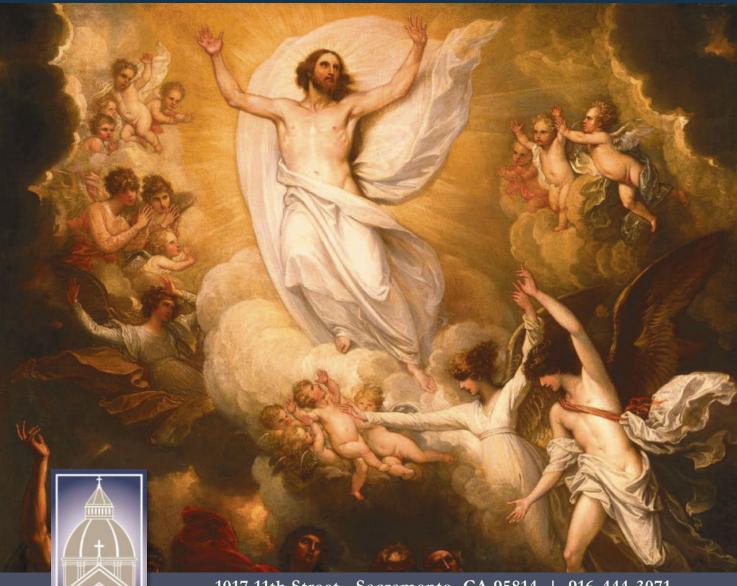
## Ascension of the Lord Sunday, May 21, 2023



1017 11th Street - Sacramento, CA 95814 | 916-444-3071



CATHEDRAL OF THE BLESSED SACRAMENT Stewards of God's Gifts

## MASS SCHEDULE

#### \* Livestream available on Sundays & Holy Days of Obligation

Sunday | Domingo English 8:00 am English 10:00 am\* Español 12:00 pm\* Chinese 2:00 pm\* English 4:00 pm Español 6:00 pm

Cathedral Hours: Monday - Friday 10-4 Office Hours: Monday-Friday 9-12 & 1-4 Monday - Friday Lunes - Viernes 12:10 pm

Saturday | Sábado NO VIĠIĹ MASS

#### **ADORATION**

Wednesday & Thursday 1:00 pm to 4:00 pm

## RECONCILIATION

Monday - Friday | Lunes - Viernes 11:30 am to 12:00 pm

> Saturday | Sábado 4:00 pm to 5:00 pm



## **Reflections and Readings**

Page 2 | Sunday, May 21, 2023 | The Ascension of the Lord

## Stewardship Reflection

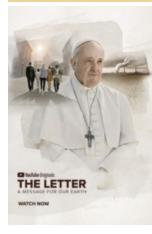
Today, we celebrate the great feast of the Ascension of our Lord, that glorious moment when Jesus, 40 days after His resurrection, was lifted up — quite literally— into heaven, as the apostles watched in stunned amazement. It is recounted in both our first reading, from Acts, as well as the Gospel passage, from Matthew. It must have been an extraordinary thing to witness.

But the first reading tells us that the apostles were not permitted to simply bask in the moment for very long. "While they were looking intently at the sky as he was going, suddenly two men dressed in white garments stood beside them. They said, 'Men of Galilee, why are you standing there looking at the sky?""

In other words, "Don't just stand there, do something!"

This verse is a call to each one of us Christian stewards this very day. We have been given every grace and blessing through the Mass and all of the sacraments, through the Word of God, the rich teachings of our faith, and even our talents and our material possessions.

And like those first apostles, we are not meant to just stand here but to do something with these gifts — in love and gratitude to the One Who gave them to us. We are called, just as much as the first apostles "to be [His] witnesses... to the ends of the earth," not with our own power, but through the power of the Holy Spirit in us.



Laudato Si' Week will be celebrated May 21 – 28 to mark the eighth anniversary of Pope Francis' landmark encyclical on care for creation. **"Cherishing the Gifts of Creation" – an Ecumenical Prayer Service:** Wednesday, May 24th, 2023, at Camp Pollock in Sacramento at 11am. Please register at: https://forms.office.com/r/DHQ3unM60f

We encourage you to watch the film "The Letter" at home with your friends and family. To learn more about the Laudato Si', please visit: www.theletterfilm.org.

