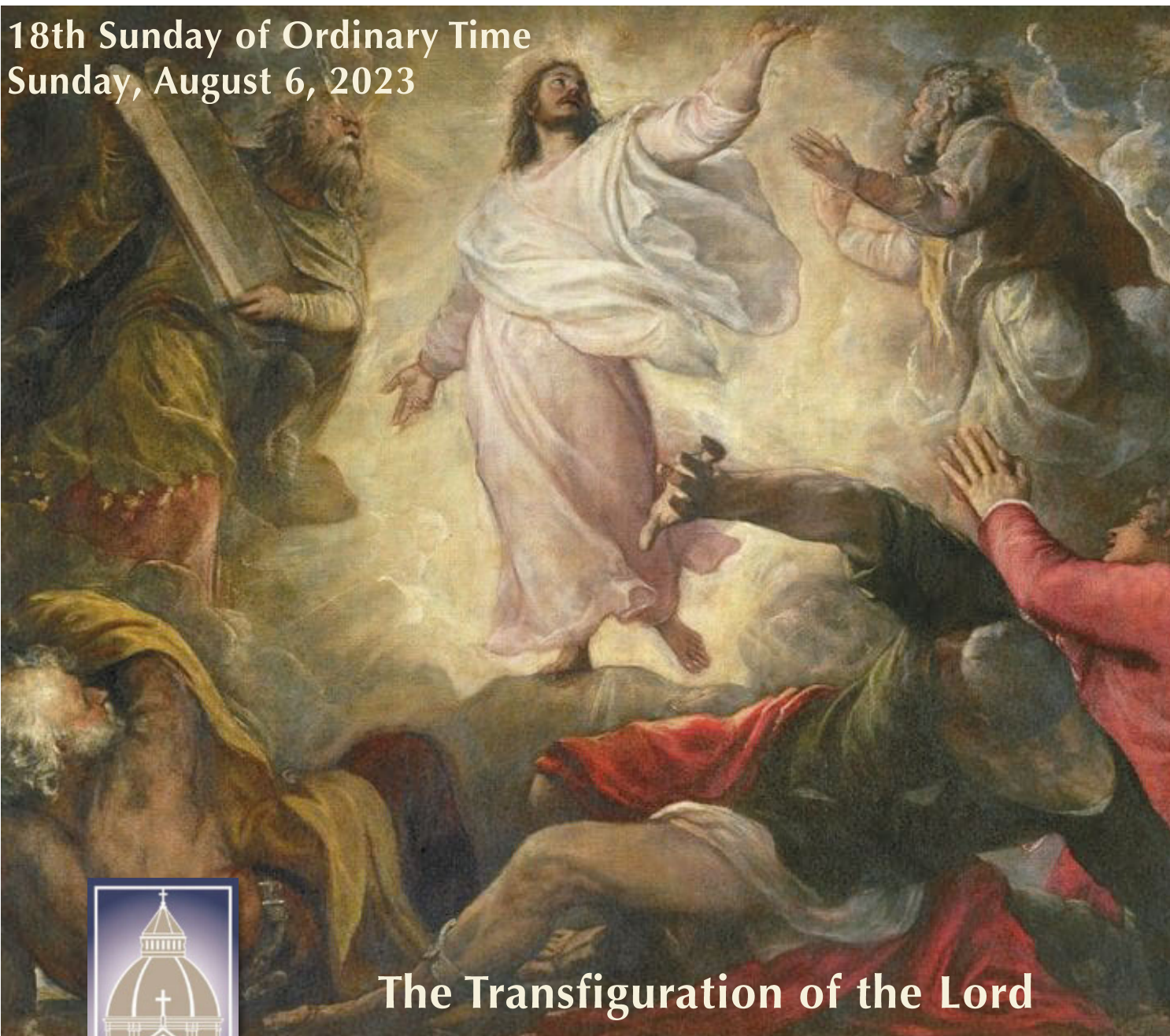


18th Sunday of Ordinary Time  
Sunday, August 6, 2023



## The Transfiguration of the Lord

1017 11th Street - Sacramento, CA 95814 | 916-444-3071

CATHEDRAL OF THE BLESSED SACRAMENT  
*Stewards of God's Gifts*

### MASS SCHEDULE

\* Livestream available on Sundays & Holy Days of Obligation

#### Sunday | Domingo

English 8:00 am  
English 10:00 am\*  
Español 12:00 pm\*  
Chinese 2:00 pm\*  
English 4:00 pm  
Español 6:00 pm

