries the meanings of giving strict attention to, be cautious; or taking heed lest through remissness and indolence some destructive calamity suddenly overtake one’s life.

God will arrive unexpectedly. People do not know when a thief might break into their houses, so they are prepared for the thief at all times. Christians are sometimes so future-oriented that they forget the present entirely by spending too much time as to protect themselves against future uncertainties. However, what they need to do the best is to be more spiritually watchful to prepare for eternal life.

There is a saying about being saved by St. Thomas Aquinas: “Without God, I cannot. Without me, God will not.” However, these statements could be reinterpreted in another way: “Without God, I will not. Without me, God cannot.” That is to say, we will not be saved without God’s grace as well as without our personal conversion; God cannot take us to heaven.

有人說，如果知道世界末日何時降臨，就會做好各種準備，好能立昇天堂。然而，這非徹底準備，只是商業投機，耶穌不要天堂投資項目，而是不斷從罪惡當中悔改，即醒悟。

在提到諾厄的故事，耶穌說明罪惡是過分憂慮而忘記天主慈悲。比方，當時的人只顧“吃喝婚嫁，直到諾厄進入方舟的那一天”；就像人們在過聖誕和新年慶典，甚至生日派對，只是考量如何利用飲食塞滿肚子，而非感謝天主所賜生命和慈悲。耶穌再次提醒信徒，正如瑪24:38-39所說，有些事情比吃喝更為重要。

由於天主不在預約情況之下出現，信徒必須時刻做好準備。這種生活態度需要醒悟。耶穌說：“你們要醒寤，因為你們不知道：在那一天你們的主人要來。”

動詞“醒寤” (grēgoreite) 意即嚴密注意或謹慎守候；或是小心做人處事，以免因疏忽和懶惰而被突然災難毀滅生命。

天主不在人的計算占卜當中降臨。連小偷，都是在人們不覺察的時候闖入，因此人們需要時刻準備。有時候，連基督徒因憂慮將來而花費超多時間來保護自己，以免遭遇不測，從而忘記當下。然而，需要處理最好事情，是醒寤，準備永生。

聖多瑪斯有句名言：“沒有天主，我不能。沒有我，天主不會。” (Without God, I cannot. Without me, God will not) 這裡可以重新演繹：“沒有天主，我不會。沒有我，天主不能。” 意思就是，如果沒有天主恩寵，我們不會悔改，當我們拒絕悔改；天主不能帶我們進入天國。 ”

活在當下，同時指向未來



## ANOINTING OF THE SICK

Make an appointment by calling the parish office.

## BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral. *English*: 1st Thursday of the month at 7pm. *Spanish*: 2nd Thursday of the month at 7pm.

## BAPTISM

Contact Deacon Omar Bardales at the Parish Office [baptism@cbssac.org](mailto:baptism@cbssac.org) or 916-444-3071 Ext.22

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

## CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

## CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details at [cathedrafaithformationsac@gmail.com](mailto:cathedrafaithformationsac@gmail.com)

## HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

## MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

## MATRIMONY

Contact Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).



## CATHOLIC VIEWPOINT FAITH, HOPE & LOVE

With Fr. Michael F. Kiernan & Guests

Shalom World TV – Tuesday at 12:30 pm

Comcast Ch 20 – Sunday 7:00 am and

Thursday 5:00 pm

Or view us on YouTube or our website:

[www.CatholicViewpointFHL.com](http://www.CatholicViewpointFHL.com)

## CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

## FAMILY FAITH FORMATION AND EDUCATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## RITE OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (RCIA) Adults:

Go to: <https://is.gd/CathedralSacramentoRCIA>.

Exploring  
the beauty  
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# Parish Information

Page 10 | Sunday, February 12, 2023 | Sixth Sunday of Ordinary Time

## SACRED LITURGY

### Altar Servers

Michael Ognisty, mfognisty@msn.com

### Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

### Spanish Choir (12:00 pm)

Jerry Vanoye

### Spanish Choir (6:00 pm)

Ricardo Zavala

### Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

### Lectors

Maggie Jones, lector@cathedralsac.org

### Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

### Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

### Welcoming Ministry

Andrea Martin-Borges at andreamartin-borges@hotmail.com

## PRAYER

### Sunday Mass Rosary Group

John Fairbanks, john@capitolmr.com

### Adoration

Titi Kila, cbsadoration@gmail.com

### Evening Rosary Group

Marlene Mejia, mejia1@frontiernet.net

### Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

### Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

## FAITH FORMATION AND CATECHESIS

### Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

### Catechists for Faith Formation Spanish

Edith Gonzalez, edi\_d2@yahoo.com

### Family and Adult Faith Formation

Deyanira Galvez, Galvez.dgv@gmail.com

### Rite of Christian Initiation for Adults (RCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

### Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org



1. I am the Lord your God: you shall not have strange Gods before me.
2. You shall not use the Lord's Name in vain.
3. Remember to keep holy the Lord's day.

## SOCIAL and COMMUNITY SERVICE

### Brown Bag Lunch Ministry

Marilynn Fairgood, Marilyn\_Fairgood@att.net

### Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

### Festival of Trees

Paula Trujillo, trupaula@gmail.com

### Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

### Gift Shop Volunteers

Susan Moeller, susandurand@gmail.com

### Hospitality

Celeste Gisla, jfgisla@att.net

### Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

### Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

### Media Ministry

Titi Kila, communication@cathedralsac.org

### Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

### Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

## COMMUNITY GROUPS

### Benedictus Youth Group

Titi Kila, benedictusy@gmail.com; Sister Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

### Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

### Cathedral Filipino-American Group of Sacramento

Reynaldo (Rey) Rallanka, rallanka@att.net

### Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

### Chinese Community

John Wong, jwong@live.it

### Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

### Spanish Parents Group Leaders

Leticia Hilbert, leticia\_hilbert@hotmail.com

## PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon Edgar Hilbert

Sr. Lisa Marie Doty, FDCC,

*Director of Faith Formation & RCIA*

Rex Rallanka,

*Director of Liturgy & Music*

Michael Ognisty, *Sacristan*

Tom Waddock, *Plant Manager*

Victoria Ramos, *Secretary*

Katie McAllister, *Bookkeeper*

Titi Kila, *Wedding Coordinator*

Chris Houlemard, *Bulletin, Environment,*

*Webmaster*

## PARISH PASTORAL COUNCIL

Joey Martinez, Chair

Russel Almaraz

Esteban Arellano

Maria Balakshin

Andrea Martin-Borges

Maria Rosario

Aileen Rasmussen

Jose Solis

Jeff Weiss

Richard Zacaroli

## FINANCE COUNCIL

Robert Ingenito, Chair

Janet Bardales

Nancy Fairbanks

Michael Pease

**Restroom Keypads:** Please ask any usher for the weekly access code. Adults must accompany children.

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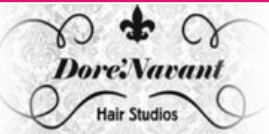
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