## Cathedral Book Store



The Cathedral Book Store is open every Sunday. At other times throughout the week, please contact Susan Moeller for an appointment at 510-734-4158. We have pictures, religious items, Sacrament gifts, and prayer books in English and Spanish for children and adults.

## Readings and Observances

**Sunday 5/21** The Ascension of the Lord/World Communications Day

Monday 5/22 St. Rita of Cascia, Religious

Tuesday 5/23 Tuesday of the 7th Week of Eastertide

Wednesday 5/24 Wednesday of the 7th Week of Eastertide

**Thursday 5/25** Thursday of the 7th Week of Eastertide

Friday 5/26 St. Philip Neri, Priest

Saturday 5/27 Vigil for Pentecost

Sunday 5/28 Pentecost Sunday

## Mass Intentions

Sunday 5/21Terrance G. Kelly +;<br/>Max Mendoza +;<br/>Jose Eradio-Burruel +;<br/>Fermin Lukban S.I.;<br/>People of the Parish S.I.Monday 5/22Veronico Guiritan +Tuesday 5/23Lila Rose Wilson +Wednesday 5/24Katharina Gensler S.I.Thursday 5/25Maria Paz Gutierrez S.I.Friday 5/26Donald Gensler S.I.

The **Cathedral Children's Choir** meets on Fridays in Mercy Hall from 5:30-7:00 pm until the end of May.

Please contact Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacamento.org.

ONLINE DONATIONS: Registrese para este servicio/ Register for this service at: <u>www.is.gd/text2give</u> Thank You! Gracias!



**Photography Policy:** It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.

Acts 1:1-11/ Ps 47:2-3, 6-7, 8-9 (6)/ Eph 1:17-23/ Mt 28:16-20 Acts 19:1-8/ Ps 68:2-3ab, 4-5acd, 6-7ab/ Jn 16:29-33

Acts 20:17-27/ Ps 68:10-11, 20-21/ Jn 17:1-11a

Acts 20:28-38/ Ps 68:29-30, 33-35a, 35bc-36ab/Jn 17:11b-19

Acts 22:30; 23:6-11/ Ps 16:1-2a and 5, 7-8, 9-10, 11/ Jn 17:20-26

Acts 25:13b-21/ Ps 103:1-2, 11-12, 19-20ab/ Jn 21:15-19

Gn 11:1-9/Ps 104:1-2, 24, 35, 27-28, 29bc-30/ Rom 8:22-27/ Jn 7:37-39 Acts 2:1-11/ Ps 104:1, 24, 29-31, 34/ 1 Cor 12:3b-7, 12-13/ Jn 20:19-23

Ps 104:1, 24, 29-3 y 1 Cor 12:3b-7, 12-1 Jn 20:19-23 Lions Emma Rust S.I.;

#### Sunday, May 21, 2023 | The Ascension of the Lord | Page 3

## **Gospel Reflection**

Traditionally, the four writers of the Gospels are symbolized by four creatures that make their way into Church art and architecture: Matthew, an angel; Mark, a lion; Luke, an ox; and John, an eagle. These images can be found in churches across the world, a nod to those who recorded the stories of Jesus for us, thousands of years ago.

Today's Gospel was written by John. There are a few reasons why John is symbolized by an eagle, but my favorite explanation is that his writings soar like an eagle into the sky with their beautiful, poetic language. The prayer we hear today is no different — Jesus invokes God in a long discourse that might seem mystifying at times, the same way that a poem can be perplexing to understand when we are unfamiliar with the pacing or format.

Consider holding onto the shortest sentence in this prayer: "I pray for them."

Jesus prays for us. For me. For you.

Let that sink deep into your being.

Jesus is on your side. He is aware of what you are holding at this moment. He is aware of your pain, your faith, your mission. And He's rooting for you. This prayer was recorded thousands of years ago, far before you were born. Since before you were born, you were held in prayer. With that certainty, we live.



## Thank You for Completing the Parish Survey

To all the parishioners who completed and turned in the parish survey, **THANK YOU** for your participation. Your input is important as we strive to spiritually strengthen and improve our parish community life.

The opinions and suggestions received will be thoroughly analyzed. When the analysis is complete, a comprehensive report will be published on the Cathedral website. We anticipate it being available in June. An announcement will be made when the report is released.

Again, **THANK YOU** to those who participated in the survey. Your feedback is greatly appreciated.