Cathedral Hours: Monday - Friday 10-4  
Office Hours: Monday-Friday 9-12 & 1-4

#### Monday - Friday

Lunes - Viernes  
12:10 pm

#### Saturday | Sábado

NO VIGIL MASS

### ADORATION

Wednesday & Thursday  
1:00 pm to 4:00 pm

### RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

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# Eucharistic Revival: Stewardship

Page 2 | Sunday, August 6, 2023 | The Transfiguration of the Lord

Stewardship Pillars



Pilares de Mayordomía



Hospitality/  
Hospitalida



Prayer/  
Oración



Formation/  
Formación



Service/  
Servicio

## Stewardship Reflection

The Book of Daniel, from which our First Reading is drawn, was written some two centuries before the birth of Christ. This is only significant in that many of the prophets (Daniel is considered one of the major prophets) lived as many as six centuries before Christ. However, regardless the timeline, we need to be moved by and appreciative of the prophecies we find in the Old Testament. In the passage in today's reading it states, "The one like a Son of Man received dominion, glory, and kingship."

Today, of course, is the Feast of the Transfiguration of the Lord, and this reading very much parallels what is portrayed in the Transfiguration. The interesting point within this reading from Daniel, however, is that it refers to the "Son of Man," which is the term Jesus Himself used most often to describe Himself.

We have referenced this fact previously. In fact, the term "Son of Man" occurs 85 times in the Gospels, and in 83 of them it is Jesus who uses the term. (It appears 32 times in Matthew; 15 times in Mark; 26 times in Luke; and 12 times in John, and it is in John where it is used twice by someone other than Jesus.)

The important point for us is that Jesus calling Himself the Son of Man explains that He was born of a woman, and He shares in our earthly conditions and sufferings. That fact should make us want to embrace Him as our Savior, our Friend, and our Shepherd even more.



## Collection for the Church in Latin America – Next Weekend

Many people in Latin America and the Caribbean do not have access to church programs and ministries. Your generosity makes it possible to share in the life of the Church. Donate online: [www.scd.org/cla](http://www.scd.org/cla)

## Reflexión sobre la mayordomía

El libro de Daniel, del cual se extrae nuestra primera lectura, fue escrito unos dos siglos antes del nacimiento de Cristo. Esto sólo es significativo en que muchos de los profetas (Daniel es considerado uno de los profetas principales) vivieron hasta seis siglos antes de Cristo. Sin embargo, independientemente de la línea de tiempo, necesitamos ser movidos y apreciar las profecías que encontramos en el Antiguo Testamento. En el pasaje de la lectura de hoy dice: "El que es semejante a un Hijo del Hombre recibió dominio, gloria y realeza".

Hoy, por supuesto, es la Fiesta de la Transfiguración del Señor, y esta lectura es muy paralela a lo que se describe en la Transfiguración. El punto interesante dentro de esta lectura de Daniel, sin embargo, es que se refiere al "Hijo del Hombre", que es el término que Jesús mismo usó con mayor frecuencia para describirse a sí mismo.

Hemos hecho referencia a este hecho anteriormente. De hecho, el término "Hijo del Hombre" aparece 85 veces en los Evangelios, y en 83 de ellas es Jesús quien usa el término. (Aparece 32 veces en Mateo; 15 veces en Marcos; 26 veces en Lucas; y 12 veces en Juan, y es en Juan donde es usado dos veces por alguien que no sea Jesús).

El punto importante para nosotros es que Jesús llamándose a sí mismo el Hijo del Hombre explica que Él nació de una mujer, y Él comparte nuestras condiciones terrenales y sufrimientos. Ese hecho debería hacernos querer abrazarlo como nuestro Salvador, nuestro Amigo y nuestro Pastor aún más.

## Colecta para la Iglesia en América Latina – Próximo fin de semana

Vuestra generosidad hace posible participar en la vida de la Iglesia. Donar en línea: [www.scd.org/cla](http://www.scd.org/cla)



Please visit our beautiful Gift Shop in the lower level. We are open on Sundays after mass. For an appointment

please contact Susan Moeller: 510-734-4158. We have pictures, religious items, Sacrament gifts, and prayer books in English and Spanish.



**Photography Policy:** It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.



## ROSARY PRAYER TIMES/ TIEMPOS DE ORACIÓN DEL ROSARIO



**Fridays, 7:45 AM** Capitol Park  
For the prayer, song and fellowship.  
**Viernes, 7:45 AM** Parque del Capitolio  
Para la oración, el canto y el compañerismo.



**1st & 3rd Wednesdays, 7:10 PM.**  
St Toribio Classroom, lower level.  
Contact [praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)  
1er y 3er miércoles, 7:10 PM.  
Aula St Toribio, nivel inferior.