## Next Women's ACTS Retreat: June 15-18, 2023



The Cathedral's ACTS weekend retreat's mission is to deepen your relationship with Jesus Christ, renew yourself spiritually, give new meaning to prayer life and Sunday liturgy, and build lasting friendships with members of your community. Women's Retreat: June 15-18, 2023.

Socorro Watkins - Retreat Director 916-533-2030 sm.watkins@hotmail.com ActsCathedralSacto@gmail.com



REGISTER &

## Catholic Communication Campaign Collection: Next Week

Catholic Communication Campaign CONNECT WITH CHRIST

Today we take up the collection for the Catholic Communication Campaign (CCC). Your support helps the CCC connect people to Christ and builds Catholic communities in the United States and around the world using the internet, television, radio, and print media. Half the funds we collect remain here in the Diocese of Sacramento to support local efforts. Be a part of this campaign to spread the Gospel message. Support the collection today! To learn more, visit www.usccb.org/ccc. To donate online: www.scd.org/commscollection



Parish Life

Ascension of the Lord

## <u>Catholic Life</u>

Page 4 | Sunday, May 21, 2023 | The Ascension of the Lord

## Catholic Herald

# 

# Celebrate individual faith stories by subscribing to Catholic Herald magazine!

Catholic Herald magazine of the Diocese of Sacramento will celebrate its 13<sup>th</sup> year of publication in September 2023! For the past 13 years, the magazine has shared with the faithful the moving faith stories of Catholics in our diocese. Catholic Herald magazine

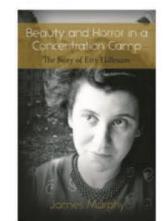
is a critical part of our diocese's evangelization and spiritual formation efforts.

Individual faith stories are the cornerstone of the magazine, which also includes columns exploring the Catholic faith and educating people on the teachings of the church. Catholic Herald magazine is mailed six times a year to some 42,000 households in our diocese, both to donors of the Annual Catholic Appeal (\$20 or more) and donors to the magazine (\$15 or more). To view the digital editions of each magazine, visit <u>www.scd.org/catholicherald</u>. To subscribe, visit <u>https://www.scd.org/catholic-herald-magazine/</u><u>subscribe-catholic-herald</u>.



The Scarlet and the Black May 26, 2023 – Mercy Hall Door Opens 5:30 p.m. Guest Speaker 6:15 p.m. Film Starts at 6:30 p.m.

The Scarlet and the Black is a 1983 American made-for-television historical war drama film directed by Jerry London, and starring Gregory Peck and Christopher Plummer. Based on J. P. Gallagher book The Scarlet Pimpernel of the Vatican (published in 1967), the film tells the story of Monsignor Hugh O Flaherty, a real-life Irish Catholic priest who saved thousands of Jews and escaped Allied POWs in Rome.





Monsignor James Murphy Will share on his most recent book "Beauty and Horror in a Concentration Camp: The Story of Etty Hillesum"

CINEMA DIVINA MOVIE NIGHT



For those of you who may be interested in the history, art, and restoration of the Cathedral, please join one of our docents for a tour beginning at the baptismal font following the closing hymn after the 8:00am and 10:00 am English Masses and after the 12 Noon Spanish Mass. Our Docents will share with you how the Cathedral is such an important part of early California history. Learn about our beautiful and important art works and how symbolism in these art works is so integral to our Catholic Faith. Learn more at: <u>https://is.gd/cathedraltourresources</u>. NO 10 AM TOUR ON PENTECOST.

Sunday, May 21, 2023 | The Ascension of the Lord | Page 5

## Seeking Christ in One Another By Colleen Jurkiewicz Dorman

The funeral luncheon, the Irish wake, the vigil at an ailing loved one's bedside: in times of crisis, people gather. In moments of sadness, fear, and confusion, we gravitate toward one another. For some reason, the feelings are so much more bearable when we are not alone.

I'm sure that the disciples and their companions, gathered in the upper room after the Lord's Ascension, did all of the things we typically do at these functions. I'm sure they hugged and talked and shared food, processing together the remarkable events they had witnessed.

But we don't hear about any of that. We hear only that they prayed — fervently, and together.

Saint John Paul II famously said that "it is Jesus that you seek when you dream of happiness; He is waiting for you when nothing else you find satisfies you." And I think that, whenever we gather, in good times or in bad, we think we are seeking companionship — but we are actually seeking God.