**ADORATION**  
Wednesdays and Thursdays, 1PM—4PM  
In the Blessed Sacrament Chapel.  
**ADORACIÓN**  
Miércoles y jueves, 1PM—4PM  
En la Capilla del Santísimo Sacramento



**Solemnity of the Assumption of the  
Blessed Virgin Mary**  
**Tuesday August 15, 2023 Schedule:**  
12:10 pm English Mass  
5:10 pm English Mass  
7:00 pm Spanish (Misa en español)



## KEEPING THE FLAME ALIVE with Fr. O'Reilly

### Wednesdays, 7:00 PM via Zoom

Reading and reflecting on the Sacred Scriptures.  
Contact Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com) for info  
and/or to be added to the Flocknote notification.

### Miércoles, 7:00 PM vía Zoom

**Manteniendo viva la llama con Padre O'Reilly**  
Leer y reflexionar sobre las Sagradas Escrituras.  
Póngase en contacto con Donna:  
[flamealive22@gmail.com](mailto:flamealive22@gmail.com) para obtene información  
y/o para agregarse a la notificación de Flocknote.

### Cathedral Tours: Sundays following Masses: 8AM & 10AM (English) and after 12 noon Mass (Spanish)

Docents give tours of the Cathedral interior, explaining  
the rich meaning of the Christian symbols and art.

### Visitas a la Catedral: Domingos siguientes Misas: 8AM y 10AM (inglés) y después de las 12 del mediodía Misa (español)

Los docentes dan recorridos por el interior de la  
Catedral, explicando el rico significado de los  
símbolos y el arte cristianos.



**TEXT YOUR CATHEDRAL  
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A LA CATEDRAL**

Regístrese para este servicio/  
Register for this service at:  
[www.is.gd/text2give](http://www.is.gd/text2give)

*Thank You! Gracias!*



We would like to ask that each family bring a dish  
to share. Please bring the dish below according to  
the first letter of your last name.

**A - I: Salad**  
**J - R: Dessert**  
**S - Z: Side Dish**

#### DETAILS:

- \* Please bring your beverage of choice. We will provide bottled water.
- \* Hamburgers, hot dogs, and condiments will be provided.
- \* Join in for some music, entertainment, and games.
- \* Picnic tables and chairs will be available.
- \* You are welcome to bring lawn chairs and picnic blankets.
- \* Please do not bring canopies or tents.
- \* Please keep pets at home.
- \* For questions, you may email Russ Almaraz at [russ.almaraz@gmail.com](mailto:russ.almaraz@gmail.com)

## Cathedral of the Blessed Sacrament Annual Parish Picnic

The Parish Pastoral Council invites all parishioners to  
an evening of fun, food, and fellowship.

**Friday, August 11, 2023**

**5:00 pm - Welcome**

**5:30 pm - Vespers**

**St. Joseph Catholic Church  
32890 S. River Rd.  
Clarksburg, CA 95612**

*Please do not go to the Cathedral*

**This FRIDAY!**

# Formation: Liturgy of the Word

Page 4 | Sunday, August 6, 2023 | The Transfiguration of the Lord

## READING 1

### DANIEL 7:9-10, 13-14

As I watched:

Thrones were set up and the Ancient One took his throne. His clothing was bright as snow, and the hair on his head as white as wool; his throne was flames of fire, with wheels of burning fire. A surging stream of fire flowed out from where he sat; Thousands upon thousands were ministering to him, and myriads upon myriads attended him. The court was convened and the books were opened.

As the visions during the night continued, I saw:

One like a Son of man coming, on the clouds of heaven; When he reached the Ancient One and was presented before him, The one like a Son of man received dominion, glory, and kingship; all peoples, nations, and languages serve him. His dominion is an everlasting dominion that shall not be taken away, his kingship shall not be destroyed.

## RESPONSORIAL PSALM

### PSALM 97:1-2, 5-6, 9

*The Lord is king, the Most High  
over all the earth.*

- ◆ The LORD is king; let the earth rejoice; let the many islands be glad. Clouds and darkness are round about him, justice and judgment are the foundation of his throne.
- ◆ The mountains melt like wax before the LORD, before the LORD of all the earth. The heavens proclaim his justice, and all peoples see his glory.
- ◆ Because you, O LORD, are the Most High over all the earth, exalted far above all gods.

## READING 2

### 2 PETER 1:16-19

Beloved:

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that unique declaration came to him from the majestic glory, "This is my Son, my beloved, with whom I am well pleased." We ourselves heard this voice come from heaven while

we were with him on the holy mountain. Moreover, we possess the prophetic message that is altogether reliable. You will do well to be attentive to it, as to a lamp shining in a dark place, until day dawns and the morning star rises in your hearts.