As I think back on the last few crisis-gatherings my family has had, I try to remember when we have stopped everything to pray together. I can think of a few times, but to be honest, they are too few. We are usually occupied with more practical tasks: planning the funeral, talking to the doctor, making the decisions, ordering the food. Just trying to survive through it.

But this is the busywork of sorrow, and it is a waste of our time. We would do better to follow the example of the disciples and remember that, in these dire moments, God is waiting for us.

## Come Pray the Holy Rosary with Us!



Friday Mornings 7:45 am Sunday Mornings 11:15 am *Bilingual* NO SUNDAY ROSARY ON PENTECOST



**EVENING ROSARY GROUP** Prayer and fellowship, in Cathedral lower level.

1<sup>st</sup> Wednesday of the month 7:10 pm (Adults: *18 years +*) 3<sup>rd</sup> Wednesday of the month 7:10 pm (Children under *18 years*)

## **COMPLETE SACRAMENTS**

Have you thought about becoming Catholic?

Coming to the Cathedral and thinking about becoming Catholic? Are you Baptized Catholic and want to complete your Sacraments of Confirmation / Eucharist? OCIA Classes on Mondays, 7PM in Mercy Hall Request Information and/or Register:

### www.cathedralsacramento.org/ocia



This Cathedral podcast seeks to create a greater sense of community among parishioners. Each episode features Cathedral staff member or parishioner in casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us at:

916-545-5376 or https://is.gd/talkparish

## **KEEP THE FLAME ALIVE**

Join us with Fr. O'Reilly, talks on the Gospel of Matthew.

Wednesday Zoom gatherings 7:00 PM - 8:30 PM

To receive the Zoom link/info, please send an email to Donna at <u>Flamealive22@Gmail.com</u>

Nourish your faith and feel the Scriptures take on new depth of meaning as we slowly delve into each passage.



## Faith Formation & Education

Page 6 | Sunday, May 21, 2023 | The Ascension of the Lord www.cathedralsacramento.org/faithformation

## Kids' Corner Esquina de niños

## Jesus Ascended into Heaven



The Ascension is one of the great feasts of the Church. Jesus went up, Body and Soul, into Heaven to be with His Father where He is waiting for all of us. Can you imagine what it was like for the apostles to see their leader and best friend going up to Heaven? It would be pretty amazing, don't you think?



At the same time, doesn't it seem a bit sad that Jesus left? Well, He knew it was time for His disciples to start working on their own. It was kind of like having someone there to help you learn to ride a

bike and then they let you go so you can learn to bike on your own.

But Jesus didn't go away and leave us without any help. Nine days after He went into Heaven



WOW! DID YOU

He sent the Holy Spirit, who would help and guide His followers.

YES ... WHAT ARE WE GOING TO DO NOW? Answer next page: God mounts His throne with shouts of joy

# Family Bible Moment

In our Gospel this Sunday—this 7th Sunday of Easter—we celebrate the Ascension of Jesus into heaven, and how before Jesus returned to to God the Father in Heaven, he promised to leave us an advocate, the Holy Spirit, who will be with us always in the Sacraments of the Church Looking ahead to next week, we will celebrate the Solemnity of Pentecost and the coming of the promised Advocate, the Holy Spirit.

#### Read next Sunday's Gospel, John 20:19-23

The gospel tells us about Jesus giving the Spirit to His disciples. Our understanding of Pentecost comes from the first reading from <u>Acts of the Apostles 2:1-11</u>. They were hiding in the upper room, praying and waiting for the coming of the Holy Spirit. This time between the Ascension of Jesus and Pentecost is traditionally a period of nine days. During the Novena, they prayed to know what to do. Jesus was no longer with them and they probably felt a little bit alone and uncertain about how to carry on the Mission of Jesus.



## During the Pentecost Novena, Pray for all our Confirmandi

Please pray for our youth and adults scheduled to receive Confirmation the weekend of May 27th / 28th.