## GOSPEL ACCLAMATION — ALLELUIA MATTHEW 17:5C

*This is my beloved Son, with whom  
I am well pleased: listen to him.*

## GOSPEL

### MATTHEW 17:1-9

Jesus took Peter, James, and his brother, John, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah." While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise, and do not be afraid." And when the disciples raised their eyes, they saw no one else but Jesus alone.

As they were coming down from the mountain, Jesus charged them, "Do not tell the vision to anyone until the Son of Man has been raised from the dead."

### The Transfiguration of the Lord — Reflection

What is Christianity finally about? These days if you ask almost anyone who doesn't know the Bible you'll probably hear an answer like this: "Being a good person" or "following the golden rule." No offense to the golden rule, but our faith is simply much stranger than that. This week's feast of the Transfiguration of the Lord is a luminous example of this. Jesus becomes radiantly and overwhelmingly beautiful. The glory of God literally shines forth from his body and even his clothes. Here we see that Christianity is not mainly a moral system, but a relationship with God in Christ, one that finally makes human beings gloriously beautiful.

Now we can see our good and bad deeds in a new and de-centered way. Our morality isn't about a heaven or hell scorecard. It's about lives open (or closed) to transfiguration, lives capable of revealing the glory of God in Christ to the world. Spouses, children, friends, co-workers, priests, consecrated women and men, and so on — we are all called to let the beauty of Jesus make our lives beautiful, little by little. His beauty in us is the center of our faith. — Father John Muir

## PRIMERA LECTURA DANIEL 7, 9-10. 13-14

Yo, Daniel, tuve una visión nocturna:

Vi que colocaban unos tronos y un anciano se sentó. Su vestido era blanco como la nieve, y sus cabellos, blancos como lana. Su trono, llamas de fuego, con ruedas encendidas. Un río de fuego brotaba delante de él. Miles y miles lo servían, millones y millones estaban a sus órdenes. Comenzó el juicio y se abrieron los libros.

Yo seguí contemplando en mi visión nocturna y vi a alguien semejante a un hijo de hombre, que venía entre las nubes del cielo. Avanzó hacia el anciano de muchos siglos y fue introducido a su presencia. Entonces recibió la soberanía, la gloria y el reino. Y todos los pueblos y naciones de todas las lenguas lo servían. Su poder nunca se acabará, porque es un poder eterno, y su reino jamás será destruido.

## SALMO RESPONSORIAL SALMO 96, 1-2. 5-6. 9

*Reina el Señor. alégrese la tierra.*

- ◆ Reina el Señor, alégrese la tierra; cante de regocijo el mundo entero. Tinieblas y nubes rodean el trono del Señor que se asienta en la justicia y el derecho.
- ◆ Los montes se derriten como cera ante el Señor de toda la tierra. Los cielos pregonan su justicia, su inmensa gloria ven todos los pueblos.
- ◆ Tú, Señor, altísimo, estás muy por encima de la tierra y mucho más en alto que los dioses.

## SEGUNDA LECTURA 2 PEDRO 1, 16-19

Hermanos: Cuando les anunciamos la venida gloriosa y llena de poder de nuestro Señor Jesucristo, no lo hicimos fundados en fábulas hechas con astucia, sino por haberlo visto con nuestros propios ojos en toda su grandeza. En efecto, Dios lo llenó de gloria y honor, cuando la sublime voz del Padre resonó sobre él, diciendo: "Éste es mi Hijo amado, en quien yo me complazco". Y nosotros escuchamos esta voz, venida del cielo, mientras estábamos con el Señor en el monte santo. Tenemos también la firmísima palabra de los profetas, a la que con toda razón ustedes consideran como una lámpara que ilumina en la oscuridad, hasta que despunte el día y el lucero de la

mañana amanezca en los corazones de ustedes.

## ACLAMACIÓN ANTES DEL EVANGELIO MATEO 17

*Este es mi Hijo muy amado. dice el Señor. en quien tengo puestas todas mis complacencias: escúchenlo.*

## EVANGELIO MATEO 17, 1-9

En aquel tiempo, Jesús tomó consigo a Pedro, a Santiago y a Juan, el hermano de éste, y los hizo subir a solas con él a un monte elevado. Ahí se transfiguró en su presencia: su rostro se puso resplandeciente como el sol y sus vestiduras se volvieron blancas como la nieve. De pronto aparecieron ante ellos Moisés y Elías, conversando con Jesús.

Entonces Pedro le dijo a Jesús: "Señor, ¡qué bueno sería quedarnos aquí! Si quieres, haremos aquí tres chozas, una para ti, otra para Moisés y otra para Elías".