Saturday, May 27th

Govan Casteneda **Clifford Coloma** Ana De L a Torre Jonathan Delgadillo Rachel Falsetti Juanito Fuentes Brianna Hernandez Eugene Lopez **Stephanie Macias** Mariana Marquez **Gustavo Martinez** Pamela Martinez Elizabeth Melendez Maria Mendoza Celeste Mercado Jeff Moran **Esmeralda Perez Jimmy Pham Alexis Roque** 

Janette Roque Lorena Rosales Nunez Gabriel Suarez

SUNDAY, MAY 28TH Sergio Abrica Marina Aguirre **Roman Arauza Angel Arroyo Perez Miguel Arroyo Perez Jr** John Balderas Maree Baltazar Mia Barragan **Reynaldo Bernal** Andres Carrillo Paola Bautista Mia Bonilla Mendoza Xitlali Carmona Josue Castellanos Armande Duquette Leonardo Fajardo

Estefani E. Galvez Jose Flores Rafael America Gonzalez Dayanara Gonzalez Arcila **Ernesto Gonzalez** Shayla Hope Guina **Adam Gutierrez Alison Guzman** Axel Hernandez R. **Brianna Hernandez** Alex Kuttel **Christopher Lopez** Marco Lopez **Rachel Lopez** Loren Manerchia Gabriela Martinez **Alexander Meza Nathan Mills** Peter Mlakar **Adrian Morales** 

**Daniel Orozco-Cruz Christopher Payne Daniel Paz Brandon Perez Melanie Perez** Lesly Prado Castel Amaya Quezada Giovanni Quinones **Alexandra Rivera Evelvn Rivera** Allie Ruiz Marco Santana Anaya Sevillano **Omar Sevillano Brianda Suarez** Uriel Suarez Anthony Uribe Makayla Urrutia **Christopher Vega** Francisco A. Vega III

## Family Faith Formation: slmdoty@cbssac.org

## A Family of Faith

Sunday, May 21, 2023 | The Ascension of the Lord | Page 7

Questions: Sr. Lisa Marie at <a href="mailto:slightcutschercharge">slightcutschercharge</a> (Comparison of Comparison (Comparison of Comparison of Compariso

**A Family of Faith** 



Jesus, Mary and Joseph

Most Holy Family, Pray for Us!

## Upcoming Faith Formation Dates Próxima formación en la fe

SAT	10:00 AM—Family Faith Formation
<b>MAY 20</b>	Closure: Crowning of Mary

SUN	First Holy Communion
May 21	12 noon Mass (2nd Group)
TUE May 23	5:00 PM Rehearsal—Youth Confirmation 6:30 PM Reconciliation Service
THU May 25	7:00 PM Adult Confirmation Retreat
SAT May 27	5:00 PM—Adult Confirmation Mass
SUN May 28	10:00 AM—Youth Confirmation Mass
	UPCOMING SACRAMENTS/EVENTS

## OPCOMING SACRAMENTS/EVENTS

THUNovena to the Holy Spirit for PentecostMay 18and Confirmations began and in progress.<br/>Not too late to join us:

### Prepare for Pentecost

and the coming of the Holy Spirit with the Novena Daily Reflections in your inbox



cathedralsacramento.flocknote.com/ signup/122532

SAT	OCIA Retreat for Rite of Acceptance
JUN 03	4:00 PM—Mercy Hall
SUN	OCIA Rite of Acceptance/Welcome
JUN 04	8:00 AM Mass
SUN	First Holy Communion Masses
JUN 11	8 AM, 10 AM, 12 noon Mass (3rd Group)
SUN	First Holy Communion Mass (4th Group)
JUN 18	12 noon

## Registration for 2023-2024 is underway

For all Families, whether or not preparing for Sacraments, should continue their formation.

The Cathedral of the Blessed Sacrament is forming whole families in the faith in its "A Family of Faith" series. This program of formation involves the whole family in weekly lessons following the four pillars of the Catechism of the Catholic Church:

- 1) the Creed (what the we believe),
- 2) the Sacraments (what the we celebrate),
- 3) the Commandments and Moral life (what the we live),
- 4) the Our Father (what we pray our theme in 2023/24)

We invite your family of faith to be a part of this growing community of believers. Complete an inquiry form at the below link and we will help you to enroll as either returning or new families. Sacramental preparation is integrated into our plan of family formation, so come start today!