Cuando aún estaba hablando, una nube luminosa los cubrió y de ella salió una voz que decía: "Éste es mi Hijo muy amado, en quien tengo puestas mis complacencias; escúchenlo". Al oír esto, los discípulos cayeron rostro en tierra, llenos de un gran temor. Jesús se acercó a ellos, los tocó y les dijo: "Levántense y no teman". Alzando entonces los ojos, ya no vieron a nadie más que a Jesús.

Mientras bajaban del monte, Jesús les ordenó: "No le cuenten a nadie lo que han visto, hasta que el Hijo del hombre haya resucitado de entre los muertos".

### La transfiguración de Jesús — Reflexión

Nuestra vocación cristiana tiene su raíz en la revelación del amor de Dios por medio de Jesús. Este domingo, pidámosle a Dios, que nos dé el regalo de seguir escuchando su voz y profundizar en su Palabra: "¡Este es mi Hijo, el Amado; éste es mi Elegido, ¡escúchenlo!" (Mateo 17:5). Señor, tres discípulos tuyos fueron los elegidos para acompañarte al monte y ser testigos de verte transfigurado. Hoy, también a nosotros nos ofreces momentos íntimos para estar contigo, para admirar todo lo que haces por nosotros en el vivir de cada día. Nuestro compromiso de cristianos es estar bien atentos a tu diaria presencia en nuestra vida.

Jesús, antes de su Pasión, nos muestra su Transfiguración para que estemos listos a entender el misterio de su sufrimiento. El misterio de amor, dar su vida por nosotros. Gloria y sufrimiento se unen mostrando el infinito amor de Dios. Ante el sufrimiento, no debemos tener miedo, sino fijarnos cómo Jesús es valiente en aceptar la voluntad de su Padre. La experiencia de los discípulos fue de gozo y de miedo, sin embargo, Jesús anima diciendo: "Levántense, no tengan miedo. Ellos levantaron los ojos, pero ya no vieron a nadie más que a Jesús" (Mateo 16:7-8). El nos levantará de todos nuestros sufrimientos y miedos. La esperanza debe estar puesta en su resurrección. Los momentos de fe y gracia que el Señor nos da, nos alentarán. — Fr. Muir

## Upcoming Youth Events / Opportunities



**10 MIN with JESUS**—Daily Prayer and Spiritual food for busy teens and young adults

[En Espanol](#) [In English](#)



**Real + True:** An Introduction to the Catechism via Flocknote video format.

[cathedralsacramento.flocknote.com/](https://cathedralsacramento.flocknote.com/)



**On Fire — Six Flags, Vallejo High School Youth**

Information Meeting for Parents—August 22nd, 6PM  
<https://cathedralsacramento.flocknote.com/>



**Want to better prepare for Sunday Mass but don't know how to start?**

Sign up for Mass Prep and get an email starting this coming Wednesday morning.

[www.cathedralsacramento.flocknote.com/sundayreadings](http://www.cathedralsacramento.flocknote.com/sundayreadings)



## Prayer: Mass Intentions

Please pray for one another

<b>Sunday 8/6</b> Transfiguration of the Lord	People of the Parish S.I.; John Jacob +; Lolita Santos S.I.; Ruperto Guiritan +; Rosario Purugganan +; Olivia Clavel Barcena +
<b>Monday 8/7</b> Monday of week 18 in Ordinary Time	Danelle Saldana +
<b>Tuesday 8/8</b> St. Dominic	John Uy +
<b>Wednesday 8/9</b> Wednesday of week 18 in Ordinary Time	Frederick and Rhoda Jones +
<b>Thursday 8/10</b> St. Laurence, Martyr	Robert R Fuentes +
<b>Friday 8/11</b> St. Claire, Virgin	Maria Angelina Tecson Gonzalez +



## Formation: Kids' Corner **Esquina de niños**

### Looking at Jesus



In today's Gospel reading Jesus took three of His apostles up a mountain where they saw Him shining like the sun and talking with Moses and Elijah. They were talking about how Jesus was going to go to Jerusalem and be killed. The apostles were amazed and confused.

Jesus let the apostles see Him in glory to help them to understand why He had to suffer and die. We won't see Jesus in His glory until we see Him in Heaven, but it is good for us to think about the things that He and Moses and Elijah were talking about.

Look at a crucifix or picture of Jesus on the cross every day. Think about how much He loves you, and think about how you act toward Him. What can you do to love Him better? Lent is a good time to try to find ways to love Jesus more.



## Formation: Families & Adults

**Sundays, 8:00 AM Mass, OCIA Dismissal & BOW**  
Our OCIA Catechumens / Candidates will be dismissed at the 8AM Mass for Breaking Open the Word.