#### https://is.gd/familyformation2023

A G B O C D D M E O F U G N H T H S J H K I L S M T N H O R P O Q N R E S T T O U S V H W O X U Y T Z S A O B F C J D O E Y F



What does today's Psalm say about the Ascension? Use every other letter from the box of letters above to fill in the blanks below.

www.cathedralsacramento.org/faithformation

## Sacramento Chinese Catholic Community

Page 8 | Sunday, May 21, 2023 | The Ascension of the Lord

Tel: 916-583-8306 Email: sccc.contact@gmail.com Instagram: https://is.gd/SCCCintagram Website: www.sacchinesecatholic.org/





Sacramento

Community

Chinese

Catholic

主教

## A Glimpse of Spirituality 靈修一瞥74 (Mark谷 8:14-21)

f <u>@sacchinesecatholic</u>

#### Fr. Abraham Chiu 趙必成神父

Excessive anxiety about life is actually a lack of faith. Anxiety arises every day and every hour because of the changes in the world that bring instability to one's life. Crisis of life makes people worry, and this worry itself is a warning for survival, not that negative. However, knowing that God has bestowed grace, but still worrying not enough, or even complaining that God is not paying attention, this is a lack of faith.

The disciples all witnessed Jesus' two miracles of multiplying the loaves and fish. Nevertheless, when they boarded the boat, they found out that they only had one loaf with them; they became worried and then discussed with each other about the lack of loaves.

Jesus challenged the disciples by asking: "Why do you discuss the fact that you have no bread? Do you not yet perceive or understand? Are your hearts hardened? Having eyes do you not see, and having ears do you not hear?"

Five verbs in a row, indicating that the disciples' hearts were not with Jesus, but in the world: not perceive (oupō noeite), not understand (oude syniete), hardened (pepōrōmenēn), not see (ou blepete), and not hear (ouk akouete). There is nothing greater than the death of a heart. Heart is used to describe the center of life. If the heart is hardened, life will fall into confusion. The passive participle "being hardened" (pepōrōmenēn) shows that the human heart is confused by the world, and finally, it becomes ruthless and loses the ability to understand. In short, the disciples did not feel the merciful love of Jesus, and were unable to understand him rationally.

Just as Jesus cautioned his disciples to "beware of the leaven of the Pharisees and the leaven of Herod," the disciples' slowness to Jesus' miracles and anxiety about life show that they are as unbelieving as the Pharisees and Herod. Although by the side of Jesus, the hearts of the disciples ran to the side of the devil. Where the heart is by Jesus, Jesus is there, wherever and whenever.

對生命過分焦慮,其實,是缺乏信德

焦慮每天每時都因世界變動而出現,因為變動給人帶來不穩定的生命。危機讓人擔心,本是生存警號,可是,明 知天主已經賜下恩寵,還是焦慮不夠,甚至擔心天主沒有關注,這就是缺乏信德。

門徒都親眼目睹耶穌兩次增餅增魚奇蹟,可是,上船後,身邊只有一個餅,然後擔心起來,並且彼此討論沒餅。 耶穌嚴厲教訓門徒,說: "為什麼你們議論沒有餅了?你們還不明白,還不了解嗎?你們的心仍然遲鈍嗎?你們 有眼看不見,有耳聽不見嗎?"

連續五個動詞,說明門徒心不在耶穌,只在世界:不明白(oupō noeite)、不了解(oude syniete)、心遲鈍 (pepōrōmenēn)、看不見(ou blepete)以及聽不見(ouk akouete)。

哀莫大於心死,心被用來形容人生中心,如果心遲鈍,人生就會墮入迷茫中。被動語態分詞"遲鈍" (pepōrōmenēn)說明人心被世界所迷惑,變得冷酷無情以及失去理解能力,簡言之,沒有感受耶穌慈悲大愛, 又不能理性明白所講道理。

如耶穌教訓門徒,要謹慎"提防法利塞人的酵母和黑落德的酵母",門徒對耶穌奇蹟的遲鈍,以及對生命的焦慮,表示他們如法利塞人與黑落德一樣無信,雖然耶穌在身邊,心卻跑到魔鬼那邊去。

心在,耶穌就在,無論何處何時

## Sacraments and Education

Sunday, May 21, 2023 | The Ascension of the Lord | Page 9

## ANOINTING OF THE SICK

Make an appointment by calling the parish office.

### **BAPTISM for INFANTS PREPARATION**

Classes located in the Cathedral. *English:* 1st Thursday of the month at 7pm. *Spanish*: 2nd Thursday of the month at 7pm.

### BAPTISM

Contact Deacon Omar Bardales at the Parish Office <u>baptism@cbssac.org</u> or 916-444-3071 Ext. 28 Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

### **CONFESSION/RECONCILIATION**

Monday—Friday: 11:30 am to 12:00 pm Saturday: 4:00 to 5:00 pm

## CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to: www.cathedralsacramento.org/faithformation

#### **HOLY EUCHARIST**

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at slmdoty@cbssac.org.

#### **HOLY ORDERS**

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

#### MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at <u>matrimonyprep@att.net</u> or 916-427-9160.

#### MATRIMONY

Contact Titi Kila at tkila@cathedralsacramento.org.



## CATHOLIC VIEWPOINT FAITH, HOPE & LOVE With Fr. Michael F. Kiernan & Guests

Shalom World TV – Tuesday at 12:30 pm Comcast Ch 20 – Sunday 7:00 am and Thursday 5:00 pm Or view us on YouTube or our website: www.CatholicViewpointFHL.com

> Exploring the beauty of our Faith!



## **CATECHIST PREPARATION**

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <u>https://is.gd/cathechistapplication</u>.

## FAMILY FAITH FORMATION AND EDUCATION English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

## ORDER OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (OCIA) Adults:

Go to: www.cathedralsacramento.org/ocia

## Parish Information

Page 10 | Sunday, May 21, 2023 | The Ascension of the Lord

#### SACRED LITURGY

Altar Servers Michael Ognisty, mfognisty@msn.com **Cathedral Choir** Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacamento.org Cathedral Children's Choir Gayle Winney, Children's Choir Director, gwinney@cbssac.org Spanish Choir (12:00 pm) Spanish Choir (6:00 pm) Jerry Vanoye Ricardo Zavala **Extraordinary Ministers of Holy Communion** Amy McCormick, ammccormick@att.net Lectors Maggie Jones, lector@cathedralsac.org Sacristan Ministry Michael Ognisty, mfognisty@msn.com Ushers Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20 Welcoming Ministry Andrea Martin-Borges, andreamartin-borges@hotmail.com

#### PRAYER

Sunday Mass Rosary Group John Fairbanks, john@capitolmr.com Adoration Titi Kila, cbsadoration@gmail.com Evening Rosary Group Marlene Mejia, 916-628-6775 or Christina Callazo-Kelly, praytherosarywithus@yahoo.com Friday Morning Rosary Group John Fairbanks, john@capitolmr.com Prayer Chain Regina Fagan, prayer.chain.sacramento@gmail.com

#### FAITH FORMATION AND CATECHESIS

Catechists for Family and Adult Faith Formation Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org Catechists for Faith Formation Spanish Edith Gonzalez, edi\_d2@yahoo.com Family and Adult Faith Formation Deyanira Galvez, Galvez.dgv@gmail.com Order of Christian Initiation for Adults (OCIA) Support Ministry Sr. Lisa Marie Doty, FDCC, cathedralfaithfomationsac@gmail.com Catechesis of the Good Shepherd For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

#### PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector* Fr. Abraham Chiu, *Chinese Mass* Fr. Mémo Hernandez, *In Residence* Fr. Michael Kiernan, *In Residence* Deacon Omar Bardales Deacon Gary Brys, *Business Manager* Deacon Edgar Hilbert Sr. Lisa Marie Doty, FDCC, *Director of Faith Formation & OCIA*  Rex Rallanka, Director of Liturgy & Music Michael Ognisty, Sacristan Tom Waddock, Plant Manager Victoria Ramos, Secretary Katie McAllister, Bookkeeper Titi Kila, Wedding Coordinator Chris Houlemard, Bulletin, Environment, Webmaster

#### SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry Marilynn Fairgood, Marilynn\_Fairgood@att.net Cathedral Docents Tour Ministry Jill Pease, peasejill@gmail.com **Festival of Trees** Paula Trujillo, trupaula@gmail.com Front Door Ministry Deacon Edgar Hilbert, hilbertdoheva@aol.com **Gift Shop Volunteers** Susan Moeller, susandurand@ymail.com Hospitality Celeste Gisla, jfgisla@att.net Office Ministry Victoria Ramos, vramos@cathedralsacramento.org Outreach Ministry to the Homebound Deacon Omar Bardales, omarcpa@att.net Media Ministry Titi Kila, communication@cathedralsac.org **Respect Life Ministry** Liliana Balderrama, michoacan8888@gmail.com Volunteer Corps Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