**Mondays, 7:00 PM, Mercy Hall (Starting again, tomorrow, August 7th)** Seeking Faith and Sacraments for Adults. Our on-going Monday Night OCIA for those thinking about becoming Catholic and/or those who need to complete their Sacraments. For Info or to Register:  
<https://www.cathedralsacramento.org/ocia>

**Mass Preparation in Your In-Box**  
Sunday Mass Prep. Weekly email to help your family prepare for Sunday Mass. Each week's email prep will have reflections for children, teens and adults. All are welcome to participate.  
[www.cathedralsacramento.flocknote.com/sundayreadings](http://www.cathedralsacramento.flocknote.com/sundayreadings)

**ALL Catechist Retreat—Saturday, August 26th.**  
At St. Joseph's in Clarksburg.



REAL PRESENCE,  
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PRESENCIA VERDADERA,  
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Information and Registration  
**MINISTRYDAYS.COM**  
916-733-0135 • [ministrydays@scd.org](mailto:ministrydays@scd.org)



## Bible Bookmark

Cut out along the dotted lines, fold and keep in Bible for reference when praying with Scripture.

Prayer: *Breaking Open the Word*  
Mass Preparation for **Sunday, 06 Aug 23**

### PREPARE

- > **Choose** one of the Bible texts for next Sunday's Mass, maybe start with the Gospel.
- > **Find** a quiet place to begin.
- > **Pray** to the Holy Spirit
- > **Follow** the Lectio Divina Steps

### Lectio Divina Steps to Reading God's Word

- ◆ **Reading (lectio)** -listen to God's Word as it is read out loud. Ask: *"What does the Biblical text say"*.
- ◆ **Meditation (meditatio)** - reflect on the meaning of the text you heard. Ask: *"What is God saying to me in this text?"*
- ◆ **Prayer (oratio)** - speak with God in praise, thanksgiving, contrition and petition. Ask: *"What is my response to God in His Word?"*
- ◆ **Contemplation (contemplation)** -listen to God more quietly in the silence of the heart. Ask: *"How does the text make you feel in your relationship with God?"*
- ◆ **Action (action)** - put what you heard into action in your life. Ask: *"How will I change what I do today in response to hearing this text?"*  
*Lord, let us see your kindness, and grant us your salvation.*

### Prepare: 19th Week of OT

1 Kings 19:9a, 11-13a  
Psalm 85:9, 10, 11-12, 13-14  
Romans 9:1-5  
Mat 14:22-33

### Gospel Focus:

In the disciples' experience in today's Gospel reading, Jesus must have seemed far off. He went up to the mountain to pray and they were several furlongs from the land in a boat that was about to be swamped by wind and waves. But they learned that distance did not separate them from Christ's love and care. Sometimes we too feel distant from Christ. He ascended into heaven, where he lives to pray for us. When life's wind and waves seem like they are ready to swamp us we need to reflect on the disciples' experience and learn that he is never far off but is always ready to come and rescue us. Whether we are huddled in the dark isolation or buffeted by the dark threatening storms in our life, our responsibility is to listen for his voice and to look for his appearing.

### With your Family

Read Matthew 14:22-33

- Write down the times in your life you were most afraid and uncertain.
- Invite Jesus into those memories when you felt you would 'drown'.
- Read again what Jesus said to His disciples when they were afraid seeing Him on the sea.
- **"Take courage, it is I: do not be afraid."**
- Talk how your family can give their moments of fear to Jesus. Do you think it makes it easier to endure?



## Registration is underway La inscripción está en curso 2023-2024

The Cathedral of the Blessed Sacrament is forming whole families in the faith in its "A Family of Faith" series. This program of formation involves the whole family in weekly lessons following the four pillars of the Catechism of the Catholic Church:

- 1) the Creed (what the we believe),
- 2) the Sacraments (what the we celebrate),
- 3) the Commandments and Moral life
- 4) **the Our Father (what we pray - focus in 2023/24)**

We invite your family of faith to be a part of this growing community of believers. Complete an inquiry form at the below link and we will help you to enroll as either returning or new families. Sacramental preparation is integrated into our plan of family formation, so come start today!

**Note:** Those teens and parents needing multiple Sacraments can participate in our Family OCIA Program.

La Catedral del Santísimo Sacramento está formando familias enteras en la fe en su serie "Una familia de fe". Este programa de formación involucra a toda la familia en lecciones semanales siguiendo los cuatro pilares del Catecismo de la Iglesia Católica:

- 1) el Credo (lo que creemos),
- 2) los Sacramentos (lo que celebramos),
- 3) los Mandamientos y la vida Moral (lo que vivimos),
- 4) **el Padre Nuestro (tema en 2023/24)**

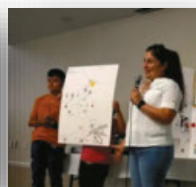
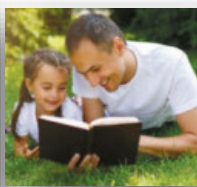
Invitamos a su familia de fe a ser parte de esta creciente comunidad de creyentes. Complete un formulario de consulta en el siguiente enlace y lo ayudaremos a inscribirse como familias que regresan o nuevas. La preparación sacramental está integrada en nuestro plan de formación familiar, ¡así que comience hoy!

**Nota:** Aquellos adolescentes y padres que necesitan múltiples Sacramentos pueden participar en nuestro Programa Familiar OICA.

**Register for Family Faith Formation**  
**Regístrese para la formación en la fe familiar**

<https://is.gd/familyformation2024>

OR



# Sacramento Chinese Catholic Community

Page 8 | Sunday, August 6, 2023 | The Transfiguration of the Lord

**RECONCILIATION:** 1<sup>st</sup> Sunday of the month before mass. Please contact John Wong or Fr. Chiu in advance.

**Tel: 916-583-8306**

**Email: [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)**

**Facebook: @sacchinesecatholic**

**Instagram: <https://is.gd/SCCCinstagram>**

**Website: [www.sacchinesecatholic.org/](http://www.sacchinesecatholic.org/)**



**Chinese Portal:  
Announcements/  
Sunday Readings**



**Fr. Abraham Chiu  
趙必成神父**



## A Glimpse of Spirituality 靈修一瞥84 (Matt 瑪25:31-46)

Where is Jesus' throne? On the cross! The citizens of God's kingdom need to obey one major law: "you love one another; even as I have loved you, that you also love one another." (John 13:34) Jesus' love is merciful, forgiving, and unconditional as he revealed in his passion and death. Whenever we love each other, we are building up the kingdom of God on earth and at the same time, we dwell in the joy of heavenly kingdom. How do we build this kingdom on earth?

This God's kingdom, surely, is sometimes hidden because the merciful God is among the suffering millions in order to be with them. We should seek God hiding behind the faces of suffering people, not in the palace or five-star hotel as Jesus was born in a manger, not a gold-plated bed. Thus, the suffering Jesus invites us to embrace a suffering humanity.

We cannot embrace hurting people unless the love of God lives in us. This love is then amplified when Christians begin to feel that the suffering ones are my brothers and sisters, not Mr. or Ms. ABC. The love of God living inside of us begins to reach out to all kinds of people precisely because the same God who lives in me is living in them. In God, we are a family, a circle of brotherhood and sisterhood. In them, we love God and simultaneously, in God, we love them.

Jesus reminds us to get ready to answer "yes" to his six questions based on our acts of charity: "I was hungry, thirsty, homeless, naked, sick, and imprisoned; did you help me?" We are actually taking care of Jesus who lives behind the faces of them. Those who are merciful to the needy; are the blessed ones of God the Father as Jesus said, "Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world." The passive verb "blessed" (eulogēmenoi) here refers to being appointed to eternal salvation by the father. In short, doing good to the least will be admitted to God's kingdom because they do it all to the suffering Jesus.

A holy person does not only focus on eating fish instead of meat; rather, all the sacraments and prayers in the church are meant to make us truly merciful toward the needy, i.e. the suffering Jesus.

耶穌寶座在哪兒？十字架上！

天國公民需要遵守一項主要法律：“你們該彼此相愛；如同我愛了你們，你們也該照樣彼此相愛。”（若13:34）耶穌的愛是無條件的慈悲和寬恕，正如他在受難和死亡中所揭示的。每當基督徒彼此相愛，就在地上建立天國，同時也活在天國喜樂中。

如何在地上建立天國？

天國，有時是隱藏的，因為慈悲天主活在受苦的人當中，好能與他們同在。因此，尋找耶穌，不但在宮殿或五星級酒店，更在苦者生命，因為耶穌降生馬槽，非龍床。受苦耶穌邀請信徒擁抱受苦的人。

除非天主的愛活在基督徒裡面，否則他們無能擁抱受傷的人。當基督徒開始感覺受苦的人正是自己兄弟姐妹，而不是路人甲乙丙丁時，天主的愛就在他們當中，是天國。通過基督徒的愛德，在他們心中的天主慈悲大愛，才有機會接觸苦者，正是因為住在基督徒裡面的天主，也同時住在苦者生命。在天主內，彼此一家人，一個兄弟姐妹情誼的圓圈，當中無非彼此；結果，在苦者，我們愛天主，同時，在天主，我們愛苦者。