#### **COMMUNITY GROUPS**

Benedictus Youth Group Titi Kila, benedictusyg@gmail.com; Sister Lisa Marie Doty, FDCC, slmdoty@cbssac.org Cathedral A.C.T.S. Diane Gonzales-Salais, dmgsalais@yahoo.com Cathedral Filipino-American Group of Sacramento Reynaldo (Rey) Rallanka, rallanka@att.net Cathedral Young Adults Victoria Ramos, cathedralya@gmail.com Chinese Community John Wong, jwong@live.it Knights of Columbus Gabriel Gutierrez, gutierrezgabriel@yahoo.com Spanish Parents Group Leaders Leticia Hilbert, leticia\_hilbert@hotmail.com

#### PARISH PASTORAL COUNCIL

Joey Martinez, Chair Russel Almaraz Aileen Rasmussen Esteban Arellano Jose Solis Maria Balakshin Jeff Weiss Andrea Martin-Borges Richard Zacaroli Maria Rosario

#### FINANCE COUNCIL

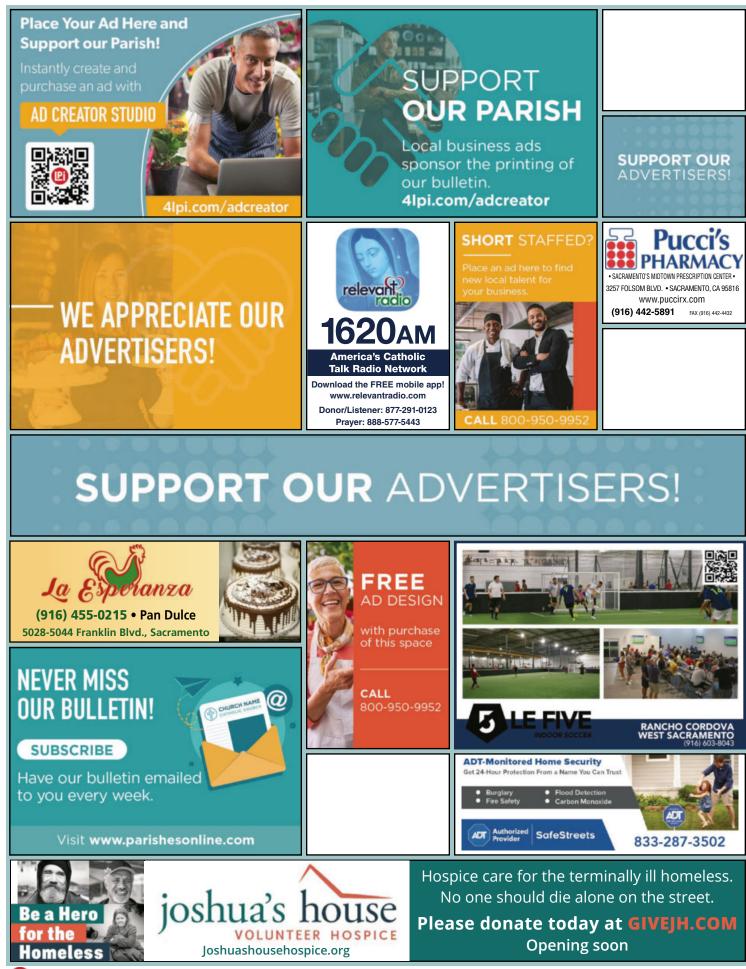
Robert Ingenito, Chair Janet Bardales Michael Pease Nancy Fairbanks

**Restroom Keypads:** Please ask any usher for the weekly access code. Adults must accompany children.

#### **CATHEDRAL PARISH REGISTRATION & UPDATE / Actualización y registro de la parroquia de la Catedral** Become a member of our dynamic Cathedral family! Register online at : https://is.gd/cathedralnew

or fill out the form below and put in the offertory basket or mail to the rectory office at: 1017 11th Street, Sacramento, CA 95814

Please indicate/Por favor indique: Please send Offertory Envelopes Por favor envie Sobres de Ofertorio		New Parishioner/Individual Nuevo Parroquiano/Individuao Change of Address/Cambio de Di	ireccion	New Parishioner/Family Nuevo Parroquiano/Familia
STREET			CITY	ZIP
ADDRESS/DOMICILIO			EMAIL	
NAME/NOMBRE			PHONE	



Ŀ