耶穌提醒教會，要準備好根據慈悲大愛來回答他的六大問題：“我餓了、渴了、作客、赤身露體、患病以及囚在監裡，你們幫過我嗎？”實際上，當照顧苦者時，正在照顧生活在他們裡面的耶穌。

憐憫有需要的人，是蒙天父祝福的，如耶穌說：“我父所祝福的，你們來吧！承受自創世以來，給你們預備了的國度吧！”被動動詞“祝福”（eulogēmenoi）指的是被天父所賜的永恆救恩。簡言之，對最小的兄弟姐妹行善，將被接入天國，因為所作一切，是為受苦的耶穌。

聖人，不光是專注吃素不吃肉，而是慈悲；其實，教會所有聖事和祈禱，都是為了讓基督徒真正慈悲對待苦者，即受苦的耶穌。



## ANOINTING OF THE SICK

Make an appointment by calling the parish office.

## BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral.

*English:* 1st Thursday of the month at 7pm.

*Spanish:* 2nd Thursday of the month at 7pm.

## BAPTISM

Contact Deacon Omar Bardales at the Parish Office [baptism@cbssac.org](mailto:baptism@cbssac.org) or 916-444-3071 Ext. 28

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

## CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

## CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org).

## HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

## MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

## MATRIMONY

Contact Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).



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## CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

## FAMILY AND ADULT FAITH FORMATION

**English and Spanish**

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## ORDER OF CHRISTIAN INITIATION FOR ADULTS/CHILDREN (OCIA) Adults:

Go to: [www.cathedralsacramento.org/ocia](http://www.cathedralsacramento.org/ocia)

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# Parish Information

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## SACRED LITURGY

### Altar Servers

Michael Ognisty, mfognisty@msn.com

### Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

### Cathedral Children's Choir

Gayle Winney, Children's Choir Director, gwinney@cbssac.org

### Spanish Choir (12:00 pm)

### Spanish Choir (6:00 pm)

Jerry Vanoye

Ricardo Zavala

### Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

### Lectors

Maggie Jones, lector@cathedralsac.org

### Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

### Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

### Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

## PRAYER

### Adoration

Titi Kila, cbsadoration@gmail.com

### Evening Rosary Group

Marlene Mejia, 916-628-6775 or Christina Callazo-Kelly,

praytherosarywithus@yahoo.com

### Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

### Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

## FAITH FORMATION AND CATECHESIS

### Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

### Catechists for Faith Formation Spanish

Edith Gonzalez, edi\_d2@yahoo.com

### Family and Adult Faith Formation

Deyanira Galvez, Galvez.dgv@gmail.com

### Order of Christian Initiation for Adults (OCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

### Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

## SOCIAL and COMMUNITY SERVICE

### Brown Bag Lunch Ministry

Marilynn Fairgood, Marilyn\_Fairgood@att.net

### Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

### Festival of Trees

Please contact Fr. O'Reilly at 916-444-3071

### Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

### Gift Shop Volunteers

Susan Moeller, susandurand@gmail.com

### Hospitality

Celeste Gisla, jfgisla@att.net

### Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

### Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

### Media Ministry

Titi Kila, communication@cathedralsac.org

### Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

### Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

## COMMUNITY GROUPS

### Benedictus Youth Group

Titi Kila, benedictusy@gmail.com; Sister Lisa Marie Doty, FDCC,

slmdoty@cbssac.org

### Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

### Cathedral Filipino-American Group of Sacramento

Reynaldo (Rey) Rallanka, rallanka@att.net

### Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

### Chinese Community

John Wong, jwong@live.it

### Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

### Spanish Parents Group Leaders

Leticia Hilbert, leticia\_hilbert@hotmail.com

## PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon Edgar Hilbert

Sr. Lisa Marie Doty, FDCC,

*Director of Faith Formation & OCIA*

Rex Rallanka,

*Director of Liturgy & Music*

Michael Ognisty, *Sacristan*

Tom Waddock, *Plant Manager*

Victoria Ramos, *Secretary*

Katie McAllister, *Bookkeeper*

Titi Kila, *Wedding Coordinator*

Chris Houlemard, *Bulletin, Environment,*

*Webmaster*

## PARISH PASTORAL COUNCIL

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Russel Almaraz

Aileen Rasmussen

Esteban Arellano

Jose Solis

Maria Balakshin

Jeff Weiss

Andrea Martin-Borges

Richard Zacaroli

Maria Rosario

## FINANCE COUNCIL

Robert Ingenito, Chair

Janet Bardales

Michael Pease

Nancy Fairbanks

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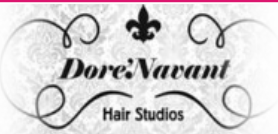
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